

RYA SCOTLAND



Performance Pathway

Selection Policies 2025



The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

Version Details

Programme	All RYA Scotland Performance Programmes + Events
Version	1.0
Date of last update	February 2026
Authorisation	Performance Committee/Director
Authorisation date	August 2025

Revision Details

Date	Revision Made	Updated By	Authorised by
August 2025	Whole policy re-write and update of branding	RYAS Performance Pathway Manager	Performance Committee Performance Pathway
February 2026	Update to whole policy for Eric Twiname Championships due to NOR/SI release	RYAS Performance Pathway Manager	Performance Director Performance Pathway Manager

Introduction

The RYA Performance Pathway Selection Policies document sets out to provide a clear, transparent, and consistent framework for the selection of sailors into RYA Scotland's programmes, Events and **sport**Scotland Institute support. It is designed to support athletes as they progress through the pathway, from grassroots development through to high-performance sailing, ensuring that selections are made in line with the strategic objectives of RYA Scotland and the broader goals of the RYAS Performance Pathway and **sport**Scotland .

This document outlines the principles, criteria, and processes used to identify and support sailors across Scotland. It aims to foster fairness, clarity, and understanding for sailors, parents, coaches, and stakeholders, while maintaining a strong focus on long-term athlete development and performance potential. By combining selection criteria across multiple classes and programmes, it enables a holistic and aligned approach to nurturing Scotland's future sailing talent.

RYA Scotland Performance Pathway "Mission Statement"

"The RYA Scotland Performance Pathway Programmes are an opportunity to: Experience sailing against a wider field. Race and train with the best in Scotland, the UK and the World Stage. Make new friends, have fun, hone skills and develop a love for Sailing and Racing."

RYA Scotland Performance Pathway "Primary aim and key objectives"

Primary Aim

- "To deliver a world class athlete performance Pathway allowing athletes to develop at the right stage and ability from local club environments to competing at the highest level in the UK and on the international stage."

Key Objectives

- Create clear pathways for progression from grassroots to elite levels, ensuring smooth transitions through different stages of development.
- Deliver a fun, engaging and accessible programme for all sailors within the RYAS Performance Pathway.
- Engage with Parents/Guardians to help them support the sailor development process
- Provide a structure for sailors to be identified for Scottish Sailing Team (SST) and British Sailing Youth Team (BSYT) programmes .

Contents Page

Section Heading	Page Number
Version Details	Page 02
Introduction	Page 03
Contents	Page 04
RYAS Performance Pathway Programmes.	
Athlete eligibility statement	Page 05
RYA Scotland Selection Panel	Page 07
RYA Scotland Status Notification	Page 09
Scottish Sailing Junior Squad	Page 11
Scottish Sailing Development Squad	Page 15
Scottish Sailing Team	Page 19
Sportscotland Institute Support	Page 23
RYAS Performance Pathway Selected Events	
Eric Twiname Championships	Page 27
RYA Home Nation Celtic Cup	Page 31
RYA Scotland Invitational Winter Championships.	Page 34
RYAS Additional Policies	
Performance Pathway Appeals Policy.	Page 36
RYAS Performance Pathway Glossary of Terms	
RYAS Performance Pathway Glossary of Terms	Page 40

RYA SCOTLAND



Scottish Sailing

Athlete Eligibility statement

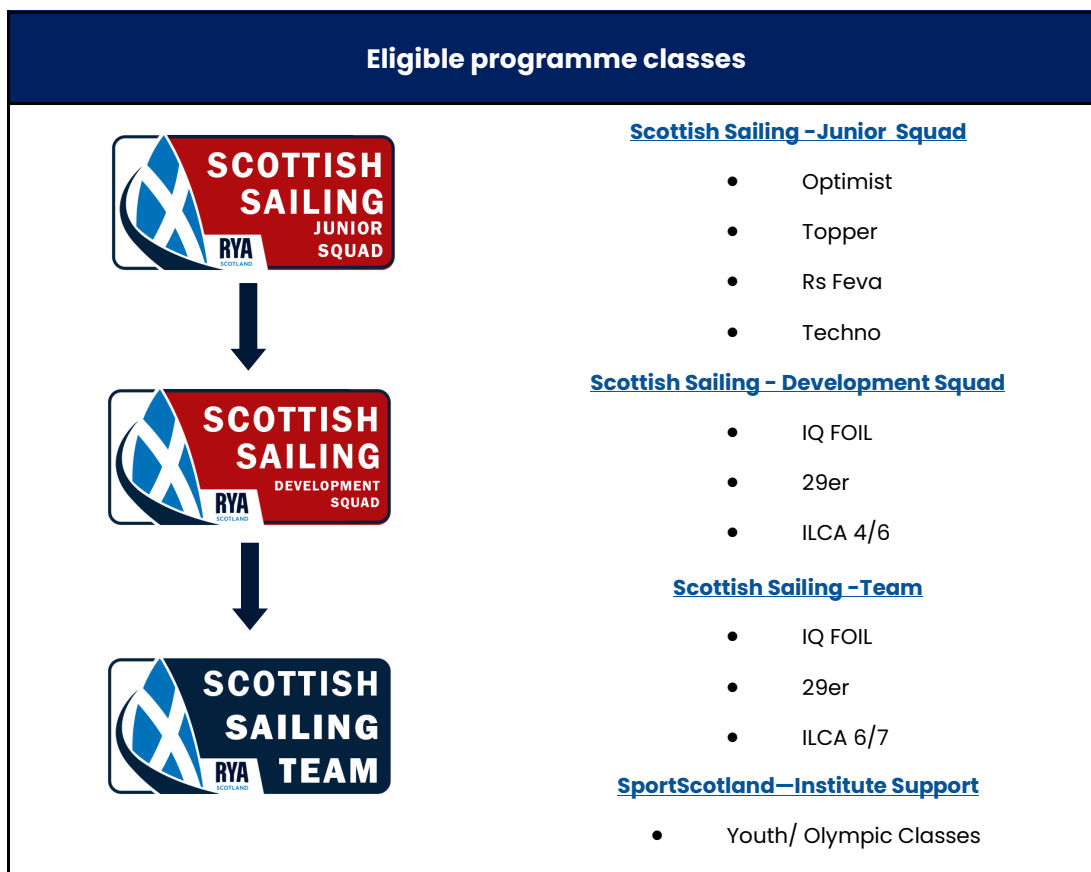


The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

Scottish Sailing Programme Eligibility

To be eligible for selection to RYA Scotland Performance Programmes:

- An athlete should hold valid RYA Membership—Joining can be found here: [Join The RYA](#)
- An athlete should meet the age criteria as noted in each RYA Performance programme “Squad Ages and Composition” section for each programme”.
- Eligible programme classes:



- An athlete shall hold or be eligible to hold a British passport and be eligible to represent Great Britain in the Olympic Games.
In exceptional circumstances, athletes who do not comply with this may nevertheless be eligible and selected, if expressly confirmed by the RYA Scotland Pathway Manager. Such athletes will be required to carry GBR on their sails.
- Athletes should also have a primary place of residence in Scotland to be considered for any RYA Scotland Performance Programmes.
- Athletes competing in youth classes (ILCA, 29er and IQ Foil) are expected to engage with the physical prep support provided through RYA Scotland and when appropriate will be required to meet the physical fitness benchmarks set by British Youth Sailing Pathway Sport Science Team.

Discretion statement

- RYA Scotland Selectors may decide to include out of age athletes within programme training at their discretion. Athletes falling into this category are encouraged to apply and will be eligible for consideration for a discretionary place subject to evaluation under the criteria laid out within this document.



Scottish Sailing

Selection Panel



The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

Selection Panel

The RYA Scotland Selection panel shall comprise RYAS staff, Volunteers and Coaches. The panel will comprise of the following "core" panel members:

RYAS Performance Pathway Selection Panel		
Role	Name	Contact
RYAS Pathway Manager	Jamie Rogers	Jamie.rogers@ryascotland.org.uk
RYAS Pathway Development Officer	Ben Lockett	Ben.Lukcett@ryascotland.org.uk
RYAS Performance Committee Chair	Duncan Hepplewhite	chairperf@ryascotland.org.uk
RYAS Performance Director	Hamish Mackay	Pathway@ryascotland.org.uk
RYAS Head Coach Team	Class Head Coach where relevant	Pathway@ryascotland.org.uk
SportScotland Performance Manager (<i>sportScotland Institute support only</i>).	Calum Wood	Pathway@ryascotland.org.uk

Discretionary statement on Selection of additional panel members:

RYA Scotland reserves the right to invite additional members to the selection panel when decisions require further input or specialist expertise. This provision ensures that selection outcomes are informed, balanced, and made in the best interests of all parties involved.

No further notice will be issued regarding the inclusion of these additional panel members. Their appointment will be subject to ratification by the RYA Scotland Performance Director, the Chair of the Performance Committee, and the Pathway Manager.

RYA SCOTLAND



Scottish Sailing Status Notification

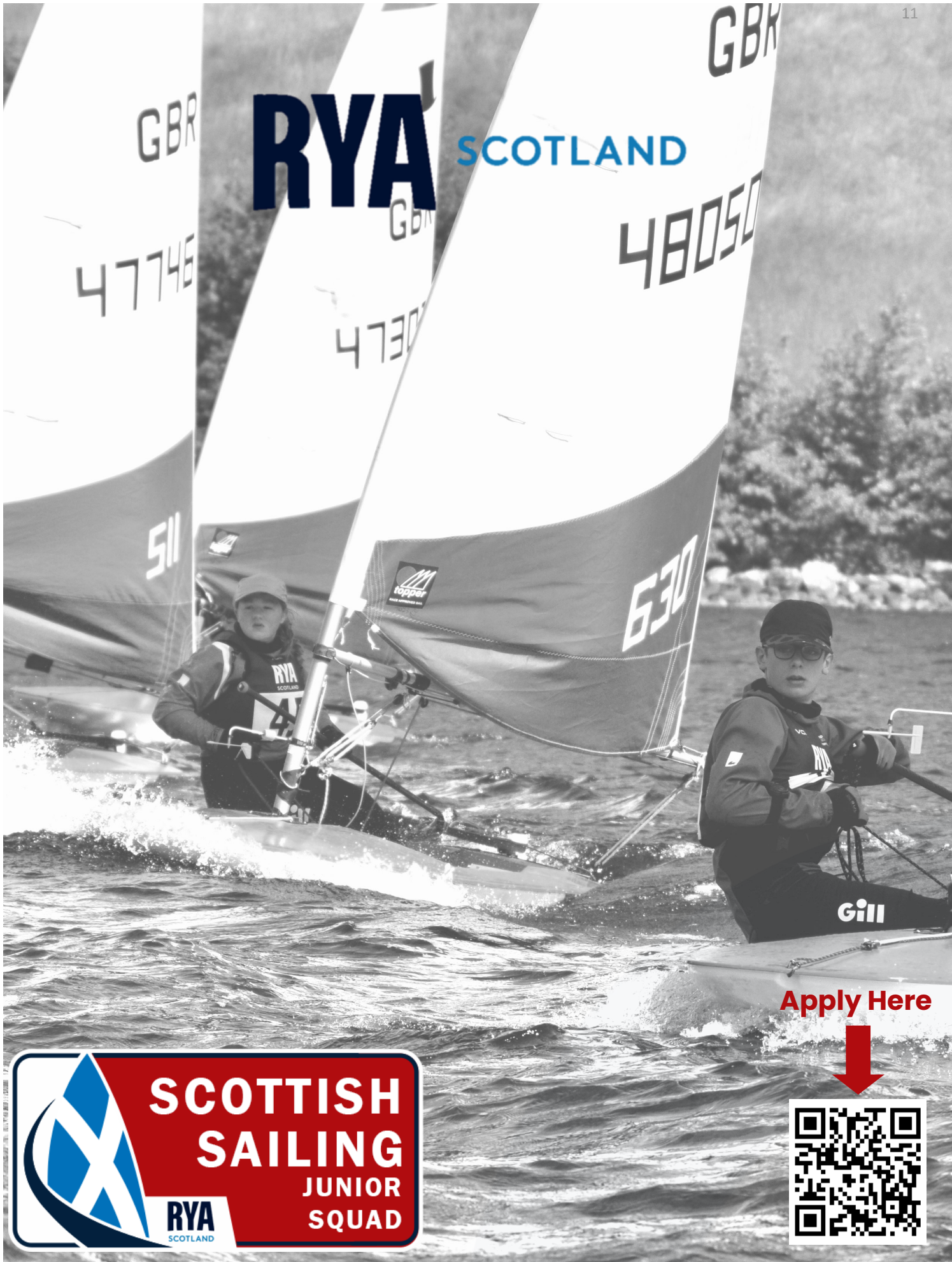


The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

Status

The Royal Yachting Association Scotland (RYAS)'s policies and procedures are subject to change from time to time, including variations required to comply with **sport**Scotland directions on the investment of National Lottery funds. RYAS reserves the right to amend, supplement and/or discontinue at its absolute discretion, for whatever reason, any or all of its policies and procedures.

RYA SCOTLAND



Apply Here




SCOTTISH SAILING
JUNIOR SQUAD

RYA
SCOTLAND



The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

Scottish Sailing Junior Squad Selection

The **Scottish Sailing Junior Squad** is a Junior Class group which aims to guide and develop athletes making the effective steps towards performance in youth classes

Selection to the **Scottish Sailing Junior Squad** will be determined by Selectors and will be the athletes who, in their opinion, will have the greatest potential of progressing to **Scottish Sailing Development Squad** and **Scottish Sailing Team** and World Class Programmes (**British Youth Sailing Team + British Sailing Team**).

Squad + Class sizes will vary depending upon the level of ability and depth in each class. .

Athletes may be invited to attend some or all the **Scottish Sailing Junior Squad** training in an additional 'Train Alongside' role. This may be because existing team athletes are unable to attend a specific session or if suitable athletes emerge from other RYA Scotland Sailing programmes after the selection date. Alternatively, athletes may be invited to help progress current Squad members.

A proportion of Squad places may be allocated to boats on the relative merit of performance at key events. Squad places may also be allocated against other factors as detailed in the 'Selection Criteria' section. Applicants must be committed to following the RYA Scottish Sailing and British Sailing Team pathway.

Sailors who believe they meet the eligibility criteria for para competitions.

The RYA endeavours to keep those athletes who feel they may ultimately be eligible for the Para Racing within mainstream race and race training programmes for as long as is practically possible, as we consider this the most effective way to facilitate their development. Athletes or parents who would like further advice or feel they may meet the relevant criteria are encouraged to contact the RYA Scotland Pathway Manager.

Scottish Sailing Junior Squad Ages and Composition

The Scottish Sailing Junior Squad will comprise of the following Pathway classes:

- Optimist, Topper, and RS Feva Under 15 on 31 Dec 2025
- Techno Under 16 on 31 Dec 2025

RYA Scotland aims to ensure that present and potential Squad members are treated on an equal basis irrespective of gender, disability, race, religious belief or social status. Team members will be selected on their ability or potential ability shown as stated in the selection criteria.

Where the selected Squad has fewer than three female sailors, RYAS will consider arranging additional training opportunities for those females who have not been selected but who were close to meeting the selection criteria. Equally, where the selected Squad has fewer than three male athletes, RYAS will consider arranging additional training opportunities for those males who have not been selected but who were close to meeting the selection criteria.

Indicator Events

The selection process for the **Scottish Sailing Junior Squad** will involve two types of indicator events:

Primary Indicators: These will typically be class nationals, unless otherwise specified.

Secondary Indicators: These events will supplement the decision-making process.

Additionally, overall performance and personal application beyond the listed indicator events will be considered. This includes performance at national and international events and participation in the summer training programs. If there is a conflict between class international events and any of the indicator events, results from the international events will take precedence.

Class	Primary Indicator Events	Secondary Indicator Events
Optimist Topper Techno RS Feva	UK class Nationals or Equivalent	RYAS Youth and Junior Championships 21/ 22 Jun at Loch Lomond Sailing Club

Selection Criteria

When considering Squad selection the Selection Committee will consider the following factors as potential of athletes to progress to Scottish Sailing Development Squad/Team and the World Class Programme (British Youth Sailing Team +British Sailing Team)

- Performance at primary, secondary Indicators
- Age
- Factors affecting results
- Height, weight, and physical competency
- Current and planned programme of training and racing
- Skill development across the British Youth Sailing Critical Success Factors
- Displayed behaviours against the British Youth Sailing Values and Behaviours
- Other factors the Selection Committee consider to be appropriate

Exceptional Circumstances or Failure to Attend Indicator Events

Sailors that are either:

1. Unable to attend the indicator events, due to exceptional circumstances.
2. Would like to make the Selectors aware of any exceptional circumstance which could be considered during the selection process,

Notify the RYA Scotland Pathway Manager at pathway@ryascotland.org.uk , including any relevant reasons as to why you could not attend.

Selection Practice

Selectors have the discretion to determine.

- The size and Classes of the Squad
- Which of the criteria to consider
- Who to select.

In making their decision and exercising their discretions Selectors are expected to.

- Use their expertise and experience.
- Rely on their observation of the competitors, together with the observations made by other individuals, such as Team Coaches and Class Representatives.

By entering an event or activity that is part of the indicator event the competitors agree that the Selectors have such discretions. The Selectors may extend the selection process beyond the series of races within the Indicator event

Application for Scottish Sailing Junior Squad

Sailors wishing to be considered for a **Scottish Sailing Junior Squad** place must complete the online application form. Applications should be completed by 12 noon on the 5th September 2025 . The application form can be found online through the following link which can be [found here](#)

Notification

All applicants will be notified in writing by email as soon as is practically possible after completion of the application deadline, usually within 21 days. Successful sailors' names will be published on the RYA Scotland website shortly after the full **Scottish Sailing Junior Squad** have accepted their places. It is not our policy to publish this information before this time.

Appeals

Appeals will be dealt inline with the RYA Scotland Performance Pathway Appeals Procedure. This can be found [here](#):

RYA SCOTLAND



Apply Here



**SCOTTISH
SAILING**
DEVELOPMENT
SQUAD

RYA
SCOTLAND



The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

Scottish Sailing Development Squad Selection

Selection to the **Scottish Sailing Development Squad** will be determined by Selectors who have been appointed by the RYAS Performance Committee and will be the athletes who, in their opinion, will have the greatest potential of progressing to **Scottish Sailing Team** and World Class Programmes (British Youth Sailing Team + British Sailing Team).

Team + Class sizes will vary depending upon the level of ability and depth in each class. The **Scottish Sailing Development Squad** is a transitional group which aims to guide and develop athletes making the effective steps towards performance in youth classes.

Athletes may be invited to attend some or all the **Scottish Sailing Development Squad** training in an additional 'Train Alongside' role. This may be because existing team athletes are unable to attend a specific session or if suitable athletes emerge from other RYA Scotland or British Youth Sailing programmes after the selection date. Alternatively, athletes may be invited to help progress current squad members.

A proportion of Squad places may be allocated to boats on the relative merit of performance at key events. Squad places may also be allocated against other factors as detailed in the 'Selection Criteria' section. Applicants must be committed to following the RYA British Sailing Team pathway.

Sailors who believe they meet the eligibility criteria for para competitions.

The RYA endeavours to keep those athletes who feel they may ultimately be eligible for the Para Racing within mainstream race and race training programmes for as long as is practically possible, as we consider this the most effective way to facilitate their development. Athletes or parents who would like further advice or feel they may meet the relevant criteria are encouraged to contact the RYA Scotland Pathway Manager.

Scottish Sailing Development Squad Ages and Composition

ILCA and 29er athletes should be under 18 on 31 Dec 2025

IQ foil athletes should be under 19 on 31 Dec 2025

RYA Scotland aims to ensure that present and potential Squad members are treated on an equal basis irrespective of gender, disability, race, religious belief or social status. Squad members will be selected on their ability or potential ability shown as stated in the selection criteria.

Where the selected Squad has less than three female sailors, RYAS will consider arranging additional training opportunities for those females who have not been selected but who were close to meeting the selection criteria. Equally, where the selected team has less than three male athletes, RYAS will consider arranging additional training opportunities for those males who have not been selected but who were close to meeting the selection criteria.

Indicator Events

The selection process for the Scottish Sailing Team will involve types of indicator events:

Primary Indicators: These will typically be class nationals, unless otherwise specified.

Secondary Indicators: These events will supplement the decision-making process.

Additionally, overall performance and personal application beyond the listed indicator events will be considered. This includes performance at national and international events and participation in the summer training programs. If there is a conflict between class international events and any of the indicator events, results from the international events will take precedence.

Youth Class	Primary Indicator Events	Secondary Indicator Events
IQ	UK class Nationals or Equivalent	RYAS Youth and Junior Championships 21/ 22 Jun at LLSC
ILCA 4/ 6	UK class Nationals or Equivalent	RYAS Youth and Junior Championships 21/ 22 Jun at LLSC
29er	UK class Nationals or Equivalent	

Selection Criteria

When considering Squad selection the Selection Committee will consider the following factors as potential of athletes to progress to Scottish Sailing Team and the World Class Programme (British Youth Sailing Team +British Sailing Team)

- Performance at primary, secondary Indicators
- Age
- Factors affecting results
- Height, weight, and physical competency
- Current and planned programme of training and racing
- Skill development across the British Youth Sailing Critical Success Factors
- Displayed behaviours against the British Youth Sailing Values and Behaviours
- Other factors the Selection Committee consider to be appropriate

Exceptional Circumstances or Failure to Attend Indicator Events

Sailors that are either:

1. Unable to attend the indicator events, due to exceptional circumstances.
2. Would like to make the Selectors aware of any exceptional circumstance which could be considered during the selection process,

Notify the RYA Scotland Pathway Manager at pathway@ryascotland.org.uk , including any relevant reasons as to why you could not attend.

Selection Practice

Selectors have the discretion to determine.

- The size and Classes of the Squad
- Which of the criteria to consider
- Who to select.

In making their decision and exercising their discretions Selectors are expected to.

- Use their expertise and experience.
- Rely on their observation of the competitors, together with the observations made by other individuals, such as Team Coaches and Class Representatives.

By entering an event or activity that is part of the indicator event the competitors agree that the Selectors have such discretions. The Selectors may extend the selection process beyond the series of races within the Indicator event

Application for Scottish Sailing Development Squad

Sailors wishing to be considered for a **Scottish Sailing Development Squad** place must complete the online application form. Applications should be completed by 12 noon on the 5th September 2025. . The application form can be found online through the following link which can be [found here](#)

Notification

All applicants will be notified in writing by email as soon as is practically possible after completion of the application deadline, usually within 21 days. Successful sailors' names will be published on the RYA Scotland website shortly after the full **Scottish Sailing Development Squad** have accepted their places. It is not our policy to publish this information before this time.

Appeals

Appeals will be dealt inline with the RYA Scotland Performance Pathway Appeals Procedure. This can be found [here](#):

RYA SCOTLAND



210115
211012

ILCA

205215
215206

ILCA

19366

Apply Here



**SCOTTISH
SAILING
TEAM**

RYA
SCOTLAND



The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

Scottish Sailing Team selection

Selection to the **Scottish Sailing Team** will be determined by Selectors who have been appointed by the RYAS Performance Committee and will be the athletes who, in their opinion, will have the greatest potential of progressing to World Class Programmes (British Youth Sailing Team + British Sailing Team). The Selectors shall comprise of the RYA Scotland Pathway Manager, RYA Scotland Pathway Development Officer, RYA Scotland Performance Director and the Chair of RYA Scotland Performance Committee. The decision of the Selectors shall be ratified by the RYA Scotland Performance Committee.

Team + Class sizes will vary depending upon the level of ability and depth in each class.

Athletes may be invited to attend some or all the **Scottish Sailing Team** training in an additional 'Train Alongside' role. This may be because existing team athletes are unable to attend a specific session or if suitable athletes emerge from the RYA Scotland or British Youth Sailing programmes after the selection date. Alternatively, athletes may be invited to help progress current team members.

A proportion of Team places may be allocated to boats on the relative merit of performance at key events. Team places may also be allocated against other factors as detailed in the 'Selection Criteria' section. Applicants must be committed to following the RYA British Sailing Team pathway.

Please note that not all applicants to the **Scottish Sailing Team** will be offered a place. However, they may be considered by the RYAS Selection panel for selection into the **Scottish Sailing Development Squad**, although this is not guaranteed.

Sailors who believe they meet the eligibility criteria for para competitions.

The RYA endeavours to keep those athletes who feel they may ultimately be eligible for the Para Racing within mainstream race and race training programmes for as long as is practically possible, as we consider this the most effective way to facilitate their development. Athletes or parents who would like further advice or feel they may meet the relevant criteria are encouraged to contact the RYA Scotland Pathway Manager.

Scottish Sailing Team Ages and Composition

- ILCA and 29er athletes should be under 21 on 31 Dec 2025
- IQ foil athletes should be under 19 on 31 Dec 2025

RYA Scotland aims to ensure that present and potential team members are treated on an equal basis irrespective of gender, disability, race, religious belief or social status. Team members will be selected on their ability or potential ability shown as stated in the selection criteria.

Where the selected team has less than three female sailors, RYAS will consider arranging additional training opportunities for those females who have not been selected but who were close to meeting the selection criteria. Equally, where the selected team has less than three male athletes, RYAS will consider arranging additional training opportunities for those males who have not been selected but who were close to meeting the selection criteria.

Athletes competing in youth classes (ILCA, 29er and IQ Foil) are expected to engage with the physical prep support provided through RYA Scotland and when appropriate will be required to meet the physical fitness benchmarks set by British Youth Sailing Pathway Sport Science Team.

Indicator Events

The selection process for the Scottish Sailing Team will involve three types of indicator events:

Primary Indicators: These will typically be class nationals, unless otherwise specified.

Secondary Indicators: These events will supplement the decision-making process.

Additionally, overall performance and personal application beyond the listed indicator events will be considered. This includes performance at national and international events and participation in the summer training programs. If there is a conflict between class international events and any of the indicator events, results from the international events will take precedence.

Youth Class	Primary Indicator Events	Secondary Indicator Events
IQ	RYA Youth Nationals / UK Nationals or Equivalent	RYAS Youth and Junior Championships 21/ 22 Jun at Loch Lomond Sailing Club
ILCA	RYA Youth Nationals / UK Nationals or Equivalent	RYAS Youth and Junior Championships 21/ 22 Jun at Loch Lomond Sailing Club
29er	RYA Youth Nationals / UK Nationals or Equivalent	

Selection Criteria

When considering Team selection the Selection Committee will consider the following factors as potential of athletes to progress to the World Class Programme (British Youth Sailing Team +British Sailing Team)

- Performance at primary, secondary Indicators
- Age
- Factors affecting results
- Height, weight, and physical competency
- Current and planned programme of training and racing
- Skill development across the British Youth Sailing Critical Success Factors
- Displayed behaviours against the British Youth Sailing Values and Behaviours
- Other factors the Selection Committee consider to be appropriate

Exceptional Circumstances or Failure to Attend Indicator Events

Sailors that are either:

1. Unable to attend the indicator events, due to exceptional circumstances.
2. Would like to make the Selectors aware of any exceptional circumstance which could be considered during the selection process,

Notify the RYA Scotland Pathway Manager at pathway@ryascotland.org.uk , including any relevant reasons as to why you could not attend.

Selection Practice

Selectors have the discretion to determine.

- The size and Classes of the team
- Which of the criteria to consider
- Who to select.

In making their decision and exercising their discretions Selectors are expected to.

- Use their expertise and experience.
- Rely on their observation of the competitors, together with the observations made by other individuals, such as Team Coaches and Class Representatives.

By entering an event or activity that is part of the indicator event the competitors agree that the Selectors have such discretions. The Selectors may extend the selection process beyond the series of races within the Indicator event

Application for Scottish Sailing Team

Sailors wishing to be considered for a **Scottish Sailing Team** place must complete the online application form. Applications should be completed by 12 noon on the 5th September 2025. The application form can be found online through the following link which can be [found here](#)

Notification

All applicants will be notified in writing by email as soon as is practically possible after completion of the application deadline, usually within 21 days. Successful sailors' names will be published on the RYA Scotland website shortly after the full **Scottish Sailing Team** have accepted their places. It is not our policy to publish this information before this time.

Appeals

Appeals will be dealt inline with the RYA Scotland Performance Pathway Appeals Procedure. This can be found [here](#):

RYA SCOTLAND



SportScotland

Institute Support



The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

sportScotland Institute Support Selection

Selection to the RYA Scotland Institute Support Programme will be determined by Selectors appointed by the Performance Committee and will be the sailors who, in their opinion, will have the best prospects of progressing to the British Sailing Youth Team (BSYT), British Sailing Squad (BSS) and British Sailing Team (BST).

The number of athletes selected for Sport Scotland Institute support will vary depending upon the strength and depth of talent currently in the British Sailing Team, as well as the number of talented athletes in Scotland that are likely to progress to this level. The maximum number RYA Scotland can select is controlled by **sportscotland** however RYA Scotland reserves the right to reduce the number receiving this support.

Institute Support is a progression for those within the Scottish Sailing Team, and athletes will normally be current British Sailing Youth Team or British Sailing Squad or British sailing Team members or have achieved results in the top 10% at RYA Youth Nationals, UK National, European or World Championships in the previous season.

A proportion of places may be allocated to boats on the relative merit of performance at key events. Places may also be allocated at the discretion of the selectors against factors such as potential.

Applicants must be committed to following the British Youth Sailing and British Sailing Team pathway.

Scottish Sailing Team Institute support Composition

Athletes should normally be current members of the Scottish Sailing Team, British Sailing Youth Team, British Sailing Squad, British Sailing Team or have achieved results in the top 10% at a UK, European or World Championships in the previous season.

Only athletes sailing recognised RYA Youth and Olympic classes will be considered for Institute Support. If athletes are currently sailing a recognised junior class as their primary class of competition they will not be considered for the programme, however results from junior classes performance may be used by the Selectors if an athlete is currently in the Transition.

Athletes must meet the physical fitness benchmarks set by the British Youth Sailing and British Sailing Team Sport Science practitioners.

Athletes should be 15 or over at time of selection. RYA Scotland aims to ensure that present and potential institute supported athletes are treated on an equal basis irrespective of gender, disability, race, religious belief or social status. Institute supported sailors will be selected on their ability or potential ability shown as stated in the discretionary criteria.

Reselection to Programme

To be reselected to the programme athletes should continue to meet the eligibility criteria stated above and will need to demonstrate they have engaged sufficiently in the previous year.

Engagement will be measured by;

- Expected Vs actual attendance of supervised and non-supervised S&C sessions. (Above 80%)
- Use of other programme benefits – Physiotherapy, Sports Medicine, Sports Nutrition & Sports Psychology.
- Expected attendance will be agreed with the RYA Scotland PM and sportscotland, this will change throughout the year and take into account competition/training load, injuries, stage in the pathway.
- Athletes selected should be continually developing and striving to reach the next step of the performance pathway.

Indicator Events

The selection process for the Scottish Sailing Team Institute Support will involve the RYAS selection panel understanding athlete performance at the following types of indicator events:

Primary Indicators: These will typically be class national, European or world championships, unless otherwise specified.

Secondary Indicators: These events will supplement the decision-making process.

Additionally, overall performance and personal application beyond the listed indicator events will be considered. This includes performance at national and international events and participation in the summer training programs. If there is a conflict between class international events and any of the indicator events, results from the international events will take precedence.

Where there is an overlap in dates between UK and International Competition the latter will be seen as the primary event.

Youth & Olympic Class	Primary Indicator Events	Secondary Indicator Events
All	<ul style="list-style-type: none"> • Class UK Championships • Class European Championships • Class World Championships 	<ul style="list-style-type: none"> • RYA Youth Championships • British Sailing Youth Team Selection.

Discretionary Criteria

When considering the discretionary criteria the selectors may take into consideration any of the following factors:

- Performance at indicator events
- Age and potential
- Age adjusted results
- Factors affecting results
- Attitude and behavior
- Application assessment
- Class ranking list
- Height and weight
- Goals and aspirations
- Programme of racing and training
- Injury impacting performance and engagement
- Other factors the selection committee considers appropriate

Exceptional Circumstances or Failure to Attend Indicator Events

Sailors that are either:

1. Unable to attend the indicator events, due to exceptional circumstances.
2. Would like to make the selectors aware of any exceptional circumstance which could be considered during selection,

Notify the RYA Scotland High Pathway Manager by email, including any relevant reasons as to why you could not attend.

Email: Jamie.rogers@ryascotland.org.uk

Selection Practice

Selectors have the discretion to determine.

- The size and Classes of the team
- Which of the criteria to consider
- Who to select.

In making their decision and exercising their discretions Selectors are expected to.

- Use their expertise and experience.
- Rely on their observation of the competitors, together with the observations made by other individuals, such as Team Coaches and Class Representatives.

By entering an event or activity that is part of the indicator event the competitors agree that the Selectors have such discretions. The Selectors may extend the selection process beyond the series of races within the Indicator event

The Selectors shall comprise of the RYA Scotland Selection Panel and the **sportscotland** High Performance Manager.

Application

There is no formal application process for the RYA Scotland Institute Support Programme, sailors will instead be invited by the selectors.

Notification

All applicants will be notified in writing by email in December of each year, either RYA Scotland or **sportscotland**. Successful sailors' may be published on the RYA Scotland website shortly after receiving team acceptance forms from the selected sailors. It is not our policy to publish this information before this time

Appeals

Appeals will be dealt inline with the RYA Scotland Performance Pathway Appeals Procedure. This can be found [here](#):

RYA SCOTLAND



Enter Here

Apply Here



Eric Twiname Championships

2026



The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

Introduction— 38th RYA Eric Twiname Championships 2026 details of selection

This selection policy aims to outline the entry requirements for the 38th RYA Eric Twiname (ET) Championships, that are due to take place at Rutland Sailing Club from Saturday 2nd until Monday 4th May 2026. The goal is to inspire these sailors to participate in other nationwide events and to progress further along the sailing pathway. The selected team will receive support and guidance from RYAs coaches throughout the event.

- This RYA organised three-day multiclass championship will be run over 3 course areas at Rutland Sailing Club. The costs of the event are met by the ET Trust and RYA. As such the ET Championship event is free to all competitors that meet the eligibility criteria.

Please note: All sailors will need to arrange their own travel, accommodation, boat logistics and food while at the event.

- The event is designed to give young sailors the feel for how multi-class events are run, which may be the precursor to future events, like the RYA Youth Nationals and other class national and internationals.
- In line with the ET Trusts directive, The RYA aim to make this event educational and a positive learning experience. Coaches and judges will be on hand to help sailors ashore should they have any questions.
- Due to the size of the event and limited budgets the RYA have never been able to invite all the junior sailors from the RYA Junior Recognised Classes. They do not have the capacity to invite the sailors in the Topper 5.3 or 4.2 Class National Performance Squads and Optimist sailors who are invited to their Class Association Team Selection Trials based on their ranking.
- Most sailors would expect to attend the ET Championships once, as they start to move towards regular class championships and RYA events.

Eligibility from NOR/SI'S

Sailors wishing to be considered for selection and represent the RYA Scotland team for the Eric Twiname Championships must have their primary residence in Scotland and must meet the age/eligibility criteria outlined below. Before submitting an application/entry, please ensure that the event dates do not conflict with any national class activities or other events you may prefer to attend. Historically, this event has overlapped with the IOCA Selectors.

- Entry for Topper class is only for competitors who are in the selected class (RPS) regional or home country squads. (And for Home Country invited by their RYA Manager.)

Sailors who are selected participants of the class 4.2 or 5.3 National Performance Squads, even if they are part of a regional or home country group are not eligible.)

- Entry for Optimist sailors is open to UK based sailors **who have not been invited** (or accepted a place) to the UK Optimist Selection Trials 2026.
- **Entry for the RS Tera, RS Feva, ILCA 4 and Techno classes is open.**
- Entries shall be accepted as set out in **Addendum F** From the NOR./SI'S
- Eligible boats may enter by registering online on the event website by Monday 27th April 2026.
- Entries will be limited to the fleet numbers as set out in **Addendum F**. Entries will be given on a first come first served basis.
- For all classes "team" scoring, the sailor's region will align to the sailing club declared on the entry form.
- Competitors shall comply with the age requirements for their class set out in **Addendum F** from the NOR/SI's.

Addendum F. Fleet Sizes

Class	Entry Quota	Competitors shall be under the age	Entry Deadline
ILCA 4	45	18 on 31 st December 2026	27 th April 2026
Topper (RPS & HC Groups.)	80	17 on 31 st December 2026	27 th April 2026
Optimist	45	15 on 31 st December 2026	27 th April 2026
RS Tera Sport	40	16 on 31 st December 2026	27 th April 2026
RS Tera Pro	25	17 on 31 st December 2026	27 th April 2026
RS Feva	30	17 on 31 st December 2026	27 th April 2026
Techno	30	17 on 31 st December 2026	27 th April 2026

Application Process

As Per NOR/SI's Scottish Topper class Sailors have a requirement to be selected/invited to this event by RYAS. RYAS asks that these sailors confirm that they would like to be considered for the 2026 RYA Scotland Eric Twiname Team, noting their interest by completing the following application form [found here](#).

Please note: Scottish Sailing Team Squad Members are **NOT** automatically granted a place at the event. SST Squad sailors will also need to complete the application form and attend selection events in line with all other applicants.

The deadline for Topper applications is 9:00am 2nd of March 2026 thereafter, your application will be shared with the Selection Panel for review along with RYAS Pathway Head Coach recommendations.

Team Composition + Selection

The RYAS Team for the Eric Twiname Championships 2026 will run across Topper, Optimist, Techno, Feva, Ilca 4 and Tera Pro/Sport classes.

The relevant classes will be required to go through a selection process for Team Scotland due to entry and event limitations as per the NOR/SI'S for the event. The appointed selection panel RYAS Head Coaches will feedback to the panel considering all open training and event performance of applicants.

For Topper class sailors please note the Entrant limitations as per selection below.

- Topper: Maximum of 8 sailors, at least 3 of which are male and at least 3 of which are female

Non-attendance at RYAS training/events.

Sailors wishing to be selected and who have not attend open training or events , must also complete the application form noting that you have been unable to attend training or events. You will be required to give reasoning for non-attendance. This reasoning will be put towards the Selection panel for discussion/review during team selection

Selection criteria

It should be noted that performance is not defined in this instance in terms of results, but in terms of the following criteria, which the Selectors will be considering during the selection process:

- Performance at RYA Scotland training
- Age
- Factors affecting results
- Height, weight and physical competency
- Current and planned programme of training and racing
- Skill development across the British Youth Sailing Critical Success Factors
- Displayed behaviours against the British Youth Sailing Values and Behaviours
- Other factors the Selection Panel consider to be appropriate

Selectors

The Selection Panel will be appointed by the RYA Scotland Performance Committee and the panel will comprise of RYA Scotland Staff, RYA Scotland Performance Committee Chair and RYAS respective Pathway Head Coaches.

RYAS Entry Summary, Notification + Event Entry links

Selection of required classes will be made in February and announcements will be made by 9th of March. Those wishing to take part in open classes, entry for the event can be found here [RYA Eric Twiname Junior Championships](#). Once Selection and announcements for selected classes (Toppers) has taken place they can also enter on the same link.

The table below provides a summary of the required actions for each eligible class in accordance with the event's NOR/SI requirements

Class	Competitors shall be under the age	Selection invite required Yes/No	Where to enter	Entry Deadline
ILCA 4	18 on 31 st December 2026	Not required/ Open Entry	Enter here now	27 th April 2026
Topper (RPS & HC Groups.)	17 on 31 st December 2026	RYAS Selection invitation required - Please apply by 9:00am 2nd of March 2026 Application form can be found here	Enter here when selection for the event has been confirmed by RYAS	27 th April 2026
Optimist	15 on 31 st December 2026	Not required/ Open Entry Please note eligibility requirements	Enter here now	27 th April 2026
RS Tera Sport	16 on 31 st December 2026	Not required/ Open Entry	Enter here now	27 th April 2026
RS Tera Pro	17 on 31 st December 2026	Not required/ Open Entry	Enter here now	27 th April 2026
RS Feva	17 on 31 st December 2026	Not required/ Open Entry	Enter here now	27 th April 2026
Techno	17 on 31 st December 2026	Not required/ Open Entry	Enter here now	27 th April 2026

Appeals

Appeals will be dealt inline with the RYA Scotland Performance Pathway Appeals Procedure. This can be found [here](#):

RYA
SCOTLAND

RYA
NORTHERN
IRELAND

RYA
CYMRU • WALES



RYA Home Countries

Celtic Cup 2026



The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

The RYA Home Countries Celtic Cup Selection

The RYA Home Countries Celtic Cup is a prestigious annual sailing event that unites top Junior/Youth sailors from Scotland, Wales, and Northern Ireland in a dynamic showcase of skill, teamwork, and national pride. Rotating host locations between the three home nations, the event fosters healthy rivalry and strengthens cross-border relationships, while offering a unique platform for young sailors to experience high-level competition in a supportive and developmental environment. With a strong focus on ethical play, personal growth, and collaboration, the Celtic Cup plays a key role in shaping the future of sailing talent across the British Isles. The event is coordinated by the Home Countries' Pathway and Performance Managers, ensuring alignment with national development goals and long-term athlete progression.

The next Celtic Cup will take place at Dalgety Bay Sailing Club (Scotland) 31st of January – 1st of February 2026

Event Eligibility

1. All competitors shall be members of the relevant Home Country Squad/Team, which they will be representing.
2. Racing and training will be undertaken in Topper 5.3 and ILCA6 fleets only.
3. Each team will consist of up to 6 selected sailors in both fleets, 12 sailors overall per Home Nation. There must be a minimum of one male / female in each fleet.
4. Members of NGB National Squads may be selected for this event.
5. Only sailors nominated to attend by their Pathway/ Performance Manager will be accepted.

Scottish Team Composition

Only Sailors within Scottish Sailing Team – Junior Squad Topper 5.3, Scottish Sailing Team and Development Squad ILCA6 sailors are eligible to qualify for this event.

If Scottish Sailing class entries do not reach six, there may also be opportunities for sailors outwith the above Team/Squads to qualify to compete. These individuals will be invited on the discretion of the RYAS Selection Panel and will be notified of this opportunity by the RYAS Pathway Manager.

If entries are likely to exceed six in a class, the Invitational RYAS Winter Championships will be used as a selection event. The top performing Sailors at the Invitational RYAS Winter Championships will secure a spot for the Celtic Cup, and any remaining sailors will be placed on a reserve list.

The Invitational RYAS Winter Championships December 2025 Blairvadach Outdoor Education Centre

Selection criteria

It should be noted that performance is not defined in this instance in terms of results, but in terms of the following criteria, which the Selectors will be considering during the selection process:

- Performance at Invitational RYAS Winter Championships December 2025
- Age
- Factors affecting results
- Height, weight and physical competency
- Current and planned programme of training and racing
- Skill development across the British Youth Sailing Critical Success Factors
- Displayed behaviours against the British Youth Sailing Values and Behaviours
- Other factors the Selection Panel consider to be appropriate

Selectors

The Selection Panel – as defined at the start of the document on [Page 8](#).

Notification

Selection of the 2025 Celtic CUP Team will be made in December, considering all training and selection weekend performance. **Team announcements will be made week beginning 15th December 2025.**

Appeals

Appeals will be dealt inline with the RYA Scotland Performance Pathway Appeals Procedure. This can be found [here](#):

RYA SCOTLAND



Invitational Winter championships

2025



The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

RYAS Invitational Winter Championships Selection

The RYAS Invitational Winter Championships serve as a premier competitive sailing event designed to bring together some of the most promising young sailors from across the region. Organised by RYAS, the Championships aim to provide a high-quality racing and coached experience during the winter season, offering athletes the opportunity to develop their skills in challenging conditions.

By inviting sailors who are at the right stage in their development, we are able to better manage both the risks and the overall experience of the event. Sailors who have demonstrated the necessary skills, resilience, and decision-making capacity are more likely to cope well with the demands of winter racing, including colder conditions and variable weather. This targeted approach helps ensure that the event remains safe, appropriately challenging, and enjoyable for all participants. It allows coaches and organisers to focus on high-quality delivery, confident that each sailor has the foundation to engage fully, learn effectively, and thrive in the environment

Event Eligibility

1. All competitors shall be members of either:
 - Scottish Sailing Junior Squad –Oppie, Topper, Techno, RS feva.
 - Scottish Sailing Development Squad– ILCA, IQ Foil, 29er.
 - Scottish Sailing Team– ILCA, IQ Foil, 29er.
 - Sailors not within the above aforementioned Squads are not eligible. However, If there is Capacity for additional sailors, the RYAS Selection panel shall consult the RYAS Head pathway coaches for recommendations. This will be on a case by case basis and at the discretion of the Event Operating Authority (RYAS). The Selection Panel will review these sailors in line with the below criteria.

Selection criteria

It should be noted that performance is not defined in this instance in terms of results, but in terms of the following criteria, which the Selectors will be considering during the selection process:

- Performance at RYAS Performance Pathway Training and RYAS youth and Juniors Championships 2025.
- Age
- Factors affecting results
- Height, weight and physical competency
- Current and planned programme of training and racing
- Skill development across the British Youth Sailing Critical Success Factors
- Displayed behaviours against the British Youth Sailing Values and Behaviours
- Other factors the Selection Panel consider to be appropriate

Selectors

The Selection Panel will be appointed by the RYA Scotland Performance Committee and the panel will comprise of RYA Scotland Performance Pathway Staff, RYA Scotland Performance Committee Chair and RYAS respective Head Coaches.

Notification

Selection of additional eligible sailors will be made in November, considering all training and selection weekend performance. Notification to these sailors will happen on w/b 10th of November. 2025

Appeals

Appeals will be dealt inline with the RYA Scotland Performance Pathway Appeals Procedure. This can be found [here](#):

RYA SCOTLAND



Performance Pathway

Appeals procedure



The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

Appeals

RYA Scotland is committed to its Values of openness, integrity, excellence, and responsibility. These values underpin everything we do, from developing young sailors to creating a supportive and inclusive community. Therefore we have a clear defined appeals policy which allows athletes/ sailors to challenge where appropriate

Purpose

- 1.1 This policy document sets out the RYA Scotland (RYAS) Performance Appeals Policy for:
- 1.1.1 Sailor event selection or deselection following:
 - Any event/Programme that specifically refers to the RYA Scotland Selection Appeals Policy in the notice of race or notice of selection.
 - 1.1.2 Sailor selection to RYA Scotland Teams/ Squads
- 1.2 This policy shall not apply to exclusion from Teams/Squads, programmes or events or termination of athlete Agreements or termination of participation agreements, where such exclusion or termination is for disciplinary reasons. (Such exclusions and terminations shall be governed by the RYA Scotland Disciplinary Procedure).

Process

- 2.1 Notice of intention to appeal should be submitted and addressed to the RYA Scotland Pathway Manager via pathway@ryascotland.org.uk as soon as reasonably practical and in any event within 7 days of the selection or deselection being announced. The appeal shall be submitted in full within 14 days of the selection or deselection being announced.
- 2.2 The appeal shall take the form of a written statement from the prospective appellant detailing all relevant reasons.
- 2.3 The selectors will be invited to comment on the prospective appellant's written statement.
- 2.4 The validity of the appeal will be determined as soon as reasonably practicable, as follows:
- 2.4.1 Initial scrutiny of an appeal shall be conducted by the Chairman of the Performance Committee and will nominate two appropriate deputies to scrutinise the appeal. The Chairman and their deputies (shall be known for this purpose as the "Appeal Scrutineers") shall be entitled, if they so request, to be assisted by a lawyer. The purpose of the scrutiny of an appeal shall be to decide whether the written statement from the prospective appellant identifies valid grounds for appeal.
 - 2.4.2 The grounds for appeal are limited to allegations of:
 - Failure to follow the applicable selection policy
 - Failure to take into account relevant considerations or taking into account irrelevant considerations
 - Bias
 - Decisions made in bad faith, dishonestly and/or in a perverse manner
 - 2.4.3 The criteria for appeal may not include:
 - any alleged error of judgement of the selectors
 - where relevant, any alleged error of judgement of the RYA Sports Science & Medicine Team with regard to "fitness to race" assessments
 - errors in the published selection criteria
 - 2.4.4 Should the Appeal Scrutineer determine that the written statement from the prospective appellant identifies no potential grounds for appeal, the Appeal Scrutineer shall dismiss the appeal and the selection will stand.
 - 2.4.5 Should the Appeal Scrutineer determine that the written statement from the prospective appellant identifies potential grounds for appeal, the Appeal Scrutineer shall refer the matter to the appropriate appeal panel as set out below.

Event Appeals

- 3.1 The appeal panel shall be a panel of volunteers appointed by the Chair of the RYAS performance Committee and assisted, if they so request, by a lawyer.
- 3.1.2 There shall be 1 hearing at which the written appeal document originally submitted, and any written response to it by the Selectors, shall be considered in conjunction with evidence, written or oral, from those persons the Chair of the appeal panel deems appropriate and necessary in order to reach a decision. All written evidence shall be circulated to all panel members and to the appellant at least 2 days before the hearing.

Team/Squad Selection/De-selection

- 4.1 Should the Appeal Scrutineer that Team selection appeal has potential grounds for appeal, the appeal shall be considered as follows:
- 4.1.1 The appeal panel shall be a panel of volunteers appointed by the RYA Scotland Performance Committee.
- 4.1.2 The appeal will be dealt with by written submissions only, without the opportunity for personal representation.

Outcome

- 5.1 Should the appeal panel determine that the appeal is unsuccessful, the selection will stand, and no reasons shall be published.
- 5.2 Should the appeal panel determine that the appeal is successful, the appeal panel shall set the selection decision aside and remit it to the selectors for further consideration.
- 5.3 Until the outcome of the appeal is decided, RYAS will refrain from publishing the selection decision further (unless the relevant event will take place before the appeal can be heard) and will continue to support the preparation of the selected sailor(s), but will not support preparation of sailors who have either not been selected or have been deselected (as the case may be).
- 5.4 Decisions by an appeal panel shall be final.

RYA SCOTLAND



Performance Pathway Glossary of Terms



The Royal Yachting Association Scotland. A company limited by guarantee and registered in Scotland. Number SC219439

RYAS Performance Pathway Glossary of Terms

RYA Scotland (RYAS)

The national governing body for sailing in Scotland, affiliated with the Royal Yachting Association.

RYAS Performance Pathway

A structured development framework guiding sailors from grassroots to elite competition, including squad/team and event selection.

RYAS Performance Committee

The volunteer body within RYA Scotland that authorises selection policies and ratifies selection decisions and provides advisory information to RYAS.

RYAS Pathway Manager

The individual responsible for overseeing the RYA Scotland Performance Pathway, including selection processes and athlete development.

Class Pathway Head Coach

A coach responsible for overseeing the development and performance of sailors within a specific class in the RYA Scotland Performance Pathway.

Scottish Sailing Junior Squad (SSJS)

An entry-level performance group for younger sailors, typically under 15–16 depending on class

Scottish Sailing Development Squad (SSDS)

A transitional group for youth sailors progressing toward elite competition, typically aged under 16–19 depending on class.

Scottish Sailing Team (SST)

A high-performance Team for youth sailors aiming to transition into British Sailing programmes, typically aged under 21.

British Sailing Youth Team (BSYT)

A development squad within British Sailing focused on nurturing youth sailors with potential for future elite competition.

British Sailing Team (BST)

The national sailing team representing Great Britain in international competitions, including Olympic classes.

Indicator Events

Designated competitions used to assess sailor performance for selection purposes. These include primary (e.g., national championships) and secondary (e.g., regional events) indicators.

RYAS Appeals Panel

A group appointed by the RYA Scotland Performance Committee to review and decide on formal appeals related to selection decisions.

Selection Criteria

A set of factors used to evaluate athletes for squad or event inclusion, including performance, physical attributes, and behavioural standards.

RYAS Selection Panel

A group comprising RYA Scotland staff, coaches, and volunteers responsible for making selection decisions for squads/teams and events.

sportScotland

Scotland's national agency for sport, providing funding and support for athlete development, including the Institute Support Programme.

Institute Support Programme

A programme delivered in partnership with sportscotland to provide enhanced support (e.g., sports science, physiotherapy) to high-potential athletes.

Discretionary Selection

The process by which selectors may choose athletes outside standard criteria based on potential, performance, or other relevant factors.

Train Alongside Role

A temporary training opportunity for athletes not formally selected to a squad, often used to support team and individual development.