

29th National Senior Athletics Federation Competition**Birsa Munda Stadium, Morabadi, Ranchi****23-05-2026**

5/22/26 - 5/25/26

22-25 May 2026.**Event # 47 MENS Decathlon**

& CWG. Q.MARK: 7787

NR:TEJASWIN SHANKAR San Angelo 7947 27/03/2026

% MR:Tejaswin Shankar Kochi 7603 2025

1	TEJASWIN SHANKAR	563	21/12/98	RELIANCE	8057pts &#%
2	THOWFEEQ N	427	20/12/03	NCOE TRIVANDRUM	7530pts
3	GOKUL K R	393	29/11/99	NAVY	7157pts
4	ABHIJIT BHOSALE	106	30/06/04	AIR FORCE	7100pts
5	CHAMANJOT SINGH	249	16/04/01	HARYANA	6922pts
6	KUSHAL KUMAR MOHITE	378	02/04/03	MAHARASHTRA	6678pts
7	MANOJKUMAR R	620	16/05/05	TAMIL NADU	6572pts
8	ABHAY SINGH	176	15/04/07	BSF	6556pts
9	MOHIT .	230	10/09/01	HARYANA	6555pts
10	SHIKHAR RAI	711	11/04/05	WEST BENGAL	6240pts
11	JASHBIR NAYAK	451	03/04/02	ODISHA	5850pts
12	JINOY JAYAN	467	10/09/06	ONGC	5689pts
13	AVIROOP GHOSH	708	01/07/06	WEST BENGAL	5518pts
	VISHWAJEET SHINDE	388	09/01/05	MAHARASHTRA	0
	USAID KHAN	667	19/03/02	UTTAR PRADESH	0
	RAVI KUMAR	109	07/10/98	AIR FORCE	0
	RAJ JUJHAR VIRK	178	31/01/02	CHANDIGARH	0
	ROHIT KUMAR	243	25/12/01	HARYANA	0

**HSBC**

29th National Senior Athletics Federation Competition

22/05/2026

Birsa Munda Stadium, Morabadi, Ranchi

23-05-2026

22-25 May 2026.

Event # 47 MENS Decathlon

NR: T.SHANKAR San 7947 27/03/2026

MR: T.Shankar Koch 7603 2025

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
1	TEJASWIN SHANK RELIANCE	8057	10.77 912	7.67 977	13.31 686	2.25 1041	48.29 895	4511	14.23 945	37.90 622	4.20 673	47.71 555	4:29.02 751	3546
2	THOWFEEQ N (427 NCOE TRIVANDR	7530	10.77 912	7.36 900	12.11 613	1.92 731	48.53 884	4040	14.56 903	34.04 544	4.30 702	60.58 747	4:54.17 594	3490
3	GOKUL K R (393) NAVY	7157	11.01 858	7.12 842	11.22 559	1.89 705	49.31 847	3811	15.49 791	35.15 567	4.40 731	51.46 610	4:45.28 647	3346
4	ABHIJIT BHOSALE AIR FORCE	7100	11.46 761	6.83 774	12.19 618	1.92 731	51.37 753	3637	15.96 737	39.46 654	4.30 702	56.52 686	4:39.35 684	3463
5	CHAMANJOT SING HARYANA	6922	11.51 750	6.64 729	13.35 689	1.80 627	50.17 807	3602	16.02 730	39.49 654	4.00 617	51.54 611	4:35.58 708	3320
6	MANOJKUMAR R TAMIL NADU	6572	10.89 885	7.09 835	11.09 551	1.83 653	50.65 785	3709	16.34 695	36.15 587	3.30 431	54.97 662	5:12.76 488	2863
7	ABHAY SINGH (176 BSF	6556	11.11 836	6.56 711	11.48 575	1.74 577	50.05 812	3511	17.08 616	30.76 479	3.70 535	58.10 709	4:35.93 706	3045
8	MOHIT . (230) HARYANA	6555	11.55 742	6.46 688	10.89 539	1.80 627	52.74 693	3289	15.68 769	34.09 545	4.10 645	57.40 699	4:51.83 608	3266
9	SHIKHAR RAI (711 WEST BENGAL	6240	11.20 817	6.80 767	11.05 549	1.80 627	51.82 733	3493	16.09 723	31.80 500	3.20 406	51.96 618	5:10.56 500	2747
10	AVIROOP GHOSH WEST BENGAL	5518	12.17 618	6.23 637	10.00 486	1.68 528	53.38 665	2934	17.20 604	29.83 461	3.30 431	44.17 503	4:55.64 585	2584

22/05/2026

29th National Senior Athletics Federation Competition

Birsa Munda Stadium, Morabadi, Ranchi

23-05-2026

22-25 May 2026.

Event # 47 MENS Decathlon

NR: T.SHANKAR San 7947 27/03/2026

MR: T.Shankar Koch 7603 2025

Place	Athlete	Total Points	100m Dash	Long Jump	Shot Put	High Jump	400m Dash	Day One	110m Hurdles	Discus Throw	Pole Vault	Javelin Throw	1500m Run	Day Two
	VISHWAJEET SHIN MAHARASHTRA		DNS	DNS	DNS	DNS	No Result		No Result	No Result	No Result	No Result	No Result	
	0	0	0	0	0	0	0		0	0	0	0	0	
	JASHBIR NAYAK (ODISHA		11.21	6.85	12.27	1.92	50.71		15.55	36.40	NM	60.53	No Result	
	0	814	778	623	731	782	784		592	0	746	0	0	
	JINOY JAYAN (467) ONGC		10.89	6.82	8.68	1.92	49.26		15.48	26.45	3.70	31.75	No Result	
	0	885	771	407	731	849	792		395	535	324	0	0	
	KUSHAL KUMAR MAHARASHTRA		10.96	6.79	13.15	1.89	48.23		14.24	29.08	4.20	57.62	No Result	
	0	870	764	676	705	898	944		446	673	702	0	0	
	USAID KHAN (667) UTTAR PRADESH		11.15	6.51	12.02	1.83	DNS		No Result	No Result	No Result	No Result	No Result	
	0	827	700	608	653	0	0		0	0	0	0	0	
	RAVI KUMAR (109) AIR FORCE		DNS	DNS	DNS	DNS	No Result		No Result	No Result	No Result	No Result	No Result	
	0	0	0	0	0	0	0		0	0	0	0	0	
	RAJ JUJHAR VIRK CHANDIGARH		DNS	DNS	DNS	DNS	No Result		No Result	No Result	No Result	No Result	No Result	
	0	0	0	0	0	0	0		0	0	0	0	0	
	ROHIT KUMAR (24 HARYANA		DNS	DNS	DNS	DNS	No Result		No Result	No Result	No Result	No Result	No Result	
	0	0	0	0	0	0	0		0	0	0	0	0	



HSBC



Athletics Federation of India

www.indianathletics.in