

OWNER'S MANUAL AND SAFETY INSTRUCTIONS

**DEEP TISSUE MASSAGE GUN
MODEL: XH-12V**



SAVE THIS MANUAL: KEEP THIS MANUAL FOR SAFETY WARNINGS, PRECAUTIONS, ASSEMBLY, OPERATING, INSPECTION, MAINTENANCE AND CLEANING.

MAINTENANCE

Wipe the surface of the massage gun with a slightly damp towel. Dry the massager with a soft, dry cloth.
When stored for extended periods of time, recharge the battery completely. Keep the massager stored in its original packaging.
The massager must be turned off for at least a half an hour after an hour's use. Let the massager cool down for at least 30 minutes before using the machine again.

IMPORTANT SAFETY INFORMATION

WARNING

GENERAL SAFETY WARNINGS
Read all safety warnings and instructions. Failure to follow the warnings and instructions may result in electric shock, fire and serious injury. Save all warnings and instructions for future reference. Read carefully and understand all ASSEMBLY AND OPERATION INSTRUCTIONS before operating. Failure to follow the safety rules and other basic safety precautions may result in serious personal injury.

- .Due to the force of the massage gun, it is recommended to wear clothing on the massage areas. Do not let the massage gun make direct contact with skin.
- .Massage time on the same muscle parts should not exceed one minute at a time.
- .Do not use the massage gun on your head or bony parts of your body.
- .Choose a suitable massage head for the specific need. Frequent high speed pressure on the same part can cause abrasions. Stop use immediately if you are experiencing any pain during massage.
- .Keep fingers and hair away from the massager to prevent injury.
- .Use only the original charger to charge the massage gun.
- .Keep the massager away from heat sources.
- .Keep the massage gun away from water.
- .Inspect the massage gun for any damage prior to each use. If damaged, do not use the massager.
- 0.Modifications of this massage gun is strictly prohibited.

- Do not use high-speed gear or equipment without medical approval if:
 - Pregnancy, Diabetes and Complications, Neuropathy or optic lesions, using a pacemaker, have had a recent surgery, have epilepsy or migraines, disc herniation, relaxation or spondylitis.
 - Recent joint replacement or IUD or physical health problems. Weak adults and children need to use this machine carefully, accompanied by a healthy adult.
- Consult a physician if you are unsure about using the massage gun.

! SAVE THESE WARNINGS

PRODUCT INFORMATION

- BATTERY INFORMATION**
- This machine is equipped with a 12.6V/ 2550 mAh lithium-ion batteries. This massager can work up to 8-10 hours continuously.
 - The battery should be charged 4-5 hours when the battery runs out. Never leave the massager charging unattended.
 - Be sure to turn the power off on the massager when not in use.

WARNING: The battery in the massager is not removable.



No	Name	No	Name
01	Switch	02	Charge Port
03	Level Plus	04	Level Minus
05	Electricity Indicator	06	Level Indicator (1-99)

The switch is turned on, LED adjust the speed, the massage gun just can work. ("0" speed massage gun does not work)

FUNCTION INFORM

CHARGING PORT: When using for the first time, make sure battery is fully charged. Use the original charger, and make sure the machine is not in powered on when charging.

POWER SWITCH: Turn the power switch left to power on the massager. Turn the power switch to the right to turn the power off.

LEVEL PLUS: Click to increase the massaging power.

LEVEL MINUS: Click to decrease the massaging power.

Rotating speed: 1800-3300r/min

MASSAGER HEADS

Photo	Name	Function
	60MM Globosity head	Suitable for massaging large muscle groups such as neck and thigh of spinal arm
	Y head	Suitable for massage of the neck and Achilles tendon
	Small flat head	Suitable for the relaxation and shaping of various muscle parts
	D head	Suitable for the relaxation and shaping of various muscle parts
	Bullet head	suitable for impacting deep tissues, such as meridians, joint palms, soles, etc.
	Silicone head	suitable for soft tissue and sensitive muscle group relaxation.
	Big fork head	suitable for large muscle groups such as buttock thighs.
	Thumb head	suitable for the palm, soles of the feet and meridians of the joints.