



Friend,

Welcome to the Third District Day policy forum, and thank you for being here!

For the past 30 years, this event has brought together leaders from across our district to do something Washington doesn't always make easy: slow down, listen, and actually talk to one another. Whether this is your first time joining us or you've been here from the beginning, I'm glad you made the trip.

Today, you'll hear directly from lawmakers and leading voices who are shaping the decisions that affect our communities, and you'll have time to ask questions, and make your voice part of the conversation. That's not a small thing, especially right now.

This is a complicated moment – for Massachusetts, for our country, and frankly, for Congress itself. The work of staying connected across our district, bringing different perspectives to the same table, and finding ways to move forward together matters more than ever. That's what today is about.

Inside this digital folder, you'll find everything you need to make the most of your time: today's schedule, speaker bios, a map of the Capitol campus, and some recommendations for getting around the city. You'll also find contact information for my team, who are here throughout the day to help with anything you need.

If something comes up, please reach out to my Deputy Chief of Staff for Operations, Kelsey Gold, at Trahan3DD@mail.house.gov or stop by the registration desk – we'll make sure you're taken care of. And stay connected with us on Facebook, X, Instagram, TikTok, and Threads at @RepLoriTrahan, and on Bluesky at @Trahan.house.gov.

I hope you leave today energized and ready to keep going.

Sincerely,

Lori Trahan
Member of Congress