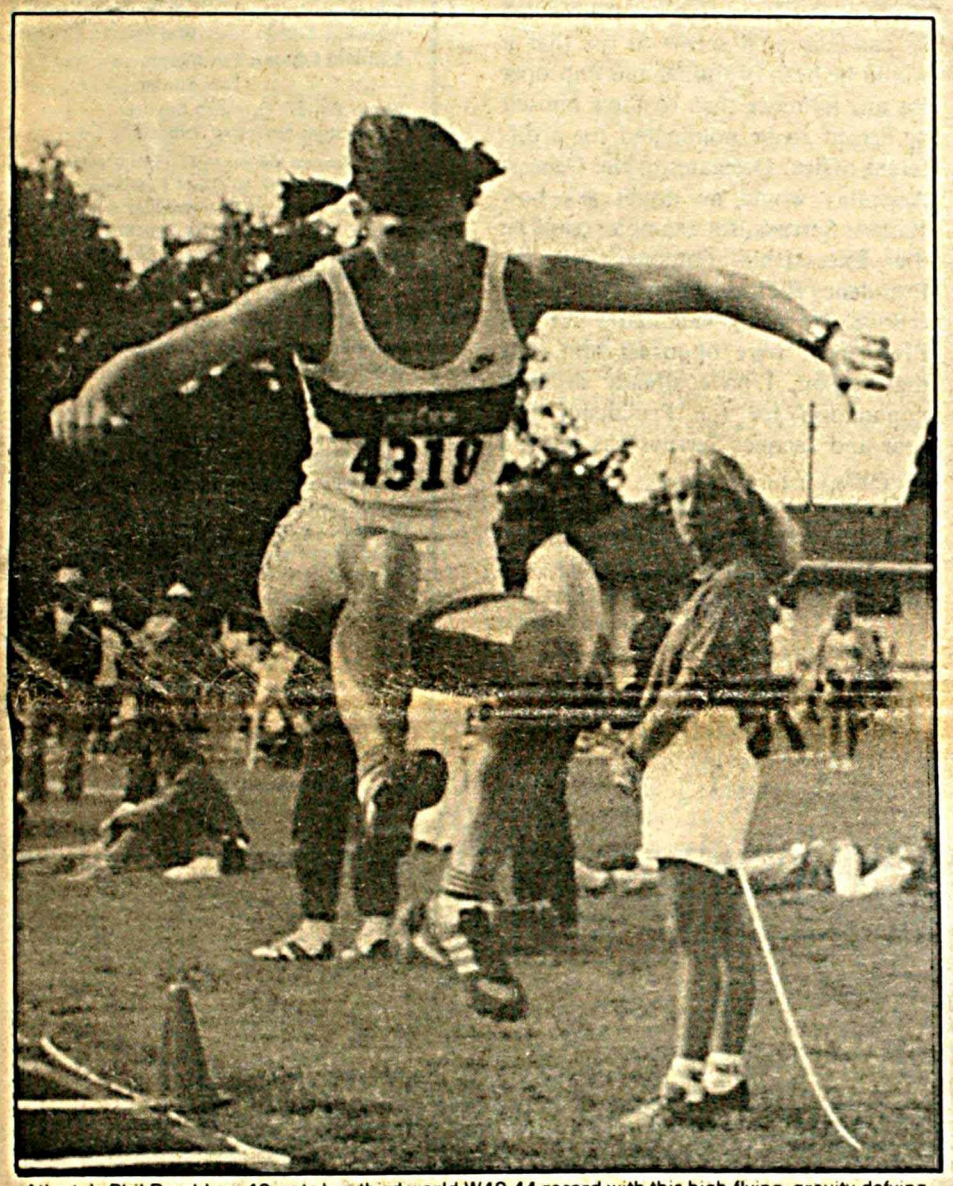
NATIONAL MASTERS NEWS

The official world and U.S. publication for Masters track & field, long distance running and race walking.

109th Issue | September, 1987 | $1.95

20th Nationals Draw 976 to Eugene



Atlanta's Phil Raschker, 40, sets her third world W40-44 record with this high-flying, gravity-defying, pressure-applying, I-ain't-lying 35-7 triple jump at the U.S. National Masters Championships in Oregon, August 14-16. She won seven events as the female athlete-the-meet.

Photos by Gretchen Snyder



Action at the nationals. Above: Chicago's Ernie Billups leads the 50-54 800-meter field en route to a 2:07.33 victory. Cliff Pauling (5067) was second; Ken Baker (5001), third; Bill Mayer (5052), fourth. Below: Stan Whitley (4148) of Los Angeles wins the M40 200 in 21.98 over LaMar Miller (4092), Thaddeus Bell (4009), Ken Brinker (4015), Frank Little (4084) and Paul Dungan (4034).

New Track at Hayward Field Not Ready, So Meet Switched to Silke Field in Springfield; Raschker Wins Seven Events and Sets 3 of Meet's 9 World Records; 47 States Represented

by AL SHEAHEN

Well, it wasn't Hayward Field, but the record 976 participants who showed up in Eugene, Oregon on August 14 for the 20th renewal of the U.S. TAC National Masters Track and Field Championships agreed it was a pretty good meet, anyway.

The annual event was scheduled to be the first ever staged on the newly-renovated Stevenson Track at Eugene's famed Hayward Field.

But the track wasn't ready.

Four days before the meet was to begin, embarrassed officials from the city of Eugene and the University of Oregon confessed that the unfinished track was a week behind schedule.

"I thought it was a disaster, a catastrophe," meet director Frank Anderson said. "Over 1000 people were on their way and they expected to run at Hayward Field. I knew it was the ambiance of the field that had attracted a lot of the entries, and I was in shock."

But after a few 12-to-16 hour days by a lot of people, the organizers were able to switch the meet to Silke Field, four miles away in the city of Springfield.

"Rewarding," Anderson later said of the outpouring of help offered by the cities of Eugene and Springfield and the University of Oregon, which offered its staff and equipment and worked to coordinate shuttle service to transport athletes to and from Silke Field.

The rubberized, black asphalt Silke track was washed and blown dry, runways were patched, and scaffolding was erected for officials and timers. The

Continued on page 37

CONTENTS

DEPARTMENTS

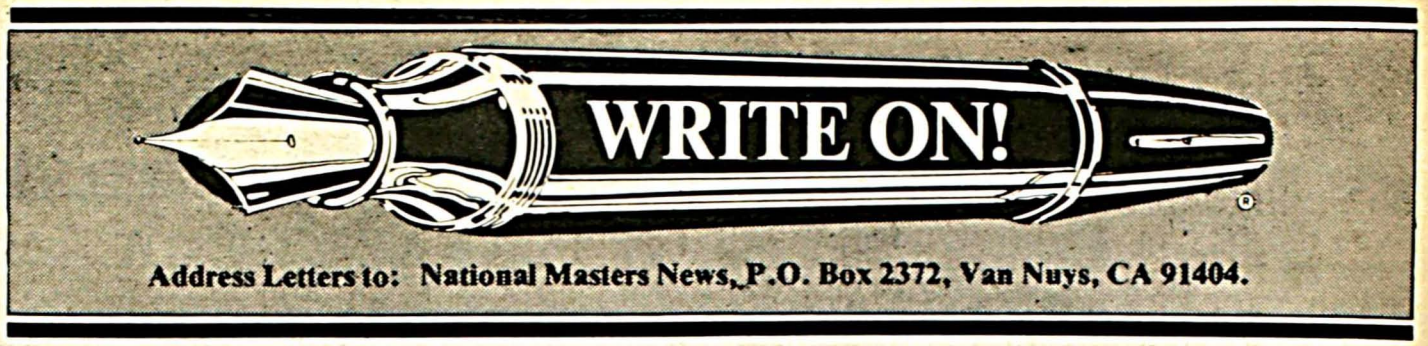
TAC Officers....2
Letters to the Editor....2
The Gun Lap....6
Profile — Larry Olsen....8
Speaker's Corner....10
NMN Sustainers....11
The Foot Beat....12
Track & Field Report....14
Health & Fitness....16
International Scene....17
WAVA Officers....17
Countdown to Melbourne....18
New Age-Group Athletes....19
WAVA/TAC Specifications..19
Report from Britain....20
Masters Scene....21
Schedule....22
All-American Achievers....24
All-American Standards....24
Track & Field Results....25
Long Distance Results....33
Results of Nationals....42

FEATURES

National Decathlon....3
Western Regionals....3
Western States 100 Mile....4
Wallin Shatters Marks....4
Albuquerque Meet....4
L.A. Patriots Meet....5
Boilermaker 15K....5
TAC Convention Preview....7
Cleveland Track Classic....7
Northwest Regionals....9
Not Over The Hill Run....9
Bob Roggy Meet....11
New Jersey 4th of July Meet..11
Qualifiers for Olympic Trials .11
Mammoth Camp Review....12
Carolina Championships....13
Grandma's Marathon....13
Open Heart Club....14
Time Fly Meet....15
1989 World Games Budget ...18
Section II — Nationals....37
National Champions....39

ENTRY FORMS/RACE & PRODUCT INFO.

National 10K....3
NMN Subscription Form....4
National Half-Marathon....5
St. George Marathon....7
Thanks from Merrill Lynch...11
Freihofer's Run for Women..13
Track & Field News....15
Sportsmedicine Institute....16
North American Championships....17
Dr. George Sheehan Video...19
World Weight Pentathlon....20
California International Marathon....22
All-American Application....24
National 15K Cross-Country..36
NIKE — Air Odyssey....56



CANDIDATES FOR WAVA OFFICE

May I reply to David Pain ('Speaker's Corner', July)?

The WAVA Constitution provides that the Executive may nominate candidates for office and, if it did not do so, the Executive would be failing to give the leadership which the affiliated organizations are entitled to expect of the elected officers.

Of the six candidates nominated by the Executive, Bob Fine and Clem Green have not been elected previously. Each is a committed activist with many years of continuous dedication to veteran athletics. When new blood is being introduced to the Executive, WAVA is fortunate that two such capable and enthusiastic candidates are available.

The other nominees have extensive experience in the administration of WAVA's business. Of course, there must be changes consequent upon the stepping-down of President Don Farquharson and the passing of our late friend, Wal Sheppard. In that way, each office receives new blood, which brings with it the added benefit of previous Executive experience. It would surely have been irresponsible of the Executive not to have nominated those four officers. I would hope that the General Assembly will accept that the degree of change is about right.

When the Executive has nominated its candidates, it seems to me that it would be both irrational and improper for any nominee then to allow himself or herself to be nominated for a different office. Delegates to the General Assembly would no doubt ask how Jacques Serruys, for example, could be the Executive's nominee for the Presidency if other members of the Executive, by being candidates for the Presidency, were opposing him. For that reason, I have already declined nomination for the Presidency this year and Jacques Serruys has my full support.

I hope David can accept the above as a tenable position on what I took to be the two main thrusts of his article.

Owen Flaherty
Secretary, WAVA
Javea, Spain

AGE-GRADED AWARDS

The main problem with going from an age group to handicap system of awards (as promoted by Mike Tymn) is

Continued on page 13

NATIONAL MASTERS NEWS
September, 1987 — 109th Issue
Editor: Al Sheahen
Associate Editor: Jerry Wojcik
Assistant Editors: Teri Ingram
Tom Sturak
Photo Editor: Gretchen Snyder
Production: American Publishing Co.

The National Masters News (ISSN-0744216) is published monthly by GAIN Publications for $18.75 per year from 6200 Hazeltine Ave., Van Nuys, CA 91401. Phone 818/785-1895. Second class postage paid at Van Nuys CA 91409.

The National Masters News is an official publication of The Athletics Congress Masters Track & Field and Long Distance Running Committees, and of the World Association of Veteran Athletes. The editorial policy is not necessarily that of TAC or WAVA.

SUBSCRIPTIONS: A one-year subscription (12 issues) is $18.75 (mailed 2nd class). Add $5 outside USA; $8 1st class (USA & Canada); $15 Foreign air mail. Please send all correspondence on subscriptions to NMN, P.O. Box 5185, Pasadena, CA 91107. 818/577-7233.

Unsolicited submissions to NMN are always welcomed. Manuscripts should be typed double spaced, but legibly handwritten material is also acceptable. Please include a stamped, self-addressed envelope if return is desired. Send editorial, advertising, and other correspondence to NMN, P.O. Box 2372, Van Nuys, CA 91404 818/785-1895.

POSTMASTER: Send address changes to: National Masters News, P.O. Box 5185, Pasadena CA 91107.

NATIONAL MASTERS OFFICERS OF THE ATHLETICS CONGRESS (TAC)

TRACK & FIELD

Chairman:
Jerry Donley
1715 Alamo Ave.
Colorado Springs, CO 80907
(303) 635-1264

Outdoor Records:
Pete Mundle,
4017 Via Marina #C-301
Venice, CA 90291
(213) 823-8804

Indoor Records and Indoor & Outdoor Rankings:
Haig Bohigian
225 Hunter Ave.
North Tarrytown, NY 10591

Indoor Meet Coordinator:
Ron Salvio,
Box 116A
Englishtown, NJ 07726
(201) 446-4959(d),

Rules Coordinator:
Graeme Shirley
8148 Genesee Ave. #114
San Diego, CA 92122
(619) 455-4440

Outdoor Meet Coordinator:
Bruce Springbett
P.O. Box 1328
Los Gatos, CA 95030
(408) 354-7333

Secretary-Treasurer:
Al Sheahen
P.O. Box 2372
Van Nuys, CA 91404
(818) 785-1895

Law Coordinator:
Bob Fine
4223 Palm Forest Dr.
Delray Beach, FL 33445

Women's Coordinator:
Christel Miller
1740 Grandview Ave.
Glendale, CA 91209
(818) 843-2139

Multi-Events Coordinator:
Rex Harvey
3815 Lincoln Park Drive
Des Moines, IA 50312

Weight Events Coordinator:
Chuck Klehm
1218 North Route 47
Woodstock, IL 60098

Race Walking Coordinator:
Bev LaVeck
6633 N.E. Windemere
Seattle, WA 98115

Awards Coordinator:
Bev LaVeck, above

Site Selection Coordinator:
Max Goldsmith
481 Marcus
Lewisville, TX 75067

Regional Representatives:

East:
Haig Bohigian
225 Hunter Ave.
N. Tarrytown, NY 10591
(914) 631-1547

Southeast:
Stewart Daniel
3357 N. Napoleon St.
College Park, GA 30337

Midwest:
Dick Green
8059 Rosemeade
Rockford, Il 61107

Mid-America:
Jim Weed
11672 East 2nd Ave.
Aurora, CO 80010
(303) 341-2980

Southwest:
Danny Thiel
1459 Verna St.
New Orleans, LA 70119
(504) 486-8066

West:
Gary Miller
12137 Magnolia
North Hollywood, CA 91607
(818) 843-2139

Northwest:
Jim Puckett
26000 S.E. Stark Ave.
Gresham, OR 97030
(503) 667-7534

LONG DISTANCE RUNNING

Chairman:
Bob Boal
121 W. Sycamore Ave.
Wake Forest, NC 27587
(919) 556-4323

Vice Chairman Men:
Charles Des Jardins
5428 Southport Lane
Fairfax, VA 22032
(703) 250-7955

Vice Chairman Women:
Ruth Anderson
1901 Gaspar Drive
Oakland, CA 94611
(415) 339-0563 (h)
(415) 422-5554 (o)

Secretary:
Carole Langenbach
4261 S. 184th Street
Seattle, WA 98188
(206) 433-8868

Treasurer:
George Vernosky
5004 Glen Cove Pkwy.
Bethesda, MD 20816
(301) 229-8391

Road Records & Rankings:
Basil & Linda Honikman
TACSTATS
7745 S.W. 138 Terrace
Miami, FL 33158
(305) 255-1405

International Team Competition:
Ruth Anderson - Women
(address above)

John Woods - Men
Neils Point Road
So. Harpswell, ME 04079

Site Selection:
William S. Shrader
RD #1
Middleburg, NY 12122
(518) 827-6709

Awards:
Kirk Randall - Men
31 Richland Road
Wellesley, MA 02181
(617) 237-7547

Ruth Anderson - Women
(address above)

Rules Coordinator:
George Kleeman
5104 Alhambra Valley Rd.
Martinez, CA 94553

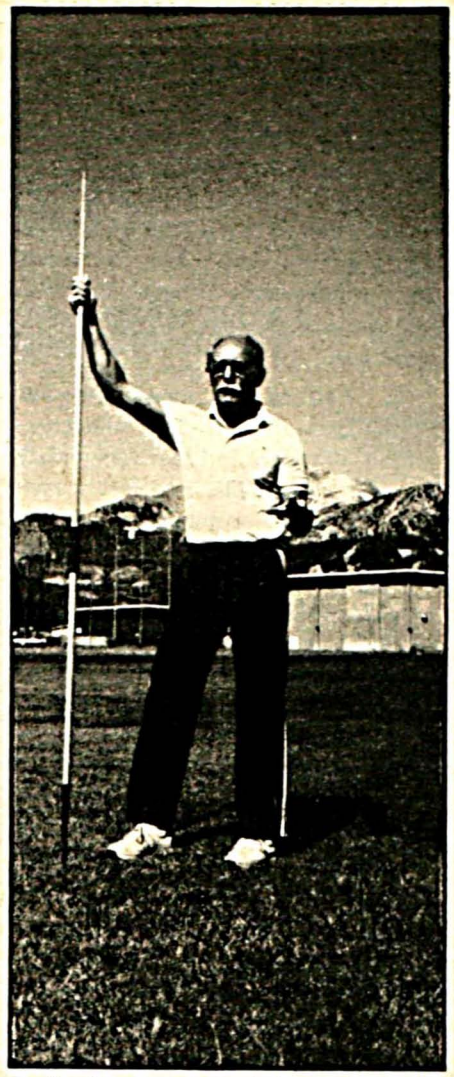
Fresno Hosts Western Regionals

by JERRY WOJCIK

The TAC Masters Western Regional Championships held in Warmerdam Field in Fresno, Calif., on July 25-26 brought out the usual fine field of Northern California athletes, and bolstered by a contingent from Southern California, the meet yielded top marks and top competition.

- In the sprints, Ken Dennis, who broke the M50-54 world record in the 100m (11.2) and 200 (22.9) on July 18 in Berkeley, Calif., posted the best masters time in the 100m (11.43) and won the 200 in 23.99. Payton Jordan, who set recent M70-74 world records in the 100m (13.0) and 200 (26.8), won those events in 13.25 and 27.51. Stan Whitley defeated tough fields in the M40 200 (22.51) and 400 (50.17).
- In the 800, submaster Ben Brown, 33, clocked an excellent 1:51.93, and Harvey Franklin won the M40 contest in 2:00.05 from a 7-man field in which the last runner ran 2:12.79. In the 1500, Joe King, 61, ran a solid 4:58.3.
- Masters high hurdles were led by Al Henry, M45, who ran the 110H in 16.30. Dave Jackson, M55, cruised to a 17.17. Christel Miller, W50, ran the 80H in 15.39. In the 400H, Ted Cain won the M45 race from Bill Knocke, 58.68 to 59.19.
- Bob Meador, 53, recorded the best 5000 RW time of the day with a 27:30.5.
- High-jumper Charlie Rader, 39, soared to an event best 6-6.
- Sprinter Rufus Morris, 42, led all long jumpers with a 22-0 and won the triple jump (40-9¼).
- All-around performer Harvey Schellenberg won the M50 long jump with an 18-5½. Bill Morales, M70 javelin world record holder, showed depth with a winning jump of 14-5¾. Hurdler Jackson triple jumped 40-1¼.
- Bill Pendleton, 34, topped the shot putters with a 53-9. Ray Martin won the M50 shot put by six inches from Hal Smith with a 47-6 throw. Ross Carter, 73, threw the 12# shot 36-8 and the 4k 41-2.
- Discus throwers were in good form. Frank Reilly added an M35 discus win (170-7) to his shot-put first (48-1). Lloyd Higgins, M45, won with a 162-11, and Bob Humphries threw the 1.5k 160-6 to take the M50 division. Del Pickarts, M60 world record setter in the javelin (183-8) in June, has taken up the discus and defeated Ed Chynoweth with a 144-5 toss. Chynoweth, who has been out of action for three years because of a severe injury, held the world javelin mark (181-10) broken by Pickarts.
- In the javelin, Pickarts threw 171-6 to Chynoweth's 145-8. Javelin world-record holder Larry Stuart, M45, out-threw everybody with a 211-0. Morales teased his WR 155-4 with a 152-1. Fran Conley won the W45 division javelin throw with a 101-0, and husband, Phil, won the M50 contest (171-11). Christel Miller took the W50 event (103-8).
- Matt Mileham, 30, of England, who competed for Fresno State University, hit the 231-1 mark in the hammer. Lloyd Higgins led the masters throwers (144-3). Bob Stone, M65, included a 103-5 hammer mark in his several wins.

Hugh Adams was meet director. □



Dr. Ken Foreman gives a lecture on the basics of javelin throwing. Foreman was the Mammoth Athletics Camp Director, July 5-11.

Photo by Teri Ingram

National Decathlon Held in Boulder

by FRANK BOWLES

Only two new champions reached the victory stand in the 1987 National Masters Decathlon Championships, held July 11-12 at Potts Field in mile-high Boulder, Colorado. Bill Lawson, Iowa, recently turned 30, captured the youngest division, while Dave Douglas (55, CA) earned his first title after years of patient effort. The nine remaining winners have all been former champions: Mike Hill, 36, Rex Harvey, 41, Gary Miller, 49, and John Gilmore, 53, repeated from last year, while Dick Nordquist, 61, Boo Morcom, 66, Ham Morningstar, 70, Claude Hills, 75, and Herb Anderson, 85, earned titles in previous years.

Since 1972 this meet has provided some of the best masters competition in the world, and the 1987 affair was no exception. Several of the divisions went down to the final event before winners could be determined. Saturday's events saw excellent weather conditions, but severe downpours on Sunday forced the removal of the pole vault to the Colorado University Field House and made running conditions hazardous on the track, especially in the hurdles. Nevertheless, 52 of the 57 male starters and both female heptathletes completed the two-day com-

Continued on page 8

1987 Corning Cup 10K Run Albany, N.Y.

SUNDAY, SEPTEMBER 20, 1987 9:00 AM

GRAND UNION

Steuben Athletic Club

Albany Hilton

For complete race information, send a self-addressed stamped envelope to: Steuben Athletic Club
1 Steuben Place
Albany, NY 12207

TAC National Masters 10K Championship
Adirondack Association Mens 10K Championship
$9,000.00 In Prize Money

THE ATHLETICS CONGRESS TAC USA ADIRONDACK ASSOCIATION

LAST NAME _____ FIRST NAME _____ MALE FEMALE

ADDRESS (NUMBER AND STREET) _____ HOME PHONE _____ AGE ON 9/19/87

CITY _____ STATE _____ ZIP CODE _____ T-SHIRT _____

TAG # _____ BEST OR PREDICTED 10K TIME _____

TEAM INFORMATION (COMPLETE ONLY IF OFFICIAL TEAM ENTRY)

TEAM NAME _____

TEAM NUMBER _____

	AMOUNT	# NEEDED	TOTAL
ENTRY FEE	7 00	1	7 00
PASTA DINNER	3 50		
TOTAL ENCLOSED			$

SIGNATURE _____

PARENT/GUARDIAN (If under 18) _____

WAIVER

I, hereby, for myself, my heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against the Steuben Athletic Club, Race Sponsors, the City of Albany, The Adirondack Athletic Congress and any of their agents for any injuries suffered by me during this program. I attest that I am physically fit to compete in this race. I also agree that any sponsor may subsequently use for publicity and/or promotional purposes pictures of me participating in this event without further obligation or liability from me.

MAIL ENTRY TO: STEUBEN ATHLETIC CLUB
1 STEUBEN PLACE
ALBANY, NY 12207

NMN

Western States 100 Mile a True Challenge of Endurance



Kathy Brieger, 54, with her pacer, Theo Jones, just after the finish of the Western States 100 Miler, June 28. Brieger won the W50+ division with a time of 29:56:48.

by RUTH ANDERSON

Not that this trail run from Squaw Valley to Auburn, California isn't always a test of the strength of the entrants, but this year's hot, dry conditions added to the challenge. Everyone who finished deserves a great deal of credit and recognition.

As I watched the runners come into Michigan Bluff, the 55.7-mile check station, the wear and tear was already apparent. Badly blistered feet seemed to be the main problem. Despite this problem, as well as cramping quads, the first masters runner was the incredible Doug Latimer. Now aged 49, he finished 9th overall in 19:39:02, earning his ninth silver buckle! Silver belt buckles are awarded for breaking the 24 hour barrier. Even as a former winner of this race, this achievement is one no other can boast of. Only Gary Cross (a youngster of 27) came into the race with eight buckles, but he failed to finish this year.

Bjorg Austrheim-Smith gained her 8th buckle this year. She has been a former women's winner, as well as first masters woman finisher, but this year's race placed her 4th woman and 2nd master female, in keeping with her string of "top five" finishes. Bobbie Dixon, from Helena, Montana, was this year's masters woman first place finisher in 22:15:37, just 18 minutes behind the second woman overall, 33-year-old Sue King.

"Pacing" is best observed in hindsight on a course such as this. Roger Daniels, 50, who finished only a couple of minutes ahead of Dixon as second male 50-59, may have wished he had followed her more-even splits. He was reported to have led the race for several miles out of Squaw Valley! He was still in 9th position overall at Michigan Bluff, but back there in 27th place was Gard Leighton, 52. By the finish in Auburn, at Placer High School track, Gard had moved up to 15th overall and was in first place 50-59, with a time of 20:52:29, while Roger still managed a strong 2nd place at 22:13:28. The third 50-59, James Koen, won a silver bukle with 23 minutes to spare. Not so lucky was the 3rd place woman 40-49, Nancy March, with a time of 24 hours and 48 seconds! This was the second year in a row that Nancy missed by less than a minute the 24 hour barrier. □



Gard Leighton, 52, weighs-in at mile 55.7 of the Western States 100 Miler June 27.

Wallin Shatters Age-Old Records

Bad news for George Ker of California — Carl Wallin, 45, just broke two of the oldest age 45-49 records on the books, which had been held by Ker since the 70's; Wallin set two new American age-group records, in the 16# shot and the 12# shot. On July 11, competing in a tiny throwing meet in New Hampshire, Wallin broke the old M45 age-group record of 49-1½, held since 1977 by Ker, by throwing the 16# shot 51-5. He followed up this achievement on July 26, throwing the 12# shot 57-3, breaking Ker's record of 52-9½ that he had held since 1972. □



Carl Wallin, M45, takes first place with a shot put of 47-9 at the Waltham Track Club Invitational, June 13, in Cambridge, Mass.
Photo courtesy of Jim Dolan

87 Athletes From 15 States in First Albuquerque Masters Meet

by BILL FORSYTHE

Eighty-seven athletes from 15 states participated in the first annual Duke City Masters Meet on June 6 & 7 on the new hyper-fast University of New Mexico track in Albuquerque.

Meet officials said an unusual number of athletes reported they registered personal records on the Versaturf track and on the new field-event aprons and runways.

Dan Radiff of Colorado put together a triple victory in the 100, 200 and 400 sprints (11.2, 23.19, 52.11), as did Steve Ireland in M45 (12.20, 24.89, 55.25) and Gordon Albury in M55 (12.58, 26.39, 60.04).

Jerry Stanners set a new world mark for the 42" hurdles for age 52, his 19.9 replacing Fred Gallardo's 21.4.

Ham Morningstar made his trip from Michigan worthwhile with stellar performances in nine events — thirteen including the Pentathon's five. Ham cleared 4-7¾ to beat Stan Thompson's M70 AR by half an inch.

Albuquerque's Brad Winter, M35, eased over 15 feet in his first masters vault competition, then narrowly missed at 16-5.

John Kelly, 49, confirmed that his possibly wind-aided 20-7 long jump the previous week was no fluke, narrowly fouling on some 20-plus jumps after his first attempt of 19-7¼.

Meet officials were encouraged by the positive athlete response on the operation of New Mexico TAC's first Masters Meet.

"It was the best run meet I ever entered," said Morningstar.

"Meet director Neil Silver was everywhere asking athletes if they needed any problems solved. Very unusual," reported Frank Bowles, 66, who scored heavily in five events, a relay and the pentathlon. □

NATIONAL MASTERS NEWS

Subscription Form

Masters Athletics is booming!

The *National Masters News* is the official world and U.S. publication for Masters track & field, long distance running and race walking. It contains information you can't get anywhere else. It's a bargain at 12 issues a year for only $18.75. Subscribe now.

Add postage per year:

☐ 1 year, $18.75
☐ 2 years, $35
☐ 3 years, $50

+ $ 8 1st class (USA, Mexico & Canada)
+ $ 15 air mail (foreign)

☐ Payment enclosed ☐ New
☐ Bill me later ☐ Renewal
☐ $_____as a contribution to your work

Name _____

Address _____

City _____ **State** _____ **Zip** _____

Send to: National Masters News
Subscription Dept.
P.O. Box 5185
Pasadena CA 91107

Or call:
818-577-7233

Four Records Set as Corona Del Mar Wins California Team Title

Nick Newton, pushed by Bruce Springbett and Stan King, tied Thane Baker's official M50 world 200-meter record with a time of 23.4 at the L.A. Patriots Summer Relays and California Team Championships at Los Angeles Southwest College on July 11. (A week later, Ken Dennis, 50, clocked a 22.9 half-lapper, and Britain's Ron Taylor has a 22.91 pending.)

Herb Miller broke his own American M70 record of 14.52 for the 80H with a 14.5.

Tom Patsalis, 65, triple-jumped 34½, close to his own pending M65 WR of 35-2½ and raced to a new world M65 record of 16.6 in the 100H. Magdalena Kuehne destroyed Shirley Kinsey's W55 triple mark of 21-6 with a 26-1½ and lowered Florence Reardon's W55 200 mark of 33.64 to 33.5

Matt Pruitt won the M40 200 and 400 with outstanding times of 22.7 and 50.2. The javelin featured three world record holders: Larry Stuart, M45, who threw 219-4; Del Pickarts, M60, who went 177-7; and Bill Morales, M70, who hit the 146-0 mark.

The 2nd Annual California Team Championship went to the Corona Del Mar TC, who dethroned the Southern California Striders, 276 to 186. The L.A. Valley AC was third with 158.

According to Marvin Thompson, president of the L.A. Patriots Organizing Committee, which puts on the event, the Team Championships will be held in Northern California in 1988 and in San Diego in 1989. The Patriots Summer Relays, however, will continue to be held in Los Angeles in August. □



Runners go to their blocks for the M30 400H at the Nationals. Photo by Gretchen Snyder

Belilgne, Rothman *Hot* in Utica Boilermaker 15K

by TERI INGRAM

Atlaw Belilgne kept up his string of victories by claiming top masters prize money at the Utica Boilermaker 15K, held July 12 in Utica, New York. Belilgne won $500 for his 50:26 on the hot, humid and hilly course, easily defeating second place Dave Tresohlavy (51:53 and $300) and Derck Frechette (52:08 and $200).

Bobbi Rothman, who was second masters woman at the May 25 Cotton Row 10K, had better luck this time, earning her $500 by running 57:17, over three minutes ahead of second place Maddy Harmeling (60:38), who won $200. Third-place Mary Shaver (66:25) pocketed $150. The money was better here for Frechette and Shaver, who won masters titles at the Desenex 8K on May 29 and earned only $75 apiece.

Money awards were also given in the "50 and over" category, as well it should have been, on a day when several people were taken to the hospital with heat exhaustion. Money winners in the mens 50+ category were: John Dugdale (55:56) — $300; David Rechichet (56:14) — $200; Sam Graceffo (57:35) — $100. In the W50+, money winners were: Ammy Stockman (66:31) — $300; Sally Rusby (70:18) — $100 and Gloria Brown (71:44) — $100. □

1987 TAC NATIONAL MASTERS HALF MARATHON ROAD CHAMPIONSHIP

Individual Championships for Men & Women
Sunday, November 15, 1987
Oklahoma City, Oklahoma
at Lake Overholser

OCRC

THE ATHLETICS CONGRESS TAC USA

PLACE: Start & Finish at NW 16th Street and Lake Overholser Drive.

TIME: 8:00 a.m., Sunday, November 15, 1987.

AGE GROUPS: 5-year, Men and Women, 40 — 80 plus.

ENTRY FEE: $10 — Payable to Oklahoma City Running Club.

ENTRIES CLOSE: by mail — Postmarked Tuesday November 10, 1987.
in person — At Race Headquarters, November 14th only.
Positively no post entries.

AWARDS: TAC Championship Medals to 1st, 2nd, 3rd in each group; ribbons to 4th, 5th, 6th. Championship patches to all winners.

T-SHIRTS: To all registrants who pick up packets. No packets mailed.

RACE HEADQUARTERS: Nov. 14th: The Runner Store, 9644 N. May Avenue, Oklahoma City, (405) 755-8888 — For in-person registration and packet pick-up.
Nov. 15th: Race site start — For packet pick-up.

POST-RACE PARTY & AWARDS PRESENTATIONS: At the Pavilion (near finish) at approximately 10:30 a.m. Fruit, fluid and other food delights plus good fellowship.

Detach and mail to: Jim Smith, 2408 N.W. 112th Terrace, Oklahoma City, OK 73120. (405) 752-9097, evening.

NAME _____

AGE _____ D.O.B. _____ SEX _____ AGE DIV. _____

STREET _____ CITY _____ STATE _____ ZIP _____

HOME PHONE ( ) _____ BUSINESS PHONE ( ) _____

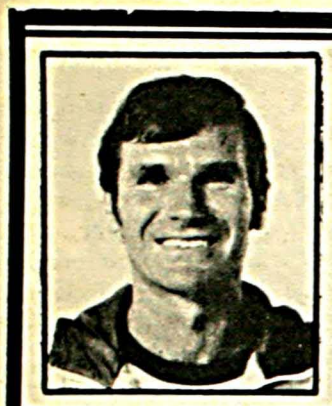
T-SHIRT SIZE SM. _____ MED. _____ LG. _____ X—LG. _____

BEST HALF MARATHON TIME IN LAST TWO YEARS _____

I consider myself adequately trained for this competition. I absolve the OKC Running Club and TAC Oklahoma and anyone involved in this event from any liability for injury or illness suffered by me in connection with this event. If I should suffer injury or illnes, I authorize the officials of this meet to use their discretion to have me transported to a medical facility and I take full responsibility for this action.

Signed _____ Date _____

Enclose check for $10, payable to OKC Running Club.



THE GUN LAP

by MIKE TYMN

No More Bullshit

In her best seller, *Passages,* Gail Sheehy claims that at 50 we enter a new stage of life. The motto of this stage, she says, might be "No more bullshit."

Having recently passed the half-century mark and with that motto in mind, I am compelled to respond to the letters by Jacqueline Hansen and Bridget Cushen which appeared in the June issue of NMN.

Their letters were in answer to my April column. I had suggested that various standards for the "ladies" were considerably easier than the equivalent standards for men. While mentioning several such inequities, including that of prize money at some road races, I focused on the new TAC All-American track standards, especially the 10,000 meter qualifying times. I mentioned that there is a difference of 9 minutes and 40 seconds between the men's and women's 40-44 qualifying times and that this difference widens significantly as the age-groups go up, reaching 15½ minutes in the 60-64 group. In pointing out that there is only a three-minute difference (27:13.81 to 30:13.74) between the men's and women's world records (and less than three minutes in the 40-44 10K road record of 29:39 by Michael Hurd and 32:25 by Priscilla Welch), I thought I had offered irrefutable evidence to support my contentions. I had assumed that all women in favor of equal rights would join with me — a true egalitarian — to clamor for a correction of such blatant reverse discrimination.

So what do they do? They put on their claws, call me a male chauvinist pig, and then bring out their handkerchiefs to cry about how athletically deprived women have been all these years and how they had to stay home and feed babies while their husbands were off toughening themselves up in battlefield trenches and in coal mines. Whatever inequities now exist, they would have us believe, are just reparation for the cruelties inflicted upon them by Jock Semple and all his cohorts. Tammy Faye Bakker couldn't have evoked more sympathy.

Well, sorry, Jacqueline and Bridget, I don't buy it, and I know a lot of others don't either, including some elite women runners.

Let's have no more bullshit here. If women were so athletically deprived, how come my mother and aunts don't know it? They've never once complained about not being able to compete in the '32 or '36 Olympics. And if all that prize money now being distributed to women who don't really deserve it is making up for past sins, then why not establish some kind of fund to see that it gets to the women who were deprived? Why should some 25-year-old gal who wasn't even born when those 60-and 70-year-old women were undergoing such mental torture be allowed to bank it all?

Having been married twice, I'm fully aware that many women are inclined to reason with their emotions rather than from logic. But please, let me make one more attempt to state my case for equal rights. I'll use this year's Boston Marathon as my example.

The top 15 male and top 15 female finishers each received equal prize money at Boston this year — from $40,000 each for winners Toshihio Seko and Rosa Mota to $1,000 each for 15th place Bill Rodgers and Kimberly Moody. Fair enough, you say. But now take a look at the times, beginning at the bottom. Rodgers recorded 2:18:18, which was 6:28 slower then Seko and 11:06 slower than the world record. Moody's 2:49:53 was 24:32 slower than Mota and 28:47 slower than the women's world record.

Moody had a very respectable time, and I dislike using her as an example. But the fact remains, her performance, on a comparative basis, is far below the quality of Rodgers'. You'd have to go down to a male runner with a 2:36 to find a time of equal quality. My list of finishers only goes to the 100th place man, who had a 2:32:39. I would guess that 2:36 would get something close to 200th place among the men.

I tried to use such an example in my April column when I mentioned that Kjell-Erik Stahl's 2:18:28 at last year's Twin Cities Marathon was a better performance, compartively speaking, than the 2:40:08 of Gabriele Andersen, who finished ahead of Stahl in the handicap scoring. Yet, Hansen claims I'm comparing "apples and chairs."

What is this song and dance — no, make that bullshit — Jacqueline? You and other champions of equal rights for women begin by saying that everyone should be equal and in one big group. Then someone shows you how this can be done and you complain it's not possible.

I say that men and women can run equally. Let me demonstrate how it would have worked at Boston. But first you have to dwell on some numbers. The difference between the world records for men and women at 1,500 meters is 11 percent (divide 3:52.47 or 232.78 seconds by 3:29.46 or 209.76 seconds and you get 1.11). Now do the same thing with the world 10,000 track records. You'll also find an 11 percent difference. Finally, do it with the marathon. The difference is just slightly less, at 10.9 percent.

One final comparison: Priscilla Welch's over-40 marathon record of 2:26:51 is 11.8 percent more than Jack Foster's over-40 record of 2:11:19.

Therefore, it seems clear that there is an 11 percent difference between the sexes. Perhaps there is room for improvement, since the difference averages only 8.5 percent in the sprints and the physiologists tell us that women are better equipped for distance running than they are for sprinting.

But, I agree with you, Jacqueline and Bridget, that women have to have ample time to catch up after their years of deprivation. So we'll use 11 percent, not 8.5 percent.

The next step in our numbers game is to divide the times of the top 15 female finishers at Boston by 1.11 (the difference in the world records) to bring them down to the men's times.

Guess what? Mota beats Seko. Her 2:25:21 (145.35 minutes) when divided by 1.11 yields a time of 2:10:56.

Now, if I really happened to be a male chauvinist pig, I could argue that Mota had an unfair advantage in that men were breaking the stiff Boston wind for Rosa while poor Toshi was out there crashing head on into it. Or I could use the 10.9 marathon difference rather than a rounded 11.0, which would bring Rosa in at 2:11:36, only 14 seconds in front of Seko. But I won't. I'll make Mota the undisputed winner.

After Mota comes Seko at 2:11:50, then down to eighth place before we get to Agnes Pardaens (the second place women at 2:29:50) with an adjusted 2:14:59. Third woman Ria van Landegrhem (actual 2:29:50) takes 10th place in the adjusted scoring with 2:15:04. Odette LaPierre (4th woman at 2:31:36) finishes 14th and Evy Palm, 5th woman in 2:36:24, gets 25th place with a 2:20:54 and Ellen Rochefort (2:36:46) get 27th.

Incidentally, Palm, the first female masters, would have defeated David Clark, the first male masters, by 43 seconds.

If the first 30 finishers were to receive prize money, rather than 15 men and 15 women, six women, not 15, would have cashed in. That doesn't mean women haven't caught up. I believe it just reflects the fact that the men outnumbered the women four or five to one at Boston. Like it or not, Jacqueline and Bridget, that's equality. I wouldn't bullshit *you.*

(Note to former NMN columnist Wendy Miller: Sorry, Wendy, for having continually invaded your territory and having forced you to hang it up. Al was concerned that you were getting too much heat and that you were becoming too much of a nice guy. So he asked me to take a little of the heat for awhile. I didn't realize it would cause you to throw in the towel.) □

NOW AVAILABLE

Masters Age-Records 1987

Compiled by National TAC Masters T&F Records Chairman Pete Mundle with Lori Maynard, Shirley Dietderich, Gordon Wallace and Alan Wood.

- Men's and Women's World and U.S. Age Bests for all Track & Field Events, age 35 and up, as of Oct. 31, 1986
- U.S. Age Bests for Men & Women for all race-walking events, age 40 and up, as of Oct. 31, 1986.
- Men's U.S. Masters Indoor & Outdoor Championship Records.
- 48 pages. Thousands of entries. Lists name, age state and date of record.

Send $4 plus $1 postage and handling to:
NATIONAL MASTERS NEWS
P.O. Box 2372
Van Nuys, CA 91404

Name_____

Address_____

City_____ State_____ Zip_____

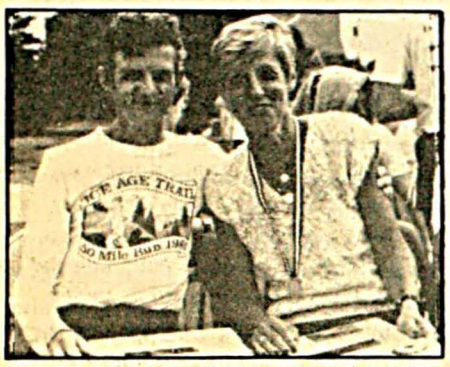
450 Compete at Cleveland Track Classic

by JEFF GERSON

Over 400 athletes from 16 states and Canada survived a 90-minute rain delay to compete in the 9th annual Cleveland Track Classic on June 27 at Wickliffe High School. The host Over The Hill Track Club swept team honors in both the men's and women's divisions, with the Fitness Track Club and the Syracuse Chargers taking runnerup honors in both.

Edward Hill (M40) of Birmingham TC was named the Outstanding Athlete of the meet after setting records in the shot put (50-6½), hammer (164-3), weight throw (52-1), winning the discus (140-6), and placing 2nd in the open weight throw (54-0). Donna Pope-Green of Indianapolis was the masters women MVP after winning the 100 (12.5), 200 (26.8), long jump (18-2½), and also setting a meet record in the open long jump with a leap of 19-2¼. Other age-group MVP's included Hal Robinson (60-69) of Over The Hill, who set meet records in the high jump, long jump, 100, and 200, won the 400, and placed 2nd in the shot put; Larry Colbert (50-59), who won the 100, 200, and 400; and LaMar Miller (40-49), who won the 100, 200, 400 (a meet record 50.5), and 110 hurdles (a meet record 15.0). The 30-39 age group had co-winners: Randy Williams of the Atlantic Coast Club won the 400 in a meet record 49.7 as well as both hurdle races, while Bill Collins of Houston won the 100 (10.6) and 200 (a meet record 21.7), and, along with 35-year-old Walt Henderson, ran on open division 400-and 800-relay teams (40.9 and 1:26.4).

Other outstanding performers included Scott Evans (M30), who won the high jump in a meet record 6.6, as well as the triple jump; Larry Speer (M50), winner of the shot put and discus; Marilyn Mitchell (W40), first in the 100 and 200; and Bernice Holland (60-69), who won the shot (32-½), discus (90-4), and javelin (81-6). □



Overall winner Al Howie, 41, and masters female winner Barbara MacLeod, 49, after the Sri Chinmoy 24 hour run held in Ottawa, Ontario, Canada May 30-31. Howie ran 132 miles, 1255 yds and MacLeod ran 109 miles, 1751 yds. MacLeod set a Canadian open and masters record.

It's L&L's Turn At TAC Convention

Under a procedure adopted by TAC at the 1982 Convention, amendments to the Rules of Competition and to the By-Laws and Operating Regulations are now scheduled on a biennial basis. At last year's Convention in Tampa, it was the Rules Committee's turn. This year, the Law and Legislation Committee, chaired by Frank Greenberg of Philadelphia, Pa., will take the floor.

Submission of proposed amendments to TAC's By-Laws and Operating Regulations must follow this procedure:

- In keeping with Article 30 of TAC's By-Laws, proposed amendments must be submitted at least 90 days prior to Convention. (As the dates of this year's Convention in Honolulu are December 8-13, the proposed amendments must reach Greenberg by September 9.)
- The Law and Legislation Committee encourages every submission to include, at the end, a paragraph entitled "Reasons," which should explain the reason(s) for the change.
- The submission must conform to the stated practice of **underlining** new wording and/or using ((double parentheses)) around deleted sections.
- In order for an amendment proposal to be considered, the proposal must have appearing on it the recommendation of someone other than the submitter. That individual must be chairman of any Standing Committee, any member of the Law and Legislation Committee, any Association president, any national member organization, or any officer of this Congress.

Bob Fine (address on page 2) is the Law & Legislation Chairman for Masters Track & Field. Richard Mochrie of North Carolina is L&L Chairman for Masters Long Distance Running. □

CLASSIFIEDS

Classified ad rates are 50¢ a word. Count name and address as 5 words. Race notices are 25¢ per word. Prepayment required with copy. Deadlines is the 10th of the month prior to issue date. Send to NMN, PO Box 2372, Van Nuys, CA 91404.

●

Digital Pedometer. Compact; adjusts to the length of your stride. $14.95. Mar-Beth, 58 Fifth Ave., New Rochelle, NY 10801.

●

Florida (Disney Area). Information coupon package: $5.95. Mar-Beth, 58 Fifth Ave., New Rochelle, NY 10801.

●

14th Annual CLUB WEST MASTERS Track & Field Meet 10-3-87, University of California Santa Barbara. Entries due Sept. 21. NO EXCEPTIONS, Rush inquiries to CLUB WEST, P.O. Drawer K, Goleta Ca. 93116 or call 805/687-6323.

ST. GEORGE MARATHON

SATURDAY, OCTOBER 3, 1987, ST. GEORGE, UTAH
TAC CERTIFIED COURSE • TAC SANCTIONED
25 Age Group Divisions
Sponsors: St. George Leisure Services Department
KUTV (NBC) Salt Lake City
First Security Bank of Utah

Five Great Reasons to Join Us for Our 11th Year:

- ***Great competition:*** For past 6 years, have averaged 1700 runners from 24 states.
- ***Great course:*** Point to point downhill (3000 ft. net drop) past mountain ranches, cedar forests, canyon vistas, and southwestern desertscapes.
- ***Great times:*** Records: Paul Cummings-2:15:15, Cheryl Harper-2:42:07. 6 women qualifiers for '88 Olympic trials. 4 masters women under 3 hours.
- ***Great treatment:*** Race theme and goal, "We treat our runners right."
- ***Great coverage:*** Live TV coverage plus tape delay on KUTV (NBC-Salt Lake City).

For entry form or information write:
St. George Marathon, St. George Leisure Services, 86 South Main St., St. George, Utah 84770.
Phone (801) 634-5850

The biggest little marathon in America.

PROFILE

Larry Olsen has the Momentum Going

Turning 40 last November was just the spark Larry Olsen needed.

Olsen, the proprietor of The Front Runner running store in Millis, Mass., had been one of the top road runners in the Boston area for a number of years. But he began to lack motivation during his mid and late 30's.

"I wasn't winning any open races and my times were not getting any better," Olsen explained by phone from his store. "I guess there are a lot of people like me who do get motivated and psyched up when they become masters. When I turned 38, I started thinking about masters. My training got more intense and I started building momentum."

Since crossing the threshold into the masters arena, Olsen has established himself as one of the leading over-40 runners in the world. A 30:25 victory over Great Britain's Mike Hurd (30:42) and Mexico's Antonio Villanueva (30:45) in the Red Lobster 10K at Orlando, Fla. during February made that clear.

Before that race, Olsen had already served notice by winning the U.S. TAC National Masters 15K cross-country championships in New York with a more than two-minute victory, and then just missing Barry Brown's over-40 half-marathon record with a 1:06:56 at the Citrus Bowl event in Florida. And, in the Masters Mile at the Millrose Games on January 30, he recorded a 4:27.07 while closing strongly for fourth place in a talented field.

A speedy 46:52 third place behind Hurd and Allen Rushmer in the Gasparilla Distance Classic (15K) further solidified his position.

Olsen began running at King Philip Regional High School in Wrentham, Mass., where he recorded a 4:43 mile and also ran cross-country, placing fourth in his conference championships. He took to the roads while attending Dean Junior College, a school without a track or cross-country program. Then at Providence College, which he attended on a scholarship based as much upon his talent as a hockey player as a runner, he excelled in cross-country.

Continuing to run the roads after college, Olsen turned in his 10K PR of 30:04 at the 1978 Diet Pepsi championship and his marathon PR of 2:19:23 in the Boston Marathon the same year.

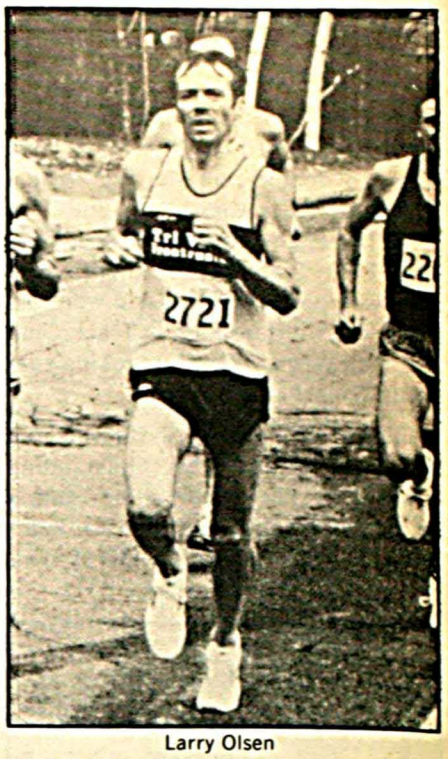
Over the past ten years, Olsen has maintained a training regimen of between 80 and 90 miles a week year-round. "I'm as consistent as I've ever been, about 84-85 a week, but I think I'm more faithful now in my speed training," he says. "I never miss now unless I don't feel well, whereas before I'd just train through a week with no speed work and not worry about it. Because I'm racing more I have to get on the track at least once a week."

A typical track session for Olsen is 4-5 repeat miles in 4:50 with a half-mile jog. "I don't believe in really knocking yourself out in these by giving yourself only a quarter rest," he offers.

If he's lost anything to the years, Olsen doesn't know what it is. "I feel about the same, but I've got more motivation now than ever," he says, adding that a 4:26.8 mile this year was a PR.

Olsen thinks he still has a sub-2:20 marathon in him, something he hopes to accomplish at New York in early November. "Some people think 2:20 for a masters runner is really something, but I think I can still do it under the right conditions. I'm also aiming to get down to a PR for 10K, even under 30 minutes."□

— Mike Tymn



Larry Olsen

Meet records set in 1987 National Masters Decathlon

35-39			
Shot Put 16#	Don Morrison	Texas	12.91m--42-4¼
45-49			
100 Meters	Gary Miller	California	11.5
60-64			
Long Jump	Ted Ensslin	California	4.87m--15-11 3/4
65-69			
Long Jump	Boo Morcom	New Hampshire	5.17m--16-11½
High Jump	Boo Morcom	" "	1.47m--4-9 3/4
400 Meters	Boo Morcom	" "	65.4
110 M.Hurdles-30"	Boo Morcom	" "	18.5
Pole Vault	Boo Morcom	" "	3.50m--11-6
Javelin 600gr	Frank Bowles	Colorado	33.42m--109-8
1st Day Pts--WAVA	Boo Morcom	New Hampshire	4962 pts
2nd Day Pts--WAVA	Boo Morcom	" "	4046 pts
Total Pts--WAVA	Boo Morcom	" "	9008 pts
70-74			
High Jump	Ham Morningstar	Michigan	1.39m--4-6 3/4
Discus 1.0kg	Ham Morningstar	"	34.88m--114-5
Pole Vault	Ham Morningstar	"	2.59m--8-6
1500 Meters	Dan Bulkley	Oregon	6:11.4
75-79			
100 Meters	Claude Hills	Pennsylvania	15.2
Long Jump	Claude Hills	"	4.10m--13-5½
110 M.Hurdles-30"	Claude Hills	"	21.9
Pole Vault	Claude Hills	"	1.98m--6-6
1st Day Pts--WAVA	Claude Hills	"	4011 pts

Frank P. Bowles

National Decathlon Held in Boulder, Colorado

Continued from page 3

petition. Because of the altitude and the weather, few new meet records were set in the younger groups; however, a number of outstanding older competitors moved into higher divisions, and an impressive number of new marks was the result. New Hampshire's Boo Morcom set no less than eight new meet records all be himself in an outstanding overall performance.

Veteran decathlete Jim Weed of Aurora, CO, ran the meet efficiently, aided by an outstanding crew of officials. Despite the difficult weather conditions, the second day's events were not too far behind schedule.

In the 30-34 grouping, Lawson won four events outright in scoring 6323 IAAF points. He dethroned fellow Iowan Will Freeman, winner in 1985 and 1986. Freeman was edged out for second by Jeff Bilderbeck of New Mexico, 5816 to 5787. All nine starters in this group managed to finish the competition.

Mike Hill (of host city Boulder), long one of America's best open decathletes, captured seven events and tied for another as he again dominated the 35-39 field. On the first day he was challenged by Aurora's John Green, the 1982 winner, who was forced to drop out with an injury. Hill's final score of 6628 was 200 points below his last year's effort at Des Moines. A 15.3 high hurdles was probably his best performance, excellent under the treacherous conditions. Mark Salzman, WA, was runner-up with 5405 points, with veteran Mike Davis, IL, third at 4959.

History's most prolific decathlete, Rex Harvey, IA, captured his fourth consecutive national title, although his winning total of 5660 was well below his 1986 effort. Once again, the pole vault (14-9¼) was Rex's best event. Runner-up Bud Olsen, OR, sparkled in the hurdles and longer runs as he finished with 5215 points, with Gordon Reiter third at 4694.

Another familiar winner, Gary Miller, CA, took charge of the 45-49 division. His final total of 5229 was several hundred points above his Des Moines score, but some 500 points below his world record of 5734. Gary was dominant in five events, setting a new meet mark in the 100 meters with a blazing 11.5. It will be interesting to see if Gary can surpass the 50-54 world record of 5399, set in 1983 by Harvey Schellenberg, when he turns 50 in a few months. Tom Cronan, TN, and Gary Bane, CA, finished second and third with 4662 and 4190 respectively.

Still another repeat champion was Jack Gilmore, SC, who overtook former world record holder Phil Mulkey in the final event, the 1500 meters. Mulkey had led throughout the competition, but Jack's excellent 5:28.5 carried him to victory, 4398 to 4306. Hector Cisneros, TX, took third with 3183. Veteran Ray Fitzhugh clipped a hurdle and severely injured a knee. He was taken to Fitzsimmons General Hospital in Aurora for

Continued on page 14

Minnesota Stages First Masters Championships

by CHUCK OLSON

The first full-fledged TAC Masters & Submasters T&F Meet in Minnesota took place in Park Rapids on July 11. The facilities were excellent, the weather co-operated, and the meet was run quite smoothly.

Despite a lower turn-out than expected (about 50 athletes), seven U.S. Masters Standards of Excellence were met. Rachel Lyga, 52, of Minneapolis, achieved the standards in the 100m, long jump, and high jump. Chuck Olson, 61, exceeded them in the triple jump and long jump, as did Jim Peterson, 52, in the triple jump, and Carl Klehm, 48, in the hammer throw.

Most entrants expressed pleasure with the conduct of the meet. Some negative comments were received regarding the necessity of TAC registration. However, with TAC registration we were able to award excellent official TAC medals, and, more importantly, provide insurance for every entrant. The usual problem of post-registrations arose but was resolved.

All things considered, the meet was deemed a success for a first attempt. We did manage to stimulate some interest in and entry into masters competition, aided by the National Masters News, and, using what we learned this time, hopefully we'll put on a bigger and better meet next year. □

200 Compete in Northwest Regionals

by ART AFREMOW

More than 200 masters athletes competed in the 1987 TAC Northwest Regional Masters Track and Field Championships at Mt. Hood Community College in Gresham, Oregon on July 3-4.

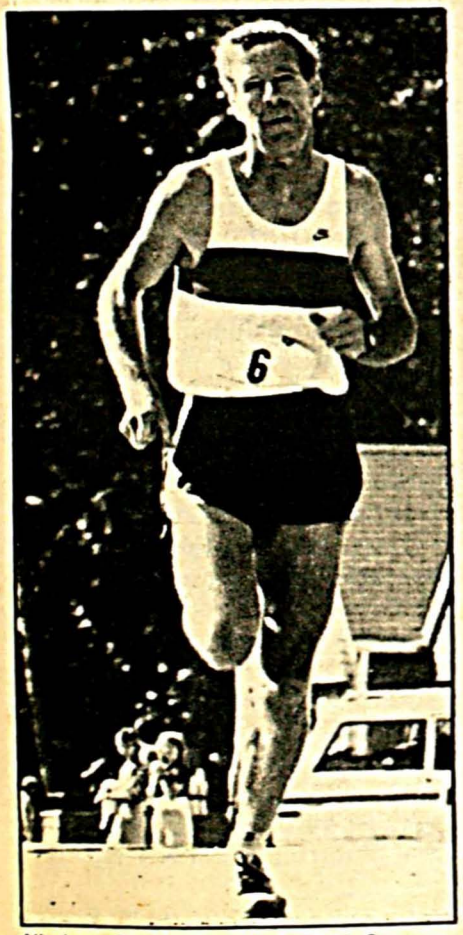
It was perhaps the largest field in Northwest Regional history, with ladies' participation up significantly. There were plenty of Independence Day weekend "fireworks," also, as meet records fell faster than the Chicago Cubs in late summer.

The women set 18 meet records; most notable were Letha Figg-Hoblyn, W45, who rewrote the meet record book in the 400 (71.0), 800 (2:40.0), 1500 (5:12.7) and 3000 (11:08.5); and Penny Farster-Gilkey, W35, who set meet standards in the 100 (13.2), 200 (27.4), 400 (63.4), 100H (18.9) and long jump (15-6¾).

Gentlemen record breakers included Ralph Miller in the M55 800 (2:14.4) and 1500 (4:34.1); Tony Castro in the M75 100 (15.1) and 200 (32.3); and Buell Crane in the M85 discus (69-2) and hammer (53-6). □



Approximately 250 Grand Master (age 50-and-up) runners started the Providence Point Not Over the Hill 8K Run, July 11, in Issaqauh, Wash.



All alone, Ray Hatton, 55, of Bend, Ore., approaches the Providence Point Not Over the Hill Run finish line, July 11, in a course-record time of 28:10 over the 8K distance.

Providence Point Not Over the Hill Run Draws 300 50+ Runners

by MASON RUTLEDGE

Although they are not the big names of Bill Rodgers, Frank Shorter or Joan Benoit, they run with their self-styled names of "Old Ironstrides," "Mr. Marathon," and "The Racer." "They" are some of the biggest names in the class of Grand Master runners (age 50-and-up), and the Providence Point Not Over the Hill Run is their chance to be the champions.

"This is the first time I've won prize money in my running career," said 79-year-old Johnny "Mr. Marathon" Kelley, runner of a record 56 Boston Marathons. "It's about time somebody recognized us senior adults."

Close to 40 Grand Masters racers were awarded $3000 in prize money in the second annual Providence Point Not Over the Hill Run, July 11, in Issaquah, Wash.

"Prize money usually goes to the top overall finishers," continued Kelley, who won his 75 and up age division, "and us 50 and older runners can't compete with those kids."

Prize money also was awarded to Mel "Old Ironstrides" Shine, age 78, of Lafayette, Calif., who finished second in the 75 and older age division. Wolfgang "The Racer" VonWaltze, age 65, of Tulsa, Okla. finished fourth in the 65 to 69 age division.

The Not Over the Hill Run, an 8K race for adults over age 50, attracted nearly 300 runners, making the run the largest sanctioned race on the West Coast for 50-and-over runners.

Ray Hatton, of Bend, Ore., experienced the fun of winning as he crossed the finish line first, far ahead of the pack. Hatton, 55, finished in 28:10, topping the course record by 12 seconds, set last year by Seattle's Earl Ellis.

Hatton was doubtful he would race because of a hamstring pull he had suffered earlier in the week.

"I'm surprised I won," he said. "I thought the others would be closer, especially those younger guys in the 50 to 54 age bracket."

Hatton's "younger" competition crossed the finish line 44 seconds behind him. Hans Fenz, age 51, of Vancouver, BC, finished the 4.9-mile course second with a time of 28:54.

The Not Over the Hill Run was age-graded to handicap the age difference among runners. The runner coming closest to his age division's National Masters record was the overall winner.

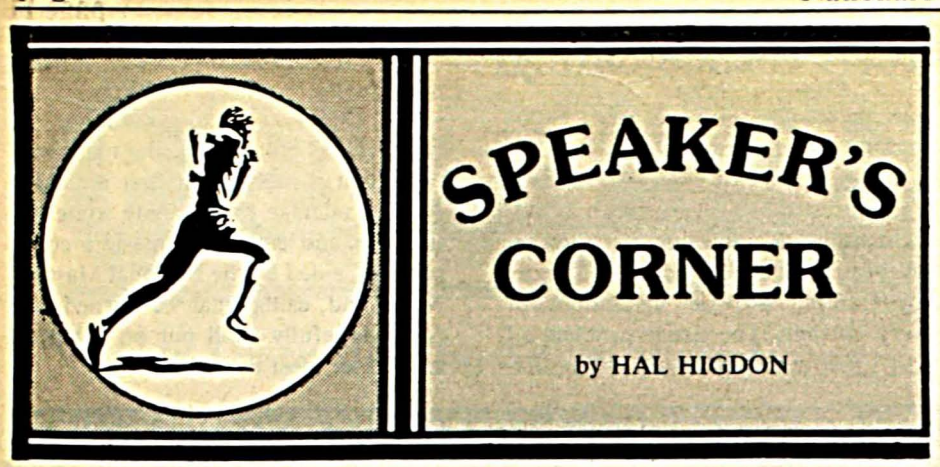
Hatton was only 16 seconds off the age 55-59 record. Second in the age-grading was Gaylon Jorgensen, of Provo, Utah who finished in 29:30. Age-graded third was Jim O'Neil, 62, of La Jolla, Calif., in 30:35.

Jorgensen, 58, finished second to Hatton in the M55 division. The Not Over the Hill Run was the first time Jorgensen, nationally-ranked number one in the M55 group, lost his age-division in three years.

In the two-year history of the Not Over the Hill Run, there has been only one women's champion, Nancy Hellyer, 51, of Steilacoom, Wash. She won her second women's title with a time of 33:23, beating her last year's mark by 43 seconds.

Ann O'Hagen, 50, of Surrey, B.C. finished almost two minutes behind the champion in 35:05. Third was 55-year-old Peggy Ainslie, of Seattle, in 37:09.

The Not Over the Hill Run is sponsored by Providence Point, a Swanson-Dean community for active senior adults, in Issaquah, Wash., near Seattle. □



Meeting in St. Louis

"Is anybody here from Minnesota?" said a note on the message board at the U.S. National Senior Olympics. Across the bottom, someone had scribbled a response: "There are 23 of us here from Duluth!"

That note seemed to symbolize the Senior Olympics: bigger and better than anyone had a right to expect. Although sporting events for older athletes have been gathering momentum for two decades, the U.S. National Senior Olympics (June 27-July 3 in St. Louis, Missouri) was unique in drawing the dotted line at age 55, instead of the more usual 40, or sometimes even 25.

Remarkably, 2,800 athletes appeared at the Washington University campus in St. Louis to participate in ten different sports, the most popular being track and field, with 900. They had qualified at regional events held earlier in the year. Arizona had 196 entrants, although one competitor from that state admitted, many were "snow birds," who had qualified last winter while avoiding cold weather back home. The state of New Mexico supported its qualifiers with a grant of $25,000. At the opening ceremonies, they appeared nattily attired in red suits with gold trim. "The Parade of States demonstrated that there was a lot of state pride," commented USNSO president Ken Marshall, overjoyed at the success of this first national multi-sport championship event for athletes over 55.

The secret of senior sports, of course, is allowing athletes to compete in age groups against peers. Five-year age groups is the norm in most running and swimming events (the two most popular sports for fitness athletes). Invariably in those sports, numbers diminish in the older groups and medals sometimes go unclaimed, particularly among older women.

Encouragingly, the Senior Olympics attracted near equal numbers in the three "youngest" age groups: 55-59, 21 per cent; 60-64, 25 per cent, and 65-69, 23 per cent. Thirty-two per cent of competitors were over 70, and, of all age groups, an almost unprecedented 38 per cent were female! In swimming, the 50-meter free style attracted 53 female entrants, age 65-69. In track, multiple heats were necessary to choose finalists in most sprint events. Swimming, bowling, horseshoes and table tennis were the three sports most popular with women.

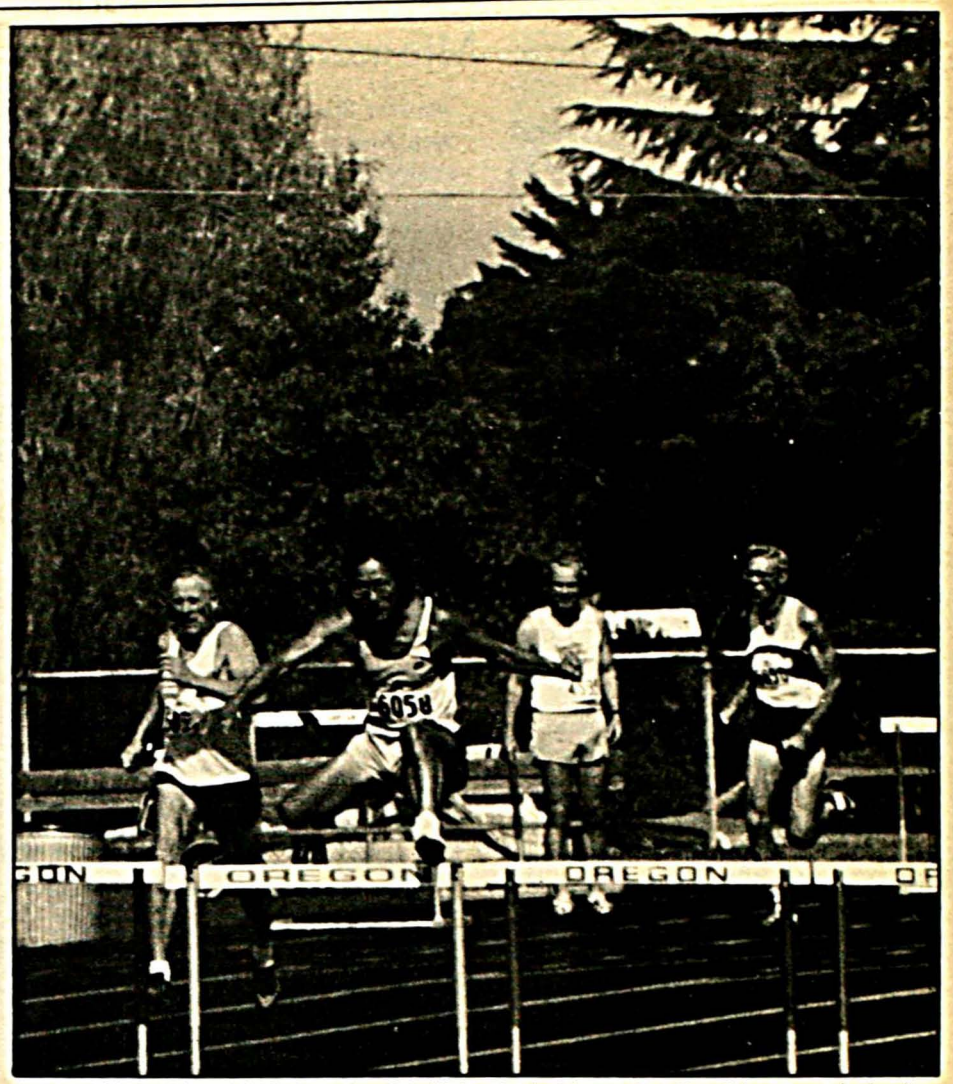
But 900 in track! That particularly seems remarkable since the well-established TAC masters track and field championships only rarely equals that number — and certainly attracts nowhere near that number of over-55 competitors. Or women.

The secret of the Senior Olympics would seem to be its state and regional qualification system. Once having "qualified" at the local level, many competitors probably felt obligated (and honored) to continue on to the national championships. Add to that a well-established senior program in the St. Louis area. And finally, the fact that those over 55 didn't have to compete for glory against "younger" athletes of 40. (Although one women aged 73 was quoted in the St. Louis *Post-Dispatch* as saying the 55-year-olds were getting all the glory. You can't keep everybody happy.)

The oldest competitor was Robert Drewery, 93, of Cincinnati, Ohio, who only began running five years earlier. Drewery participated in the 100 and 400 meter dashes, but, alas, failed to win a medal since he was forced to compete against youngsters in the 80-plus division. (Admittedly, only a very small percentage of people participate in sports into their 80s, but the Senior Olympics probably needs to add more upper age groups to encourage the most senior of seniors.)

Although this first national games for athletes over 55 proved an unqualified success, its organizers concede that many top athletes over 55 took a wait-and-see approach to the Senior Olympics. "Masters in track were pointing for the nationals in Eugene, Oregon in August and the world championships in Australia in November," explained Al Sheahen, editor of *National Masters News*. Age-group competition is well established, yet attempts to gather older athletes from multiple sports in the Olympic mode often have had difficulty maintaining momentum.

A previous "Senior Olympics" in Southern California that included athletes as young as 25 proved successful through the 1970s, but disappeared after its organizer lost interest. A National Sports Festival for over-40 athletes in Philadelphia in 1982 was discontinued after its insurance company sponsor withdrew support. Organizers of a so-called "World Masters Games" in Toronto in 1985 (also over-40) clashed with international sanctioning bodies and fled after reportedly incurring a cash deficit of several million dollars.



National M60 100 and 200 champion Bob Watanabe just began hurdling this year and wins the 300-meter event in 48.88 over Dick Nordquist (left, 50.34), Max Goldsmith (not shown) and Jack Rowe (right), at the Nationals, August 16, in Springfield, Oregon. Watanabe also won three events in the Senior Olympics in St. Louis. Photo by Gretchen Snyder

Still, the Olympic Games were not an instant hit either. When Baron Pierre de Coubertin revived them in Athens, Greece in 1896, the American team consisted mostly of a few Eastern college athletes wealthy enough to pay their way. The 1904 Olympics in St. Louis attracted mainly American competitors. Only in ensuing decades did the Olympic Games grow in status and prestige, and only in 1984 in Los Angeles did Peter Ueberroth figure out how to run them at a profit.

Similar to Ueberroth's Olympics, the Senior Olympics finished in the black — although with a budget of $1 million for the latter, no one yet has proposed USNSO president Ken Marshall for either baseball commissioner or president of the U.S. Nevertheless, you can't help but be impressed with the efforts of the St. Louis organizers or the 2,000 volunteers, whose enthusiasm was contagious.

On my first day in St. Louis, I walked to the track to find a wrought iron gate to whose pillars was attached a plaque identifying the track as site of the 1904 Olympic Games. Somehow, I had forgotten this historical precedent while anticipating the Senior Olympics. It dawned on me at that moment, that I might be in at the beginning of something of lasting value.

That the Senior Olympics will continue is assured. The group that organized this first national games for athletes over 55 in St. Louis has now established a permanent office in that city (USNSO, 220 S. Central, St. Louis, MO 63105, 314/726-4550). Competition will continue every two years with Baltimore, Maryland already selected for the next Senior Olympics: June 3-11, 1989. Indianapolis may bid for 1991, although the success of the first Senior Olympics certainly will attract the attention of other tourist-minded cities.

Qualifying at regional sites will be expanded, say organizers, with more emphasis on teams from each state, an admittedly chauvinistic notion that nevertheless proved popular with participants. Assuming the continued success of the concept of multi-sport competition for athletes over 55, the next step would seem to be an international event. He will be watching the development of this movement very carefully. □

Hal Higdon attended the U.S. National Senior Olympics as a reporter for 50 Plus *magazine. He finished second in the 55-59 5,000 meters.*

Picnic and Fireworks Add to the Fun at 4th of July Meet in New Jersey

by RON SALVIO

What started out in its initial year as a throwing competition has blossomed into a full fledged holiday festival. The brainchild of Mort Hahn, a Randolph, N.J. resident/businessman and a member of the Merrill Lynch Realty A.C., the 2nd annual Merrill Lynch Realty A.C./Randolph Township Masters Classic drew 100 competitors to Randolph High School, July 4, on a warm, humid and sunny day.

The meet was followed by a picnic hosted by Beryl Hahn at the Hahn residence which, in turn, was followed by the Township's fourth of July fireworks display. A great time was had by all.

Top performances were turned in by Ken Brinker of the host club, who just turned 40, marking him as a contender in Melbourne. His day included a 14.7 110H (39"), a 23.0 200 and a 19-7¼ long jump. Al Walton, 36, of the Syracruse Chargers clocked a speedy 22.8 200. The Philly Masters' Walt Hawkins, 38, logged a solid 4:05.9, while the Shore AC's Dawud Saleem, 37, hit an impressive 14.4 in the 110 highs.

In the field, Dave Reiss, 39, continued his season-long assualt with the javelin, hitting 222-9 with Bob Youngs, 53, making the younger throwers gasp — reaching 163-11. California's Stew Thomson made his annual New Jersey visit a successful one with a 157-6 discus and 44-5 shot.

Next year's meet, scheduled for Monday, July 4, 1988, projects a doubling of entries, with a hope of building the meet up to the status of the annual Southeastern Masters Meet in Raleigh. □

Nolan Just Misses Mile Record in New Jersey

Shore Athletic Club masters track runners turned in some excellent performances at the First Annual Bob Roggy Track and Field Meet held July 29 at the Holmdel, N.J. High School. The meet, which was held in honor of the late Bob Roggy, former national javelin champion and American record holder, drew over 7,000 spectators as well as some of the top open runners in the country, including Eamonn Coughlan, Sydney Maree, and Tom Petranoff. The meet included an open masters mile run and distance medley for 40-plus runners, as well as an open 2 mile run.

Harry Nolan of the Shore A.C. blazed through the masters mile to win in 4:21.69, just short of the American masters outdoor record of 4:20.89. Nolan hit splits of 62, 2:06 and 3:12.5 before slowing in the last lap. It was the second time within a three week period that Nolan had missed the record, having recorded a 4:22.30 in early July on the same track. "I thought I was moving a lot faster on the last lap, but I obviously was not. I felt loose and could have run faster if there had been someone to run against," said Nolan. He was all by himself most of the race as Rick Knox of the Mine Mountain Club finished second in 5:00.7, with Cliff Pauling of the Central Park Track Club landing the third place.

The Central Park team won the Masters Distance Medley in 11:28.7 to outdistance five other masters teams, with the Shore A.C. unit finishing second in 11:45.29. Pauling led the opening 800 leg in 2:06.5, holding off Shore's John Kuhi, but Lester Wright of Shore cranked out a 53.5 400 to put the club back in the lead. It took a strong mile anchor by Sid Howard to put Central Park in the lead for good.

The organizers of the Roggy meet provided special opportunities for masters runners, which are planned to be expanded in the 1988 edition of the meet. □

Coming Next Month:

- Track & Field Rankings (200, 800, 5000, hurdles)
- Training Advice from Anne McKenzie
- More Photos of Nationals
- World Veterans Games Update
- And More

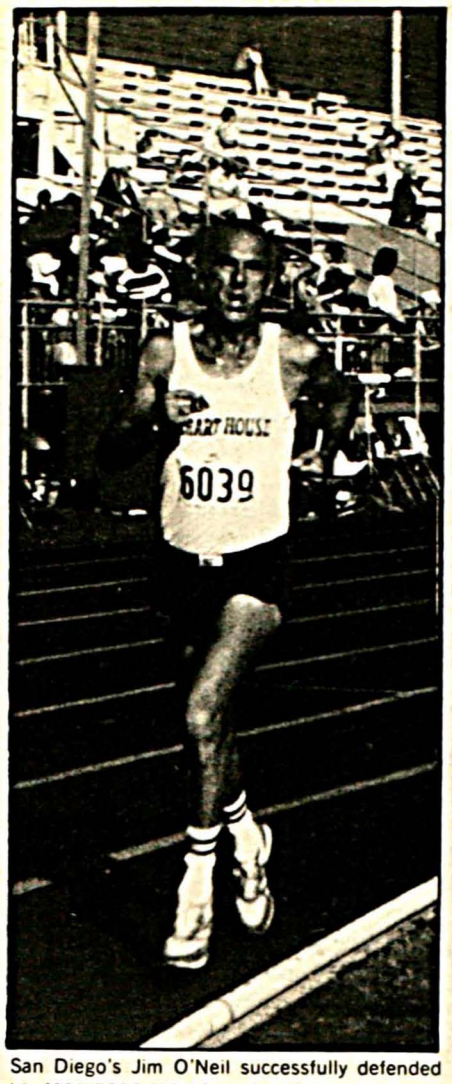
8 Join Sustainer List

Another eight readers have become National Masters News "sustainers" — those who contribute funds to provide additional support to NMN and the Masters Athletics Program.

We thank you for your kind support. Donations can be sent to: NMN, P.O. Box 2372, Van Nuys, CA 91404.

Thanks go to:

Carl Brungard
William Garthune
Jack Greenwood
Robert Laufer
Milo Lightfoot
Billie Jean Murphy
Pete Richardson
William Benson



San Diego's Jim O'Neil successfully defended his M60 5000 (18:02) and 10,000 (36:40) national titles, and became the only person to compete in all 20 U.S. National Masters T&F Championships. Photo by Gretchen Snyder

Qualifiers for Olympic Marathon Trials

An update of Americans who have qualified for next year's U.S. Olympic Marathon Trials lists 17 over-age-35 women. To qualify, a woman must run a sub-2:50 marathon, sub-33:00 10 K or sub-1:16 half marathon.

Thanks go to Pete Cava of TAC, who has been keeping us informed.

Gabriele Andersen, 42
Laurie Binder, 40
Darsie Bowden, 36
Jane Buch, 38
Barbara Filutze, 41
Sharlet Gilbert, 36
Mindy Ireland, 35
Gail Ladage Scott, 41
Sue Petersen, 42
Bette Poppers, 44
Joyce Rankin, 39
Peggy Smythe, 35
Carol Urish-McLatchie, 35
Deborah Wagner, 36
Harolene Walters, 44
Debbi Warner, 35
Mary Wood Parker, 41

Thank You

Nancy Salvio, Beryl Hahn, Sandy Brinker and Mary Jackson

You helped make our meet a success and we couldn't have done it without you.

Merrill Lynch Athletic Club



Pagliano's Podiatric Pointers

THE FOOT BEAT

by JOHN W. PAGLIANO, D.P.M.

Delayed Muscle Soreness

Masters athletes often suffer from delayed muscle soreness following a strenuous competitive event. The pain usually develops 2-4 days after competition. It usually disappears in a week or so, but, in the meantime, the leg muscles may become very sore and tender.

What causes delayed muscle soreness? There are four main theories:

1) Lactic acid accumulation. But lactic acid is as high right after exercise, so there's no logic to justify this theory.

2) Muscle spasm. But there's no proof that exercise can cause muscle spasms, either.

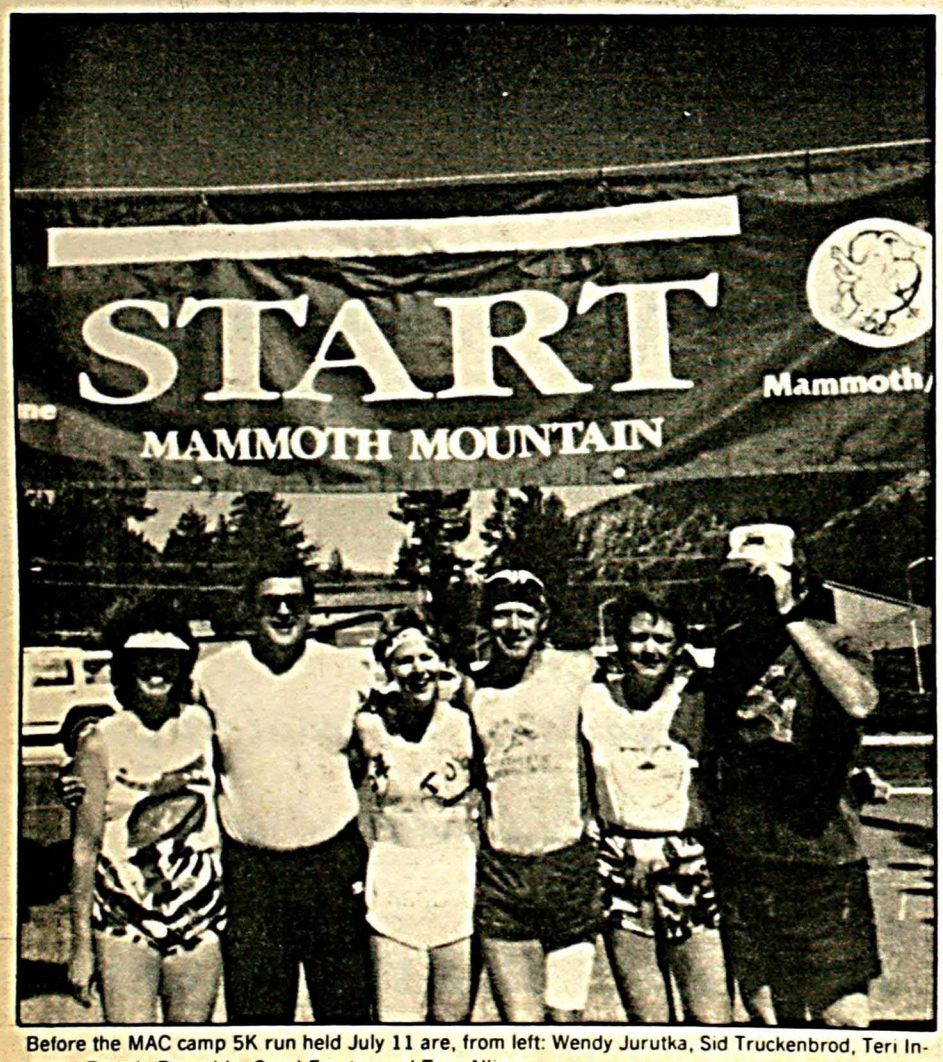
3) Torn tissues. This theory says the untrained muscles may suffer structural damage during hard exercise. A study of muscle fibers showed the inflammatory reaction peaked five days after strenuous exercise.

4) Connective tissue damage. Connective tissue, goes the theory, is damaged during violent muscle contractions. High levels of hydrosyproline, a breakdown product of connective tissue, has been shown at peak levels 48 hours after exercise.

Dr. Kennon T. Francis of the University of Alabama favors the **Torn Tissue (#3)** and **Connective Tissue (#4)** theories as likely causes of delayed muscle soreness.

Masters athletes should not blame the soreness on the aging process. I've found that hot-water soaks after an exhaustive effort have always proved beneficial to alleviating muscle soreness. In Europe, salt-water soaks are often used after marathons and ultra-distance runs.□

(Dr. Pagliano is a runner and a podiatrist in Long Beach, California. He is a member of the American College of Sports Medicine. If you have a foot, ankle or achilles question, write to Dr. John Pagliano, The Foot Beat, NMN, Box 2372, Van Nuys, CA 91404.)



Before the MAC camp 5K run held July 11 are, from left: Wendy Jurutka, Sid Truckenbrod, Teri Ingram, Dennis Reynolds, Carol Forster and Tom Allison.



Wendy Jurutka, helped-out by Dennis Reynolds, practices some javelin techniques against the backdrop of Mammoth Mountain. Jurutka was a member of the MAC camp, held July 5-11.
Photo by Teri Ingram

MAC Camp Review

by TERI INGRAM

The Mammoth Athletics Camp has been a dream of John Cosgrove's for many, many years. Through tremendous effort and expense, he has managed to bring together a select group of coaches not to be found at any other camp.

I was lucky enough to be a member of the first annual MAC, as we called the camp, in the first of two week-long sessions, July 5-11 (session two was held July 12-18), and I feel MAC can safely be termed a success and I highly recommend it. The abundance of excellent coaches, low cost accommodations and beautiful scenery helped make for a pleasant, if exhausting, time.

There was a bevy of ex-Olympic coaches, including Dr. Ken Foreman, the 1988 Olympic Throws and Distance coach; Doris Brown Heritage, ex-Olympian and Olympic coach herself; Dale Kennedy, head coach at Montana State University and an extremely knowledgeable man in practically every event; Dr. Paul Ward, Olympic coach for throws and track and field weight training; Paula Kash, world-record holder in the 30K racewalk; Jacqueline Hansen, first woman to break 2:40 for the marathon, currently in-training for the World Veterans Games; John Smith, ex-Olympian in the 400 meters; and my personal favorite, Tracy Smith, ex-Olympian himself and current U.S. record holder for the masters 10K.

A typical day at the camp began with an optional distance run of 2-10 miles in the early morning followed by breakfast. There were four sessions per day, broken up by a 1½ hour lunch period. Typical sessions consisted of 3-4 choices of activities.

For example, at the 9 a.m. session, possibilities may have included beginning long jump, a middle-distance track session and shot put. At 10:30, possibly race-walking, circuit-training and javelin. Virtually all track and field events were covered along with stretching, "water-power work-outs," cross-country training and race-walking.

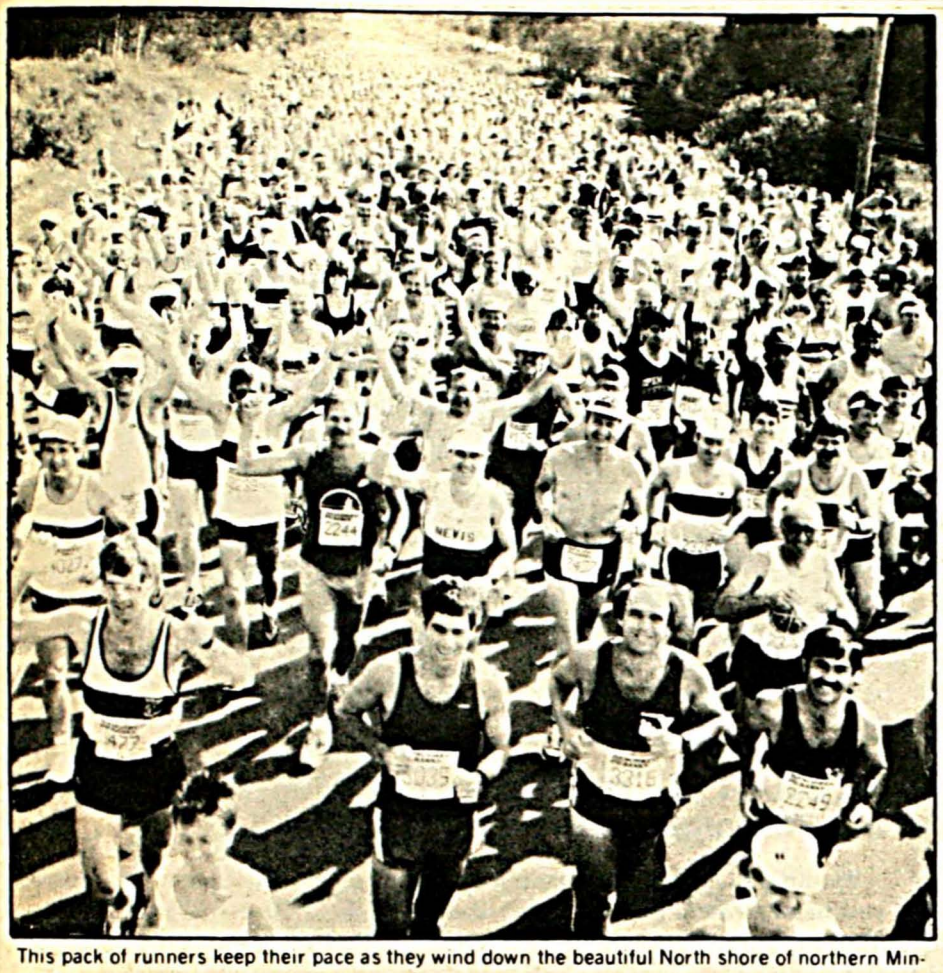
There was certainly never a lack of choices — more a matter of how much the body could take! But all sessions were optional; there was no regimentation to the camp. When attending a session we were expected to work, but no one frowned when a little relaxation was needed.

Each evening a lecture was offered which was put on by one of the coaches or a guest speaker. Although well-attended, these lectures were not one of the stronger points of the camp.

Most work-outs were done on the high school grass track, which had a brand new long-jump pit. By attending the morning runs, much of the gorgeous Mammoth area could be taken-in. Many walkers attended these "runs," so that everyone managed to group together with someone of his/her own speed.

The camp fee was a reasonable $200 for 6 days, plus rooms at the Mammoth Mountain Inn available for as little as $7 a night for a room with a kitchen. Meals were not included, but dinners eaten at the Mammoth Mountain Inn were offered at a reduced rate.

I'd rank the MAC camp a strong 7-8 with only minor problems in the organization. For a first time camp, I'd rank it a 9-10 and recommend it highly. □



This pack of runners keep their pace as they wind down the beautiful North shore of northern Minnesota.

Grandma's Awards Go to Stahl, Hearn

Sweden's Kjell-Erik Stahl (2:19:22) and New York's Angella Hearn (2:39:55) won the top masters awards at the 11th annual Grandma's Marathon in Duluth, Minnesota, June 20.

Stahl, who will be competing in the VII World Veterans Games in Melbourne in November, finished with a five-minute margin over Minnesota's Bruce Mortenson (2:24:57). Hearn's margin was only 48 seconds over Colorado's Gail Scott (2:48:16).

Stahl and Hearn will be awarded a trip to the Houston-Tenneco Marathon. Hearn, Scott and Susan Havens, the third-place W40+ finisher, will receive a trip to Orlando, Florida, for the Women's 1987 National Open Marathon Championships.

Dan Schlesinger (2:16:00) and Janis Klecker (2:36:12) were the men's and women's overall winners. The race was directed by Scott Keenan. □



Race Director, Scott Keenan, prepares to officially start the race in Two Harbors, MN where the runnes anxiously await to start Grandma's 11th annual Marathon.

100 Enter First Carolina Championships

by BILL BUSBY

The inaugural Carolina Masters Track and Field Championships were held on Sunday, August 2 at the Thomasville, N.C. High School track with exactly 100 official entries. The track, newly resurfaced with a fast synthetic rubber surface, yielded 32 performances which met All-American standards. The weather was hot, humid, and cloudy, with one brief shower.

Notable performances included a 10.8 100 meters by John Green, 33. Thad Bell, 43, ran 11.4, 23.3, and 54.9. Maurice McDonald, 46, ran 24.8 and 54.5. Fred Kjer, 50, had an outstanding triple, 24.8 (200), 55.2 (400), and 1:08.2 (400 hurdles). John Korthener, 56, met AA standards with a 12-8 (100m) and 26.9 (200), as did Jim Law (61) with a 13.1 and 27.1 for the same distances. David Poteet, 31, had a 2:00.0 (800) and 4:01.5 (1500). Kirk Lauenstein, 36, ran an excellent 4:05.9 1500.

The most outstanding field event performance was a 15-0 pole vault (after breaking a pole!) by Bob Neutzling, 43. Five other vaulters exceeded A-A Standards. The Javelin throw had four A-A performers: Bob Conroy, 37, 193-9, Bill Busby, 43, 179-6 (a PR by 12'), Floyd Simmons, 64, 141-7, and Jack Wood, 75, 92-9.

The meet was enthusiastically received by all competitors, and plans are being made to make this meet an annual North Carolina Masters championship, sponsored by the newly formed Carolina Masters Athletic Club. □

Write On! Continued from page 2

that it undermines the incentive for the slower participants, who the Masters movement was really founded for. The same handfull of "semi-pros" will win the top prizes every time. With age groups, there is always the hope that you will be the fastest one to show up/finish on that day. Everyone likes a chance to win something.

Also, it will make it difficult to compete head-to-head. Should you kill yourself to catch or get within a minute of that person in front of you? Or isn't he/she as far under their target time as you are?

Alan Wood
Pompton Plains, NJ

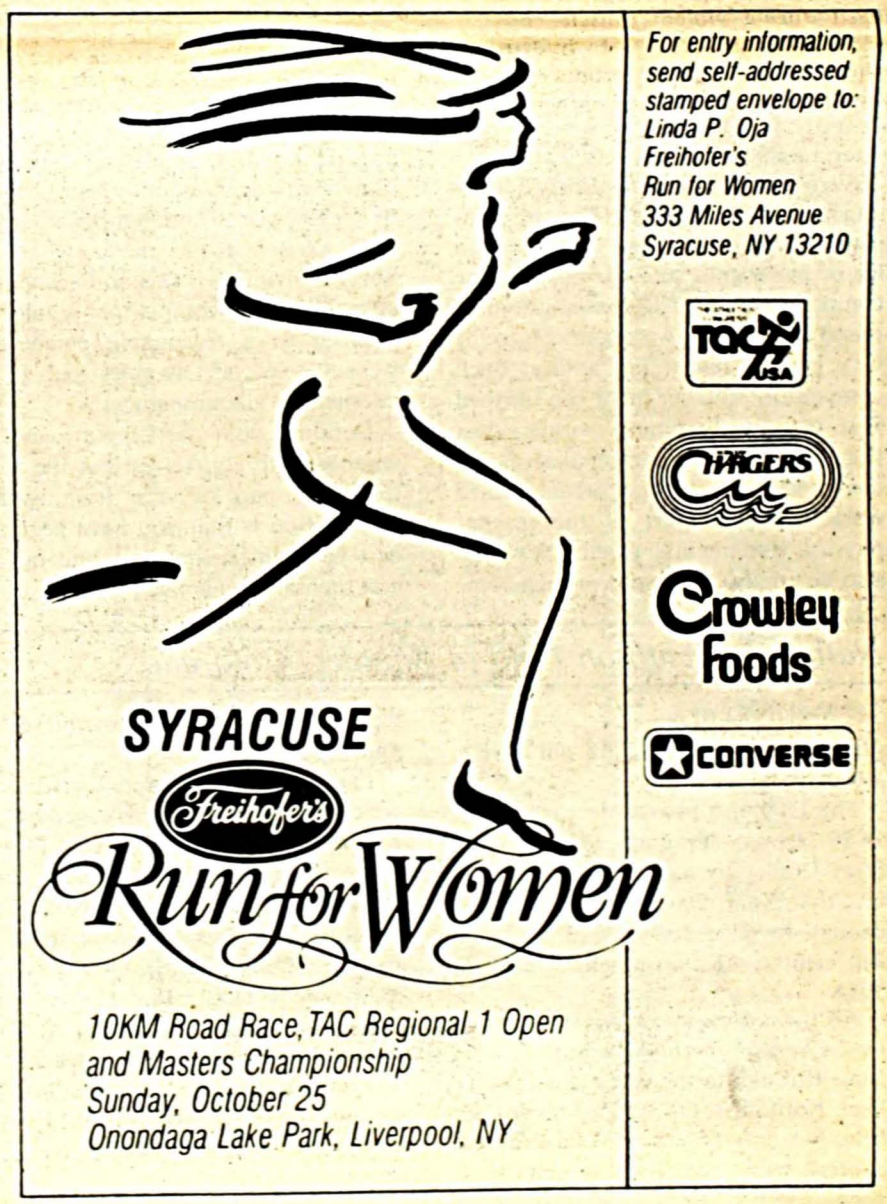
(In NMN's Age-Handicap meet last year, Bess James, 76, didn't win any medals but said "it was the most fun I've ever had at a track meet." The age-grading system can give deserved recognition to older athletes who now get overshadowed by the young 40-year-olds. — Ed)

RAY MAHANNAH

Knowing Ray Mahannah personally and admiring both his running and his contributions to the sport, I was pleased to read Mike Tymn's profile of him. It was superb; the classy treatment that Ray deserves.

Paul Reese
Auburn, California

Continued on page 17





MASTERS TRACK & FIELD REPORT

by JERRY ALAN DONLEY

Chairman, TAC Masters Track & Field Committee

Each Competitor is a Winner

The month of August 1987 was an exciting month for a track & field enthusiast. The Pan American Games were held in Indianapolis. Outside of the Olympics, it was as large an undertaking in sports activity as has ever been held in the United States.

Our Masters Outdoor Championships were held in Eugene, and was one of our largest meets ever.

But another event was also held in August that will have no nationally known champions. It was an international event with nearly twenty countries involved. The opening event was on national television for two hours on August 3, and was one of the most extravagant and emotional opening ceremonies I have ever watched.

It was the opening ceremonies of Olympics for very special, though handicapped, people. I have been aware of the program in our area for a number of years, but was somewhat shocked to watch the extent of national corporation sponsorship, the enthusiastic support of the Shriver and Kennedy families, and the number of entertainers and volunteers involved.

Even more, I was profoundly touched by the statements of the competitors, the efforts that each put into his or her events, and the goals of the competition, as each competitor promised to compete, with courage, to the very best of his or her ability. Each competitor, whether he or she finished first or last, became a winner, just because of having participated. Some did much better than others. Hard work might be part of the reason; physical and mental capabilities may also be a reason. But where each competitor finishes makes no difference.

I watched the opening ceremonies somewhat emotionally, but the words and the phrases sounded familiar. Those expressions are the same expressions we at the Masters level repeat as our goals and purposes. The one difference is that at the Special Olympics those expressions are true, and everyone there accepts and adopts them. The last is cheered as well as the first, because that competitor did the best he or she could do on that date.

I hope many of you watched that program. Some I am sure have participated in that activity as coach, official, sponsor, friend or parent, and are well acquainted with it.

The concepts and truths of that program ought not be limited to the Special Olympics. Masters competitors need to not only repeat these phrases but mean them, adopt them, believe them. Even open competitors would be well advised to listen to what the Special Olympics is saying. Perhaps the egos of some competitors could be reduced to a reasonable perspective were the Special Olympics oath to be adopted by all competitors.

Continue your participation and re-emphasize to yourselves that the most important part of your training and competition is that you have been the best you can be that day, and in fact you then are a winner. □



M35 800 runners in U.S. Nationals: Jim Hiebert (3541, 2:03.63), Dan Peterson (3750, 3rd, 2:00.53), Wayne Douglas (3522, 2:07.22), Tom Jordan, Executive Director of Eugene's 1989 World Games bid (3551, 2:06.94). Richard Puckerin won in 1:59.93. Photo by Gretchen Snyder

Invitation to a Charter Membership in a National Open-Heart Masters Club

Would you like to become a member of a very exclusive club where you have already gone through the initiation before you join? The initiation I refer to is open heart surgery, by-passes, valves, etc.

We are seeking members who have, in essence, already paid their dues and are in Masters track and field competition on a regular basis. I believe it is time for such athletes to begin communicating with each other, to form a common bond and learn from each other's experience. It can only lead to better understanding of what term a "delicately balanced" life style.

The medical profession is somewhat perplexed and maybe even a little in awe of the tremendous pressures placed on the heart "replacement" arteries in such instances as sprinting and hurdling. Nowhere is such an instantaneous demand put upon the heart system as in sprinting. How can leg veins handle the pressures of stout arteries, designed specifically for that purpose and by God, no less.

What is happening is a lot of miracles large and small, by the medical profession, cardiologists and some great heart surgeons. However, ask any doctor how long the by-passes are good for and there is no answer. By-passes are still too new for long term history. We, the patients, need information and cannot get anything but a most conservative opinion from the doctors. What doctor, in his right mind, would tell you to take up sprinting for a hobby after a triple by-pass? Ever hear about malpractice? I am beginning to feel that if we want straight information, we will have to develop it ourselves and pass it on to the medical profession.

I do not have any doubt that the Heart Association would be glad to help us. If you are interested in becoming a charter member of a club with great potential for helping its members and others, please fill out form below.

We are still looking for a name for the club — "Open Heart" is tentative but it will get the club off the ground.

Last Name _____ First Name _____ MI _____ Age _____

Address _____

_____

What kind of heart surgery _____

Date of surgery _____

Participating in Masters Events _____

_____

_____

_____

In later correspondence we will take up lifestyle, diets, vitamins, exercise, etc.

Mail form to: George Simon
15355 Mulholland Drive
Los Angeles, CA 90077

National Decathlon Held in Boulder, Colorado

Continued from page 8

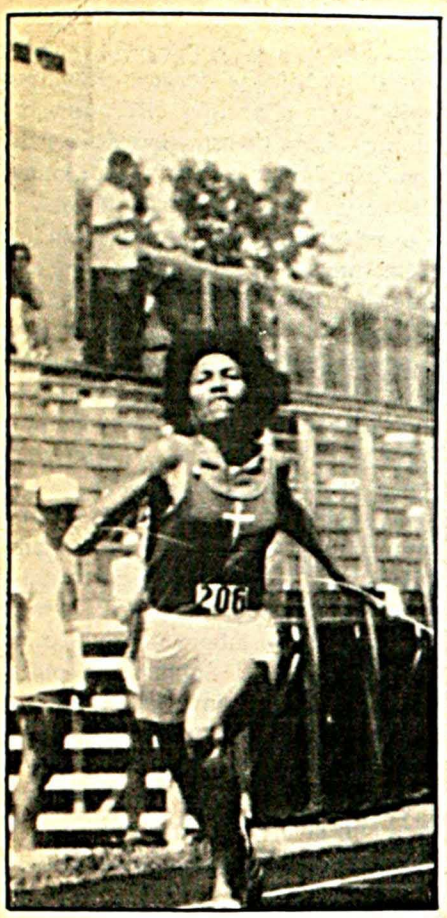
surgery. We trust Sgt. Fitz will have a speedy recovery.

The 1500 also proved decisive in the 55-59 group. Trailing 1980 winner Jerry Donley by a small margin going into that event, Dave Douglas ran well enough to edge Jerry, 3252 to 3180. Bill Gentry, FL, was a close third at 3054.

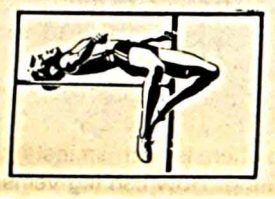
All the groups above 60 were scored by the WAVA method. A familiar face came through in the 60-64 division, as Dick Nordquist, OR, gained his fourth title, but only after a very hardfought contest with Ted Ensslin and Jock Jocoy, both of California. The scores were Nordquist 6661, Ensslin 6305, and Jocoy 6212.

Last year, Boo Morcom suffered a serious leg injury and was edged out by Frank Bowles, CO. This year, fit and ready, the former Olympian won decisively, capturing all but two events. Typical of his excellence were marks of 16-11½ (long jump), 4-9¾ (high jump), 65.4 (400), 18.5 (110H), and 11-6 (pole vault). The final WAVA total of 9008 is the first mark above 9000 this writer has ever noted. Bowles was a distant second with 6515, with newcomer A.U. Ricciardi, Nevada, third.

Continued on page 16



Rachel Lyga, W50, wins her division in the 100m (15.75) at the Time Fly Masters Track & Field Championships, July 25 in Libertyville, Illinois.





Ernie Billups, M50, finishing the 800m in 2:07 at the Time Fly Masters Track and Field Championships, July 25 in Libertyville, Illinois.

Need Back Issues?

Most back issues of the *National Masters News* are available for $1.95 each, plus 50¢ postage and handling for each order.

Send to:

National Masters News
P.O. Box 2372
Van Nuys, CA 91404

Illinois Tracksters Win $1000 in "Time Fly"

by CRAIG DEAN, M.D.,
Meet Director

One hundred eighty athletes from 12 states competed in the 2nd annual "Time Fly" Masters Track and Field Championships, July 25, in Libertyville, Illinois.

The event was sponsored by the Medical Center of Lake County, the Athletes Foot and the Herald Newspapers.

The top ten finishers were awarded $1000, based on the "All-American Standards of Excellence." Athletes marks were compared to their All-American age-group standard, and prizes were awarded based on the highest percentage of the standard.

Ed Hill, who threw the shot 54-10 (16.71 meters) had the greatest percentage score of 128.56, since his 40 standard is 13.00 meters.

Below is the complete list of those who bettered the AA standard. □

All-American Scores for Meet

"Time Fly" Masters Track and Field Championships, Libertyville, Illinois July 25

% of All-American Score	Metric Distance	Standard for Age	Event	Distance Ft.	Distance Inches	Name	
111.42	45.24	40.60	DISC M40	148	05.00	HILL	ED
112.16	52.98	47.24	HAMMRM30	173	10.00	MELINGER	TERRY
127.25	52.35	41.14	HAMMRM40	171	09.00	HILL	ED
102.00	38.86	38.10	HAMMRM45	127	06.00	KLEMM	CARL
110.94	1.22	1.10	HJ F50	004	00.00	LYGA	RACHEL
100.20	1.77	1.76	HJ M40	005	09.50	MEISNER	JOHNIE
107.03	1.70	1.59	HJ M50	005	07.00	RICHARDSON	R
102.24	1.63	1.59	HJ M50	005	04.00	SMITH	FLOYD
106.26	1.59	1.50	HJ M55	005	02.75	SEIFERT	GORDON
115.64	1.42	1.23	HJ M70	004	08.00	MORNINGSTAR	HAM
105.11	28.91	27.50	JAV F40	094	10.00	HUFF	KAREN
104.88	30.42	29.00	JAV M70	099	09.50	MORNINGSTAR	HAM
110.88	7.21	6.50	LJ M30	023	07.75	STANLEY	LEE
113.10	5.99	5.30	LJ M45	019	08.00	GORDON	HANS
115.60	5.66	4.90	LJ M50	018	07.00	STOPOULOS	ED
107.81	4.85	4.50	LJ M55	015	11.00	ACKERMAN	BOB
102.02	4.59	4.50	LJ M55	015	00.75	SEIFERT	GORDON
125.00	5.15	4.12	LJ M60	016	10.75	BRADBERRY	BUCK
112.97	3.78	3.35	LJ M70	012	05.00	MORTON	ED
111.46	3.73	3.35	LJ M70	012	03.00	MORNINGSTAR	HAM
103.82	4.27	4.11	PV M30	014	00.00	MEEKMAN	BOB
100.12	4.11	4.11	PV M30	013	06.00	PETRANEK	KEITH
104.10	3.81	3.66	PV M40	012	06.00	HOPKINS	HENRY
106.64	3.66	3.43	PV M45	012	00.00	KEEL	BILL
112.09	2.39	2.13	PV M70	007	10.00	MORNINGSTAR	HAM
116.34	1.52	1.31	PV M85	005	00.00	PITCHER	A.E.
114.15	9.36	8.20	SHOT F40	030	08.50	HUFF	KAREN
128.56	16.71	13.00	SHOT M40	054	10.00	HILL	ED
102.55	12.31	12.00	SHOT M45	040	04.50	KLEMM	CARL
101.70	13.22	13.00	SHOT M50	043	04.50	NAUGO	JOHN
123.48	10.03	8.12	TJ F40	032	10.75	CALVERT	PAM
115.83	14.94	12.90	TJ M30	049	00.25	STANLEY	LEE
106.49	11.61	10.90	TJ M45	038	01.00	GORDON	HANS
103.22	10.53	10.20	TJ M50	034	06.50	STOPOULOS	ED
100.00	9.55	9.55	TJ M55	031	04.00	SEIFERT	GORDON
112.37	10.00	8.90	TJ M60	032	09.75	BRADBERRY	BUCK
107.24	9.54	8.90	TJ M60	031	03.75	OLSEN	CHUCK

108.96	13.40	14.60	100 F40	00:13.40	CALVERT	PAM
104.49	15.60	16.30	100 F55	00:15.60	CLARKSON	JANE
102.80	10.70	11.00	100 M30	00:10.70	STANLEY	LEE
104.33	12.46	13.00	100 M55	00:12.46	BROWN	HARRY
103.67	12.54	13.00	100 M55	00:12.54	BATIANSILA	A
100.06	15.99	16.00	100 M75	00:15.99	D'ELIA	MANFRED
113.10	14.50	16.40	110H M35	00:14.50	DRUCKERY	STAN
100.32	18.69	18.75	110H M45	00:18.69	WASHINGTON	LIONEL
114.65	15.70	18.00	100H M60	00:15.70	BRADBERRY	BUCK
102.59	305.10	313.00	1500 F30	05:05.10	MORSCH	PEGGY
108.54	345.50	375.00	1500 F55	05:45.50	D'ELIA	TOSHIKO
107.63	348.40	375.00	1500 F55	05:48.40	CHRISTMAN	MATILEE
101.88	489.80	499.00	1500 F75	08:09.80	CLARKE	ANNE
100.96	252.58	255.00	1500 M40	04:12.58	FRECKWINKLE	ZEUS
107.04	261.58	280.00	1500 M50	04:21.58	BILLUPS	ERNEST
112.54	310.10	349.00	1500 M65	05:10.10	UTES	WARREN
107.56	28.17	30.30	200 F40	00:28.17	CALVERT	PAM
104.91	32.60	34.20	200 F55	00:32.60	CLARKSON	JANE
106.02	25.75	27.30	200 M55	00:25.75	BROWN	HARRY
103.61	26.35	27.30	200 M55	00:26.35	BATIANSILA	A
101.49	26.90	27.30	200 M55	00:26.90	SEIFERT	GORDON
100.78	28.28	28.50	200 M60	00:28.28	SMITH	DEAN
101.36	29.40	29.80	200 M65	00:29.40	MANNO	JIM
100.34	29.70	29.80	200 M65	00:29.70	RAJCEVICH	GEORGE
101.16	32.03	32.40	200 M70	00:32.03	MORNINGSTAR	HAM
101.71	34.41	35.00	200 M75	00:34.41	D'ELIA	MANFRED
108.49	728.20	790.00	3000 F55	12:08.20	D'ELIA	TOSHIKO
103.24	765.20	790.00	3000 F55	12:45.20	CHRISTMAN	MATILEE
101.21	537.50	544.00	3000 M35	08:57.50	DWYER	DAN
101.55	938.00	952.56	3000WF35	15:38.00	FRANZ-RENSHAW	SHARMON
112.28	1194.00	1340.64	3000WF60	19:54.00	LEFF	RUTH
115.71	1433.00	1658.16	3000WF75	23:53.00	CLARKE	ANNE
101.18	58.31	59.00	400 M55	00:58.31	SEIFERT	GORDON
102.41	61.03	62.50	400 M60	00:61.03	SMITH	DEAN
104.53	178.90	187.00	800 F55	02:58.90	D'ELIA	TOSHIKO
101.99	125.50	128.00	800 M40	02:05.50	PORTER	JAMES
108.85	127.70	139.00	800 M50	02:07.70	BILLUPS	ERNEST
101.36	147.00	149.00	800 M55	02:27.00	SEIFERT	GORDON
111.51	140.80	157.00	800 M60	02:20.80	SMITH	DEAN

TRACK & FIELD NEWS



"Everything for Track and Field Athletics"

Since 1948, Track & Field News has been the major source of periodicals, books, films, and other merchandise and equipment to the athletics world. Write today for our complete catalog.

• **TRACK & FIELD NEWS.** With subscribers in more than 60 countries, T&FN is *the* standard of accuracy and completeness for reporting of U.S. and worldwide track and field athletics. Published monthly: $22.00 USA, $26.50 rest of world.

• **TRACK TECHNIQUE.** Now resumed as a quarterly under the auspices of The Athletics Congress of the USA, Track Technique has been one of the sport's major technical publications since 1960. Now $8.00 yr., USA; $9.00 foreign.

• **BOOKS.** Our publishing division, Tafnews Press, is the world's major publisher of track books. Write for free booklist.

• **TOURS.** 1988 Olympics (Seoul), 1987 World T&F Champs. (Rome), 1986 Commonwealth Games (Edinburgh), etc. Popular sports tours since 1982. Write for information.

TRACK AND FIELD NEWS
P.O. Box 296 • Los Altos, CA 94023-0296 USA

Masters Health and Fitness

by MONA SHANGOLD M.D.

"Menopause"

A number of women have asked about the effects of running on menopause. Many wonder whether a lifetime of running will accelerate or delay the age at which menopause occurs. Others want to know whether it is safe to begin or continue running after passing the "change of life." Among the other inquiries posed are concerns about the effects of running on menopausal symptoms. Let's take a closer look at what we know about all of these.

Menopause is actually the final cessation of menstruation. It occurs when the lifetime supply of eggs in the ovaries becomes exhausted. The supply of eggs decreases throughout life, due to both monthly expulsion of some eggs (ovulation) and daily deterioration of many more. This latter process begins before birth and continues at a decreasing pace until menopause. The age of menopause is pre-determined for each woman, probably on a genetic basis.

Very few external factors have been shown to affect the age at which menopause occurs. Cigarette smoking and malnutrition cause menopause to occur earlier in life. Running or any other exercise is not believed to have any effect on the age of menopause.

The unpleasant symptoms which often are experienced around the time of menopause are familiar to all of us. They include hot flushes, mood changes, irritability, and fatigue. The hot flushes are probably caused by rapid fluctuations in some hormone levels. Frequent hot flushes, accompanied by profuse sweating, are extremely annoying. When they occur at night, they cause awakening, disruption of sleep, insomnia, and ultimately



fatigue. Menopausal women become irritable and moody because of chronic sleep deprivation. Anyone who has ever stayed up for several consecutive nights will find it easy to understand these personality and mood changes.

Very little is known about the effects of running or other exercise on these symptoms. However, the general sense of well-being experienced by most runners tends to carry into many aspects of life. This positive feeling may not decrease the flushes, but it may help women to tolerate hot flushes and other stressful factors more easily.

After menopause, women have lower estrogen levels than they did before. This is especially true for thin women because estrogen is formed in fat cells. Among the beneficial effects of estrogen is a protection of bones against osteoporosis (brittle bones). We know that exercise helps to protect bones against osteoporosis, too, but we don't know if exercise is protective enough to make up for estrogen deficiency. Thin women are at greater risk of developing osteoporosis than fat women because of lower estrogen concentrations of the former. Running should have a positive effect toward the prevention of osteoporosis in thin women, although we really don't know if the effects are beneficial enough.

It is certainly safe for women to begin running or to continue running after the menopause. However, the increased risks of heart disease in this group make it wise for new runners to have a thorough physical examination and heart stress test first. Any cardiologist should be able to determine which stress testing is advisable.

In summary, no harmful effects from running after the menopause are known, and several beneficial results may be anticipated. The paucity of factual information about this subject is due to the small numbers of older women previously involved. Hopefully, the greater numbers of mature women runners of today and tomorrow will enable us to answer some of these still-unanswered question.□



Fitness for You
FROM THE
SPORTSMEDICINE INSTITUTE

THE COMPLETE SPORTS MEDICINE BOOK FOR WOMEN
By Mona Shangold, M.D. and Gabe Mirkin, M.D. 1985 (223 pages) Simon and Schuster. Price: $9.95. "Wonderful encyclopedia for any woman interested in sports and fitness."—Greta Waitz. For women of all ages.

GETTING THIN:
All About Fat, How You Get It, How You Lose It, and How You Keep It Off for Good. By Gabe Mirkin, M.D. (303 pages). Price: $15.50. Complete guide to dieting and weight loss through exercise. Exercise changes your metabolism. Eat more, get thinner.

OPPORTUNITIES IN SPORTS MEDICINE
By Professor William Ray Heitzman. (147 pages) Special Price: $6.50. New book discusses careers in sports medicine.

DR. GABE MIRKIN'S FITNESS CLINIC
By Gabe Mirkin, M.D. (237 pages) Contemporary Books. Price $8.95. Question and answer guide to health, fitness and avoidance of dangerous fads.
Brand New Book.

THE SPORTSMEDICINE BOOK
By Gabe Mirkin, M.D. (225 pages) Price: $12.95. For both serious athletes and casual exercisers. Basic training rules for fitness and competition. Nutrition for exercise.

SPORTS HEALTH: THE COMPLETE BOOK OF ATHLETIC INJURIES
By William Southmayd, M.D. and Marshall Hoffman. (459 pages) Price: $15.50. Answers most questions about treating injuries. No runner or exerciser should be without it!

Send prepaid orders to
THE SPORTSMEDICINE INSTITUTE
9300 Lindale Drive
Bethesda, MD 20817
SHIP TO
NAME
ADDRESS
CITY STATE ZIP

ORDER FORM

Complete Sports Medicine Book for Women	$ 9.95
Getting Thin	$15.50
Dr. Gabe Mirkin's Fitness Clinic	$12.95
Sportsmedicine Book	$ 8.95
Opportunities in Sports Medicine	$ 6.50
Sports Health: Complete Book of Athletic Injuries	$15.50
Add $1.50 postage handling for each book	
Scripts $3.00 each	
TOTAL	

To have Dr. Mirkin and/or Dr. Shangold speak to your organization, call: (301) 493-4074.

National Decathlon Held in Boulder, Colorado

Continued from page 14

The most improved competitor on the multiple-event circuit is Ham Morningstar, MI. Recently turned 70, Morningstar defeated longtime champion Gilberto Gonzales, Puerto Rico and Florida, 8084 to 7375. (Because Gonzales is four years older, however, his age-factored score of 8241 is better than Ham's 7559. See accompanying figures). Morningstar set three new meet records, but failed to surpass Gilberto's fine 1984 overall mark of 8715. Third place was taken by newcomer Dan Bulkley, OR, whose 6709 points included a new 1500 meter mark of 6:11.4.

Two well-known veterans returned to the multiple-event wars in a new division. Claude Hills, PA, and Bob Boal, NC, both recently turned 75, battled it out, with Claude winning, 6731 to 5210. Hills set three new meet marks, but just failed to surpass Herb Anderson's 1981 overall score of 6844.

This 16th Annual Championships witnessed the first 85-89 contestant. Herb Anderson, Colorado's "Old Man of the Mountains," after a period of retirement, returned to his favorite event as an 85 year-old. Herb attacked the events with his usual verve and tenacity. Unfortunately, no tables for this age group were available in Boulder, and relevant tables will have to be obtained before Herb's decathlon can be scored.

Last year five ladies came to Des Moines for the heptathlon; this year but two arrived for the competition. Luckily these were two of the best women masters athletes in the world, Phil Raschker, 40, of Atlanta, and Christel Miller, 52, of Glendale, CA. Phil's exceptional speed and jumping ability gained her 5356 points, while Christel's consistent all-around skill brought her 4548. 1981 WAVA scoring was used in the heptathlon.

Raschker's 24.5 in the 200 is a new world W40 record, breaking her own pending mark of 25.66.

At Saturday night's meeting at the Boulder Hilton, Bakersfield, California was chosen as the site of the 1988 contest. □



International Scene

by BRIDGET CUSHEN,
Women's Delegate,
World Association of Veteran Athletes (WAVA)

Should Disciplines in the Women's Pentathlon be Changed?

The women's pentathlon currently consists of the following five events: 100m hurdles (80m hurdles for W40 and over), shot put, high jump, long jump and 800m. Many women feel that if the hurdles and high jump were deleted and the 100m sprint and the javelin substituted, more competitors, particularly in the older age groups, would be attracted to this event.

There is strong opposition, particularly from the event specialists, against any proposal to change any of the disciplines as it is felt that the penthathlon is a test of all round ability and to delete the agility and jumping test would completely emasculate the competition.

The heavy track and field programme at the World Veteran Games precudes a full heptathlon for the W35-45 age group, and, at the last Women's Meeting in Rome, delegates were fiercely opposed to the proposal that the women's pentathlon should consist of the same events as the men's.

This subject will be on the agenda for the Women's Meeting in Melbourne on Tuesday morning, 1 December. Please do come along with your views/suggestions. If you are unable to be present, you can write to me as I would like to hear from as many women as possible, my address is: 156 Mitcham Road, West Croydon, SURREY CRO 3JE, England. □



Ohio's Mary Bowermaster set a new world high jump record of 3-6 for women age 70-74, and just misses here at 3-8. Photo by Gretchen Snyder

PRESIDENT:
Don Farquharson
269 Ridgewood Road
West Hill
ONTARIO MIC 2X3
Canada

EXECUTIVE VICE-PRESIDENT:
Robert G. Fine
4223 Palm Forest Drive
Delray Beach, FL
33445 U.S.A.

VICE-PRESIDENT:
Jacques Serruys
"Fit-Veteraan"
Postbox 7
B-8000BRUGGE 1
Belgium

VICE-PRESIDENT (Track and Field):
Hans Axmann
Eichendorrfstrasse 2
D-8800 ANSBACH
Federal Republic of Germany

WORLD ASSOCIATION OF VETERAN ATHLETES

SECRETARY:
Owen Flaherty
CN. UTR. 207
Javea
ALICANTE Spain

TREASURER:
Alastair Lynn
23 Reuben St.
Aurora, Ontario
L4G 2M3
Canada

WOMEN'S DELEGATE:
Bridget Cushen
156 Mitcham Road
WEST CROYDON
Surrey England

DELEGATE OF:
NORTH AMERICA
David Pain
5643 Campanile Way
San Diego, CA 92115
USA

SOUTH AMERICA
Juan H. Kulzer
Estrada 3429
Olivos (1536
BUENOS AIRES
Republica Argentina

ASIA:
Mr. Hariomataram
Medan Medaka
Selantan 10,
Jakarta, Indonesia

EUROPE:
Cesare Beccalli
IMITT
Via Martinetti 7
20147 MILANO Italy

OCEANIA:
Clem Green
46 Hargreaves Street
WELLINGTON 2
New Zealand

AFRICA:
Contact President

Write On! Continued from page 13

HUGH ADAMS

Thanks to Hugh Adams for putting on such a fine track meet (Western Regionals, Fresno, July 25-26). And thanks to his lovely wife for such a beautiful vegetable plate.

I did the 5000 race walk and was thrilled to share the track with such true champions as Chelsey Unruh, 80, and Paul Spangler, 88.

Still wet behind the ears,
Mel Brantham, 62
Bloomington, California

JERRY DONLEY

I would like to express my appreciation for the excellent job Jerry Donley is doing as our Masters' Track and Field chairman. His concern and focus for our continuing development is unique. I should also thank both Jerry and his wife for the time they have donated.

Recently, at the National decathlon/heptathlon championships, I had the pleasure of competing with Jerry. I must also say that he is well in control of matters as an athlete. Thanks, Jerry, for a job well done and I'm hoping you will continue as chairman for many years.

Gary Miller
Glendale, California

NORTH AMERICAN MASTERS TRACK & FIELD CHAMPIONSHIPS, 1987

NOVEMBER 6, 7, and 8, 1987. LAKE WORTH, FLORIDA

FLORIDA

SANCTIONED BY THE WORLD ASSOCIATION OF VETERAN ATHLETES & THE ATHLETIC CONGRESS OF THE UNITED STATES. SPONSORED BY THE PALM BEACH TRACK & FIELD ASSOCIATION.
T-SHIRTS TO ALL COMPETITORS
EVENTS: (In meters) 100, 200, 400, 800, 1500, 5000 run, 5000 walk 10,000 road, 20,000 walk on road, Long Jump, Triple Jump, High Jump, Pole Vault, Shot Put, Discus, Javelin, Weight Throw, High Hurdles, 400 Hurdles, Hammer Throw. (Steeplechase facility not available).
AWARDS: 3 Medals in each event.
AGE GROUPS: Five year age groups for men and women from 30 to 85+
FEES: Pre-Entry (must be received by Nov. 2, 1987) $10 first event, $4 each additional event.
Post-Entry. $12 first event, $5 each additional event. NOTE: The Meet Director has the right to refuse a post entry based on heat assignments.
SCHEDULE: FRIDAY, Nov. 6th. 4:30 P.M. 5 Km. Walk; 5:30 P.M. 5 Km Run
SATURDAY, Nov. 7th.
8:00 A.M. All field events report. You will be assigned flights based on age, event and sex.
9:00 A.M. High Hurdles
10:00 A.M. 100 semi finals (if necessary)
10:30 A.M. 800 (Seeded sections if necessary)
11:30 A.M. 400 Hurdles
1:00 P.M. 100 finals
2:00 P.M. 400 (Seeded sections if necessary)
3:00 P.M. 1500 (Seeded sections if necessary)
4:00 P.M. 200 (Seeded sections if necessary)
SUNDAY, Nov. 8th: 7:00 A.M. 20 Km Walk; 7:30 A.M. 10 Km Run.
NOTE: Age and sex groups may be combined to expedite the meet.
LOCATION: All Friday and Saturday events held at the track of John Leonard High School, Lake Worth, Florida. Sunday races held at John Prince Park, Lake Worth, Florida.
DIRECTIONS: John Leonard H.S.- I-95 to 10th Ave. West 4 miles to school John Prince Park- I-95 to 6th Ave, Lake Worth, west to Congress Ave. left (going South) ½ mile to park on the left.
MEET HEADQUARTERS: PALM BEACH AIRPORT HILTON. Special rate of $48 total per room, with up to four permitted in a room. Telephone 1-800-HILTONS for reservations. 150 Australian Ave., West Palm Beach (at airport)
MEET PACKETS: Available from 8 P.M. to 10 P.M. on Friday, Nov. 6th at the Hilton.
TAC REGISTRATION REQUIRED FOR ALL AMERICAN ATHLETES.

NAME _____ ADDRESS _____
CITY _____ ZIP _____ PHONE _____ AGE _____
DATE OF BIRTH _____ SEX: M F CLUB _____ TAC# _____
EVENT(S) & BEST TIME THIS YEAR:
_____ _____ _____
_____ _____ _____
_____ _____ _____

Make checks payable to: PALM BEACH T & F ASSOC.
Mail to: Frank Valdes. 6301 Dockside Circle. Greenacres City, FL 33463

2 Months To Go

Countdown to Melbourne

Sturak Named Team Manager; Lopes To Run

If you're planning on going to Melbourne, Australia for the VII World Veterans Games this November 28-December 6, you should have already mailed your entry form (August, p. 23). The deadline was August 31.

If you haven't sent it in, but still want to go, there's a chance the Melbourne organizers will accept it if it arrives by September 15. No promises, however.

U.S. TAC National Masters Track & Field Chairman Jerry Donley announced that as a result of receiving a majority of votes in a ballot at the Eugene masters meeting on August 15, Tom Sturak will be the U.S. "team manager."

Sturak will handle competition problems for U.S. athletes in Melbourne: rule clarifications, appeals, protests, where to sign up for things, who's advancing from heats to finals, etc. He'll handle the selection and organiation of all the U.S. relay teams — probably designating a person in each age group to select the team members.

Sturak will be the man for U.S. athletes to see for information on directions, physical therapy, massages, and more. He plans to have a daily meeting of all U.S. athletes at a central point to review the previous day's events, congratulate medal winners, discuss problems, share insights, and plan for the days ahead.

Meanwhile, Peg Smith, Executive Director of the Games, reports that 1984 Olympic Marathon winner, Carlos Lopes, who turned 40 this year, is a definite entry in the Games.

At NMN press time, entries were pouring in from all over the globe. Smith estimates that 5000 participants from more than 50 nations will show up in Melbourne.

A brief reminder that you must provide a copy of your birth certificate (or photo copy of passport) to the meet organizers. Also required is an Australian visa. You can get one through your masters travel agent, or by sending your passport with a fee to the nearest Australian consulate. □

VIII World Veterans' Games
United States Organizing Committee

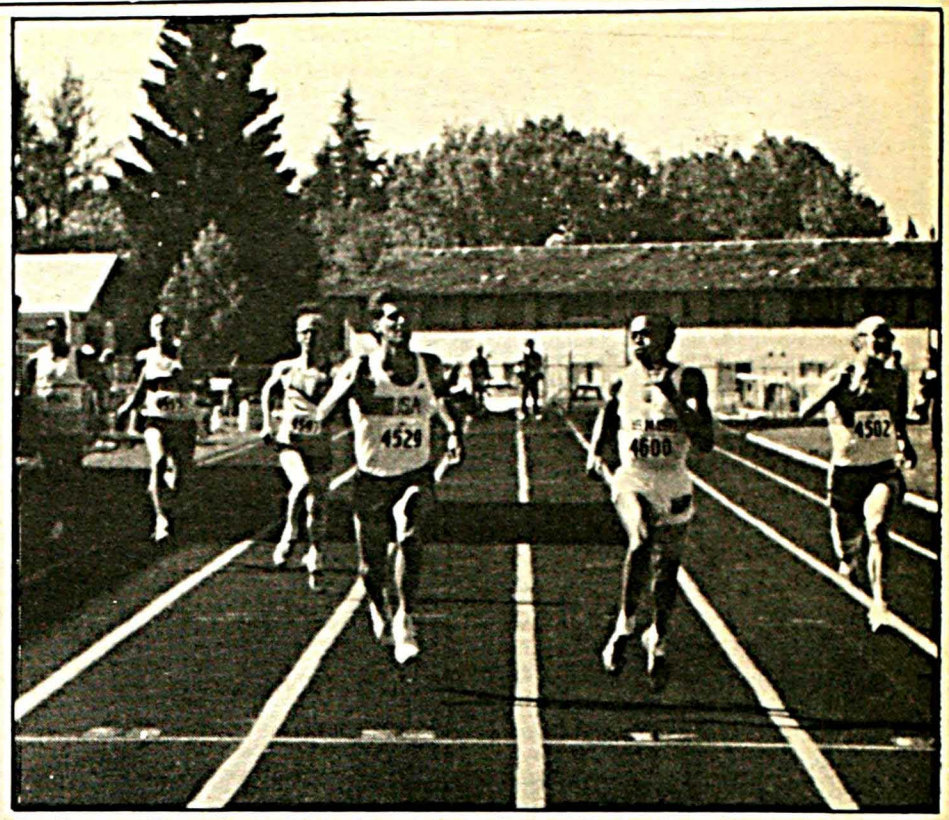
Tom Jordan
Executive Director

Barbara Kousky
Executive Secretary

REVISED BID BUDGET

1989 WORLD VETERANS' GAMES

Promotion		
Logo Design/PMT		1,000.00
Video/Film Production		6,000.00
Color Brochure		2,000.00
Newsletter		600.00
Bid Books, Promotional Items		2,000.00
Hospitality--Melbourne		3,000.00
Hospitality Center		
Video Equipment Rental		
Travel/Housing--Melbourne		
Includes Executive Director, Organizing Committee; Executive Secretary, Organizing Committee; Meet Director		
1 @ 1400.00	Transportation/Dorm Housing	1,400.00
2 @ 1000.00	Transportation	2,000.00
2	Housing (2 @ 14 days)	2,500.00
1 @ 1500.00	Secretary's Sept. trip	1,500.00
Office/Miscellaneous		1,000.00
Postage		
Telephone		
Stationery		
TOTAL PROJECTED BUDGET		$23,000.00



Roy Turner of Texas wins his third gold medal in the National Masters Championships in Springfield, Oregon with a 23.1 in the 200, besting Oregon's Paul Edens (4529, 23.4), Martyn Adamson (4502, 23.81), Joe Thielman (4597, 24.62), Steve Ireland (lane 7) and LeRoy McClain (lane 8).
Photo by Gretchen Snyder

World Games Trust Fund Allocates $23,000 to Eugene for Bid Presentation in Melbourne

At a meeting of the World Veterans Games Trust Committee in Eugene, Oregon on August 14, Masters Sports Association Secretary David Pain said donations from masters athletes had reached $70,000 of the $102,000 pledged. "With interest, we now have $73,000 in the bank," Pain reported.

The Trust Committee then voted its first allocation from the fund — $23,000 — to the Eugene VIII World Veterans' Games U.S. Organizing Committee to make a presentation to delegates to the General Assembly of the World Association of Veteran Athletes. The presentation will take place in Melbourne, Australia on December 2, 1987.

The Eugene organizers announced the proposed dates for the 1989 event would be July 29 through August 6. They proposed charging $25 for the first event and $5 for each subsequent event. Both Barbara Daughterty and Tom Jordan will be in Melbourne to present the bid and take notes from the Australian experiences. Daugherty will also visit Melbourne this month to learn the mechanics of processing entries, trouble-shooting, etc. from the Australians.

Jordan announced Jim Puckett of Gresham, Oregon would be meet director for the '89 Games. Puckett was one of three members of the site-selection committee who visited the six U.S. bidding cities last year. The committee selected Eugene over Los Angeles, San Diego, Raleigh-Durham, San Jose and Miami.

TAC National Masters Track and Field Chairman Jerry Donley said he wanted the budget figures open to all masters athletes, since "they're the ones that put up the money." The revised bid budget and World Games budget are published on this page. □

World Masters Budget

Admin. & Staff Salaries	70000
Meet Directors' Salaries	28000
Publicity/Promotion	15000
Postage	9000
Printing	20000
Presentation	20000
Telephone	9000
Travel (Promotion)	4000
Office Rental	5000
Data Processing	15000
Souvenirs	15000
Equipment Rental	7000
Officials	20000
Medals	25000
Transportation	57000
Opening Ceremonies	6000
Banquet	20000
Marathon	12000
Cross Country	6000
Numbers	3000
Facility Rental	12000
Miscellaneous	8000
Medical	15000
WAVA Officials Travel	10000
Office Supplies	4000
Closing Ceremonies	5000
Office Equipment	3000
Racewalk	2000
Security/Police	20000
T-Shirts	30000
Insurance	15000
Athlete Entertainment	3000
Total	493000
Income	
Entry Fee	100000
TAC Contribution	120000
Ceremonies and Banquet	90000
T-Shirts	50000
Souvenirs	25000
Sponsorship	110000
Total	495000

ATHLETES WHO ENTER A NEW DIVISION THIS MONTH, SEPT. 1987

ATHLETE (RESIDENCE)	BIRTHDATE	AGE GROUP
PAT BESSEL (GRAND ISLAND, NY)	9-19-37	50-54
TERREZENE BROWN (CA)	9-27-47	40-44
SKIPPER CLARK (BROOKLYN, NY)	9-15-47	40-44
JOAN FLYNN (HONOLULU, HI)	9-13-27	60-64
CHARLENE GROET (DEMOTTE, IN)	9-29-47	40-44
DORIS HERITAGE (SEATTLE, WA)	9-17-42	45-49
JUDY IKENBERRY (CRESTLINE, CA)	9- 3-42	45-49
ESSIE KEA (CLEVELAND, OH)	9-22-37	50-54
VIVIAN NELSON (HARRISBURG, PA)	9- 9-12	75-79
MARYBELLE RUSSEL (NV)	9-16-22	65-69
GRACE SCHWEITZER (SANTA BARBARA, CA)	9-17-17	70-74
DIANA SMITH (CLAREMONT, CA)	9-21-22	65-69
DOROTHY STOCK (LA MESA, CA)	9-12-32	55-59
CONNIE VOIGT (US)	9-17-37	50-54
JANE BIRD (GB)	9-20-47	40-44
CATHERINE COLEMAN (AUS)	9-26-42	45-49
NADINE DE GHEUS (BEL)	9-12-47	40-44
MARLIESE HOFFMAN (WG)	9-16-42	45-49
ROSWITHA KOTZBAUER (WG)	9-10-32	55-59
HELGI PARTS (URS)	9-15-37	50-54
HAZEL RIDER (GB)	9- 2-32	55-59
DANA ZATOPKOVA (CZE)	9-19-22	65-69
BEN ANIXTER (SAN CARLOS, CA)	9-20-37	50-54
JAMES BOLE (LONG BEACH, CALIF)	9- 6-07	80 +
KELSEY BROWN (ANDOVER, NJ)	9- 5-27	60-64
E. N. CARTER (US)	9- 4-02	80 +
EARL FOSTER (LYNCHBURG, VA)	9- 9-22	65-69
BASCILIO FUENTES (KAUAI, HI)	9-23-02	80 +
BILL GOOKIN (SAN DIEGO, CALIF)	9-22-32	55-59
FORTUNE GORDIEN (SAN BERNARDINO, CAL)	9- 9-22	65-69
NEWLIE HEWSON (WASH., DC)	9- 5-22	65-69
WILFRIED IRMEN (WG)	9-10-32	55-59
CHARLES JOHANNESMEYER (SANFORD, NC)	9-20-17	70-74
WILLIAM JOHNSTON (SALT LAKE CITY, UT)	9-29-37	50-54
JOHN A KELLEY (WATERTOWN, MA)	9- 6-07	80 +
HARRY LOGAN (AUS)	9-30-17	70-74
PETER MIRKES (WG)	9-28-27	60-64
LAWRENCE O'NEIL (KALISPELL, MT)	9-21-07	80 +
ALEX RENK (WG)	9- 1-02	80 +
TOM ROBERTS (ATLANTA, GA)	9-14-02	80 +
JAY SILVESTER (UT)	9-27-37	50-54
JACK SIRINGER (OLMSTED, OH)	9-10-12	75-79
WALTER STACK (SAN FRANCISCO)	9-28-07	80 +
JAN VERLOOP (HOL)	9-10-17	70-74



Nancy Shafer of Bowling Green, Ohio winning the W35 800 in 2:18.03 at the U.S. Nationals in Oregon, August 16. Photo by Gretchen Snyder.

"Second Masters Games" Slated for Denmark in 1989

The "2nd Masters Games" will be held in Denmark in July, 1979, according to Jorgen Weinreich, a representative for one of the local clubs staging the competition.

The event, which was first held in Toronto in 1985, will be held in three Denmark towns — Arhus and two others. It will begin on July 15, and will feature several sports, including track & field and long distance running.

The first "Games" in Toronto was an artistic success but a financial disaster. The heavily-promoted event drew 7000 entries, but still went down the financial tank to the tune of 1.4 million Canadian dollars, leaving creditors strewn about the countryside and the organizers reportedly in retreat in the Bahamas.

The Games will presumably be staged by a private organization, and have no connection to the official World Association of Veteran Athletes or to the International Amateur Athletic Federation. □

WAVA BY-LAWS - Appendix A: Hurdles and Implements Specifications

Hurdles

Women

Age	Race Distance	Hurdle Height	To 1st Hurdle	Between Hurdles	To Finish
35-39	100m	.840m 33"	13.00m 42'8½"	8.5m 27'10½"	10.5m 34'5"
40-49	80m	.762m 30"	12.00m 39'4"	8.0m 26'3"	12.00m 39'4"
50-58	80m	.762m 30"	12.00m 39'4"	8.0m 26'3"	12.00m 39'4"
60-69	—	—	—	—	—
70 Plus	—	—	—	—	—
35-39	400m	.762m 30"	45.00m 147'7¾"	35.00m 114'9½"	40.00m 131'2½"
40-49	400m				
50-59	300m	.762m 30"	50.00m 164'0½"	35.00m 114'9½"	40.00m 131'2½"
60-69	—	—	—	—	—
70 plus	—	—	—	—	—

MEN

35-39					
40-49	110m	.991m 39"	13.72m 45'	9.14m 30'	14.02m 46'
50-59	110m	.914m 36"	13.72m 45'	9.14m 30'	14.02m 46'
60-69	100m	.840m 33"	13.00m 42'8"	8.50m 27'10½"	10.50m 34'5"
70 plus	80m	.762m 30"	12.00m 39'4"	8.00m 26'3"	12.00m 39'4"
40-49	400m	.914m 36"	45.00m 147'7½"	35.00m 114'9½"	40.00m 131'2½"
50-59	400m	.840m 33"			
60-+	300m	.762m 30"	50.00m 164'0½"	35.00m 114'9½"	40.00m 131'2¾"

IMPLEMENTS

AGE	SHOT PUT	DISCUS	HAMMER	JAVELIN
Women				
35-49	4.00K	1.00K	—	600 gms.
50 plus	3.00K	1.00K	—	400 gms.
Men				
40-49	7.26K (16 lbs.)	2.00K	7.26K (16 lbs.)	800 gms.
50-59	6.00K	1.50K	6.00K	800 gms.
60-69	5.00K	1.00K	5.00K	600 gms.
70 plus	4.00K	1.00K	4.00K	600 gms.

MAXUS PRODUCTIONS PRESENTS:

"FITNESS and the ATHLETIC EXPERIENCE"
with Dr. George A. Sheehan

This distinctive **PBS** (Public Broadcasting) Special Program is now being offered on Videocassette!

The Program is differentiated from all those "How To" videos by its format and bottom line theme. FITNESS AND THE ATHLETIC EXPERIENCE is a "**Why**" video in every sense of the word. As Dr. Sheehan states, "the **Why** is the most important thing we do. Once you know the **Why**, you'll accept any how."

HEAR IT FROM THE EXPERT!
Some call him, "Mark Twain in Sneakers." The author of five books on fitness, two of which are best sellers, Dr. Sheehan has broken the ground in Wellness and Fitness programs in industry and education for more than fifteen years. He is one of the most sought after "Keynote" speakers in the country, spending over 35 weeks a year on the lecture circuit. Dr. Sheehan is in high demand. XEROX, I.B.M., GENERAL ELECTRIC and AT&T, among many corporations hear him and bring him back. So do universities, Health Professionals, associations, hospitals and community groups.



NEW VIDEO

SPORTS ILLUSTRATED—
"George Sheehan may be the most important philosopher on sport and human performance."

● In *"Fitness and the Athletic Experience"* Dr. Sheehan and an impressive group of professional men and women involved in competitive lifestyles, confirm that fitness does lead to an increase in self-esteem, higher confidence levels, reduced stress and a more satisfying and productive life.

● Let Dr. Sheehan help increase performance in your career and intensify your desires and motivation in all of your endeavors.

● His message? Simply, that each one of us is an athlete, open to the benefits of an athletic lifestyle, and improved fitness. Just what are these rewards? "Increased strength and vitality," says Dr. Sheehan. "Self esteem too. And finally, the CREATIVITY TO BECOME THE PERSON WE ARE DESIGNED TO BE!"

● In this wonderfully inspirational video, Dr. Sheehan — cardiologist, runner and best selling author of "Running and Being" — explains how fitness can transform your life.

● *"Fitness and the Athletic Experience"* is a health and fitness video that will change your life — a terrific source of insight, information and motivation for every serious and weekend athlete.

PLEASE CLIP AND RETURN

MONEY ORDER MADE PAYABLE TO:
MAXUS PRODUCTIONS
351 BEACON ST. SUITE #7
BOSTON, MA 02116
or call COLLECT
1 - 617 - 247-0726
1 - 215 - 544-9431

$29.95

Quantity	Beta	VHS	Price

MA Res. add 5% Sales Tax
SUBTOTAL
Please add $2.50 handling (no C.O.D.)
TOTAL

P.O. # Visa MasterCard # Am. Express
Or Credit Card # Exp /
NAME SIGNATURE
STREET
CITY STATE ZIP

COLOR 52 MINUTES

Report from Britain

by ALASTAIR AITKEN

Colin Fairey, who was 71 on May 11, followed up a 13.7 100m at the Copthall Show with a 14.9 win despite a leg injury and strong winds in the National Veterans Championships at Corby's, Rockingham Triangle, July 11. Ian Green, 41, who has run a 11.1 100m this season, won the Southern Veterans 100m and 200 at Tooting, June 28, but came unstuck in the Nationals when he was beaten into 3rd place in the M40 100m, by ex-professional sprinter George McNeill of Scotland, who ran 11.4 and later won the 200 (22.9). In the M50 sprints, Charlie Williams fought intensive battles with bus-driver Bill Guy, Charlie winning both (12.3/24.9). The M40 400 saw a quick acceleration by Highgate Harrier Bob Rush, 41, to win in the last 30 meters in 50.9.

Undoubtedly, the outstanding veteran middle-distance man his season is Wrexam's Ron Bell, 40, who has world bests indoors (1:57.2) and outdoors (1:53.5) and a U.K. best 3:53.8 1500 at Sheffield, three weeks before the Nationals, where he sprinted away from Les Duffy, last year's winner, in the last 150 meters in the 800 to win in 1:56.2, with Duffy at 1:57.6. Alun Roper was Bell's biggest challenger in the 1500 but didn't have the speed, Bell winning in 4:04.6 and Roper at 4:04.9. Roper was too strong for Sheldon Cowles in the last lap of the 5000 and came home in 14:55.4 to Cowles' 15:00.2, but Cowles, who earlier this year won the Southern Veterans cross-country and ran a 49:00 10 miles, won the 10,000 in 31:43.5.

Keith Summersgil, 47, was an easy winner in the M45 5K/10K (16:05/33:08). John Derek Wood, who retired at 55, now at 57 runs so well that he once again took the M55 5K and 10K (16:50/34:54).

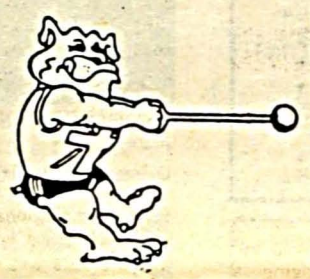
Hugh Duggan leaped to a U.K. M40 long jump record of 6.80 (22-3¾). Chris Ellis, 43, after a 52.00 (170-7) warm-up throw, won his division with a 48.26 (158-4). New vet Richard Care took both the 3000 and 5000 walks (13:23.6/22:46.6). Vivian Bonner of Aldershot took the W35 100m (13.00) and 200 (26.8). Margaret Hocknell won the W40 100m and 200, as did Una Gore in the W45 races.

At the Southern Veterans Championships, the women's hammer event was introduced to veteran's athletics, although U.S. women have been throwing the hammer for at least two years. All-around performer Pat McNab, wife of author and coach Tom McNab, was the winner. Later, at Corby, Pat McNab came 2nd in the hammer with a 26.68 (87-6) to Barbara Terry's 26.78 (87-10) and won the 80H (13.3). International Lillian Millen won the W40 3000 walk in 15:31.6 in the Southern Vets, where, on the 2nd day, Gallagher ran the fastest women's 800 of the meet with a 2:14.3. □



East meets West as 400-meter winners Muriel Simmons-McCord of New York, left (W40, 60.84) and California's Irene Obera (W50, 68.75) share the moment at the Nationals in Oregon. Photo by Gretchen Synder

WORLD VETERANS' WEIGHT PENTATHLON CHAMPIONSHIP



Will be held in MELBOURNE on MONDAY 7 DECEMBER 1987 commencing at 0800 hours.
This event has been sanctioned by the Executive of W.A.V.A. and sponsored by the VII WORLD GAMES ORGANISING BODY.
The weight pentathlon championship shall consist of :

WOMEN	HAMMER	SHOT	DISCUS	JAVELIN	HEAVY WEIGHT
50 +	3kg	3kg	1kg	400g	7.260kg (16lb)
35 - 49	4kg	4kg	1kg	600g	9.072kg (20lb)
70 + MEN	4kg	4kg	1kg	600g	11.340kg (25lb)
60 - 69	5kg	5kg	1kg	600g	11.340kg (25lb)
50 - 59	6kg	6kg	1.5kg	800g	15.880kg (35lb)
40 - 49	7.260kg	7.260kg	2.00kg	800g	15.880kg (35lb)

Depending on the number of entries, six (6) throws may be allowed.
Entries will be received up to 17th hours (5pm) on 2 December 1987.
Entry fee will be $AUD 10.00 and a certificate detailing results will be issued to all competitors. Name and address is essential on all entry forms.
On succeeding days TUESDAY - THURSDAY there will be a further throwing bonanza

HAMMERFEST :	3kg (W50+); 4kg; 5kg; 6kg; 7.260kg & W30 - 49 - 9.072kg & W50+ 7.26 M35 - 59 - 15.880kg & M60+ - 11.340kg.				
DISCORAMA	1.00kg	1.25kg	1.50kg	1.75kg	& 2.00kg
SHOTORAMA					
30 + WOMEN	3kg	4kg	5kg	6kg	& 7.260kg
MEN					
60 +	4kg	5kg	6kg	7.260kg	8kg
35 - 59	4kg	5kg	6kg	7.260kg	10kg
HEAVY THROWS	7.260kg (16lb)	9.072kg (20lb)	11.340kg (25lb)	15.280kg (35lb)	25.04Ckg (56lb)

The heavy throw implements comprise a hammer handle with overall length of 41cm
The only charge will be for the WEIGHT PENTATHLON CHAMPIONSHIP.
PLEASE DIRECT ALL ENTRIES AND ENTRY FEE TO

DIRECTOR ROY FOLEY

VII World Veterans' Games, P.O. Box 282,
ESSENDON, VICTORIA, 3040, AUSTRALIA.

ENTRY FORM

WORLD VETERANS' WEIGHT PENTATHLON CHAMPIONSHIP

FAMILY NAME ..... PREFERRED FIRST NAME .....
STREET NAME and NUMBER .....
CITY ..... STATE .....
COUNTRY ..... POST CODE .....
NATIONALITY ..... DATE OF BIRTH .....
SEX (MAN WOMAN) ..... AGE GROUP .....

EVENTS ENTERED

WORLD VETERANS'	WEIGHT PENTATHLON	
	HAMMERFEST	
	DISCORAMA	
	SHOTORAMA	
	HEAVY THROWS	

ENTRY FEE - $10.00

Payment can be included with VII World veterans' Games entry fees or paid in Melbourne before December 2

VII World Veterans' Games, P.O. Box 282,
ESSENDON, VICTORIA, 3040, AUSTRALIA.

MASTERS SCENE

NATIONAL

• **Bill Cosby** turned 50 on July 12. His new book is "Time Flies." An excerpt: "Sex at my age has become a bit of a chore, more fun than taking out the garbage, but sometimes less appealing than a good nap." Another: "The people in this country are quite insane about reversing the aging process. They wake up every morning heading in the wrong direction." Cosby competed in several masters meets before his #1-rated TV show took up most of his time.

• If anyone is proposing any changes in TAC's By-Laws, drop a note by Sept. 28 to **Bob Fine**, TAC's Masters T&F Committee Law/Legislation Chairman, 4223 Palm Forest Dr., Delray Beach, FL 33445.

• **Runners World** provides us with these interesting statistics: 63% of their subscribers are professional or managerial, 83% are college educated, the median age is now 38 years old, 89% are heads of the household, 74% have household incomes over $35,000 a year and 48% have household incomes of over $50,000 a year.

• The Road Runners Club of America announced that the 1988 convention will be held on the weekend of May 5-8 in Indianapolis and hosted by the Indy Runners. The RRCA convention traditionally is a weekend of workshops for club and race administration, fun-runs, barbecues, the annual business meeting and awards banquet, and a major RRCA championship race. In 1988, the race will be the 8K, the inaugural Hall of Fame 8K. Said **Don Carr**, Indy Runners president, " . . . Although this is the first year for this race it is already shaping up to be a significant event on the road scene in the United States for 1988."

Marty Liquori, ABC sports' track and field expert and a top U.S. miler in the 1970s, said that he believes steroid use is "epidemic in track and field."

Liquori, speaking on the August 3 "Monday SportsNite," also said: "I doubt whether you'll see very many athletes on our 1988 Olympic team who haven't had some steroid use. They may have knocked it off months before the Olympic trials, but particularly in events where strength is important, I don't think anyone will make the team without having been very involved in what the drugs do and how to beat the testing."

EAST

• **Paul Murray** reports that **Bill Robinson** of Cohoes, New York turned in the second fastest masters mile time of the year with a 4:16 clocking in the Bijou Mile on July 24 in Saratoga Springs, N.Y. His time will not go into the record books, however, since the course runs downhill from the start outside Skidmore College to the finish in front of the Bijou Bar in downtown Saratoga Springs. Robinson's time was three seconds off his 1986 effort, but more than four seconds ahead of the second place master, **Joe Burleson** from Hartford, Connecticut.

Four days earlier Robinson hooked up in a classic duel with **Barry Brown** for masters supremacy in Upstate New York at the Colonie Mile. Brown, who returned to the scene of his high school triumphs, trailed Robinson for three and a half laps around the Colonie High School track, but Robinson was unable to hold off Brown's finishing kick. Brown finished in 4:32.6 with Robinson clocking a 4:33.7.

• "Subaru 4 Mile Chase" masters winners July 18 (Buffalo, N.Y.) were **Steve Crowley** (20:36) and **Mary Shaver** (25:59) with second places going to **David Tresohlavy** (20:53) and **Kathy Di Giore** (26:53). The race was run in 20 mph winds, 75% humidity and 83°. Sounds like fun.

SOUTHEAST

• **Correction:** an error was made in the results of the Tennessee TAC Masters T&F Championships held in Knoxville, Tennessee June 19-21. **Susie Kluttz** was listed as the winner of the W50 100m, when, in fact, **Rachel Lyga** won it — twice. Because of an apparent timing error, the women's 100 had to be re-run. Lyga won it both times over Kluttz.

• Another correction in the Knoxville meet came to us from **Bill Gentry**, 57. **Stewart Daniel** and Gentry were given credit for runs 3 seconds faster than they ran in the 400 hurdles. They were each given a head start in the age-graded event.

• **Correction:** The Cotton Row story in the August issue was correct. Unfortunately, the male winners from the results page were incorrect. The "results" published were actually the pre-race "seeded runners" list. Also, **Harolene Walters'** Olympic qualifying time was actually 2:47, rather than the 2:51 listed in the Cotton Row story.

Actual winners in the M40-44 div. were: 1) **Atlaw Belilgne** (32:34), 2) **Don Coffman** (32.41) and **Bob Ullrich** (32:47).

MID AMERICA

The 1987 Twin Cities Marathon, to be held October 11 from Minneapolis to St. Paul, is offering a record $42,000 through 14 places for masters runners, using Twin Cities' age-graded, target time systems, including a guarantee of $8000 for the first place man and the first place woman 40 years of age and up. **Runner's World** Magazine is pledging a $10,000 bonus to any man or woman who breaks the masters world marathon bests (2:11:19 for men and 2:26:51 for women). The race is offering a total purse of $200,000 this year — the largest ever. Recent entries include Pennsylvania's **Norm Green**, 55; Belgium's **Denise Alfvoet**, 57; and last year's handicap winner, **Margaret Miller**, 61, of California.

SOUTH WEST

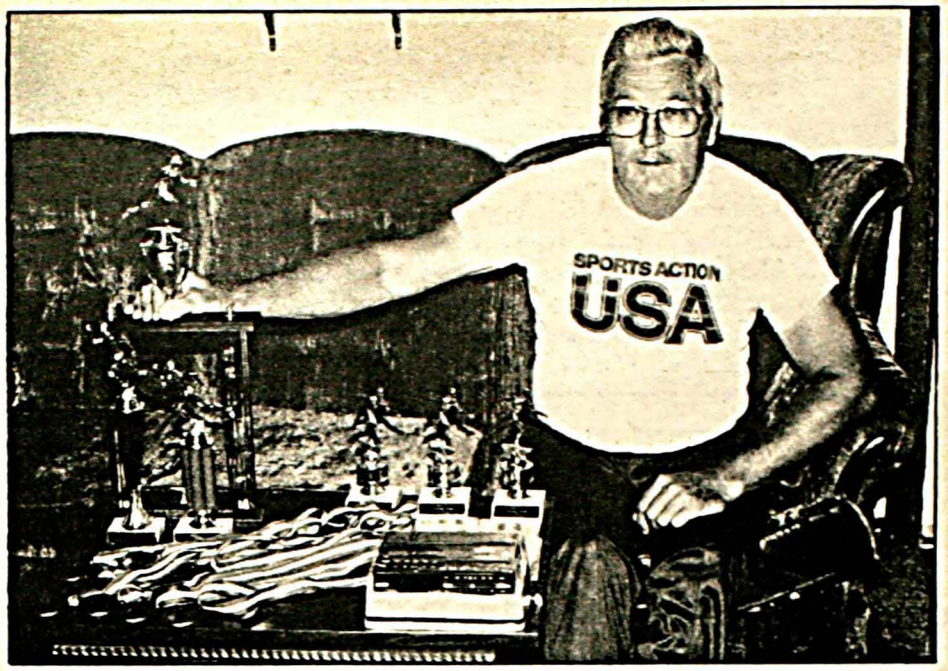
• **Kathy Hardy**, 40, was first female overall in the New Orleans Track Club 5K July 19 with a time of 18:10. The only woman even close was W30 **Carol Smith** (18:19). Second master was **Marian Loftin**, 40 (20:38).

• The third Annual Gulf Association/TAC Masters T&F Championships, held in Pasadena, Texas, on July 11, had fourteen competitors surpass the All-American Standards of Excellence. Included were: 100: **Robert Mitchell** (39) 11.06; 200: **Robert Mitchell** (39) 22.97 and **Mack Stewart** (49) 24.99; 400: **J.B. Haggerty** (38) 50.34 and **Mack Stewart** (49) 55.38; 800: **Georgette Green** (38) 2:31:01 and **Mack Stewart** (49) 2:09:08; 1500: **Ino Cantu** (53) 4:36.25 and **Jimmy Tennison** (55) 4:49.23; Shot Put: **Roger Kamla** (35) 51-2; Discus: **Roger Kamla** (35) 151-5½; Javelin: **Gordon Nordgren** (68) 121-0; Long Jump: **Ken Black** (40) 18-10½; and Pole Vault: **Tom Wilson** (34) 14-0.



Al Swenson winning the M40 1500 in 4:06.0 at the Waltham Track Club Invitational, June 13, in Cambridge, Mass.

Photo courtesy of Jim Dolan



Wendell Palmer, M55, poses with the awards won in only two meets — the June 27 Southwest Regionals and the June 28 Gulf Coast Classic. Palmer has qualified for All-American in 7 events.

• **Wendell Palmer** appears to have taken the M55 age-group by storm; beginning with the Duke City Masters Games in Albuquerque, N.M., June 7, where he scored 1793 points in the Pentathlon. From there he went to the Southwest Regionals in Houston on June 27, where he set a new age-55 American record with a discus throw of 157', won the 100, long jump, triple jump, pole vault, javelin and came in second in the shot put.

June 28 saw Palmer in Texas City at the Gulf Coast Classic, where he continued his winning spree by winning 11 of 12 events and erasing his own discus record set the preceding day by throwing 158'. He also won the high point trophy of the meet, with 118 points, and came in second in the hammer. Palmer has also qualified for All-American status in the high jump, long jump, triple jump, discus, javelin, hammer and shot put.

WEST

• "My running days are over," reports **Harold Chapson**, the popular, 85-year-old middle-distance runner from Honolulu. "I have cancer of the prostate, which is not treatable, but is very slow growing." Chapson, who holds four current world M80 records from 400 to the mile, says he has three or four good years left. "I feel good now and I walk and run every day, but I'm 85 and could die of anything. I have missed running and most of all, I have missed visiting my runner friends. We have moved into a very nice retirement home called Pohani-Nani, which has its own small hospital." Readers can write to Chapson at 45-090 Namoku St.; Apt. 506, Kaneohe, Hawaii.

• **Jim Ryun** and **Kip Keino**, both now in their 40s, will renew their famous rivalry in a mile race in Honolulu, December 13, the same day as the Honolulu Marathon and TAC's convention.

• **Jacqueline Hansen** set a women's age-38 mark of 10:07.11 in the 3000 at the Los Angeles All-Comers Finals, August 1. Her spouse, **Tom Sturak**, captured the M50 800 in 2:27.10. **Eugene Driver** scorched a 21.80 in the submasters 200; **Ron Jensen** sizzled to a 1:59.30 in the M40 800; **Gina Faust** sped to a 5:21.56 in the W50 1500; **Nick Newton** high-jumped 5-8¾ and won the 100 (12.01) and 200 (24.23) in M50; **Frank Little** posted a fast 52.06 in the M40 400; and **Patrick Devine** logged a strong 10:23.94 in the M50 3000. The annual meet was the culmination of 24 meets held over a six-week period in the L.A. area.

• **Ted Cain** edged **Martyn Adamson** in the M45 400, 53.33 to 53.40, in the River City T&F Meet in Sacramento, July 4; but Adamson evened the score in the 200, 23.98 to 24.05. **Searcy Barnett** logged a good 2:03.33 800 in the 1st annual event.

• **Hilliard Sumner**, 41, former great submaster sprinter who only lost one race in age-group competition (to world 400 record-holder **Lee Evans**) from 1976 to 1981, has turned his talents to coaching. Sumner and former L.A. Dodger **Reggie Smith** are co-coaches of the West Valley Eagles, a youth club based in Los Angeles. Led by high-school phenom **Quincy Watts**, the Eagles won the team title in the young men's division at TAC's Youth championships in Philadephia. Sumner ran a 10K in 31:06 for the Philadelphia Pioneers in the late 60s, but switched to sprinting when he came west. In his first year of coaching, Sumner's reputation has spread by word of mouth. "He knows a lot about sprinting," pupil **Tony Miller** says. "And he makes you work hard. He doesn't let you loaf."

• **John Mansoor** of the California International Marathon says that the 1988 race, December 4, the U.S. TAC National Masters Championships, will commit a minimum of $25,000 in masters money. This year's event, December 6, will have about a $5000 masters payoff, most of which will go to Pacific Association teams because the race is that association's championships.

NORTHWEST

• **Ross Carter** broke the WR for the M70-74 shot put with a 47-3 hurl in the Oregon State Games in Portland, July 12, erasing **Voitto Elo's** 46-1¼ in 1985.

CANADA

One World and two Canadian records were set at the Ontario Masters Pentathlon Championships held in Toronto on July 12. **Elmer Shaw**, M70, set a new world record for accumulated pentathlon points with 3740. **Art Jaago**, M60, set a new Canadian weight pentathlon record with a score of 3536 and **Valden Sadul**, M60, set a regular pentathlon Canadian record with a total score of 3341.

• **Barbara Mac Leod**, 49, was first female and new Canadian open record-setter in the Sri Chinmoy 24-hour ultra marathon held in Ottawa, Ontario, Canada May 30-31. Mac Leod ran 109 miles, 1751 yards. Overall men's winner was also a master — **Al Howie**, 41, who ran 132 miles, 1255 yards.

schedule

Track and field events feature competition for men and women over 30 unless otherwise noted. Long distance events generally are open to all age groups with the exception of national masters championships, which may be limited to men and women over age 40. Entry blanks for national and regional championships will generally be printed in the newspaper 30-60 days prior to the event. Please send any additions or corrections to NMN, P.O. Box 2372, Van Nuys, CA 91404.

TRACK & FIELD
NATIONAL

August 5-7. 21st U.S. TAC National Masters Championships, Orlando, Florida. Nick Gailey, Office of the Governor, The Capitol, Tallahassee, FL. 32301-8046. 904/488-0148.

EAST

September 6. Potomac Valley Games, Washington, D.C. area. Sal Corrallo, 3466 Roberts Lane, N. Arlington, Va. 22207.

September 13. Quadrangular Meet & Picnic: Merrill Lynch Realty A.C. vs. New York Masters vs. Philadelphia Masters vs. Potomac Valley Seniors, Manalopan, N.J. High School, 12 Noon. Club members only. Ron Salvio, 201/446-4959 (w).

September 26. Masters Weight Pentathlon, Randall's Island, New York City. Pre entry only. Jai Singh, 254-24 75 Ave., Glen Oaks, New York 11005.

October 3. Merrill Lynch Realty A.C. Pentathlon, Manalapan, N.J. High School, 10 a.m. Ron Salvio, 201/446-4959 (w).

October 25. Merrill Lynch Realty A.C. Weight Pentathlon, Hightstown, N.J. High School, 10 a.m. Ron Salvio, 201/446-4959 (w).

SOUTHEAST

September 5. Blue Cross/Blue Shield of Virginia 12th Annual Virginia State Masters Championships, Charlottesville, Va. Karen Beaver, 311 Westminster Rd., Charlottesville, VA 22901.

September 19-20. Thomasville Fall Masters Invitational Decathlon, Thomasville, N.C. Bill Busby, 11 Culbreth Ave., Thomasville, NC 27360. 919/475-0851 (w) 476-1228(h).

October 1-4. North Carolina Senior Games, Raleigh, N.C. Margot H. Raynor, P.O. Box 33590, Raleigh, NC 27606. 919/851-5456.

November 6-8. North American Championships, Lake Worth, Fla. Bob Fine, 4223, Palm Forest Dr., Delray Beach, FL 33445. 305/499-3370.

November 9-14. Golden Age Games, Sanford, Fla. Greater Sanford Chamber of Commerce, P.O. Drawer CC, Sanford, FL 32772-0868. 305/322-2212.

December 27. Holiday Pentathlons (regular & weight), Atlantic H.S., Delray Beach, Fla. Randy Cooper, Principal, Atlantic Community School, 2501 Seacrest Blvd., Delray Beach, FL 33444.

MIDWEST

Sept. 13. Wolfpack Throwing Classic. 13 National and World Records set here in 1986. Worthington HS., Worthington, Ohio. Jim Pearce, 2449 Southway Dr., Columbus, OH 43221. 614/294-4606(W).

September 13. Ohio TAC Two-Hour Track Run, Worthington HS, Worthington, Ohio. John White, 4865 Arthur Place, Columbus, OH. 614/459-2547 (H).

MID-AMERICA

September 5 & 6. Rocky Mountain Masters Games, Boulder, Colorado. Jim Weed, 11672 E. 2nd Ave., Aurora CO 80010. 303/341-2980.

SOUTHWEST

September 12. Arlington Throwing Classic, Arlington H.S., Arlington, Texas. 1:00 p.m. Rick Ryckman, 2307 Sleepy Oaks, CR No. 2901, Arlington, TX 76011. 817/860-2071 (after 8 p.m.).

WEST

1987. Hawaii Masters TC All-Comers Meet. Punahou School, Hawaii. Each Sunday 2:30 p.m. Stan Thompson, 2164 Halekoa Dr., Honolulu, HI 96821. 808/734-8450.

September 19. Northern California Senior Olympics, Edwards Stadium, UC-Berkeley. Age 50+ only. NCSO, City of Oakland Parks & Recr. Dept., 1520 Lakeside Dr., Oakland, CA 94612. 415/273-3866.

October 3. Club West Masters, U. of California-Santa Barbara (Goleta). George H. Adams, 3736 B Amalfi Way, Santa Barbara, CA 93105. 405/687-6323.

October 31. World Masters Tune-Up, Los Angeles. University of California-Irvine (30 miles southeast of Los Angeles). Marvin Thompson, P.O. Box 2981, Beverly Hills, CA 90213-2981.

November 14. 2nd Annual National Masters News Age-Graded Meet, Cal-State L.A., Los Angeles. NMN, PO Box 2372, Van Nuys, CA 91404.

INTERNATIONAL

September 19-20. San Juan Annual International Masters Meet, Parque Central, San Juan, Puerto Rico. Roberto Santana, Municipality of San Juan, Call Box 71079, San Juan, PR 00936. 809/782-1073.

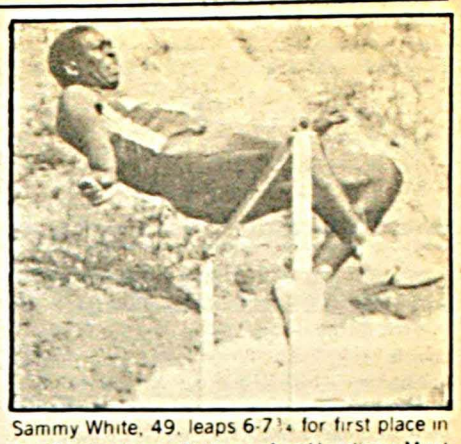
November 19, 26. December 10, 17. Waratah T&F Series, Sydney, Australia, Deadline October 30. H. Stanley, (N.S.W.V.A.), 3 Graton St., Eastlakes, 2018, Sydney, Australia.

November 28-December 6. VII World Veterans Games, Melbourne, Australia. Men 40+.Women 35+. No qualifying standards. World Veterans Games, P.O. Box 282, Essendon, 3040, Victoria, Australia. Phone: 011-61-3-375-1900. Entry deadline: August 31.

November 28-December 12. The First Australian Masters Games at various sites in Tasmania (t&f and road races on December 9-10 in Hobart). Kim Newstead, P.O. Box 587, Glenorchy Tasmania 7010. Phone: (002) 740-750.

December 7. World Veterans Weight Pentathlon Championships, Melbourne, Australia. See ad in this month's issue for fee & weight information. VII World Veterans Games, P.O. Box 282, Essendon, Victoria, 3040, Australia.

September 17 - October 2, 1988. XXIV Olympic Games, Seoul, Korea. T&F News, Box 296, Los Altos, CA 94023. 415/948-8188.



Sammy White, 49, leaps 6-7¾ for first place in the Birmingham, Alabama Age-Handicap Meet May 9. Photo by Deborah R. Gibson

LONG DISTANCE RUNNING
NATIONAL

January 1-October 31. U.S. TAC National Masters One-Hour Postal Championships. Send results to Cliff Sharp, Harding College, P.O. Box 765, Searcy, AR 72143.

January 1-October 31. U.S. TAC National Masters Two-Hour Postal Championships. Send results to Bruce Robinson, 6322 Eileen Ave., Los Angeles, CA 90043.

September 20. U.S. TAC National Masters 10K Championships/Corning Cup 10K, Albany, N.Y. $9000 prize money. Bill Soens, Steuben Athletic Club, 1 Steuben Place, Albany, NY 12207. 518-434-6116.

September 20. U.S. TAC National Masters 40K Racewalk Championships, Ft. Monmouth, N.J. Elliot Denman, 28 N. Locust Ave., W. Long Branch, NJ 07764. 201/222-9213.

October 24. U.S. TAC National Masters 30K Racewalk Championships, East Meadow, N.Y. H. Jacobson, 445 E. 86th St., New York, NY 10128. 212/722-WALK.

November 8. U.S. TAC National Masters 10K Cross-Country Championships, Seattle, Wash. Bob Langenbach, 4261 S. 184th St., Seattle, WA 98188. 206/433-8868.

November 15. U.S. TAC National Masters Half-Marathon Championships, Oklahoma City, Okla. Jim Smith, 2408 N.W. 112th Terrace, Oklahoma City, OK 73120.

November 22. U.S. TAC National Masters 15K Cross-Country Championships, East Meadow, N.Y. Jack Dowling, 25-47 Beech St., East Meadow, NY 11554.

November 28. U.S. TAC National Masters 5K Cross-Country Championships, Van Cortlandt Park, New York City. Teddy Foy, 54 W. 119th St., Apt. 2, New York, NY 10026. 212/369-1271.

December 12. U.S. TAC National Masters 8K Championships, Honolulu, Hawaii. David Lally, 1330 Wilder Ave., No. 321, Honolulu, HI 96822. 808/948-7046.

December 30. U.S. TAC National Masters

Continued on page 23

ROAD RUNNERS CLUB RRCA

Master Record held by
Robert Nelson, USA - 2:27:51

Open Record held by
Peter Butler, Canada - 2:10:56

Senior Record held by
Glynn Wood, USA - 2:46:00

CALIFORNIA INTERNATIONAL MARATHON

Master Record held by
Gabriele Andersen, Switzerland/USA - 2:41:09

Open Record held by
Nancy Ditz, USA - 2:31:36

Senior Record held by
Sister Marion Irvine, USA - 2:51:01

DECEMBER 6, 1987
7:00 A.M.

FOR ENTRY SEND SELF—ADDRESSED, STAMPED ENVELOPE TO
CALIFORNIA INTERNATIONAL MARATHON • P.O. BOX 161149 • SACRAMENTO, CA 95816
PHONE: (916) 447-2786

Continued from page 22

100K Racewalk Championships, Bellair, Texas. Dave Gwyn, 6502 S. Briar Bayou, Houston, TX 77072. 713/498-0027.

EAST

September 7. New Haven 20K, New Haven, Conn. George Pawlush, P.O. Box 1893, New Haven, CT 06508. 203/281-1060.

September 12. Peninsula General 5K Health Run/Walk, Salisbury, Md. SASE to Peninsula General 5K, 100 E. Carroll, Salisbury, MD 21808, or call Jeanne Ruff, 301/543-7026.

September 13. Philadelphia Distance Run (13.1 miles), Philadelphia, Pa. Deborah Kuhn, YMCA, 1425 Arch St., Philadelphia, PA 19102. 215/557-0082.

September 13. Danbury Times 10K, Danbury, Conn. Rick Langley, Danbury Times 10K, 333 Main St., Danbury, CT 06810. 203/744-5100 X125.

September 13. Mazola Shape-Up 10K, Central Pak, NYC. NYRRC, 9 E. 89th St., New York, NY 10028. 212/860-2280.

September 15. NIKE Capital Challenge 3 Mile, Washington, D.C. Jeff Darman, NIKE Capital Challenge, 507 Second St., N.E., Washington, D.C. 20002. 202/544-0970.

September 20. RRCA National 10 Mile Championship, Concord, N.H. SASE to Chubb Life Run, 1 Granite Place, Concord, NH 03301. 603/863-2537.

September 20. Mercedes Masters Mile on Fifth Avenue, NYC. NYRRC, 9 E. 89th St., New York, NY 10128. 212/860-4455.

September 27. The Great Race 10K, Pittsburgh, Pa. The Great Race, Citiparks, 419 City County Bldg., Pittsburgh, PA 15219.

October 12. Tufts 10K for women, Boston, Mass. Sue Smith, Conventures, 45 Newbury, Boston, Ma. 02116. 617/267-0055.

October 11. 3rd Annual Merrill Lynch Realty A.C./Clarksburg Inn Masters 10K, Clarksburg Inn, Millstone, N.J., 10 a.m. Ron Salvio, 201/446-4959 (w).

October 25. Mohawk-Hudson River/Adirondack Marathon Masters Championships, Schenectady to Albany, N.Y. Pete Guinta, 215 Partridge St., Albany, NY 12203.

October 25. Freihofer's Syracuse Run for Women, Onondaga Lake Park, Liverpool, N.Y. 10K Road Race, TAC Regional 1 Open and Masters Championship. SASE to Linda P. Oja, Freihofer's Run for Women, 333 Miles Ave., Syracuse, NY 13210.

November 8. Marine Corps Marathon, Washington, D.C. MC Marathon, P.O. Box 188, Quantico, VA 22134.

SOUTHEAST

September 12. Run For My House 4 Mile, DeLand, Fla. John Boyle, P.O. Box 1824, DeLand, FL 32721. 904/736-0002.

September 26. Virginia Ten-Miler, Lynchburg, Va. Marilyn Straub, 3020 Cranehill Drive, Lynchburg, Va. 24503. 804/528-2857.

October 10. Capital Trail Run 10 Mile and 5K, Raleigh, N.C. $10,000 in purse money for open/masters. Capital Trail Run, P.O. Box 26761, Raleigh, N.C. 27611. 919/876-8397.

November 14. North American Championship 10K Run and 20K Walk, Lake Worth, Florida. Bob Fine, 4223 Palm Forest Drive, Delray Beach FL 33445. 305/499-3370.

MIDWEST

September 13. Ohio TAC Championships Two Hour Track Run/Racewalk, Columbus, Ohio. Age groups to 90+. John White, 4865 Arthur Place, Columbus, OH 43220-3102. 614/459-2547 (h) or 614/424-7011 (w).

September 27. 8th Annual Wild Wild Wilderness 7.6 Mile European X-Country, Danville, Ill. Every 60+ runner gets award. Kennekuk RR, 1645 N. Gilbert, Danville, IL 61832. 217/431-4243.

October 3. The Ultimate Runner (10K, 400, 100, mile, marathon) Jackson, Mich. $1000 to 1st m/w masters. The Ultimate Runner, Jackson CC, 2111 Emmons Rd., Jackson, MI 49201. Mike McGlynn, 517/787-0800, x281.

October 4. U.S. Sprint Oktoberfast 12K, Itasca, Ill. U.S. Sprint Oktoberfast 12K, Hamilton Lakes, One Pierce Place, Suite 400 W., Itasca, IL 60143-2681. 321/941-6147.

October 11. RRCA National 50 Mile/100K Championships, Chicago, Ill. Noel Nequin, M.D., 5145 N. California Ave., Chicago, IL 60625.

October 18. Detroit Free Press International Marathon, Detroit, Mich. Pam Weinstein, Race coordinator, Detroit Free Press International Marathon, 321 W. Lafayette, Detroit, MI 48237.

October 26. America's Marathon, Chicago, Ill. Bob Bright, 214 W. Erie, Chicago, Ill. 60610. 312/951-0660 or 518/733-5364.

October 31. RRCA National 15K Championships, Milwaukee, Wisc. Sid Baskin, 3540 N. Frederick Ave., Shorewood, WI 53211.

October 31. Wendy's Classic 10K, Bowling Green, Ky. David Mason, Wendy's Classic, 1502 Western, Bowling Green. KY 42101. 502/781-2834.

November 1. Wolfpack Fall Classic, Columbus, Ohio. John White, 4865 Arthur Place, Columbus, OH 43220-3102. 614/459-2547 (w); 424-7011 (w).

November 8. Columbus Marathon, Columbus, Ohio. Mike Collins, Columbus Marathon, 6290 Busch Blvd., Suite 20, Columbus, OH 43229. 614/433-0393.

November 14. Ohio Athletics Congress Open and Masters Cross Country Championships, Lancaster, Ohio. Men run 8K, Women 5K. Age groups to 80+. John White, 4865 Arthur Place, Columbus, OH 43220-3102. 614/424-7011 (day) or 614/459-2547.

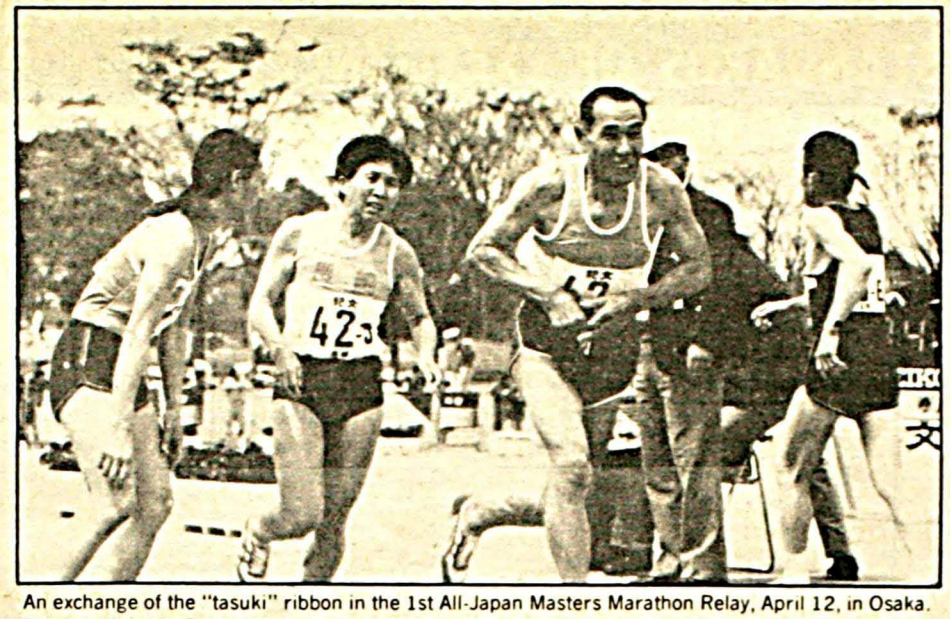
November 22. RRCA National 8K Championships, Shelbyville, Ind. Ray Sears, 730 Berkeley Dr., Shelbyville, IN 46176.

MID-AMERICA

October 11. Twin Cities Marathon, Minneapolis/St. Paul. Masters money. TCM, P.O. Box 24193, Minneapolis, MN 55424. 612/929-8646.

October 31. Tulsa Run, Tulsa, Oklahoma. Top five m/f masters will receive cash awards. Tulsa Run, Inc., One Williams Center, P.O. Box 2400, Tulsa, OK 74102. 918/588-2431.

November 1. Omaha Riverfront Marathon, Omaha, Nebr. SASE to OR Marathon, 502 N. 40th St., Omaha, NE 68131.



An exchange of the "tasuki" ribbon in the 1st All-Japan Masters Marathon Relay, April 12, in Osaka. The relay, on a looped course, consisted of 8-runner teams, 2 women and 6 men, and was won by Hyougo Prefect in 2:27:09. From Sports Graphic Co., Ltd.

November 22. St. Louis Marathon, St. Louis, MO. Tom Eckelman, St. Louis Track Club, 6611 Clayton Rd., St. Louis, MO 63117.

SOUTH WEST

September 6. Mississippi River Bridge 5 Mile Run, New Orleans. Masters overall m/f win VCRs. Greater New Orleans Runners Assn., P.O. Box 6524, Metairie, LA 70009.

October 17. St. Paul Medical Center 12K, Dallas, Texas. Keith Hinton, St. Paul Med. Ctr., 5939 Harry Hines Blvd., Suite 303, Dallas, TX 75235. 214/879-3966.

October 31. First Republic Bank Symphony 10K, Houston, Texas. Symphony 10K, P.O. Box 298944, Houston, TX 77298. 713/652-6311.

WEST

September 2, 5, 6, 9, 10, 12, 13, 16, 17, 19, 23, 24, 26, 30. Legg Lake Evening and Morning 5K/8K Runs, So. El Monte, Calif. Arthur Martinez, 9502 Reichling Lane, Pico Rivera, CA 90660. 213/942-8774.

September 20. Lassen Park 28 Mile, Mineral, Calif. Benefits 50+ Runners Club. The Clarks, P.O. Box 279, Mineral, CA 96063. 916/597-2240.

October 4. L.A. Patriots 5K, Los Angeles. Marvin Thompson, P.O. Box 2981, Beverly Hills, CA 90213-2981. 213/388-9689.

October 10. West Coast University 50-Miler & SCA/TAC Championships, Mile Square Regional Park, Fountain Valley, Calif. No race-day entry. SASE to Lee Preble, West Coast U., 550 S. Main St., Orange, CA 92668. 714/953-2700.

October 17. Run For The Homeless 5K/10K, Griffith Park, Los Angeles. Chrysalis Center, 213/623-2932.

November 1. New Times Phoenix 10K, Phoenix, Ariz. Harver Beller, Race Director, 3625 N. 16th St., #117, Phoenix, AZ 85016. 602/241-0995.

December 6. California International Marathon, Sacramento, Calif. SASE to Calif. Marathon, P.O. Box 161149, Sacramento, CA 95816. 916/447-2786.

December 13. Honolulu Marathon, Hawaii. Honolulu Marathon Association, 3435 Waialea Ave., Rm. 208, Honolulu, HI 96816. 808/732-1425 or 808/536-7837.

NORTHWEST

September 19. Prefontaine Memorial 10K, Coos Bay, Oregon. Bob Huggins, P.O. Box 1380, Coos Bay, OR 97420. 504/269-1103.

September 19. Garrie Franklin Memorial Cross-Country Classic, Eugene, OR. Judy Ward or Gary Knapp, LCC, 4000 E. 30th Ave., Eugene, OR 97405. After August 24: 503/726-2215.

ON TAP FOR SEPTEMBER

TRACK & FIELD

Athletes still on the fine edge after the Nationals can head for Charlottesville for the Blue Cross/Blue Shield Virginia Championships or the two-day Rocky Mountain Games in Boulder, Colo., on the 5th. The Potomac Valley Games in the Washington, D.C., area are set for the 6th. Southwest throwers looking for action can find it in Arlington, Texas, on the 12th. Worthington, Ohio, also puts on a throw feast, plus a two-hour track run, on the 13th. Berkeley's Edwards Stadium hosts the Northern California Senior Olympics on the 19th, which is the first day of the weekend-long San Juan International Meet in Puerto Rico.

LONG DISTANCE RUNNING

The East Coast dominates the running scene with two U.S. TAC National Masters Championships: the 10K, run in conjunction with the Corning Cup in Albany, N.Y., and the 40K Racewalk at Ft. Monmouth, N.J., both on the 20th. Other offerings include: the New Haven 10K, September 7; the Philadelphia Half-Marathon, on the 13th; the RRCA National 10 Mile Championships in New Hampshire and the Mercedes Masters Mile on Fifth Avenue on the 20th; and Pittsburgh's Great Race 10K on the 27th.

Southeast area runners will be served by the Virginia 10 Miler on the 26th. Oregon is the locale for the Prefontaine Memorial 10K in Coos Bay and the Garrie Franklin Memorial Cross-Country Classic in Eugene, both on the 19th, and the Portland Marathon on the 27th.

On the 15th, senators, representatives, appointees, journalists, and capital staffers who elect to run will do the Nike Capital Challenge 3 Mile, an annual event from which all proceeds, with costs footed by Nike, go to the Special Olympics. The Canadian Masters 5K Road Championships take place in Toronto on the 19th. □

September 27. Portland Marathon, Portland, Oregon. Portland Marathon, P.O. Box 4040, Beaverton, OR 97076.

CANADA

September 19. Canadian Masters AA Men's & Women's 5K Championships, Sunnybrook, Toronto. Women contact John van der Vleuten, 416/699-5712(B); men contact Don Farquharson, 416/282-2555(R) or CMAA 495-4059.

October 4. Canadian Masters AA Half-Marathon Championships, Halifax, Nova Scotia. Walter Williams, 902/435-6808(R) /835-9378(B).□

RECIPIENTS OF CERTIFICATES AS ALL-AMERICANS FOR ACHIEVING U.S. STANDARDS OF EXCELLENCE

ALL-AMERICAN ACHIEVERS FOR JULY, AUGUST 1987

AGE-DIVISION	EVENT	MARK
30-34		
JOHN M. AIRIS	800 Meters	2:00.76
LEROY GALLOWAY	110 HH	14.2
DR. ROBERT F. SING	Javelin	216-4
JEFF WATRY	High Jump	2.04 Meter
35-39		
EZRA ABDULLAH	400 Meters	52.49
ED BASKAUSKAS	110 HH	16.4
EDWARD SEESE	Pole Vault	13-6
GARY SKILES	10,000 Meters	33:53
RUDY VLAARDINGERBROEK	Javelin	190-0
40-44		
WILLIAM BUFFALOE	Javelin	212-3
ROSS JENSEN	110 HH	17.1
ROSS JENSEN	400 Hurdles	61.5
TOMLINSON RAUSHER	200 Meters	24.2
KENNETH SCOGGINS	Long Jump	19-11½
KENNETH SCOGGINS	Triple Jump	39-3¾
45-49		
BILL ADAMS	10,000 Meters	35:59
DAVID J. FARLEY	800 Meters	2:04.4
50-54		
PAUL LEHMKUHL	Long Jump	16-1 3/4
NORMAN MAC LEOD	Long Jump	17-0
KEN OGDEN	800 Meters	2:17.0
JIMMY WEAVER	100 Meters	11.66
JIMMY WEAVER	200 Meters	24.8
55-59		
BILL BUTTERWORTH	High Jump	5-0
ROBERT LITTON	Long Jump	17-3 1/8
JOHN P. STAYTON	1500 Meters	4:56.0
JOHN P. STAYTON	5000 Meters	17:42.94
JOHN P. STAYTON	10,000 Meters	38:26.39
60-64		
LARRY BANUELOS	1500 Meters	5:11.6
WM. E. BRONSON	100 Meters	13.45
WM. E. BRONSON	200 Meters	28.44
WM. E. BRONSON	Long Jump	14-9½
GENE L. HARTE	100 Meters	13.5
GENE L. HARTE	200 Meters	27.9
GENE L. HARTE	400 Meters	62.3
JIM PLATIS	100 Meters	13.4
JIM PLATIS	200 Meters	28.3
LEN TRITSCH	800 Meters	2:36.9
65-69		
DR. SEYMOUR LAMPERT	Shot Put	39-4
DR. SEYMOUR LAMPERT	Hammer	101-11
ANGELO OLIVER	100 Meters	14.0
ANGELO OLIVER	200 Meters	28.6
GILBERT YOUNG	High Jump	4-5
70-74		
ROSS CARTER	Shot Put	47-3
HARRY KOPPEL	100 Meters	13.6
HARRY KOPPEL	200 Meters	27.7
HARRY KOPPEL	400 Meters	65.6
WILLIAM F. PATTERSON	Pole Vault	7-0
WOMEN		
35-39		
MARINA JONES	5000	20:40.32
40-44		
MARY LOU PLATIS	High Jump	4-3¼
45-49		
ANN CARTER	Triple Jump	7.66m
50-54		
CAROLINE MAC LEOD	100 Meters	15.23



THE ATHLETICS CONGRESS TAC USA

U.S. MASTERS STANDARDS OF EXCELLENCE FOR WOMEN

event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84
100m	13.8	14.2	14.6	15.0	15.6	16.3	16.9	17.5	18.8	20.0	21.2
200m	28.0	29.2	30.3	31.4	32.5	34.2	35.7	37.3	40.5	43.8	48.7
400m	63.5	66.5	67.5	69.5	71.5	73.5	78.5	83.7	90.0	95.0	103.3
800m	2:32	2:35	2:40	2:45	2:54	3:07	3:17	3:27	3:34	3:49	4:02
1500	5:13	5:15	5:19	5:39	5:50	6:15	6:45	7:16	7:45	8:19	8:49
5000	20:40	20:56	21:36	22:16	23:12	24:16	26:08	28:08	30:08	32:21	34:26
10000	41:00	42:40	44:40	47:00	49:30	52:00	56:00	60:00	66:00	76:00	86:00
100/80mH	17.0	18.6	16.1	17.1	18.1	19.1	20.1	21.1	28.0	32.0	37.0
400/300mH											
HJ	1.42	1.35	1.27	1.19	1.10	1.07	1.02	0.97	0.92	0.89	0.84
	4'8	4'5 ⅜	4'2	3'11	3'7⅛	3'6⅛	3'4⅛	3'2⅛	3'0⅛	2'11	2'9
LJ	5.0m	4.60	4.30	3.90	3.55	3.20	2.85	2.60	2.35	2.10	2.0
TJ	9.03	8.61	8.12	7.63	7.14	6.40	6.23	5.74	5.00	4.25	4.00
	29'7⅛	28'3	26'73/4	25⅛	23'5⅝	22'73/4	20'5⅛	18.10	16'5	13'11⅛	13'1⅛
SP	10.30	9.30	8.20	7.20	8.90	8.30	7.70	7.30	6.90	6.60	6.30
Javelin	39'50	33.50	27.50	21.50	25.0	19.0	18.0	16.0	15.0	14.0	13.50
Discus	30.0	27.8	26.0	24.0	22.0	20.0	18.0	16.0	15.0	14.0	13.50

APPLICATION FOR AN ALL-AMERICAN CERTIFICATE

NAME:_____ PHONE:_____

ADDRESS:_____ AGE GROUP:_____

_____ SEX: M_____ F_____

EVENT:_____ MARK:_____

MEET:_____ WEIGHT OF IMPLEMENT___

DATE OF MEET:_____ HURDLE HEIGHT_____

MEET SITE:_____

If you have bettered the standard of excellence, please send $10.00 and this form to: All American, National Masters News, P.O. Box 2372, Van Nuys, CA 91404. (Enclose copy of results, or note in which issue they appeared.) A 3-color, 8½ x 11 certificate, suitable for framing, will be mailed to you within two weeks.

ALL AMERICAN STANDARDS FOR MASTERS RACE WALKERS

MEN	5km	10km	20km	WOMEN	5km	10km	20km
M40	24:30	51:00	1:45	W40	29:00	1:00	2:04
M45	26:00	54:00	1:52	W45	31:00	1:04	2:12
M50	27:30	57:00	1:58	W50	33:00	1:08	2:20
M55	29:00	1:00	2:04	W55	35:00	1:12	2:28
M60	30:30	1:03	2:10	W60	38:00	1:18	2:40
M65	32:00	1:06	2:16	W65	41:00	1:24	2:52
M70	34:00	1:10	2:24	W70	44:00	1:30	3:04
M75	36:00	1:14	2:32	W75	47:00	1:36	3:16
M80	38:00	1:18	2:40	W80	50:00	1:42	3:28
M85	40:00	1:22	2:48	W85+	53:00	1:48	3:40

U.S. MASTERS STANDARDS OF EXCELLENCE FOR MEN

event	30-34	35-39	40-44	45-49	50-54	55-59	60-64	65-69	70-74	75-79	80-84	85-89
100m	11.0	11.33	11.67	12.0	12.5	13.0	13.5	14.0	15.0	16.0	17.0	18.0
200m	22.4	23.3	24.2	25.1	26.0	27.3	28.5	29.8	32.4	35.0	38.9	42.6
400m	51.0	52.5	54.0	55.5	57.5	59.0	62.5	67.0	72.0	76.0	82.5	87.6
800m	2:01	2.04	2:08	2:12	2:19	2:29	2:37	2:45	2:54	3:03	3:13	3:24
1500m	4:11	4:12	4:15	4:31	4:40	5:00	5:24	5:49	6:12	6:39	7:03	7:30
5000m	15:30	15:42	16.12	16:42	17:24	18:12	19.36	21:06	22:36	24.16	25:50	27.30
10000	33:00	34:00	35:00	36:00	37:00	38:30	40:30	44:30	48:30	54:30	60:30	68:30
SC 3K	10:00	10:20	11:10	11:50	12:30	13:20	13:50	14:40	17:30	20:00		
SC 2K							9:30	10:30	12:45	14:00		
110mH	15.0	16.4	17.75	18.75	19.14	20.25	20.57	21.65	22.60	26.0	29.8	33.7
100mH							18.0	20.0				
80mHH									18.0	21.0		
300mIH							57.0	62.0	66.0	71.0	76.0	81.0
400IMH	57.6	59.6	62.0	64.4	68.2	72.0	76.0	82.0	88.0	94.0	100.0	106.0
H.J.	1.94	1.85	1.76	1.68	1.59	1.50	1.41	1.32	1.23	1.12	1.02	.92
	6'4¼"	6'3/4"	5'9½"	5'6"	5'2½"	4'11"	4'7½"	4'4"	4'½"	3'8"	3'4"	
L.J.	6.50	6.10	5.70	5.30	4.90	4.50	4.12	3.72	3.35	2.90	2.55	2.15
	21'4"	20'½"	18'8½"	17'4½"	16'3 4"	14'9"	13'6½"	12'2½"	10'11"	9'6½"	8'4½"	7'½"
P.V.	4.11	3.89	3.66	3.43	3.20	2.97	2.74	2.44	2.13	1.83		
	13'6"	12'9"	12'0"	11'3"	10'6"	9'9"	9'0"	8'0"	7'0"	6'0"		
T.J.	12.90	12.30	11.60	10.90	10.20	9.55	8.90	8.20	7.50	6.80	6.10	5.50
	42'4"	40'4½"	38'3/4"	35'9½"	33'5½"	31'4"	29'2½"	26'11"	24'7⅝"	22'3½"	20'⅛"	18'½"
Discus	44.80	42.60	40.60	38.00	40.00	36.40	42.00	36.80	31.60	26.40	21.40	16.00
	147'	139'9	133'2	124'8	131'3	119'5	137'9	120'9	103'8	86'7	70'2½	52'6
Javelin	62.00	57.00	52.00	48.00	43.00	38.50	40.00	35.00	29.00	24.00	19.00	15.00
	203'5	187'0	170'7	157'6	141'1	126'4	131'3	114'10	95'2	78'9	62'4	49'2½
Hammer	47.24	44.20	41.14	38.10	38.40	32.50	36.00	30.50	25.00	20.00	15.00	11.00
	155'0	145'0	135'0	125'0	126'0	106'8	118'1	100'1	82'0	65'7½	49'2½	39'4½
S.P.	15.20	14.10	13.00	12.00	13.00	11.80	13.00	11.80	10.70	9.50	8.40	7.20
	49'10½	46'3	42'8	39'4½	42'8	38'8½	42'8	38'8½	35'1⅛	31'2	27'6½	23'7½

notes: 1) 100m standards are for auto time, will use standard conversion for hand time
2) All High Hurdles are for 110m, 39" 30-49, 36" 50-59, 33" 60-69, 30" 70+
3) Weights S.P. 16# 30-49 12# 50-59 8# 60+
Dis 2kg 30-49 1.6 50-59 1.0 60+
Jav 800gm 30-59 600gm 60+
Hammer 16# 30-49 12# 50-59 8# 60+
4) Metric heights and distances are the standard, feet and inches for convenience

1987 U.S. TAC National Masters Decathlon/Heptathlon

Boulder, Colorado, July 11-12

1987 TAC INDIVIDUAL DECATHLON SUMMARIES AF = AGE-FACTORED SCORE

	100m HH	LJ Discus	SP PV	HJ Javelin	1500m 1500m
MEN 30-34 (IAAF TABLES)					
1. Bill Lawson(30) 6323 327 F St., Millside Cts Cedar Falls, Iowa 50613 (319) 277-8967 (6666)AF	11.7--663 17.4--559	6.43--21-1¼--682 33.83--110-11-540	13.24--43-5¼--682 4.50--14-9¼--760	1.85--6-0 3/4--670 46.13--151-4--531	5:4.0--634 4:52.8--602
2. Jeff Bilderbeck(31) 5816 303 Animas St., Aztec, NM 87410 (505) 334-8507 (6243)AF	12.2--567 16.7--631	6.56--21-6--709 32.92--108-0--522	11.24--36-10½--560 3.90--12-9¼--590	1.80--5-11--627 45.79--150-2--526	55.6--569 5:07.9--515
3. Will Freeman(33) 5787 2001 Spencer St., Grinnell, Iowa 50112 (515) 236-8628 (6374)AF	11.6--683 15.8--728	6.24--20-5 3/4--639 35.00--114-10-564	11.69--38-4½--588 4.50--14-9½--760	1.85--6-0 3/4--670 34.00--111-6--356	58.3--468 5:54.4--331
4. Jim Giesemen(31) 5344 P.O. Box 362 Reynolds, Ill. 61279 (309) 372-8848 (5751)AF	11.9--624 16.3--673	5.89--19-4--563 34.60--113-6--556	11.50--37-8 3/4--576 3.04--9-11 3/4--367	1.85--6-0 3/4--670 35.98--118-0--384	57.5--497 5:23.1--434
5. Chris Polakowski(31) 5307 41 Pearl St., Essex Junction, VT 05452- (802) 879-7252 3621 (5600)AF	12.3--549 17.0--598	6.06--19-10½--600 28.03--91-11¼-426	10.42--34-2½--511 3.04--9-11 3/4--367	1.85--6-0 3/4--670 41.98--137-9--471	54.8--601 5:08.2--513
6. Ted Tiernon(32) 5210 7028 Parsoken Dr., Ft. Wayne, IN 46819 (219) 747-1081 (5724)AF	12.3--549 17.0--589	5.70--18-8½--523 31.35--102-10-491	9.96--32-8½--483 3.65--11-11 3/4-522	1.75--5-9--585 41.66--136-8--466	56.6--531 5:17.9--461
7. David Beshears(33) 4419 616 Belle Glade Lane, Knoxville, TN 37923 (615) 693-2962 (5034)AF	12.7--478 19.4--378	5.39--17-8½--459 31.89--104-7--502	8.91--29-2 3/4--420 3.50--11-5 3/4--482	1.60--5-3--464 39.43--129-4--434	58.5--461 5:42.3--341
8. Bill Keller(33) 4344 4136 Calhoun, Gary, IN 46408 (219) 923-0808 (4829)AF	12.5--513 18.4--464	5.10--16-8 3/4-402 27.28--89-6--411	10.45--34-3½--513 3.20--10-6--406	1.50--4-11--389 36-68--120-4--394	57.2--508 5:41.5--344
9. Curtis Lackey Sr(30) 2691 7 Cantril, Apt K Castle Rock, Co 80104 (303) 688-2742 (2813)AF	13.8--3.07 23.6--110	4.49--14-8 3/4--288 31.72--104-1--498	10.95--35-11¼--543 2.16--7-1--171	1.35--4-5½--283 30.38--99-8--305	75.3--46 6:35.2--140
MEN 35-39 (IAAF TABLES)					
1. Mike Hill(35) 6628 (303) 666-0367 (7621)AF	11.5--703 15.3--785	6.65--21-9 3/4--732 36.26--118-11--589	11.57--37-11½--580 3.90--12-9½--590	1.85--6-0 3/4--670 53.09--174-2--634	52.9--680 4:42.5-665
2. Mark Selzman(35) 5405 4216 Eldorado Ave., Fircrest, WA 98466 (206) 565-7840 (6268)AF	12.2--567 16.4--662	5.64--18-6--510 37.22--122-1--608	11.82--38-9½--595 3.65--11-11 3/4-522	1.75--5-9--585 46.22--151-8--533	56.3--542 5:56.9-281
3. Mike Davis(37) 4958 241 3rd Ave., New Lenox, IL 60451 (815) 485-2879 (6026)AF	12.6--495 18.3--474	5.71--18-8 3/4-525 29.67--97-4¼--458	10.07--33-0½--490 3.65--11-11 3/4-522	1.65--5-5--504 45.90--150-7--528	58.9--446 5:07.6--517
4. Harry McDonald(39) 3419 11917 W. 143rd, Olathe, KS 66062 (913) 897-9630 (4520)AF	13.2--396 20.6--286	4.61--15-1½--310 30.70--100-9--478	9.89--32-5½--479 2.88--9-5½--328	1.35--4-5½--283 39.97--131-1--442	66.3--221 6:17.9--196
5. Jim Accardi(37) 3193 3011 Dupree Cir. Huntsville, AL 35801 (205) 881-6988 (4371)AF	13.5--350 22.1--251	4.64--15-2 3/4-315 22.40--73-6--317	11.32--37-1 3/4-565 2.31--7-7--201	1.60--5-3--464 35.07--115-0--371	67.2--198 5:28.1--161
John Green (36) 735 S. Norfolk St., Aurora, CO., 80017 (303) 696-0906	11.5--703 Withdrew	5.97--19-7--580	12.64--41-5 3/4-645	1.75--5-9--585	56.7--527
Don Morrison(37) Rt. 2 Box 270, Wolfe City, TX 75496 (214) 496-2138	12.7--478 Withdrew	5.30--17-4 3/4-441	*12.91--42-4½--662	1.60--5-3--464	73.4--73
MEN 40-44(IAAF TABLES)					
1. Rex Harvey(41) 5660 3815 Lincoln Pl.Dr., Des Moines, IA 50312 (515) 277-3608 H (515) 274-1561,2 W (7183)AF	11.5--703 16.3--673	5.73--18-9½--529 36.64--120-2--597	12.00--39-4½--606 4.50--14-9¼--760	1.60--5-3--464 45.50--149-3-508	55.2--585 6:07.2--235
2. Bud Olsen(41) 5215 8507 Rocking Horse Ln, Klamath Falls, OR 97603 (503) 883-2620 (6634)AF	12.1--586 16.1--695	5.73--18-9½--529 27.87--91-5¼--423	8.73--28-7 3/4-410 3.50--11-5 3/4--482	1.55--5-1--426 36.98--21-4-399	54.9--597 4:42.0--668
3. Gordon Reiter(41) 4694 267 White Tree Ln, Ballwin(St.Louis) MO 63011 (314) 391-8505 (5842)AF	12.2--567 18.7--438	5.74--18-10--531 23.84--78-2½-345	9.11--29-10 1/4-432 2.46--8-1--233	1.60--5-3--464 36.55-119-10-394	54.0--634 4:43.5-658
4. William J.Busby(43) 4529 105 Pinewood Road, Thomasville, NC 27360 (919) 476-1228 (6201)AF	12.5--513 17.6--540	5.47--17-11¼-475 27.07-88-9 3/4-407	9.17-30-1--436 3.65-11-11 3/4--522	1.45--4-9--352 46.44-152-4-536	60.1--405 5:41.9--343
5. Joe Johnston(43) 4051 329 W. James Ave., Apopka, FL 32712 (305) 886-4164 (5483)AF	12.3--549 17.2--579	5.84--19-2--552 23.33--76-6½-335	9.31--30-6½--444 NH	1.70--5-7--544 30.20-99-1--302	59.3--432 5:48.3--314
6. Johnston Ewing(43) 3534 3969 Willow Cove #4 Memphis, TN 38111 (901) 743-2738 (5054)AF	13.7--321 20.2--315	4.84--15-10½-352 22.27-73-0 3/4-315	7.86--25-9½--358 2.88--9-5½--328	1.65--5-5--504 28.65--94-0-280	60.1--405 5:39.1--356
7. Jim Shoemaker(43) 3164 10201 W. 98th Terr. Overland Park, KS 66212 (913) 492-4035 (4803)AF	13.0--428 20.6--286	4.42--14-6--276 21.81-71-6 3/4-306	9.21--30-2½--438 2.16--7-1--171	1.35--4-6½--263 35.45-116-3-376	63.9--286 5:48.3--314
8. Charles Birkhead(44) 2961 143 Orchard, Chickasha, OK 73018 (405) 224-4319 (4201)AF	12.6--495 20.9--265	4.90--16-1--363 18.26-59-11--240	8.91-29-2 3/4--420 1.68--5-6¼--88	1.45--4-9--352 21.91-71-10¼-183	61.8--350 5:16.5--201
9. Jim Rose(40) 2898 201 ROyal Dr., Long Beach, MS 39560 (601) 863-1904 (3839)AF	12.7--478 DNF	3.50-11-5 3/4-130 28.73-94-3¼--439	10.42--34-2½--511 3.04--9-11 3/4--367	1.40--4-7½-317 36.78-120-8-396	67.9--181 6:57.0--80
Dennis Stempel(43) 1420 Sherman Ave.#7 Chico, CA 95926	12.8--461 Withdrew	5.35-17-6 3/4-451	10.29--33-9¼--503	1.55--5-1--426	61.3--365
MEN 45-49(IAAF TABLES)					
1. Gary D. Miller(49) 5229 1740 Grandview Ave., Glendale, CA 91201 (818) 843-2139 (8021)AF	*11.5--703 17.2--579	5.92--19-5--569 32.69-107-3--517	10.62--34-10½-523 3.65-11-11 3/4--522	1.50--4-11-389 44.17-144-10--503	55.3--581 5:41.8--343

	100m HH	LJ Discus	SP PV	HJ Javelin	1500m 1500m
MEN 45-49(Cont.)					
2. Tom Cronin III(45) 4662 205 Essex Drive, Knoxville, TN 37922 (615) 693-5522 (6635)AF	12.2--567 16.4--662	5.79--19-0--542 28.19-92-5 3/4-429	9.74--31-11½--470 2.60--8-6½--354	1.60--5-3--464 39.50-129-7-435	57.7--490 5:42.8-339
3. Gary L.Bane (49) 4190 P.O. Box 768 Atwood, CA 92601 (714) 762-8025 (6763)AF	12.8--461 18.5--455	5.19--17-0¼--419 26.39--86-7--394	8.41--27-7½--391 3.20--10-6--406	1.55--5-1--426 39.45--129-5-434	58.5--461 5:41.9-343
4. Jim Retzlaff(46) 3780 Box 656 Plains, KS 67869 (316) 563-7774 (5841)AF	13.4--365 19.2--395	4.74--15-6 3/4-333 35.00-114-10--564	10.85--35-7½--537 2.88--9-5½--328	1.45--4-9--352 34.43--112-7-362	63.8--289 6:02.4-255
5. John Forsyth(48) 3664 2950 Winter Nell Circle Medford, OR 97504 (503) 773-4358 (5748)AF	13.3--380 20.2--315	4.64--15-2 3/4-315 29.59--97-1--456	9.03--29-7½--428 2.74--9-0--296	1.35--4-5½--352 33.44--109-8-348	62.7--322 5:38.9--352
6. John Head(49) 2133 404 Cordoba Universal City, TX 78148 (512) 658-2444 (3822)AF	14.6--204 20.4--300	4.16-13-7 3/4--232 18.17--59-7½--238	6.78--22-3--294 1.98--6-6--136	1.40--4-7½--317 17.89--58-8½-133	90.1-- 0 5:56.5--279
MEN 50-54 (IAAF TABLES)					
1. Jack Gilmore (53) 4430 318 St. James Dr., Spartanburg, SC 29301 (803) 576-2157 (7346)AF	13.4--365 17.7--530	5.27--17-3½--435 34.06-111-9--545	10.76-35-3 3/4-531 2.74--9-0--296	1.60--5-3--464 43.29--142-0-490	61.4--357 5:28.5-407
2. Phil Mulkey(54) 4306 Box 723452 Atlanta, GA 30339 (404) 434-3873 (7130)AF	12.9--444 17.3--569	5.45--17-10½--471 32.95--108-1--523	12.81-42-0¼--656 3.05--10-0--369	1.60--5-3--464 37.77-123-11-410	62.0--343 7:08.7--57
3. Hector Cisneros(53) 3215 9203 Quail Field Dr., Austin, TX 78758 (512) 836-4296 (5803)AF	13.7--321 19.4--378	4.39-14-4 3/4--271 24.87-81-7½--364	9.08--29-9½--431 2.74--9-0--296	1.35--4-5½--283 30-45-99-11-305	61.9--346 6:11.2--220
4. Don Zimmerman(51) 2571 5002 McCrary, Speedway, IN 46224 (317) 242-3052 (4709)AF	13.9--293 24.2--84	4.20--13-9½--239 27.48--90-2--415	8.57--28-1½--400 2.88--9-5½--328	1.30--4-3½--250 23.30--76-5½-206	68.9--158 6:17.2--198
5. Rusty Hamilton(51) 2543 648 Highwood Circle, Charleston, SC 29412 (803) 795-6821 (4664)AF	14.5--215 21.7--212	4.15--13-7½--230 28.30--92-10¼-431	9.60--31-6--462 2.74--9-0--296	1.35--4-5¼--283 30.56-100-3--307	72.7--84 7:27.6--23
Jim Weed(50) 11672 E. 2nd Ave., Aurora, CO 80010 (303) 341-2980	14.0--279 19.9--338	4.29--14-1--254 32.57-106-10--515	11.05--36-3--549 Withdrew	1.40--4-7½--317	66.2--223
Ray Fitzhugh(52) HQ, FMFLANT Norfolk, VA 23515 (804) 444-6460	13.9--293 Injured--Withdrew	5.12--16-9½--405	9.93--32-7--481	1.60--5-3--464	66.7--210
MEN 55-59(IAAF TABLES)					
1. Dave Douglass(55) 3252 8828 Pershing #311 Playa del Rey, CA 90293 (213) 821-3625 (5628)AF	14.1--266 19.5--370	4.74-15-6 3/4-333 28.74-94-3½--440	10.25--33-7½--501 2.88--9-5½--328	1.41--4-7½--324 30.04-98-6 3/4-300	64.5--269 6:41.1-121
2. Jerry Donley(57) 3180 1715 Alamo Ave., Colo.Spgs, CO 80907 (303) 471-1650 W (303) 635-1264 H (5653)AF	13.6--335 18.5--455	5.00--16-5--382 24.70--81-0½--361	9.39--30-9 3/4-449 3.65--11-11 3/4-522	1.45--4-9--352 27.90--91-6½-270	74.7--54 8:24.4--0
3. Bill Gentry(57) 3054 5116 Old Winter Gdn Rd, Orlando, FL 32811 (295) 5164 (5437)AF	13.3--380 19.0--412	4.81--15-9½--346 22.17-72-8 3/4-313	7.95--26-1--363 2.46--8-1--233	1.45--4-9½--352 24.77-81-3½--226	63.1--310 6:41.1--121
4. Walter Diggs(55) 1753 5282 Shady Grove, Memphis, TN 38119 (901) 767-4522 (3391)AF	15.4--120 24.8--62	3.58--11-9--148 25.45--83-6--376	9.25--30-4½--441 2.46--8-1--233	1.23--4-0½--206 20.41-66-11¼-167	83.2--0 9:31.9
5. Donald Gray(59) 1633 6429 Bridle Way, Norfolk, VA 23518 (804) 855-4573 (3788)AF	15.8--85 25.9--10	3.49--11-5½--121 22.68--74-5--323	8.35--27-4 3/4-387 2.31--7-7--201	1.23--4-0½--206 23.55--77-3¼-209	89.5--0 6:52.3--91
MEN 60-64(WAVA TABLES)					
1. Dick Nuruyuist(61) 6661 2230 Anderson Ck. Rd., Talent, OR 97540 (503) 535-4981 (6584)AF	13.8--840 18.4--1056	4.20--13-9½--600 31.53--103-5-562	11.70-38-4 3/4--704 2.59--8-6--595	1.26--4-1 3/4--560 31.56--103-6--510	65.4--864 6:35.1-370
2. Ted Enslin(60) 6305 143 Carmelita, Porterville, CA 93257 (209) 784-1178 (6295)AF	13.1--980 20.2--948	*4.87-15-11 3/4-935 28.78--94-5--469	10.41--34-1 3/4-575 2.59--8-6--595	1.31--4-3½--660 26.06--85-6--317	67.1--796 7:31.8--30
3. Jack Jocoy(61) 6212 P.O. Box 829 Del Mar, CA 92014 (619) 756-3658 (6142)AF	13.5--900 21.6--864	4.23--13-10½--615 26.80-87-11¼--401	10.12--33-2½--546 2.29--7-6¼--445	1.31--4-3½--660 31.48--103-3-507	67.6--776 6:13.8--498
4. Gordon Kover(63) 5225 115 Grape St., Denver, CO 80220 (303) 322-0407 (5813)AF	14.2--760 22.4--816	4.03--13-2 3/4-515 24.12--79-1 3/4-310	10.28-33-8 3/4-562 2.13--7-0--365	1.26--4-1 3/4--560 30.98-101-8--489	68.0--760 7:22.2--88
MEN 65-69(WAVA TABLES)					
1. Boo Morcom(66) 9008# Village Rd., Wilmot Flat, NH 03287 (603) 526-9341 (8513)AF	14.2--880 *18.5--1140	*5.17--16-11½--1194 32.72--107-4--638	11.28--37-0--728 *3.50--11-6--1155	*1.47--4-9 3/4--1178# 29.80--97-9¼--512	65.4--984 6:26.7--601
2. Frank Bowles(66) 6515 1707 12th Ave., Greeley, CO 80631 (303) 352-7170 (6635)AF	14.9-740 21.1--984	4.25-13-11¼--688 29.62-97-2¼--526	11.36-37-3¼--736 1.52--5-0--66	1.37--4-6--936 *33.42-109-8-657	72.2--712 6:48.4--470
3. A.U. Ricciardi(67) 3865 333 Sierra Manor Dr., Reno, NE 89511 (702) 853-4859 (4732)AF	18.4--40 23.8--822	3.56--11-8½--308 30.39--99-8½--554	10.25--33-7½--625 2.29--7-6¼--490	1.22--4-0--576 27.99--91-10--440	DNF DNF
MEN 70-74(WAVA TABLES)					
1. Max Morningstar(70) 8084 2479 W.Hill Rd., Flint, MI 48507 (313) 238-9283 (7569)AF	14.8--940 22.8--1036	3.95--12-11½--828 *4.88-114-5--795	10.83-35-6½--854 *2.59--8-6--774	*1.39-4-6 3/4--1232 29.45--96-7½-650	75.7--692 7:48.9--287

Continued on page 35

EAST

NJTAC Masters Outdoor Championships
Rutgers, N.J., May 31

100 Meters
N.J. 30-34
1. McNeill, Don 11.5
2. Easter, James 11.7
35-39
1. Palermo, Bob nt
2. Felton, Phillip nt
40-44
1. Hartman, Tom 12.8
2. Lewczak, John 12.8
45-49
1. Williams, Robert 11.4
2. Kulzer, Mike 12.8
50-54
1. Weaver, Roosevelt 12.4
2. Snell, John 12.8
55-59
1. Irace, Charles 14.3
2. Bruno, Joe 14.8
70+
1. D'Elia, Manfred 16.7

OUT OF STATE
30-34
1. Harden, Al -
2. McDonald, Ron 11.6
3. Miller, 13.5
35-39
1. Bowen, Robert -
2. Royal, Jasper -
3. Bryant, Lyle -
45-49
1. Bantum, James 11.8
2. Abayomi,Dham-ri 12.1
3. Ballard, Gene 12.4
4. Tancredi, Dennis 12.5
50-54
1. Keegan, Bob 12.0
2. Pratt, Di 12.3
3. Pauling, Cliff 12.4
4. Bohigian, Haig 12.9
5. Breslid, Nick 14.0
6. Talbot, Tom 15.0
55-59
1. Pratt, Larry 13.0
60-64
1. Balentine, Rudy 12.8
2. Harris, Oscar 13.9
3. McMillian, Howard 14.3
65-69
1. Hall, Dave 15.2

FEMALE
30-34
1. Angotti, JoAnn 13.4
35-39
1. Pinto, Jennifer 13.6
2. Sills, Lorraine 14.9
40-44
1. Mitchell, M. 13.8
45-49
1. Parry, Cora, 18.1
50-54
1. Fitzgerald, Marilyn 14

200 Meters
N.J. 30-34
1. Easter, James 23.7
2. McNeill, Don 24.3
3. Brown, John 26.3
4. Jennette, Michael 27.4
35-39
1. Brinker, Ken 22.8
2. Felton, Phillip 24.9
3. Ihne, Robert 25.5
4. Pleasant, Charles 25.9
40-44
1. Schoff, Bill 25.2
2. Teubner, Charles 26.2
3. Lewczak, John 26.8
45-49
1. Williams, Rober 23.7
2. Wright, Les 24.9
3. Whellock, William 25.4
4. Kulzer, Mike 25.6
50-54
1. Snell, John 26.8
55-59
1. Thompson, Stafford 28.1
2. Brown, Kelsey 29.4
3. Irace, Charles 29.8
4. Bruno, Joe 30.4
65-69
1. Manno, Jim 29.8
75-59
1. D'Elia, Manfred 34.9

OUT OF STATE
30-34
1. Pendleton, Al 23.3
2. Harden, Al 23.7
35-39
1. MacDonald, Ron 23.7
2. Bowen, Robert 24.0
3. Miller, Louis 31.1
40-44
1. Howard, Ed 24.5
45-49
1. Abayomi, Dhamiri 24.0
2. Bantum, James 25.0
50-54
1. Pratt, D. 24.8
2. Pauling, Cliff 25.3
3. Keegan, B. 25.6
4. Perry, Dave 25.8
5. Breslin, Nick 29.2
6. Talbot, Tom 31.8
55-59
1. Moran, Jim 30.0
60-64
1. Valentine, Rudy 26.8
2. Harris, Oscar 29.5
3. MacMillan, Howard 30.2
70+
1. Wentz, E. 33.4

FEMALE
30-34
1. Angotti, JoAnn 27.2
2. Severn 43.5
35-39
1. Pinto, Jennifer 27.8
2. Searcy 28.7
3. Sills, Lorraine 32.2
45-49
1. Mitchell, M. 28.6
2. Parry, Cora 38.4
50-54
1. Fitzgerald, Marilyn 30.3

400 Meters
N.J. 30-34
1. Kraus, Joe 53.0
2. Brown, James 53.2
40-44
1. Hartman, Tom nt
45-49
1. Stanford 55.9
2. Wright, Les 56.5
3. Wheelock, William 60.3
50-54
1. Hauiland, Frank 56.7
55-60
1. Thompson, Stafford 64.6
2. Sumner, Earl 67.1
65-69
1. Manno, Jim 69.9

OUT OF STATE
30-34
1. Manion, Ron 51.8
2. Harden, Al 56.7
3. Giblin 59.1
35-39
1. McDonald, Ron 59.5
40-44
1. Howard 56.8
2. O'Keefe, Jefry 69.3
45-49
1. Abayomi, Dhamiri 56.3
2. Bantum 60.2
50-54
1. Pauling, Cliff 56.5
2. Perry, Dave 58.1
3. Talbot, Tom 71.5
55-59
1. Cohen, Alan
60-64
1. Valentine, Rudy 72.9
2. Harris, Oscar 75.4
65-69
1. McCarthy,John 71.2
Female
50-54
1. Fitzgerald, Marilyn 73.0

800 METERS
N.J. 30-34
1. Wallace, Rich 2:01.5
2. Hemmel, Jim 2:10.6
3. Giblin, Barry 2:14.4
35-39
1. Anderson, Marc 2:02.7
2. Mozee, Hoyle 2:04.0
3. Maslowski, Mike 2:09.7
4. Skislat, John 2:11.4
5. Dula, Joe 2:20.6
40-44
1. Nolan, Harry 2:04.7
2. Royd, Ken 2:09.6
3. Kuhi, John 2:11.3
4. Indek, Bill 2:17.7
5. Jackson, Charles 2:37.7
45-49
1. Howard, Sid 2:06.1
50-54
1. Baker, Ken 2:18.2
2. Hauiland, Frank 2:22.5
3. Bernstein, Irwin 2:30.3
55-59
1. Brown, Kelsey 2:30.1
60-64
1. Cherniak, Ray 2:35.4

OUT OF STATE
40-44
1. O'Keefe, Jerry 2:41.3
45-49
1. Hodge 2:13.1
50-54
1. Pauling, Cliff 2:14.8
2. Talbott, Tom 3:11.3
55-59
1. Moran, Jim 2:36.0
2. Cohen, Alan 2:43.0
3. Quier, Ed 3:38.9
65-69
1. MacCarthy, John 2:59.0
FEMALE
35-39
1. Searcy, Betty 2:37.0

1500 METERS
N.J. 35-39
1. Mozee, Hoyle 4:23.6
40-44
1. Nolan, Harrry 4:10.1
2. Roque, Antonio 4:27.2
3. Haugh, James 4:45.0
4. Kitchen, Ed 4:45.0
45-49
1. Howard, Sid 4:24.5
2. O'Brien, Mike 4:40.0
3. Gerridge, Dave 4:45.8
50-54
1. Baker, Ken 4:42.5
2. Bernstein, Irwin nt
55-59
1. Brown, Kelsey 5:17.5
60-64
1. Cherniak, Ray 5:30.1
OUT OF STATE
35-39
1. Floyd, Russ 4:33.5
50-54
1. Fitzgerald, Ed 5:20.4
2. Breslin, Nick nt
55-59
1. Cohen, Alan 5:55.0

5K RUN
NJ 30-34
1. Brajer, Stan 16:42.7
2. Pais, Jose 17:03.1
3. Blake, Barry 17:05.1
4. Peters, Chris 17:15.9
5. Patero, Frank 17:33.6
35-39
1. Russo, Frank 16:32.0
2. Sepkowski, Mark 16:48.0
40-44
1. Roque, Antonio 16:24.0
2. Haugh, James 16:54.8
3. Shanno, Peter 17:32.0
4. Mead, Robert 18:25.6
45-49
1. Stowall, Stephan 18:38.0
2. Gibbons, A. 19:34.0
50-54
1. Siderowitz, Walter 24:19.4
55-59
1. Filan, Victor 17:59.7
2. Cleaves, Henderson 20:36.4
65-69
1. Kilpatrick, Pat nt
5K WALK
N.J. 30-34
1. Ottmer, Ken 38:12.8
35-39
1. Fredricks, John 26:22.1
40-44
1. Kozlowoski, Don nt
45-49
1. Edwards, Ralph 30:29.1
2. Bluona, Patrick 30:32.6
50-54
1. Ottmer, Ben 28:59.2
2. Denman, Elliott 31:46.7
3. Hahn, Morton 41:50.0
65-69
1. Kilpatrick, Pat 36:38.8
70-74
1. Johnson, Don 33:43.1
Female
40-44
1. Schreck, Susan 33:02.2
50-54
Randazzo, Dolores nt
60-64
1. Henry, Marie 35,08.4
Out-of-State
40-44
1. Ryan, Bob 27:07
70-74
1. Langerfeld, G.H. nt
110 HURDLES
30-34
1. Ciccone, Tony 15.4
35-39
Brinker, Ken 15.1
OUT OF STATE
45-49
1. Oliveira, Armando 18.0
50-54
1. Milner, Bob 17:4
55-59
1.Cirmlnick, Nat nt
Out-of-Town
35-39
1. Hoffman, Gene 16.2
45-49
1. Tancredi, Dennis 20.7
2. Kaye, Rich 28.1
50-54
1. Bohigian, Haig 23.4
55-59
1. Pratt, Larry 16.7
2. Taylor, George 24.5
60-64
Townsend, Bill 19.2
65-59
Lukens, Ed 19.5
400 HURDLES
30-34
1. Bordiuk, Greg 63.1
35-39
1. Saleem, Dawud 63.5
55-59
1. Kelly, Gene 77.5
Out-of-Town
30-34
1. Pendleton, A 58.9
45-49
1. Tancredi, Dennis 68.5
50-54
1. Bohigian, Haig 76.2
55-59
1. Taylor, George 88.7
60-64
1. Valentine, Rudy 76.9

SHOT
30-34
1. Wolverton, William 50'-2
2. Ciccone, Tony 41'-7
35-39
1. Corrigan, Paul 41'-5
2. Arnoldi, Steve 39'-6
3. Ruffalo, Rich 36'-5
4. Sikorsky, Bill 31'-5
40-44
1. Rogers, Robert 32'-7
45-49
1. Roberson, Joe 39'-6½
50-54
1. Haha, Morton 26'-1
55-59
1. Henry, Don 30'-6¼
2. Graham, Harry 24-5
60-64
1. Murray, James 33'-9½
2. Vislocky, Robert 23'-3
65-69
1. Neumann, Mart 37'-6
2. Vislocky, John 30'4

Female
45-49
1. Flynn, Ann 24-4½
Out-of-State
35-39
1. Shumaker, C. 43'-11
45-49
1. Harrington, Mike 38'-8
2. Simon, Bill 34'-3
3. Williams, Bill 34'-1

-54
.. maasik, M 35'-4
55-59
1. Carsesen, P. 36'-5½
2. Lawrence, Jim 23'-2
60-64
1. MacMillin, Howard 29'-1
2. Harris, Don 28'-6
65-69
1. Shaw, E. 40'-1
70-74
1. Wood, G. 35'-1½
2. Eipel, Bill 34'-3

Female
35-39
1. Searcy, Betty 30'-0
50-54
1. Cirulnick, Ann 31'-3
2. Dash, Joan 28'-½
75+
Quier, D. 11'-9

JAVELIN
35-39
1. Reiss, Don 214'-10
2. McMullin, R. 183'-9
3. Chandler, Dennis 183'-3
4. Ruffalo, Rich 162'-7
5. Palermo, Robert 84'-1
40-44
1. Kozlowski, Don 43.30
50-54
1. Hahn, Morton 30.88
55-59
1. Henry, Don 55.30
2. Graham, Harry 31.88
60-64
1. Murray, James 29.84
2. Vislocky, Robert 19.60
65-69
1. Neumann, Robert 29.48
2. Vislocky, John 24.90
75-79
1. D'Elia, Manfred 65'-3

Out-of-State
35-39
1. Royal, Jay 113'-6
40-44
1. Buffaloe, B. 206'-6
45-49
1. Murphy, T. 172'-11
2. Simon, Bill 141'-0
50-54
1. Youngs, Bob 167'-11
2. Maasik, M. 120'-9
3. Breslin, Nick 95'-3
55-59
1. Taylor, G. 95'-11
60-64
1. Harris, Don 90'-11
70-74
1. Eipel, Bill 80'-5
2. Wood, Gene 74'-4

Female
30-34
1. Angotti, Joann 84'-10

HAMMER
35-39
1. Corrigan, Paul 124'9
2. Salvio, Ron 84'2½
3. Biesiada, Ron 62'7½
55-59
1. Henry, Don 77'11½
65-59
1. Neumann, Mart 82'4½
Out-of-State
55-49
1. Brossman, Hal 138'7
2. Carstensen, Pay 127'1
65-69
1. Shaw, Elmer 107'0
70-74
1. Eipel, Bill 111'6½
35 LB. WEIGHT
35-39
1. Corrigan, Paul 40'4½
2. Salvio, Ron 26'1
3. Biesiada, Ron 19'8
65-69
1. Neumann, Mart 28'2
55-59
1. Henry, Don 26'10
Out-of-State
55-59
1. Brossman, Hal 39'3
2. Carstensen, Pay 36'8
65-69
1. Shaw, Elmer 37'8
70-74
1. Eipel, Bill 31'10
2. Wood, Gene 14'0

DISCUS
30-34
1. Ciccone, Tony 129'6
2. Wolverton, Bill 121'0
35-39
1. Corrigan, Paul 147'7
2. Ruffalo, RVch 108'7
3. Biesiada, Ron 108'4
4. Arnoldi, Steve 107'5
55-59
1. Henry, Don 28'2
60-64
1. Vislocky, Robert 75'7
65-69
1. Neumann, Mart 98'10
2. Vislocky, John 91'9
Female
45-49
1. Flynn, Ann 71'4
Out-of-State
30-34
1. Lacey, Tom 144'2½
40-44
1. Abbott, John 146'6
50-54
1. Harrington, Mike 121'7
2. Maasick, M. 110'10
3. Breslin, Nick 82'2
55-59
1. Pratt, Larry 141'4
60-65
1. Harris, Oscar 87'2
65-69
1. Shaw, Elmer 109'8
70-74
Eipel, Bill 100'3
Wood, Gene 85'9½
85-89
1. McCardle, Harry 55'6
Female
50-54
1. Cirulnick, Anne 70'5
2. Dash, Joan 65'8

TRIPLE JUMP
35-39
1. Salvio, Ron 30'8¼
Out-of-State
30-34
1. Pendleton, Allen 45'7½
45-49
1. Tancredi, Dennis 34'6
2. Kaye, Rich 30'5

60-64
1. Townsend, Bill 29'3½
65-69
1. Kukins, Ed 34'9
LONG JUMP
35-39
1. Brinker, Ken 20'7¼
2. Sikorsky, Bill 18'0
3. Salvio, Ron 15'2¼
40-44
1. Lewczak- John 14'10¼
50-54
1. Snell, John 14'3½
Out-of-State
35-39
1. Royal, J. 19'10½
2. Bowen, Bob 18'4¼
45-49
1. Tancredi, Dennis 17'7
2. Kaye, Rich 15'6¼
60-64
1. Tonasen, Bill 14'2¼
2. Harris, Oscar 11'11-3/4
65-69
1. Lukens, Ed 15'8¼
85-89
1. McCardle, Harry 7'10½
Female
30-34
1. Kaye, Fran 8'2
35-39
1. Sills, Lorraine 13'5
HIGH JUMP
1. Fern, Ed 6'7½
2. Ciccone, Tony 6'2½
35-39
1. Salvio, Ron 5'2
2. Sikorsky, Bill 4'4
45-49
1. Sullivan, Jerry 4'6
50-54
Hahn, Morton 3'4
60-64
Vislocky, Robert 4'
65-69
1. Vislocky, John 3'10
Out-of-Town
30-34
1. Czynski, Ry 5'10
35-39
1. Bryant, Lyle 4'2
40-44
1. Ryan, Bob 4'6
45-49
1. Cunnihan, G. 5'8
2. Tancredi, Dennis 4'6
55-59
1. Pratt, Larry 4'6
65-69
1. Lukens, Ed. 4'2
70-74
1. Eipel, Bill 4'
POLE VAULT
30-34
1. Huff, Carlton 14'0
2. Jennetta, Mike 10'0
35-39
1. Salvio, Ron 7'6
40-44
1. Tindall, Jeff 13'0
50-54
1. Schroeder, Bill 11'0
55-59
1. Rivera, Miguel 9'0
Out-of-Town
30-34
1. Cahell, Jerry 13'6
2. Severn, Don 13'6
45-49
1. Sokolowsky 13'6
55-59
Taylor, George 7'0

TEAM SCORES

Submasters:

Merrill Lynch	79
Shore A.C.	72
New Jersey Striders	20
Stansport	7
G.W.A.R.C.	5
Portugese	3
Central Jersey	3

Masters:

Shore A.C.	157
Merrill Lynch	108
North Jersey	47
Mercer Jucks	8
Portugese Den	8

Waltham Track Club Invitational Masters Meet
June 13, Cambridge, Mass.

100m
M30 N. Steinberg 11.3
J. Smith 11.7
M35 D. Larsen 12.1
M40 R. Pierce 11.8
B. Love 12.2
R. Overton 12.4
M45 J. Whelan 12.3
P. Tams 13.2
G. Geragosian 13.7
M55 F. Barous 13.6
E. Osgood 14.6
M. Boyle 15.0
M60 C. Olson 14.2
L. Smith 15.0
M65 V. Mattson 13.7
A. Oliver 14.7
D. Knapp 14.8
M70 R. Sorlien 15.9
M75 B. Ivers 15.7
W30 I. Thompson 13.2
S. Thompson 14.5
W40 J. Sherbrooke 15.0
D. Fine 17.9
C. Parry 18.0
W50 S. Redfield 15.7

200m
M30 N. Steinberg 23.0
M35 D. Larson 24.9
G. Smith 25.7
M. Conway 25.7
M40 R. Pierce 23.9
B. Chinchillo 27.2
R. Wheeler 28.1
M45 J. Whelan 25.7
G. Gregosian 28.2
M55 P. Isenberg 27.8
F. Barous 28.3
E. Osgood 29.1
M65 V. Mattson 29.6
N. Heard 30.5
A. Oliver 30.8
M70 R. Sorlien 32.6
M75 B. Ivers 31.5
W30 I. Thompson 26.4
W40 J. Sherbrooke 30.8
B. Pike 31.7
D. Fine 36.0
W50 S. Redfield 31.3
M. Herada 38.7

Continued on next page

Continued from previous page

400m
M30 R. Walker 51.1
J. Hudson 53.7
G. McIntyre 61.9
M35 G. Smith 54.5
D. Larson 55.0
M. Conway 55.3
M40 D. Frye 57.4
B. Chinchillo 59.7
R. Wheeler 63.6
M45 F. Bertleson 64.3
G. Geragosia 69.7
M55 Lewis Smith 58.6
M60 Lester Smith 1:14.7
M65 W. Carmen 1:12.5
M80 H. McArdle 1:43.2
W40 L. Upton 67.7
B. Pike 69.4
D. Fine 78.5
W50 H. Hamiltor 82.9

800m
M30 R. Walker 2:02.1
J. Hudson 2:06.6
M35 J. Berleson 2:11.1
M40 J. Babington 2:13.5
M45 J. Verdier 2:16.1
S. McClendor 2:19.0
V. Urquila 2:30.3
M55 J. Keat 2:39.0
J. Nyham 2:40.9
M60 A. Messenger 2:31.8
C. Hammen 2:46.7
W30 B. Sauer 2.41.0
P. Dolan 2:57.9
W50 M. Herada 3:03.4
H. Hamilton 3:10.5

1500m
M30 B. Fitzgerald 4:24.3
J. Messenger 4:43.3
M35 J. Berleson 4:22.7
K. Blair 4:38.9
S. Viegas 4:39.4
M40 A. Swenson 4:06.0
D. Frye 4:28.7
M45 J. Verdier 4:37.3
F. Bertleson 4:54.2
R. Smith 5:11.0
M50 J. Daley 4:26.9
J. Hurley 4:37.0
M55 J. Keat 5:05.6
M60 A. Messenger 5:13.9
S. Toabe 5:35.7
W30 P. Sears Butle 4:52.0
B. Sauer 5:04.5
W40 B. Pike 5:04.7
B. Davis 5:31.4
W50 H. Hamilton 6:09.9

3000m
M30 B. Fitzgerald 9:42.6
M35 J. Dolan 10:08.4
G. Sherbourne 10:29.1
M40 W. Loudat 8.43.7
S. Melhado 9:40.0
M45 K. Randall 9:06.6
M50 J. Daley 9:46.6
M55 J. Keats 11:01.5
M60 C. Hammen 11:36.1
S. Toabe 12:18.1
E. O'Connell 13:00.0
W30 P. Sears Butler 10:33.8
B. Sauer 11:07.0
W40 R. Emery Rapi 10:54.9
B. Davis 12:17.1
W60 B. Lafollette 14:45.9

100m Hurdles
M35 P. Hoagland 15.8
M40 B. Love 16.6
C. Varney 19.8
R. Redd 20.5
M55 E. Bradley 27.3
M65 W. Carmen 21.4
S. Kelly 25.9

High Jump
M30 G. McIntyre 4'6"
M35 S. Viegas 4'2"
M40 J. Brady 4'10"
C. Varnet 4'8"
T. Bova 4'2"
M45 R. Smith 4'2"
M50 C. Leverone 4'10"
M55 T. Viveiros 4'0"
M60 J. Lemmo 3'6"

Long Jump
M35 P. Hoagland 23'2"
M40 J. Kenney 19'7 3/4"
B. Love 18'4"
R. Overton 17'9"
M45 R. Tams 15'7 1/4"
R. Smith 14'7"
M55 F. Baros 16'10 1/4"
A. Vivieros 13'1/2"
E. Bradley 12'8 1/4"
M60 C. Olson
M65 V. Matson 14'7 3/4"
W. Carmer 11'1"
M70 R. Sorlien 12'2 3/4"
W30 I. Thompso 17'0"

Shot Put
M30 R. Clark 42'3"
M35 R. Dunphy 39' 1/2"
K. Woodard 38'5"
J. Buckley 35'3"
M40 L. Hotte 44'9"
R. Harvey 40'4"
A. Neville 39'3"
M45 C. Wallin 47'9"
M50 J. Rothrock 41'8"
B. Lord 32'8 1/2"
B. Atwood 30'7"
M55 J. Kanter 34'6 1/2"
M. Boyle 31'8 1/2"
C. Lemmo 24'6 1/2"
M60 J. Lemmo 26'3 1/2"
M65 M. Heard 38'0"
G. Battick 37'2 1/2"
M80 H. McArdle 19'7"
W30 J. Mackie 25'0"
A. Moncousky 23'1 1/2"
C. Leblanc 22'5"
W40 L. Rothrock 24'3 1/2"
W50 A. Cirulnick 30'1 1/2"

Discus
M30 R. Clark 112'4"
M35 M. Dupuis 141'10"
R. Dunphy 104'5"
J. Buckley 90'2"
M40 M. Grisco 155'9"
L. Hotte 133'1"
R. Harvey 117'5"
M45 R. Burt 127'0"
M55 M. Boyle 86'2"
C. Lemmo 62'7"
M60 C. Olsen 115'5"
J. Lemmo 65'6"
M65 G. Battick 100'5"
M80 H. McArdle 52'10"
W30 C. Leblanc 70'7"
A. Moncousky 59'2"
W40 L. Rothrock 78'4"
W50 A. Cirulnick 72'11"
J. Youngs 63'10"

Javelin
M30 R. Sing 216'4"
G. McIntyre 104'0"
M35 J. Buckley 136'10"
M40 S. Stoddard 172'6"
M. Ditoro 106'3"
M50 S. Holmes 163'8"
J. Rothrock 145'4"
R. Youngs 141'1"
M55 A. Vivieros 86'3"
C. Lemmo 73'6"
M65 D. Knapp 97'5"
W30 A. Moncousk 72'6"
S. Thompson 68'6"
C. LeBlanc 47'7"
W40 L. Rothrock 69'6"
W50 A. Cirulnick 64'6"
J. Youngs 58'4"
W60 B. Lafollette 46'10"

Masters Meets
Hanover, New Hampshire
June 20

16# Shot Put
Carl Wallin 45 50'8
Al Neville 43 40'10
Bud Atwood 53 30'5
(12# Shot)
16# Hammer
Carl Wallin 45 144'7
Al Neville 43 123'3
Bud Atwood 53 76'0
(6K Hammer)
Discus
Al Neville 43 114'10
Bud Atwood 53 74'6

June 27
16# Shot Put
Carl Wallin 45 50'2"
Luke Hotte 40 44'11½
Al Bashian 46 31'
16# Hammer
Carl Wallin 45 47'1
Al Bashin 46 97'6
Discus
Luke Hotte 40 128'3
Al Bashin 46 102'7

July 4
Shot Put #16
Carl Wallin 45 50'11
Russ Forager 49 45'1
Luke Hotte 40 44'10
Al Neville 43 41'2½
Bud Atwood 53 30'1
Hammer #16
Carl Wallin 45 147'11
Al Neville 43 122'9
Discus
Luke Hotte 40 126'
Al Neville 43 114'3

July 11
Shot Put #16
Carl Wallin 45 51'5*AR
Luke Hotte 40 45'2
Earl Beasley 48 37'11
Al Bashin 46 33'11
Hammer #16
Carl Wallin 45 157'6
Al Bashin 46 99'3

July 18
Shot Put #16
Carl Wallin 45 51'3
Luke Hotte 40 44'5½
Russ Forager 49 44½
Meet was called on account of thunder storm

July 26
Shot Put #16
Carl Wallin 45 51'1
Luke Hotte 40 46'5
Bud Atwood 53 31'4
Hammer #16
Carl Wallin 45 152'10
Bud Atwood 53 73'11
Discus 2K
Luke Hotte 40 133'4
Bud Atwood 53 72'2
12# Shot
Carl Wallin 45 57'3*AR

Merrill Lynch Realty
A.C. & Randolph
Township, N.J.
Fourth of July Meet

100 Meters
30-34 1 Bill Williams 11.0
2 Al Harden 11.3
3 Phil Consentino N.T.
4 Jerry Elson 12.0
35-39 1 Doug Jenglins 11.9
2 Terry Baxter 12.5
3 Lou Miller 14.8
45-49 1 Gus Wolowicz 13.3
2 Bob Conseu 13.4
50-54 1 Roosevelt Weaver 12.6
2 W. Wright 12.7
3 Haig Bohigian 12.8
4 Cliff Paulding 12.6
55-59 1 Akbar Mikmin 13.5
60-64 1 Oscar Harris 13.9
2 Manny Herscher 14.8
3 Don Henry 16.1
75-79 1 Don Ernst 17.8
Female
30-34 1 Lorraine Radmaker 17.0
35-39 1 Jennifer Pinto 13.4
2 Kathy Pierce 13.9
3 Lorraine Sills 14.7
70-74 1 Vivian Nelson 21.3

200 Meters
30-34 1 Phil Consentino 23.0
35-39 1 Al Walton 22.8
2 Phil Felton 24.5
3 M. Naslowski 25.6
4 Lou Miller 32.3
40-44 1 Ken Brinker 23.0
2 Bob Weiner 29.7
45-49 1 Bob Conseu 28.3
2 Jai Singh 36.0
50-54 1 Haig Bohigian 26.9
2 Al Smolin 31.0
55-59 1 Akbar Mikmin 27.8
2 Jimmie Moran 30.6
60-64 1 Oscar Harris
2 Manny Herscher 31.9
75-79 1 Don Ernst 40.9
80-84 1 Harry McArdle 42.6
Female
30-34 1 Lorraine Radmaker 37.2
35-39 1 Jennifer Pinto 27.7
2 Betty Searcy 28.6
40-44 1 Sandy Pashkin 31.1
70-74 1 Vivian Nelson 51.0

400 Meters
35-39 1 Al Walton 53.6
2 Phil Felton 55.0
3 David Saleem 55.8
4 M. Naslowski 56.0
40-44 1 Ken Kubik 68.5
45-49 1 Hans Moeder 69.8
50-54 1 Cliff Paulding 56.6
2 Haig Bohigian 59.6
3 Al Smolin 75.4
60-64 1 Oscar Harris 70.8
Female
35-39 1 Jennifer Pinto 64.3
2 Kathy Pierce 65.9
40-44 1 Sandy Pashkin 69.8

800 Meters
30-34 1 Jerry Elson 2:00.8
2 Barry Giblin 2:11.0
35-39 1 Russell Floyd 2:00.6
40-44 1 Bob Weiner 2:11.8
2 Charles Jackson 2:32.9
45-49 1 Jerry McFadden 2:15.7
2 Mike O'Brien 2:22.2
50-54 1 Ken Baker 2:11.8
2 Cliff Paulding 2:17.3
3 Al Smolin 2:56.7
55-59 1 Kelsey Brown 2:29.2
2 Jimmie Moran 2:51.6
70-74 1 Bob Hall 3:35.1
Female
35-39 1 Betty Searcy 2:35.9

1500 Meters
30-34 1 Stan Brajer 4:24.7
35-39 1 Wil Hankins 4:05.9
2 Russell Floyd 4:38.4
40-44 1 Rick Knox 4:44.1
2 Ken Kubik 5:26.8
50-54 1 Ken Baker 4:51.5
2 Al Smolin 5:59.9
55-59 1 Kelsey Brown 5:10.1
65-69 1 Jim McGilvray 6:51.2
70-74 1 Bob Hall 6:59.7
Female
30-34 1 Lydia McIntosh 6:11.9

5000 Meters
30-34 1 Neil Henry 22:02.8
35-39 1 John Nitek 17:14.0
50-54 1 Al Smolin 21:52.0

3000 Meter Race Walk
45-49 1 Jai Singh 10:45.7
50-54 1 Bob Youngs 9:47.5
75-79 1 Jon Ernst 14:26.2
Female
60-64 1 Marie Henry 9:50.1

110 Meter High Hurdles 39"
35-39 1 David Saleem 14.4
2 Ivin Black 18.7
40-44 1 Ken Brinker 14.7
45-49 1 Rich Kaye 22.7

110 Meter High Hurdles 33"
60-64 1 Manny Herscher 20.9

Pole Vault
35-39 1 Ron Salvio 9'6"
2 Ivin Black 7'6½"
45-49 1 Aarand Roos 7'6½"
60-64 1 Jack Doorlay 6'11"

High Jump
30-34 1 Bill Williams 6'4"
35-39 1 Wade Wilson 5'5"
2 Ivin Black 5'3"
3 Al Walton 4'11"
4 Ron Salvio 4'9"
45-49 1 Aarand Roos 4'8"
2 Jerry Sullivan 4'4"
50-54 1 Mort Hahn 4'0"
60-64 1 Jack Doorlay 4'0"
2 Bob Vislocky 4'0"
Female
70-74 1 Vivian Nelson '2"

Triple Jump
35-39 1 Ivin Black 34'10"
45-49 1 Aarand Roos 31'4"
2 Rich Kaye 28'8"
50-54 1 Haig Bohigian 31'8½"
60-64 1 Jack Doorlay 27'0"

Long Jump
35-39 1 Ivin Black 16'11½"
2 Wade Wilson 16'3½"
40-44 1 Ken Brinker 15'7½"
45-49 1 Gus Wolowicz 15'4"
2 Rich Kaye 13'11"
3 Aarand Roos 13'9"
60-64 1 Oscar Harris 13'3½"
2 Jack Doorlay 13'1"
3 Manny Herscher 11'9"
80-84 1 Harry McArdle 7'8"
Female
30-34 1 Fran Kaye 9'1"
35-39 1 Lorraine Sills 12'0"
70-74 1 Vivian Nelson 7'8"

Javelin
35-39 1 Dave Reis 222'0"
2 Dennis Chand 190'6"
3 Glen Weaver 183'4"
4 Rich Ruffalo 153'8"
5 Ivin Black 110'4"
6 Al Walton 91'6"
45-49 1 Stu Levitt 175'1"
2 Bob Balderst 160'7"
3 Bill Simon 157'4"
4 Bob Conseu 137'1"
5 Rich Kaye 105'2"
50-54 1 Bob Youngs 163'11"
2 Mort Hahn 111'10½"
55-59 1 Ray Carstens 115'2"
60-64 1 Jack Doorlay 92'4"
2 Bob Vislocky 73'4"
3 Don Henry 59'5"
65-69 1 Mort Neuman 100'2"
2 Don Harris 100'5"
3 John Vislock 97'4"
70-74 1 Gene Wood 63'7"
Female
30-34 1 Robin Rosenb 81'3"
2 Francin Kaye 50'0"
35-39 1 Kathy Pierce 93'2"
50-54 1 Joan Youngs 62'6"

Discus
30-34 1 John Kalnas 124'9"
2 Harry Naroul 97'9"
35-39 1 Henry Kalnas 130'4"
2 Glen Weaver 115'5"
3 Rich Dunphy 106'6"
4 Rich Ruffalo 100'7"
5 Al Walton 101'5"
6 Ivin Black 80'4"
40-44 1 Ken Brinker 98'1"
45-49 1 Larry Pratt 139'5"
2 Jai Singh 83'5"
3 Bob Conseu 74'11"
50-54 1 Steve Thomson 157'6"
2 Tom Jackson 107'0"
55-59 1 Ray Carstens 106'6"
60-64 1 Don Henry 103'2"
2 Bob Vislocky 70'4"
65-69 1 Don Harris 95'1"
2 John Vislock 81'11"
3 Mort Neuman 74'6"
70-74 1 Gene Wood 52'4"
80-84 1 Harry McArdle 57'6"
Female
30-34 1 Robin Rosenb 68'0"
35-39 1 Kathy Pierce 92'1"
50-54 1 Joan Youngs 68'8"

Shot Put
35-39 1 Rich Dunphy 40'1"
2 Rich Ruffalo 39'4"
40-44 1 Joe Kalnas 37'0"
45-49 1 Bill Simon 34'2"
2 Jai Singh 32'5"
50-54 1 Steve Thomson 44'5"
Tom Jackson 34'9"
Mort Hahn 27'11½"
55-59 1 Ray Carstensen 41'7"
60-64 1 Don Henry 36'2"
Jack Doorlay 30'6"
Bob Vislocky 23'10"
65-69 Mort Neuman 32'5½"
John Vislocky 31'5½"
70-74 Gene Wood 31'11"
Female
35-39 Robin Rosenbloom 21'10"
35-39 Betty Searcy 30'2"

Reading Track Club
Championships, Reading, PA.
July 18

100 M
M30 Rob Stewart 12.6
M40 Rick Kumor 12.7
Glenn Schmehl 13.2
Jack DeFrancisco 14.1
M50 Earl Mege 13.5
M60 Dave Roland 14.4

200M
M30 Gary Poticher 26.3
Rob Stewart 27.2
M40 Rick Kumor 26.2
Rett Oren 26.4
Glenn Schmehl 27.2
M50 Earl Mege 29.7
Ed Quier 35.5
F30 Diana Severn 45.1

400M
M30 Gary Poticher 59.0
M40 Rett Oren 59.1
Rick Kumor 60.4
Glenn Schmehl 62.2

Mile
M40 Mannie Scalia 5:08.5

5000
M30 Peter Christ 16:52.3
M40 Ken Knarr 19:39.7
Bill Barrick 20:48.6
M50 Earl Smith 21:50.2

5000 Race Walk
M30 Bill Norton 26:56.8

Pole Vault
M30 Donald Severn 13'6"
Lance Atkins 11'0"
John Tini 10'6"

Long Jump
M30 Rob Stewart 16'7"
M40 Rick Kumor 16'½"
M50 Earl Mege 14'2½"

Triple Jump
M50 Earl Mege 28'4½"

Shot Put
M40 Harold Jackson 29'2"
Rett Oren 28'4"
M50 Ray Feick 39'8"
John Reider 38'0"
Jimmy Lawrence 20'1"
M60 Al Selig 33'2"

Discus
M40 Harold Jackson 89'6"
M50 John Reider 100'10"
Ray Feick 96'10"
M60 Al Selig 98'2"
Paul Eberhardinger 58'4"

Javelin
M30 Mike Selig 144'6"
M40 Bill Simon 158'11"
M50 John Reider 135'4"
Ray Feick 115'8"
M60 Al Selig 103'8"

35 Pound Weight
M30 Mike Selig 33'3"
M40 Harold Jackson 35'2"
M50 Hal Brossman 40'4"
John Reider 25'4"
M60 (#25) Al Selig 32'2"
Paul Eberhardinger 27'4"

56 Pound Weight
M40 Harold Jackson 14'0"
M50 Hal Brossman 21'9"
M60 Paul Eberhardinger 11'6"

Bob Roggy
Memorial Meet
Holmdel, New Jersey
July 29

Masters mile
Harry Nolan 4:21.89
Rick Knox 5:00.78
Masters/Open 2-Mile
Jay Kolb 9:29.02
Joe Livorsi 9:32.63
Paul Jost 9:38.78
Jeff Neis 9:40.54
James O'Brien 9:40.62
Hoyle Mozee 9:44.63
Masters Distance Medley
Central Park TC 11:28.79
Shore AC 11:45.29
Westchester Puma 11:46.36
Ocean Running Club 12:52.31

SOUTHEAST

All-comers Meet
DeLand, Florida
July 25

5K
Masters winner:
Phil Little 19:30
M30 John Anddews 21:06
W30 Joan Lewine 22:06
M35 Dave Howe 19:09
W35 Mary Ann Bundy 26:48
M40 Bob Seidl 20:17
W40 Martha Strout 30:18
M45 Mike Sheffey 20:17
M50 George Hill 22:56
M60 Larry Sampson 29:54
M70 Richard Fortier 26:20
50 yards
M35 Dave Boxerman 6.19
M50 Richard Deere 7.01
M55 Bill Gentry 6.96
M65 Don Hull 8.02
M75 Gordon Powell 8.49
100M
M35 Dave Boxerman 13.06
M50 Richard Deere 13.45
M55 Bill Gentry 13.40
M65 Don Hull 16.91
M75 Gordon Powell 17.54
W45 Joy Mac Donald 14.98

Continued on next page

Continued from previous page

220 yards

M35	David Voxerman	26.95
W45	Joy Mac Donald	30.16
M55	Ted Sjogren	31.82
M70	Igor Storojeff	53.19

440 yards

W45	Joy Mac Donald	69.36
M55	Bill Gentry	66.58
M65	Don Hull	1:52.14
M75	Gordon Powell	88.27

880 yards

M55	Ted Sjorgren	2:55
M70	Igor Sjorojeff	4:46

Mile

M50	Art Bigelow	5:46
M55	Ted Sjorgren	6:13
M70	Igor Storojeff	9:19

Mile Race Walk

	Igor Storojeff	10:23

Long Jump

M35	Evan Gage	15-0
M55	Richard Hauge	14-½
M70	Charles Hirshey	7-3

Triple Jump

M70	Charles Hirshey	15-8

Carolina Masters Track and Field Championships
Thomasville, N.C.
August 2

50 METERS

M 30	Jerry McCorkle	6.0
	John Green	6.0
	David McKnight	6.9
M 35	Stan Narewski	6.4
M 40	Thad Bell	6.2
	Bill Busby	6.7
	Joel Liles	6.8
	Jim Shoaf	7.1
M 45	Ervin Mitchell	6.4
	Nate Carter	6.5
	Andrew Kegl	6.7
	Bill Jeffrey	6.9
M 55	Bill Livengood	7.8
M 60	Jim Law	7.0
W 60	Jos. Sullivan	9.0

100 METERS

M 30	John Green	10.8*
	Jerry McCorkle	11.3
	Carroll Hope	12.5
	David McKnight	12.6
	Tom Highsmith	14.0
M 35	Bob Green	11.7
	Tom Malik	11.8
	Stan Narewski	11.9
	Tom Little	12.2
	T. Sullivan	18.3
M 40	Thad Bell	11.4*
	Ron Chrzanowski	12.7
	Bill Busby	12.8
	Joe Johnston	12.8
	Joel Liles	12.9
	Jim Shoaf	13.7
	Al Perea	14.1
M45	Ervin Mitchell	12.3
	Maurice McDonald	12.6
	Nate Carter	12.6
	Andrew Kegl	13.0
	Bill Jeffrey	13.0
	Mike Valle	13.3
M 55	John Korthener	12.8*
	Gus Bartenfeld	13.9
	Bill Livengood	14.5
M 60	Jim Law	13.1*
	Bruce Hudson	18.0
W 30	Marcia Kennedy	16.0
W 60	Jos. Sullivan	18.2

200 METERS

M30	John Green	22.6
	Jerry McCorkle	25.3
M35	Bob Green	24.2
	Stan Narewski	24.4
	Tom Little	25.2
M40	Thad Bell	23.3*
	Ron Chrzanowski	26.4
	Joel Liles	26.6
	Bill Eubanks	27.9
	Jim Shoaf	28.5
M45	Maurice McDonald	24.8*
	Ervin Mitchell	25.4
M50	Fred Kjer	24.8*
	Jim Lively	32.6
M55	John Korthener	26.9*
	George Crouse	31.1
	Bill Livengood	31.2
M60	Jim Law	27.1*
M70	Ralph Birchard	36.9
W35	Olivia Young	37.8

400 METERS

M30	Phillips Prim	56.2
	Carroll Hope	1:00.1
	Craig Walser	1:06.0
M35	Bob Green	54.0
	George Wilson	54.7
	Tom Little	56.0
	David Gibbs	1:03.6
M40	Thad Bell	54.9
	Ron Chrzanowski	59.4
	Joel Liles	59.8
	George Cliette	1:03.6
M45	Maurice McDonald	54.5*
	Bill Jeffrey	1:00.1
	Bill Jackson	1:04.5
M50	Fred Kjer	55.2*
	Jim Lively	1:08.7
M55	John Korthener	1:02.5
	Bill Livengood	1:09.1
	George Crouse	1:11.8
M60	Jim Law	1:03.4
	Bruce Hudson	1:22.4
	E. B. Lloyd	1:36.5
W35	Olivia Young	1:25.6
W30	Joyce Noland	1:10.6

800 METERS

M30	David Poteet	2:00.0*
M40	Ed Daw	2:06.3*
	Bill Weldon	2:08.2
	Bernie Wolfberg	2:44.9
M45	Dave Kirkman	2:30.2
	Bill Jackson	2:43.4
	Bob Boeder	2:45.7
M50	Alex Coffin	2:39.4
M55	George Crouse	3:03.7
	Jim Saxon	3:07.2
M60	Bruce Hudson	3:10.0
M65	Arnold Hecht	3:38.8
W30	Joyce Noland	2:59.8
W55	Marie Betts	4:09.9

1500 METERS

M30	David Poteet	4:01.5*
	Alvin Everhart	4:09.1*
	Kirk Dickie	5:05.0
	Craig Walser	5:08.4
M35	Kirk Lauenstein	4:05.9*
M40	Ed Daw	4:27.7
	Jim Shoaf	6:02.4
M45	Dave Kirkman	5:08.2
M50	Alex Coffin	5:08.4
	Jim Lively	5:16.4
M55	Jim Saxon	6:02.1
M60	Bruce Hudson	6:08.4
	E. B. Lloyd	7:00.6
M70	Ralph Birchard	7:22.9
W55	Marie Betts	8:09.2

3000 METERS

M30	Alvin Everhart	9:04.0
	Elvis Davidson	9:44.4
M35	John Paden	10:50.1
M40	Bernie Wolfberg	13:03.1
M45	Charles Rowe	11:28.6
	Dave Kirkman	11:44.6
	Bob Boeder	11:53.9
M50	Jim Lively	12:03.5
M65	Arnold Hecht	16:37.8
W35	Olivia Young	15:07.5
W50	Joan Tilles	20:04.6
W60	Margaret Hagerty	20:40.1

110 METER HURDLES

M35	Tom Malik (39")	17.6
M40	Bill Busby (36")	17.2

80 METER HURDLES

M75	Bob Boal	18.0

400 METERS HURDLES

M40	George Cliette	1:32.0
M50	Fred Kjer	1:08.2*

300 METER HURDLES

M75	Bob Boal	1:13.6

HIGH JUMP

M35	Charles Strode	5-0
M40	Bob Neutzling	5-2
	George Cliette	4-10
	Joel Liles	4-10
M45	Nate Carter	5-0
	Mike Valle	4-8
M55	Gus Bartenfeld	4-[illegible]
	Bill Livengood	4-4
M75	Bob Boal	3-10*

LONG JUMP

M30	Jerry McCorkle	22-1 *
	Carroll Hope	17-8
	David McKnight	16-10
M40	Joel Liles	18-3½
M45	Nate Carter	16-11½
	Bill Jeffrey	16-8½
	Andrew Kegl	16-5½
M55	Gus Bartenfeld	13-11
W60	Jos. Sullivan	10-1½*

TRIPLE JUMP

M40	Joel Liles	34-2½
M45	Nate Carter	36-7 *
M55	Gus Bartenfeld	28-1

SHOT PUT

M35	Bob Green	38-11
M40	Bob Neutzling	31-3
M45	Mike Valle	35-10½
	Ervin Mitchell	32-8
	Dick Bloomfield	32-6
M55	Jim Saxon	23-5
M60	Floyd Simmons	41-1
	William Waugh	30-10
M75	Jack Wood	33-9
W45	Brenda Bloomfield	21-7

HAMMER THROW

M45	Mike Valle	123-9
	Dick Bloomfield	107-4
M60	Dick Bergenback	122-11*
W45	Brenda Bloomfield	75-3

DISCUS THROW

M35	Bob Green	106-9
M40	George Cliette	91-11
	Bob Neutzling	90-8
	Bill Eubanks	74-8
M45	Mike Valle	115-10
	Ervin Mitchell	90-9
	Bill Jeffrey	88-4
M50	Henry Davenport	130-0
M55	Jim Saxon	75-1
M60	Floyd Simmons	134-7
	William Waugh	99-5
	Dick Bergenback	48-11
M75	Jack Wood	85-11
W45	Brenda Bloomfield	58-10
W60	Margaret Hagerty	32-5

JAVELIN THROW

M35	Bob Conroy	193-9*
M40	Bill Busby	179-6*
M45	Andrew Kegl	115-9
	Ervin Mitchell	72-0
M60	Floyd Simmons	141-7*
	Dick Bergenback	125-5
M75	Jack Wood	92-9*
W60	Audrey Bergenback	35-11

POLE VAULT

M30	Mike McGinnis	14-6 *
	Walt Credle	13-6 *
	Kirk Dickie	10-0
M40	Bob Neutzling	15-0
	Bill Busby	12-6 *
	Bill Eubanks	9-6
M45	Ed Zuraw	11-6 *
M50	Henry Davenport	11-0 *
M75	Bob Boal	5-1½

MIDWEST

Cleveland Track Classic
Cleveland, OH.
June 27

100

M40	Scott Tyler	11.7
M50	Paul Williams	12.0
M60	Hal Robinson	13.0
W40	Pat Thomas	17.5
W50	S. Stiegelmeier	16.5

200

M40	George Smith	24.9
M60	Hal Robinson	28.3
W40	Pat Thomas	39.2

400

M30	Anthony King	54.2
M60	Hal Robinson	68.0
W40	Joan Gibson	93.8
W50	S. Stiegelmeier	78.0

800

M30	Pat Moriarty	1:58.5
M40	Ken Gailey	2:32.2
M80	R. Bredenbeck	4:02.5
W40	Joan Gibson	3:37.2

Mile

M30	Mike Gallagher	4:57.0
M40	David Baecker	4:53.1
M60	Buzzy Hood	6:24.3
M80	R. Bredenback	8:11.5
W40	Joan Gibson	7:17.1

Mile Racewalk

M50	Al Friedle	8:55.4
W30	Cathi Sullivan	9:46.2
W40	Joan Gibson	9:55.6

110 HH

M40	Scott Tyler	18.7

400 Hurdles

M40	Ralph Scola	70.2

High Jump

M40	Alonzo Littlejohn	5-3
M60	Hal Robinson	4-2
W30	Jami Littlejohn	3-10

Pole Vault

M40	Allen Ray	9-0
M50	Ed Hoyle	12-0

Long Jump

M40	Grover Coats	17-7½
M60	Hal Robinson	15-8¼

Triple Jump

M40	Allen Ray	33-9½
M60	Fred Hirsimaki	28-8½
W30	Jami Littlejohn	27-7

Shot Put

M30	Norm Bower	39-1
M40	Allen Ray	33-2
M50	Larry Spear	43-2½
M60	Hal Robinson	39-9
M80	Everette Hosack	19-10½
W40	Karen Phillips	18-9

Discus

M30	Norm Bower	134-4
M40	Allen Ray	134-1
M50	Larry Speer	124-2
M60	Fred Hirsimaki	110-5
M80	Everette Hosack	58-0

Javelin

M40	John Sloan	118-3
M50	Dick Mann	96-5
M60	Allen Jackson	112-0
M80	Everette Hosack	58-9

35 Lb. Weight

M30	Norm Bower	45-9
M40	Allen Ray	24-7
M50	Dick Mann	33-9
M80 (25#)	Everette Hosack	17-10
W30 (25#)	Terry Ray	15-10½

Hammer

M30	Norm Bower	141-10
M50	Dick Mann	109-5
M80	Everette Hosack	58-9
W30	Terry Ray	68-4

For more Cleveland Classic results, See page 34

"Time Fly" Masters Meet
Libertyville, Ill.
July 25

100

M30-34

Lee Stanley	10.70
Morris Blueford	11.50
Robert Zahn	11.50

M35-39

Gene Scott	11.90
Mike Lutz	12.20

M40-44

Larry Gunn	12.20
Roger Bagneski	12.53
John Hess	13.00

M45-49

Hans Gordon	12.10
Tom Allen	12.99
George Labelle	13.20

M50-54

John Haugo	13.06
James Ware	13.46
Jim Bagby	14.69

M55-59

Harry Brown	12.46
A. Batiansila	12.54
Gordon Seifert	13.10

M60-64

Sheldon Lewis	17.90

M65-69

Earl Cole	19.38

M70-74

Ham Morningstar	15.03
Gordon Taylor	22.00
Harold Comm	23.89

M75-79

Manfred D'elia	15.99
John Dick	25.91

M85-89

Arling Pitcher	20.90

W40-44

Pam Calvert	13.40
Pat Thomas	17.90

W50-54

Rachel Lyga	15.75

W55-59

Jane Clarkson	15.60

110H

M30	Robert Zahn	15.30
M35	Stan Druckery	14.50
	Mike Davis	18.62
M40	Henry Hopkins	18.07
	Johnie Meisner	18.36
M45	Lionel Washington	18.69
	George Labelle	21.68
M50	James Ware	22.70
M60	Buck Bradbury	15.70
M65	George Haasl	22.81
M70	Ed Morton	20.93
	H. Morningstar	22.00
	Gordon Taylor	36.20

200

W40	Pam Calvert	28.17
	Pat Thomas	39.54
W50	Rachel Lyga	33.35
W55	Jane Clarkson	32.60
M30	Morris Blueford	23.09
	T. Dewolinski	23.15
M35	Gene Scott	24.29
	Mike Lutz	25.33
	J. Feldhausen	26.15
M40	John Wright	24.97
	Larry Gunn	25.56
M45	Gordon Hans	26.25
	Douglas Lewis	27.63
	Terry Pliner	27.72
M50	James Ware	26.54
	John Haugo	27.59
M55	Harry Brown	25.75
	A. Batiansila	26.35
	Gordon Seifert	26.90
M60	Dean Smith	28.28
	Glenn Bradd	28.88
M65	Jim Manno	29.40
	G. Rajcevich	29.70
M70	Ham Morningstar	32.03
	Michael Lightfoot	33.31
	Gordon Taylor	58.59
M75	Manfred D'Elia	34.41
	John Dick	69.25
M85	Arling Pitcher	49.90

400

W30	Sheree Robertson	65.00
W35	Nancy Bounini	77.26
W55	Matilee Christman	87.10
M30	Jim Rubach	51.70
M35	S. Druckery	54.40
	Jerry Feldhausen	58.24
	Paul Sumner	59.70
M40	John Wright	54.23
	Gary Carr	55.24
	Larry Gunn	56.60
M45	Alvin Carter	56.54
	Terry P-iner	61.26
	Douglas Lewis	62.88
M50	James Ware	63.32
	Jim Bagby	68.50
	Lyndon Ruber	70.49
M55	Gordon Seifert	58.31
	Harry Brown	59.18
	Ron Jelinek	71.04
M60	Dean Smith	61.03
	Glenn Bradd	65.30
M65	Jim Manno	67.03
	George Rjcevich	77.90
	Earl Cole	96.90
M70	M. Lightfoot	79.58
	Ed Morton	81.77
M75	John Dick	2:32.54

800

W30	Shere Robertson	2:44.80
W35	Nancy Bounini	2:56.50
W55	Toshiko D'Elia	2:58.90
	M. Christman	3:12.50
M30	Jim Geisthart	2:02.90
	Robert Steele	2:21.30
M35	Craig Dean	2:08.70
	Norman Thomas	2:09.60
M40	James Porter	2:05.50
	Jim Irwin	2:10.10
	Gary Carr	2:12.90
M45	Alvin Carter	2:13.40
	Jim Verdier	2:16.30
M50	Earnest Billups	2:07.70
	Bob Urdiales	2:25.00
M55	Gordon Seifert	2:27.00
	Ron Jelinek	2:49.80
M60	Dean Smith	2:20.80
	Sheldon Lewis	3:58.70
M65	George Haasl	3:03.40
	Earl Cole	3:47.20

1500

W30	Peggy Morsch	5:05.10
	L. Rewolinski	5:44.00
W50	Janet Mezgolit	6:44.90
W55	Toshiko D'Elia	5:45.50
	M. Christman	5:48.40
W75	Anne Clarke	8:09.80
M30	Steve Wikner	4:15.70
M35	Craig Dean	4:19.10
	Norman Thomas	4:31.60
	Michael Dolan	5:16.60
M40	Z. Preckwinkle	4:12.58
	Rich Davis	4:23.60
	Paul Appell	4:24.20
M45	Jim Verdier	4:37.00
	Ed Packel	4:39.90
	Jerry Riebling	5:07.80
M50	Earnest Billups	4:21.50
	Lyndon Ruber	5:18.70
M55	Ted Pasquesi	6:51.00
M60	Dick Green	5:24.50
	Sheldon Lewis	6:56.00
M65	Warren Utes	5:10.10
	G. Rajcevich	6:33.20

3000

W30	Peggy Morsch	11:15.93
	Pg Cronin	11:16.64
	L. Rewolinski	12:36.50
W35	Jonelle Dwyer	12:01.90
W55	Toshiko D'Elia	12:08.20
	M. Christman	12:45.20
W75	Anne Clarke	17:46.00
M30	Steve Wikner	9:11.50
	Dave Thurston	9:13.02
M35	Dan Dwyer	8:57.50
	Bill Friedman	9:08.70
	Darryl Johnson	9:27.90
M40	Dick Aurelio	9:26.00
	Paul Appell	9:42.40
	Rich Davis	9:47.40
M45	Jerry Riebling	11:04.34
M50	Lyndon Ruber	11:33.30
	John Sweetland	13:24.00
	Jay Levine	13:45.10
M60	Sheldon Lewis	15:42.99

3000 Walk

W30	Cynthia Sax	14:14.00
W35	S. Franz-Rens.	15:38.00
W50	Frances Forys	20:42.00
W60	Ruth Leff	19:54.00
W75	Anne Clarke	23:53.00
M35	Neal Shuster	15:15.00
	Bob Jordon	17:49.00
M45	Robert Brzenk	16:22.00
M50	Oscar Rohr	21:06.00
M55	Bruce Fowler	19:00.00
	Andy Orr	21:02.00
	Ted Pasqueai	22:02.00

High Jump

M35	Mike Davis	5-4
M40	Johnie Meisner	5-9½
	Henry Hopkins	5-4
	R. Bagneski	4-8
M45	L. Washington	5-0
	George Labelle	4-8
	Mike Davidson	4-6
M50	R. Richardson	5-7
	Floyd Smith	5-4
	James Ware	4-6
M55	Gordon Seifert	5-23/4
	Ron Jelinek	4-6
	Bob Ackerman	4-6
M65	George Rajcevich	3-8
	Earl Cole	3-4
M70	Ham Morningstar	4-8
	Ed Morton	3-8
	Gordon Taylor	3-0
M75	John Dick	3-0
M85	Arling Pitcher	3-0
W50	Rachel Lyga	4-0

Long Jump

W50	Rachel Lyga	11-3½
M30	Lee Stanley	23-73/4
M35	Mike Davis	17-93/4
	David Ponzo	16-10
M40	Johnie Meisner	16-10
	Roger Bagneski	16-5½
M45	Hans Gordon	19-80
	Jerry Wright	15-93/4
	Bill Keel	14-8½
M50	Ed Stopoulos	18-7
M55	Bob Ackerman	15-11
	Gordon Seifert	15-3/4
	A. Batiansila	13-5½
M60	Buck Bradberry	16-103/4
	Chuck Olsen	13-43/4
M65	G. Rajcevich	11-43/4
	Earl Cole	9-5½
	George Haasl	8-9
M70	Ed Morton	12-5
	Ham Morningstar	9-5½
	Michael Lightfoot	10-10
M75	John Dick	6-10

Triple Jump

W40	Pam Calvert	32-103/4
M30	Lee Stanley	49-½
M40	Johnie Meisner	36-10½
	Roger Bagneski	34-0½
M45	Hans Gordon	38-1
	George Labelle	28-3½
M50	Ed Stopoulos	34-6½
M55	Gordon Seifert	32-93/4
	Bob Ackerman	31-1½
M60	Buck Bradberry	32-93/4
	Chuck Olsen	31-33/4

Continued on next page

Continued from previous page

M65	G. Rajcevich	24-1½
	Earl Cole	23-93/4
M70	Ham Morningstar	23-4½
	Gordon Taylor	19-13/4
M85	A.E. Pitcher	14-8½

Shot Put

W40	Karen Huff	30-8 ½
W50	Rachel Lyga	21-4½
M30	Patrick Burns	48-6
	Terry Melinger	43-6
M35	Bill Johnson	32-9
	Mike Davis	31-7
M40	Ed Hill	54-10
	R.Woosencraft	40-4½
	Sid Truckenbrod	35-10
M45	Carl Klehm	40-4½
	Ed Schmidt	38-8
	F.Lee Slick	32-6
M50	John Haugo	43-4½
	Bob Kemp	40-9½
	Gene Hendrix	39-½
M55	Alfred Pike	33-1½
	Walt Diggs	31-½
	A. Batiansila	29-63/4
M60	Chuck Olsen	38-7
	Jacob Stein	37-23/4
M65	G. Rajcevich	30-113/4
	Earl Cole	25-½
M70	M. Lightfoot	31-2½
	Gordon Taylor	30-73/4
M75	John Dick	26-2½

Discus

W40	Karen Huff	61-1
W50	Rachel Lyga	64-5
M30	Teri Melinger	133-3
	Patrick Burns	125-8
M35	Bill Johnson	96-9
	Mike Davis	103-7
M40	Ed Hill	148-5
	Sid Truckenbrod	131-8
	R. Woosencraft	116-4
M45	Carl Klehm	117-1
	Ed Schmidt	114-11
	John Schultz	92-8
M50	John Haugo	120-4
	Bob Kemp	119-10
	Gene Hendrix	118-5
M55	Alfred Pike	115-8
	Walt Diggs	96-0
	Bob Ackerman	78-2
M60	Jacob Stein	120-8
	Chuck Olsen	117-8
M65	Earl Cole	73-4
M70	Gordon Taylor	98-4
M75	John Dick	84-4

Hammer

M30	Terry Melinger	173-10
M40	Ed Hill	171-9
M45	Carl Klehm	127-6
M60	Jacob Stein	86-9

Weight Throws

20#

M30	Terry Melinger	59-3
	Patrick Burns	59-2
	B. Scanlon	57-5
M40	Ed Hill	73-91/
	Carl Klehm	53-4
M45	Ed Schmidt	49-6
	F.Lee Slick	47-2
M50	Bob Kemp	45-11
M55	Alfred Pike	36-9
M70	Gordon Taylor	32-2

25#

M30	Terry Melinger	56-8
	B. Scanlon	49-5
	Patrick Burns	47-4
M40	Ed Hill	42-4
M45	Carl Klehm	44-4
	Ed Schmidt	42-4
	F.Lee Slick	38-5
M50	Bob Kemp	47-4
M60	Jacob Stein	37-7
	Glenn Bradd	25-9
M70	Gordon Taylor	27-5

28#

M30	Patrick Burns	47-7
M40	R. Woosencraft	33-6
M45	Carl Klehm	49-2
	F.Lee Slick	36-7
M50	Bob Kemp	36-7

35#

M30	Terry Melinger	48-3
	Patrick Burns	39-8
	E. Scanlon	38-9
M40	Woosencraft	26-7
	Sid Truckenbrod	23-11
M45	Carl Klehm	42-2
	F.Lee Slick	33-6
M50	Bob Kemp	30-8
M70	Gordon Taylor	18-0

56#

M30	Patrick Burns	26-9
	T. Mellinger	26-3
M35	B. Scanlon	22-2
M40	Woosencraft	19-2
	Truckenbrod	15-10
M45	Carl Klehm	22-2
M50	Bob Kemp	30-9

98#

M30	Patrick Burns	12-6
	T. Melinger	11-10
	B. Scanlon	11-9
M40	Woosencraft	9-10
	Truckenbrod	9-0
M45	Carl Klehm	12-6
	F.Lee Slick	11-6
M50	Bob Kempt	10-3
M60	Glenn Bradd	7-0

Javelin

W40	Karen Huff	94-10
M30	Terry Melinger	120-0
M35	Al Weed	183-2
	Walter Kug	146-6
	Mike Davis	137-7
M40	John Hess	125-10
	Woosencraft	125-2
	Johnie Meisner	90-7
M45	George Labelle	105-10
	Carl Klehm	89-8
	John Schultz	89-5
M50	Edward Zalig	133-10
	R. Richardson	109-9
M55	Bob Ackerman	88-10
	Walt Diggs	77-11
M60	Jacob Stein	116-02
M65	Earl Cole	62-2
M70	Ham Morningstar	99-10
	Gordon Taylor	91-10
	M. Lightfoot	88-10
M75	John Dick	66-4
	Manfred D'Elia	64-11

Pole Vault

M30	Bob Meekman	14-0
	Keith Petvanek	13-6
	John Anderson	13-0
M35	Mike Davis	12-0
M40	Henry Hopkins	12-6
M45	Bill Keel	12-0
	Tom Allen	9-0
M55	Bob Ackerman	8-6
M65	George Rajcevich	7-0
M70	H. Morningstar	7-10
M85	A.E. Pitcher	5-0

MID AMERICA

1987 Minnesota Championships
Park Rapids, MN.
July 11

1987 Minnesota Championships
Park Rapids, MN; July 11

Sex			Age Factor
W50	Rachel Lyga	8.1	7.1
M60	Chuck Olson	7.3	5.9
M50	Jim Peterson	7.0	6.1
	John Haugo	7.0	6.2
M45	Lee Washington	6.8	6.1
	George LaBelle	7.1	6.4
M40	Dan LaBelle	6.8	6.4
	Dave Larkin	7.0	6.5
M35	Dan Martin	6.7	6.4
M30	Jeff Kellerman	6.3	6.3
	Dick Irwin	6.7	6.6

100m

W50	Rachel Lyga	15.6
M60	Chuck Olson	14.2
M50	Jim Peterson	13.3
	John Haugo	13.3
M45	George LaBelle	13.5
M40	Dave Larkin	13.3
M35	Dan Martin	12.4
M30	Jeff Kellerman	11.8
	Dick Irwin	13.6

200m

W50	Rachel Lyga	35.4
M60	Chuck Olson	DNF
M50	John Haugo	27.6
	Jim Peterson	28.2
M40	Dan LaBelle	27.0
	Dave Larkin	28.5
M35	Dan Martin	25.6
M30	Jeff Kellerman	25.5

400m

W50	Rachel Lyga	1:22.6
M40	Dave Larkin	1:03.2
M30	Jeff Kellerman	1:03.0

800m

M55	Keith Gulbranson	2:45.6
M40	Dave Larkin	2:25.2
M35	Rod Helm	2:42.7
M30	Jeff Kellerman	2:22.9

1500m

M65	Leo Hardung	6:33.8
M55	Keith Gulbranson	5:43.7
M40	Steve Bilben	5:04.5
M35	Terry Olson	4:38.9

5,000m

M65	Leo Hardung	22:43.3
M55	K. Gulbranson	20:36.8
M45	Ed Bolton	22:11.6
M40	Greg Larson	17:09.6
M35	John Strom	22:24.64

100m Hurdles

M45	George LaBelle	57.7
M40	Eldon Garner	54.8

110m Hurdles

M50	Jim Peterson	20.1
M45	Lee Washington	20.0
M40	Dave Larkin	22.4

Javelin

W60	Chuck Olson	70'11"
M45	George LaBelle	104' 9"
	Carl Klehm	80' 7"
M40	Dan LaBelle	126' 2"
M30	Tom Johnson	151' 1"

Shot Put

W50 8#	Rachel Lyga	22' 1"
W30 8#	Susan LaBelle	21' 5"
M60 5Kg	Chuck Olson	30'10"
M50 12#	John Haugo	41' 9"
	Jim Peterson	36'3½"
M45 16#	Carl Klehm	33' 9"
	George LaBelle	30' 6"
M40	Dan LaBelle	35'7½"
M30	Tom Johnson	42' 6"

Pole Vault

M50	Jim Peterson	8'
M35	Rick Nelson	Did not clear opening ht 13'

Discus 1 Kg

W50	Rachel Lyga	62'10"
W30	Susan LaBelle	70' 5"
M60	Chuck Olson	114' 2"
M50 1.6Kg	John Haugo	113'11"
	Jim Peterson	102'10"
M45 2Kg	Carl Klehm	103' 5"
	Lee Washington	91'1½"
	George LaBelle	84' 7"
M30	Tom Johnson	117'10"

Triple Jump

W50	Chuck Olson	32' 6"
M50	Jim Peterson	33'8½"
M45	George LaBelle	30' 9"

Long Jump

W50	Rachel Lyga	12' 1"
M60	Chuck Olson	14' 3"
M50	Jim Peterson	16'4½"
M45	George LaBelle	14' 5"
M35	Rick Nelson	17' 3"
	Dan Martin	17' 0"

High Jump

W50	Rachel Lyga	3'10"
M60	Chuck Olson	4'00"
M50	Jim Peterson	4' 8"
M45	Lee Washington	5' 4"
	Dennis Bolton	4' 8"
	George LaBelle	4' 4"
M40	Dan LaBelle	5' 2"
M35	Dan Martin	5' 2"

Hammer Throw

M45	Carl Klehm	128' 2"
	George LaBelle	71'11"
M40	Eldon Garner	66'10"

Weight Toss

M45	Carl Klehm	9# 4"
	George LaBelle	6'10½"
M40	Dan LaBelle	7' 8"
M30	Tom Johnson	7' 8"

Knights of Columbus
Hutchison, Kansas
July 25

Masters men 30-34

100m – 1. Ray Augustine, Hutchinson, 12.55; 2. Ivan Dunn, Hutchinson. 200m – 1. Ivan Dunn, Hutchinson, 29.60. 400m – 1. Doug Stigge, Manhattan, 54.4. 800m – 1. Ted Crank, Hutchinson, 2:08.2. Shot put – 1. Ivan Dunn, Hutchinson, 27-11¼. 1,600m – 1. Ted Crank, Hutchinson, 4:55.9. Javelin – 1. Ivan Dunn, Hutchinson, 83-1. 4x100 relay – 1. Hutchinson, 55.87.

Masters men 35-39

100m – 1. Alan Loomans, Maple Hill, 12.0. High jump – 1. Alan Loonus, Maple Hill, 5-2. Long jump – 1. Alan Loomans, Maple Hill, 16-10½.

Masters men 40-44

3,200m – 1. Ron Long, Hutchinson, 12.09. 2. Phil Schepes, Wichita; 3. Bob Gasson, Hutchinson. 1,600m – 1. Ron Long, Hutchinson, 5:57. 400m – 1. John Charles, Pampa, Texas, 1:00.9. High jump – 1. John Charles, Pampa, Texas, 5-2. Pole vault – 1. John Charles, Pampa, Texas, 11-0. Discus – 1. John Charles, Pampa, Texas, 105-11.

Masters men 45-49

3,200m – 1. Phil Coslett, Sedgwick, 13:34. 100m – 1. Gary Oliphant, Wichita, 11.39. 200m – 1. Gary Oliphant, Wichita, 24.20. Shot put – 1. Bob Hoover, Andover, 30-3. Discus – 1. Bob Hoover, Andover, 86-2. High jump – 1. Bob Hoover, 4-2. Triple jump – 1. Bob Hoover, Andover, 27-10. Long jump – 1. Bob Hoover, Andover, 13-4½. Javelin – 1. Bob Hoover, Andover, 76-0.

Masters men 50-54

100m – 1. Stan Giles, Wichita, 12.72 200m – 1. Stan Giles, Wichita, 27.62. 400m – 1. Stan Giles, Wichita, 1:05.51. Shot put – 1. Tom Wesselowski, 48-8½. Discus – 1. Tom Wesselowski, 135-0. Long jump – 1. Stan Giles, Wichita, 13-6¼.

Age 55-59

Masters men

110m hurdles – 1. Jerry Reiserer, Wichita, 18.59. 400m hurdles – 1. Jerry Reiserer, 1:06.29. 100m – 1. Wendall Palmer, Pampa, Texas, 13.28. Shot put – 1. Wendall Palmer, Pampa, Texas, 42-10½; 2. Bill Butterworth, Wichita. Discus – 1. Wendall Palmer, Pampa, Texas, 163-6 (new age group record); 2. Jerry Reiserer, Wichita; 3. Bill Butterworth, Wichita. High jump – 1. Bill Butterworth, Wichita, 5-0; 2. Wendall Palmer, Pampa, Texas; 3. Jerry Reiserer, Wichita. Pole vault – 1. Jerry Reiserer, Wichita, 8-6; 2. Wendall Palmer, Pampa, Texas. Triple jump – 1. Jerry Reiserer, Wichita, 31-3¼; 2. Wendall Palmer, Pampa, Texas; 3. Bill Butterworth, Wichita. Javelin – 1. Wendall Palmer, Pampa, Texas, 132-3. 2. Jerry Reiserer, Wichita.

Masters men 70-79

100m – 1. Eugene Cottrel, Ellinwood, 15.20. 200m – 1. Eugene Cottrel, Ellinwood, 34.0; 3. Long jump – 1. Eugene Cottrel, Ellinwood, 10-4½.

14th Lawrence T&F Meet
Lawrence, Kansas
July 26

100

M30	Gary Martin	11.84
M35	Dale Bean	12.30
M40	Ross Jensen	12.62
M45	Thorton Shelton	12.60
M55	Earl Ventura	12.52
M60	Jack Haefele	14.02

200

M30	Gary Martin	24.44
M35	Dale Bean	25.10
M40	Ross Jensen	24.22
M45	Thorton Shelton	12.60

800

M30	Tim Powell	2:17.4
M35	Bob Etzel	2:40.5
M45	Wally Brawner	2:17.4
M50	Melvin Miller	2:36.6

1500

M30	Pat Peery	4:48.8
M40	Steve Webb	4:47.7
M45	"arry Peterson	5:10.6
M50	Melvin Miller	5:19.6

3000

M30	Pat Peery	10:02.0
M35	Larry Sprayl	9:36.3
M45	Melvin Miller	11:15.5

High Jump

M35	Alan Loomis	5-2
M40	Ken Winter	5-6
M60	Jack Haefele	4-2

Long Jump

M35	Scott Curry	17-5
M55	Earl Ventura	16-5
M60	Jack Haefele	14-10

Triple Jump

M40	Ken Winter	37-2

Shot Put

M30	Rusty Hodge	48-6
M35	J. Christiansen	36-5
M50	Ross Shepard	39-7

Discus

M30	Rusty Hodge	134-3
M40	Steve Rogers	124-0
M50	Ross Shepherd	106-8
M55	Zamir Bavel	106-5
M60	Jack Haefele	113-9

Hammer

M30	Wayne Jones	95-11
M50	Zamir Bavel	101-9

SOUTHWEST

Duke City results on page 34

Sooner State Games
Oklahoma City
June 27

100m

W40	Chas Gilmore	12.68
	Ellis Winkle	12.77
	Wm Kleinhoff	12.85
M45	Chas Birkhead	12.82
	Marvin Winters	13.07
	Leon Johnson	13.39
M50	Dale Lance	12.25
	Bob Santine	12.71
	Randall Lindsey	12.93
M55	Bill Wright	12.70
	Jerry Sparks	14.41
	Wayne Seoggins	15.42
W60	Willie Johnson	14.00
	Jack Deuer	14.26
M65	Leonard Wray	14.31
	Mahlon Bennett	16.68
W40	Maria Birkhead	17.8
W45	Lynne Taylor	17.1
W60	Mable Anderson	22.7

110m HH

W40	Tolly Dibb	19.56
	Larry Forrester	20.65
	Jerry Pippin	21.16
M50	Dale Lance	16.14
	Logan Wright	21.97
M55	Bill Wright	21.61
M60	Willie Johnson	22.83

200m

W40	Jenny Herrold	25.55
	Tollie Dibb	26.47
	Vic Fairbanks	26.48
	Chas Birkhead	26.49
	Terry Campbell	27.14
	Bob Bomer	27.51
M50	Dale Lance	25.46
	Bob Santine	27.11
M55	Bill Wright	27.33
	Rex Paty	29.97
	Wayne Seoggins	34.09
W60	Jack Denver	31.88
	Ray Anderson	36.79
W65	Leonard Wray	31.95

400m

W40	Larry Toothaker	60.15
	Michael Roark	64.28
	Ron Cambriand	65.56
M50	Logan Wright	65.99
	Bob Baker	72.36
	Robt Perren	73.49
M55	Bill Wright	71.63
M60	Ray Anderson	75.46
W45	Lynne Taylor	78.15

800m

W40	Vic Fairbanks	2:10.47
	Larry Toothaker	2:12.62
	Richard Sinner	2:21.91
M45	Marvin Winters	2:37.48
	Russell Currie	2:40.57
	Bob Baker	2:42.65
W45	Lynne Taylor	3:00.91

1500m

W40	Richard Sinner	4:54.67
	Gerald Doehsen	5:00.11
	Mike Gillette	5:05.19
M45	Bob Bomer	5:10.35
	Marvin Winters	5:30.21
	Russell Currie	5:30.41
M55	Bob Baker	5:59.60
	Walter Lee	6:52.76
	Darrell Tucker	7:07.40
W45	Lynne Taylor	6:19.66

3000m

W40	Richard Sinner	10:28.74
	Gerald Doehsen	10:46.74
	Mike Gillette	10:47.37
M45	Jim McFadden	10:39.52
	Mike Evans	12:03.02
	Don Pistoli	16:52.44
M50	Jim Robyler	12:15.55
	John Martin	12:31.78
	Dean Windsor	12:49.95
M55	Rex Paty	13:06.54
	Ed Apple	15:34.39

DISCUS

W40	James Weaver	94-9
	Ellis Winkle	92-2
	Jerry Pippin	84-1
M45	Robin Oliver	127-4
M50	Brad Brauser	118-4
	E. Albrighton	111-1
	Dave Forrester	103-7
M55	Art Billiemeir	86-7
	Bill Wright	84-2
M65	Bill Carter	120-4
	Leonard Wray	107-2
W40	Doris Wheeler	42-0

HIGH JUMP

W40	Jim Johnson	5-4
	Ken Seoggins	5-4
	Mike Roark	4-10
M45	Mike Wilhite	4-8
	Chas Birkhead	4-8
M50	Joe Mugheton	4-0.5
	Darryl Tucker	3-6
M55	Bill Wright	4-6
M50	Ray Anderson	3-8
M65	Mahlon Brnnett	3-10
W40	Doris Wheeler	3-6
	Maria Birkhead	3-6

LONG JUMP

W40	Ken Seoggins	19-1.5
	Ron Cambrian	18-0.25
	John Manoch	17-9.75
M45	Richard Wells	16-4.5
	Mike Wilhite	16-0.25
	Leon Johnson	15-0.75
M50	Dale Lance	17-2.5
	Joe Mugheton	15-7.5
	Robt Perry	13-9.5
M55	Bill Wright	14-10.75
	Rex Paty	14-0.25
	Wayne Seoggins	13-1
M60	Willie Johnson	14-0.25
	Ray Anderson	10-9
M65	Leonard Wray	13-0
	Mahlon Bennett	10-10
	Bill Carter	10-2.5
W40	Maria Birkhead	8-4.5
W60	Mable Anderson	7-4

POLE VAULT

M45	M E Wheeler	10-0
	Mike Wilhite	8-0
M50	Dale Lance	10-0
	Darrel Tucker	8-0
M60	Ray Anderson	7-0

SHOT PUT

W40	James Weaver	33-0
	Jerry Pippin	29-7
	Ellis Winkle	29-6.75
	Robin Oliver	37-3
	Richard Conrad	23-6.6
M50	Brad Brauser	40-3
	E Albrighton	37-4
	Dave Forrester	35-11.5
M55	Art Billiemeir	32-0.25
	Bill Wright	29-0
M65	Bill Carter	36-9.75
	Leonard Wray	35-1.5
	Mahlon Bennett	32-9.5

TRIPLE JUMP

W40	Ken Seoggins	39-3.25
	Ron Cambrian	33-8
	Foster Johnson	32-6.25
M45	Mike Wilhite	30-7.5
	Richard Wells	30-2.75
M65	Bill Carter	22-11.5
	Mahlon Bennett	19-0.5

Fulf Association/
TAC Masters
T&F Meet, Pasadena, TX.
July 11

100

W35	Daisy Hill	15.63
W40	Trudy Kennedy	17.32
W55	JoAnn Mc Mahan	19.79
M30	William Caesar	12.58
M35	Robert Mitchell	11.06
M45	Lynn Ellison	13.71
M55	Sammy McWhirter	14.14

200

W55	JoAnn Mc Mahan	44.21
M30	William Caesar	25.58
M35	Robert Mitchell	22.97
M40	Craig Lee	25.38
M45	Mack Stewart	24.99
M55	Sammy Mc Whirter	30.78

400

W40	Lorraine Dekkers	63.02
M30	Ken Yanowski	59.33
M35	J.B. Haggerty	50.34
M40	Craig Lee	57.59
M45	Mack Stewart	55.38

800

W35	Georgette Green	2:31:01
W40	Loraine Dekkers	2:42.91
M30	Ken Yanowski	2:08.68
M35	Gordon Wood	2:14.95
M40	Craig Lee	2:10.94
M45	Mack Stewart	2:09.08
M50	Ino Cantu	2:19.77
M55	David Dallas	2:48.40

1500

M30	Wayne Rutledge	4:27.82
M35	Jim Darcy	4:38.68
M40	Joe Boyle	4:33.12
M45	Cecil Smith	4:33.20
M50	Ino Cantu	4:36.25
M55	Jimmy Tennison	4:49.23

5000

W30	Rebecca Vogt	21:45.42
M30	Ken Yanowski	18:17.00
M35	James Darcy	18:39.12
M50	Ino Cantu	19:26.28

3000 Steeple

M35	James Darcy	11:15.71

1500m Walk

W30	Sydnie Kleinhenz	8:23.97
W40	Vinnie Lloyd	12:10.07
W55	Renee Protopapas	10:49.96
M35	Mike Kleinhenz	7:48.85
M45	Cecil Smith	8:18.17
M50	Boris Balic	8:16.42
M65	John Evans	9:59.13

4X100 Relay

W30	Bay Area RC	1:07.21
M30	Hurricane Sports	47.52

4X400 Relay

W30	Bay Area RC	5:37.24
M30	Houston Harriers	4:00.43
M40	Bay Area RC	4:28.20

Shot Put

M30	Ken Yanowski	29'10
M35	Roger Kamla	51'2
M40	Brill Stuart	41'10
M45	Jack Whitley	28'3

Discus

M30	Ken Yanowski	67'11
M35	Roger Kamla	151'5½
M40	Brill Stuart	122'9
M45	Jack Whitley	91'0

Javelin

M30	Ken Yanowski	112'2
M45	Jack Whitley	100'5
M65	Gorden Nordgren (600 Grams)	121'0
M65	Gordon Nordgren (800 Grams)	122'6

Long Jump

M30	David Paul Davis	19'1½
M35	Gordon Wood	15'9½
M40	Ken Black	18'11
M55	David Dallas	12'2

Triple Jump

M30	Derek Taylor	31'7
M35	Gordon Wood	29'11
M40	Ken Black	36'6½

High Jump

M30	David Paul David	6'0

Pole Vault

M30	Tom Wilson	14'C

WEST

1st Annual River City
Track and Field Club Meet
July 4

100m

W30	M Duncan	14.11
	B Post	14.53
M65	C Killion	14.00
M60	B Roemer	13.17
M55	H Washington	13.04
	A Pappas	13.18
	M Melgosa	13.49
M50	P Presbes	12.35
	B Rivera	13.34
M45	M Adamson	11.57
M40	J Pasquali	12.66
M35	T Allen	11.55
	R Yeck	11.70
	E Bryant	12.03
	R Ligons	12.04
M30	K Cook	11.71
	G Schmidt	12.39
	K Barnum	12.90
OPEN	N Levingston	11.20
	D Quilantang	11.80

200m

W50	I Obera	28.27
W45	N O'connor	29.55
W30	M Duncan	28.50
	P Wusthof	30.00
	B Post	30.32
M65	C Killion	29.33
M55	H Washington	26.60
	A Pappas	26.80
	M Melgosa	27.34
	E Mehmedbsich	28.60
M50	P Presbes	25.50
	B Rivera	27.85
M45	M Adamson	23.98
	Ted Cain	24.20
	D Sanders	32.32
M40	J Pasquali	26.00
M35	T Allen	24.00
	R Yeck	24.01
	E Bryant	24.90
M30	J Ware	24.20
	K Cook	24.74
	K Barnum	27.50
OPEN	N Levingston	23.19

Continued on next page

400m
W50 I Obera 60.00
W45 N O'connor 64.95
W30 N Frost 65.40
P Wusthof 67.12
Chen-Er Mehm 70.70
M65 C Killion 77.04
M55 A Pappas 64.39
H Washington 65.40
E Mehmedbasi 66.34
M45 T Cain 53.33
M Adamson 53.40
R Stones 59.51
M35 R Yeck 52.90
B Turner 53.60
J Montoya 55.70
M Trone 74.65
R Buhl -----
M30 R Thoman 55.50
K Barnum 63.04
OPEN T Morris 48.82

800m
W30 C Mehmedbasic 2:48.05
M60 V Koerner 2:49.80
M50 P Richardson 2:11.71
M45 J Semler 2:21.31
M40 S Barnett 2:03.33
M Ackley 2:12.40
J Beland 2:19.20
J Aldridge 2:31.87
M35 Max Naegele 2:09.71
M30 B Haynes 2:23.13
OPEN P Rosenfield 2:13.70

1500m
W30 N Frost 5:37.90
C Mehmedbas 5:41.50
M40 M Holbrook 4:12.68
F Krebs 4:28.84
M35 R Sturgeon 4.10.05
R Govi 4:11.70
J Montoya 4:25.10
D Katcher 4:29.31
M Trone 5:55.84

5000m
M40 M Ammon 17:10.70
M Gallo 17:42.70
J Neff 17:53.90
M Trainer 19:22.50

110m HURDLES
M50 J Stanners 18.98
M45 B Benson 18.09
T Cain 18.10
M35 E Baskauskas 16.82
O Murrphy 20.69
M30 G Schmidt 17.40

4x100m San Francisco TC
R Thoman
B Turner 47.70
E Bryant
J Pasquali

4x200m San Francisco TC
R Thoman
B Turner 4:02.15
E Bryant
J Pasquali

HJ
M65 W Dahlin 4'8"
M50 D Rose 5'0"
J Stanners 5'0"
M45 R Hotchkiss 5'4"
D Dvork 5'4"
B Benson 4'6"
M35 E Baskauskas 5'8"
O Murrphy 5'6"

PV
M50 J Stanners 10'6"
O Murphy -----
M40 B Hotaling 13'0"
G Lemen 12'0"
M35 J Williams 13'6"
E Seese 13'0"
R Ying 12'8"
M30 W Soo-Hoo 13'6"
OPEN B James 12'6"
W James -----
J Powell -----
J Music -----

LJ
M45 T Cain 19'4"
D Dvork 17'7"
R Jones 16'8"
M40 L Bond 19'5"
M35 R Buhl 19'1"
O Murrphy 17'9"
M30 G Schmidt 18'1"
OPEN D Quilantang 20'10"

TJ
M50 J Stanners 32'9"
M45 R Jones 32'11"
M35 O Murrphy 37'1"
M30 G Schmidt 38'6"
OPEN E Paige 47'5"
C Pollock 44'3"
D Quilantang 40'6"

Shot
M65 H Cronkhite 38'2
D Mack 26'2
M50 J Stanners 30'9
M45 R Hotchkiss 39'7
M30 G Schmidt 38'9
K Barnum 29'5
OPEN J Garvey 41'8

Discus
M65 H Cronkhite 95'7
H Booth 129'2
D Mack 78'1
M50 D Rose 114'0
J Stanners 101'10
M45 R Hotchkiss 134'4
M30 G Schmidt 116'2
OPEN J Garvey 155'2

Jav
M65 D Mack 82'7
M60 B Roemer 131'7
M55 J Shields 154'8
M50 D Rose 152'6
M45 R Hotchkiss 159'6
R Jones 100'6
D Sanders 88'0
M40 D Neufeld 147'10
M30 G Schmidt 144'10
K Barnum 113'7
OPEN J Scruggs 181'5

Hammer
OPEN J Scruggs 136'8

Wt. Throw 35 lb
OPEN K Norlen 52'4
J Scruggs 32'11

L.A. Patriots Summer Relays & California Team Championships, Los Angeles July 11

Team Championship
1 Corona Del Mar TC 276
2 So. Calif. Striders 186
3 L.A.-Valley AC 158
4 West Valley TC 130
5 River City TC 54
6 L.A. Walkers 26
7 Huntington Beach TC 19
8 Trojan Masters TC 18
9 San Diego TC 16
10 Team Patriots Rebels 10

100m
M30 D Scott 11.0
J Bonilla 11.5
M35 S Reels 12.4
M Holzgang 12.8
M40 A Stallworth 11.7
D Duffy 11.7
C Flowers 12.0
M45 W Butler 11.4
B Washington 12.1
M Sacks 12.8
M50 B Springbett 11.7
R Tsuda 12.3
M55 D Benton 12.5
D Marlin 12.6
B Stevens 12.8
M60 R Watanabe 12.6
G Harte 12.9
C Orndoff 14.2
M65 T Patsalis 13.2
D Lawyer 13.8
R Hunt 14.6
M70 B Morales 14.2
H Miller 14.2
B Morrow 15.5
M75 A Castro 14.7
W30 B Post 14.3
W50 M Moore 17.3
W55 M Kuehne 15.9
W65 M Hunt 25.0
W75 B James 21.5

200m
M30 J Bonilla 23.3
P Tatematsu nta
M35 M Holzgang 29.1
M40 M Pruitt 22.7
D Duffy 23.3
C Flowers 24.2
M45 D Smith 24.8
M Sacks 25.2
M50 N Newton *23.4
*ties existing WR
B Springbett 24.3
S King 24.7

M55 B Steven 26.5
D Marlin 26.9
E Kishi 27.1
M60 R Watanabe 25.6
G Harte 26.7
M65 D Lawyer 28.6
R Hunt 29.0
M70 H Miller 31.5
C Pao 34.4
E Howard 36.5
M75 A Castro 30.9
W30 B Post 28.9
W40 L Glass 30.4
W50 M Moore 37.0
W55 M Kuehne *33.5
*breaks AR
W75 B James 45.9

Weight Pentathlon
River City Track and Field Club
Sacramento, Ca., July 4

		Shot	Discus	Javelin	Hammer	Weight
G. Kelmenson	37	11.81	32.56	36.14	44.54	12.98
3050		624.5	542.5	466.5	750	667
E. Chynoweth	63	10.46	31.70	44.02	19.34	7.22
2788		650.5	554	872.5	379.5	332
Bob Stone	67	9.93	28.44	31.98	28.52#	9.22
3858#		676.5	829	714	809	830
Jim York	74	10.75	32.24	20.14	32.32	9.55#
3695#		796.5	776.5	614.5	744.5	763

400m
M35 B Myers 56.5
J Marquez 56.7
M Holzgang 66.7
M40 M Pruitt 50.2
D Duffy 52.1
A Stallworth 56.0
M45 R Jones 56.9
J Lomax 57.1
M50 S King 56.6
B McGuire 70.2
M55 B Stevens 62.9
M60 G Harte 61.9
R Hunt 72.1
R Watanabe 79.9
W30 B Post 70.0

800m
M35 J Gelsomini 1:59.7
W Douglas 2:06.0
B Wilson 2:12.3
M40 G Mason 1:59.6
S Barnett 2:00.5
H Franklin 2:00.6
M45 D Romaine 2:03.9
M Elliott 2:06.8
C Bedell 2:13.8
M50 R Dunton 2:27.4
G Marrett 2:37.9
M55 J Withers 2:25.6
B Holmes 2:25.8
L Beadle 2:38.2
M60 W Cole 2:53.6
W75 B James 4:14.3

1500m
M30 P Torres 4:38.5
M35 J Gelsomini 4:07.6
B Wilson 4:14.2
G Skiles 4:44.6

M40 M Figueroa 4:22.3
T Tomlinson 4:54.8
M45 C Bedell 4:43.0
M50 T Oviatt 5:16.6
G Marrett 5:20.8
M55 R Culling 4:59.2
H Willis nta
M85 J Bishin nta
W75 B James 8:23.0

3000m
M30 P Torres 9:47.8
M35 S Harney 9:47.0
R Perkins 10:46.6
M40 S Barnett 9:28.0
M50 G Marrett 11:42.0
M55 P Devine 10:25.5
H Willis 12:35.0

10,000m
M35 G Skiles 33:53.2
M40 G Sides 36:05.5
M50 T Oviatt 38:14.0
M55 R Perry 39:58.0
B McGuire 40:57.0
M60 L Banuelos 38:26.0
W80 M Ames 1:24:43.0

80mLH
M70 H Miller *14.5
*breaks AR
C Pao 15.5
B Morrow 18.4

100mLH
M60 R Watanabe 20.9
M65 T Patsalis *16.6
*breaks WR
R Hunt 17.3
B Gist 17.3
M55 D Jacks 15.4

110mHH
M30 K Speaks 15.8
M40 T Viltz 14.8
L Sallinger 16.3
M45 W Butler 15.1
A Henry 15.9
B Benson 18.1

300mIH
M30 K Speaks 43.9
M40 C McCormick 44.9
R Jensen 44.9
B Sevilla 46.7
M45 W Powell 55.3
M50 T Oviatt 62.9
M60 R Watanabe 49.5
M65 R Hunt 54.7

5000mRW
M45 Rassamyi 30:32.2
B Brewer 27:58.3
M50 R Oliver 26:38.1
M Mickelson 30:35.9
M80 C Unruh 32:22:15
W35 B Gelsomini 33:20.2
W45 N Alexander 32:34.2

4x100m Relay
M40+L.A.-Valley AC 47.7
M50+Corona Del Mar TC 50.1
West Valley TC 50.5
M60+L.A.-Valley AC 58.0

4x200m Relay
West Valley TC 1:38.6
So. Cal. Striders 1:47.0
Corona Del Mar TC 1:50.0

High Jump
M30 M Embree 6-6
J Meisler 6-6
M35 C Rader 6-4
M Saafir 5-8 3/4
M Holzgang 4-4
M40 B Sevilla 4-0
M55 N Newton 5-4
M60 B Richards 4-6
C Porter 4-0
M65 B Gist 4-8
M70 J Damski 4-2
M75 C Johnston 4-0
W35 A Steekelenburg 4-10

Pole Vault
M35 J Williams 11-4
M50 H Smith 8-10
M55 R Devoe 6-0
M60 B Richards 9-6
M75 C Johnston 8-10

Long Jump
M35 R Trujillo 20-9½
J Kuechle 20-7
M Saafir 19-5½
M40 C Flowers 20-8¼
F Fox Jr 17-0
J Bustamante 17-¼
M45 A Henry 18-11½
B Washington 17-1
J Lawson 17-¼
M50 R Tsuda 17-4
P Presber 15-8 3/4
E Martin 14-10½
M55 D Jackson 18-4¼
P Schlegel 15-7½
M60 B Richards 14-1

M65 T Patsalis 15-10
M70 H Miller 12-5
M75 C Johnston 10-8
W55 M Kuehne nma
W75 E Mendyka 7-3

Triple Jump
M35 R Trujillo 43-9
J Whitfield 35-½
M40 C Flowers 37-11
L Plotkin 32-6
M45 A Henry 36-10½
R Lawson 36-4½
R Jones 33-8¼
M50 R Schmidt 33-7½
M55 D Jackson 38-5 3/4
P Schlegel 25-10
M60 B Richard 26-7½
M65 T Patsalis *34-½
*breaks AR
M70 J Damski 27-7
H Miller 25-7 3/4
W55 M Kuehne *26-1½
*breaks AR

Shot Put
M30 B Pendleton 47-10½
M35 M Deller 43-5½
M Holzgang 34-9
M40 S Chaton 39-3½
G Kuhnke 37-3½
B Sevilla 29-8
M45 J White 34-6
H Harper 33-11½
M50 J Hart 48-10
H Smith 45-3
M55 D Kennerly 32-11½
M60 B Bangert 45-1½
B Richards 44-10
M65 S Lampert 37-6½
M70 J Thatcher 36-10½
M80 B DeGroot 26-9½
W40 L Glass 29-1½
W75 E Mendyka 24-7½

Discus
M35 D Umshler 160-11
M Deller 152-11
M Holzgang 92-9
M40 M Woodward 131-0
C McCormick 126-8
G Kuhnke 112-6
M45 J White 104-1
J Fagan 103-1
M50 J Hart 152-7
E Van Pelt 145-0
H Smith 124-6

M80 B DeGroot 80-10
W75 E Mendyka 55-8

Javelin
M35 J Greenberg 198-2
M Holzgang 129-8
M40 M Woodward 131-0
B Sevilla 101-0
M45 L Stuart 219-4
V Cetta 102-8
M50 E Martin 130-10
M60 D Pickarts 177-7
B Richards 128-1
M70 B Morales 146-0
W75 E Mendyka 63-8
M55 R Kennerly 107-6
M60 B Richards 152-7
D Pickarts 144-6
B Bangert 141-1
M65 S Lampert 106-11

Northern California Seniors Classic T&F Meet
Univ. of Calif., Berkeley July 18

100Meters
W65 Els Twinzing (65) 17.4
W60 Shirley Dietderich(60) 17.0
Molly Monheit (64) 19.5
W50 Irene Obera (53) 13.4
Marjorie Moore (54) 17.2
W30 Margrette Duncan(34) 13.8
M70 wind aided #2.25
Payton Jordan (70) 13.0W
Harry Koppel (74) 14.9W
John Satti (73) 15.1W
M65 Jim Johnson (65) 14.3
Sam Hoover (68) 16.2
Jim Stephenson (66) 19.5
M60 Robert Watanabe (61) 13.0
Bob Higginbotham(60) 13.9
M55 John Poppell (56) 12.5
Huel Washington(58) 12.7
Dick Hanson (55) 12.8
Bernie Stevens 13.1
Alex Pappas (58) 13.2
Ed Manougian (58) 13.2
M50 Ken Dennis (50) 11.2
Bruce Springbett(54) 12.0
Paul Williams (52) 12.3
Marvin Smoller (53) 13.2
M45 Martyn Adamson (48) 11.5
Bobby Simpson (45) 11.8
Phillip Maresca (48) 12.9
M40 Paul Dungan (42) 11.7
Jim Pasquali (41) 11.8
Juan Bustamante (44) 11.9
Larry Hermann (42) 13.0
Larry Hatfield (44) 13.2
M35 Norbert Payton (38) 11.0
Tom Allen (39) 11.9
Ray Yeck (39) 12.1
Earl Bryant (37) 12.2
Michael Holtzgang(39) 12.3
M30 Kenneth Cook (31) 11.6
Ricardo Quilatang(33) 12.0
Gary Schmidt (34) 12.5

200Meters
W60 Shirley Dietderich(60) 38.3
Molly Monheit (64) 40.6
#30-54 wind aided # 3.46ms
W50 Irene Obera (53) 27.7#
Marjorie Moore (54) 36.8#
W45 Nadine O'Connor(45) 28.6#
W40 Jamie Duff (41) 30.7#
W30 Margrette Duncan (34) 28.0#
Cheng-Er Mehmed-basich (31) 31.3#
M70 wind aided # 4.41 ms
Payton Jordan (70) 27.5#
Harry Koppel (74) 30.3#
John Satti (73) 32.3#
Bill Fairbank (70) 33.8#
M65 Charles Mercurio(67) 31.7
Sam Hoover (68) 34.6
wind aided # 5.13ms
M55 John Poppell (56) 25.4#
Dick Hanson (55) 25.7#
Huel Washington (58) 26.2#
Will Robinson (56) 26.3#
Ed Manougian (58) 26.8#
Alex Pappas (58) 27.0#
Lawr. Fullington(57) 27.1#
E. Mehmedbasich(55) 28.3#
M50 Ken Dennis (50) 22.9
Bruce Springbett(54) 24.4
Paul Williams (52) 25.9
Marvin Smoller (53) 27.4
M45 Martyn Adamson (48) 23.1
Bobby Simpson (45) 24.2
Phillip Maresca (48) 26.0
Clive Matson (46) 27.2
M40 wind aided #4.40ms
Paul Dungan (42) 22.6#
Matt Pruitt (42) 23.0#
Russ Rutledge (40) 24.0#
Don Vierra (41) 25.8#
Larry Hermann (42) 27.0#
Juan Bustamante (44) 27.5#
M35 Tom Allen (39) 23.8
Ray Yeck (39) 24.5
Earl Bryant (37) 24.5
Max Naegle (36) 25.2
M30 Caegle 22.5
Kenneth Cook (31) 23.8
Charles Missouri (34) 24.2

400Meters
W65 Els Twinzing (65) 86.0
W50 Irene Obera (53) 65.2
W45 Nadine O'Connor (45) 65.5
W30 Nancy Frost (33) 66.6
Cheng-er Mehmed-basich (31) 70.8
M80 Paul Spangler (88) 1:58.6

M70 Jerome Lopes (71) 75.1
Bill Fairbank (70) 76.6
M65 Jim Stephenson(66) 1:38.2
M60 Robert Watanabe (61) 63.2
M55 Bernard Steven 60.6
Alex Pappas (58) 62.4
E. Mehmedbasich(55) 67.0
M50 Gil LaTorre (50) 57.7
Marvin Smoller (53) 62.0
Onomato Legend (50) 63.7
M45 Martyn Adamson (48) 52.3
Ted Cain (45) 53.2
Clive Matson (46) 61.6
M40 Matt Pruitt (62) 51.7
Russ Rutledge (40) 54.7
Bob Spies (44) 54.7
Don Vierra (41) 58.5
M35 Ray Yeck (39) 54.1
Max Naegle (36) 56.5
M30 Charles Missouri(34) 53.5
Rick Thoman (34) 55.2

800Meters
W65 Jaclyn Caselli (66) 3:25.4
W55 Ruth Anderson (57) 3:07.2
W50 Barbara Robben (53) 3:18.4
W45 Marilyn Harbin (49) 2:30.9
W30 Cheng-Er Mehmed-basich (31) 2:51.8
M85 Paul Spangler (88) 4:32.5
M75 Mel Shine (78) 3:16.8
M65 Don Wilgus (65) 2:59.8
M55 Aart Hackwitz (58) 2:31.3
M45 Harold Holder (47) 2:29.6
M40 Searcy Burnett(40) 1:59.3
Harvey Franklin(43) 2:00.4
George Mason (43) 2:01.2
Gary Chamberlain(40) 2:16.4
William McCarthy(42) 2:24.6
M30 George Cagle(31) 1:56.8
Daniel Barry (31) 1:58.3
Greg Hodson (30) 2:14.3

1500Meters
W50 Barbara Robben (53) 6:46.0
W45 Marilyn Harbin(49) 5:12.6
M85 Paul Spangler (88) 9:21.0
M70 Ray Mahannah (71) 6:33.9
Tertius Chandler(72) 7:39.2
M65 Donald Cotner(65) 6:03
Don Wilgus (65) 6:12.0
M60 Joe King (61) 5:04.5
M40 Bill Sevald (41) 4:14.3
George Mason (43) 4:17.9
John Cobourn (40) 4:28.3
Gary Chamberlain(40) 4:40.0
M35 C. Chateaubriant(37) 4:26.6
Ernie Rivas (37) 4:29.0
M30 Michael German(30) 4:11.5
Philip Behrends(34) 4:14.4
Steven Petto (31) 4:19.7

3000Meters
W65 Jaclyn Caselli (66) 13:33.2
W55 Ruth Anderson (57) 12:53.4
W30 Bonnie Zapata (30) 11:19.3
M85 Paul Spangler (88) 18:55.7
M70 Ed Preston (70) 13:03.3
Tertius Chandler(72)
M65 Don Wilgus (65) 13:38.3
Carl Helterman(66) 19:23.8
M40 Bill Sevald 8:52
Al Stanbridge (42) 9:30.6
Daryl Zapata (42) 9:30.6
Malcolm Scotchler (41) 10:15
M35 Steve Ferraz (39) 8:48
Ernie Rivas (37) 9:07.4
M30 Bob Heierle (34) 9:11.3
Philip Behrends(34) 9:28.6
Greg Hodson (30) 9:42.1

100M Hurdles
M60 Bob Higginbotham (60) 17.5
M70 John Satti (73) 18.0

110M Hurdles
M55 Alan Maxwell (57) 20.3
Bill Eller (52) 20.0
M45 Walt Butler (46) 15.3
Gary Schmidt (34) 16.8

400M Int.Hurdles
M55 Will Robinson (56) 69.3
Alan Maxwell (57) 78.5

M55 Will Robinson (56) 69.3 33"
Alan Maxwell (57) 78.5
M50 Bill Eller (52) 73.0
M45 Harold Holder (47) 73.6 36"
M30 John Kirkpatrick (33) 60.5 36"

4 X 100 Relay
M50-59 West Valley T.C. 51.0
M40-49 West Valley T.C. 55.0

HAMMER
M70 Jim York (74) 104'5" 4K
M65 Bob Stone (67) 104'5" 5K
Rick Hustace (68) 68'9"
M50 Jim Hart (50) 125'3" 6K
M35 Gary Kelmenson (37) 144'10" 7.26K

SHOT
W50 Marjorie Larney (50) 33'3 3/4"
Barbara Racine (53) 25'2 3/4"
W45 Cherrie Sherrard (48) 33'¼"
Alita Rosenfeld (45) 24'1"
W35 Emily Stone (38) 32'11¾"
M80 Burt DeGroot (80) 27'11"
Emery Curtice (80) 24'5½"
M70 Ross Carter (73) 42'2¾"
Jim York (74) 33'3¼"
Lester Liebenberg(71) 32'10¾"
M65 Quinto Merlo (67) 35'5½"
Bob Stone (67) 32'6"
Hal Cronkhite (69) 32'2¾"
Hy Booth (68) 31'
Richard Mack (69) 27'11"
M55 Ted Wassam (55) 39'9 3/4"
M50 Jim Hart (50) 47'5½"
Bob Beedle (53) 35'10 3/4"
M45 Richard Brown (47) 49'7½"
Richard Hotchkiss(48) 41'1"
M35 Gary Kelmenson (37) 37'5"
Michael Holtzgang(39) 35'5 3/4"
M30 Richard Gorbet (33) 51' 3/4"
Gary Schmidt (34) 39'7"

DISCUS
W60 Shirley Dietderich(60) 63'2"
W50 Marjorie Larney (50) 94'8"
Barbara Racine (53) 67'9"
W45 Cherrie Sherrard (48) 82'3"
Alita Rosenfeld(45) 69'5"
W35 Emily Stone (38) 73'9"
M80 Burt DeGroot (80) 82'
M70 Ross Carter (73) 126'5"
Jim York (74) 101'
Lester Liebenberg(71) 94'3"

Continued on next page

Continued from previous page

M65	Bob Stone (67)	127'7"
	Hy Booth (68)	125'2"
	Quinto Merlo (67)	119'
	Hal Cronkhite (69)	94'4"
	Richard Mack (69)	81'11"
M60	Michael Orlich (60)	119'9"
	Alden Bryant (64)	92'2"
M55	Ted Wassam (55)	122'6"
M50	Jim Hart (50)	148'
	Don Rose (52)	114'1"
	Bob Beedle (53)	102'2"
M45	Richard Hotchkiss(48)	135'2"
	Richard Rodarte(47)	122'5"
M35	Michael Holtzgang(39)	94'9"
M30	Richard Corbet (33)	126'11"
	Gary Schmidt (34)	121'5"

JAVELIN

W60	Shirley Dietderich(60)	65'6"
W50	Marjorie Lerney (50)	67'6"
	Barbara Racine (53)	37'2"
W45	Fran Conley (46)	95'11"
	Alita Rosenfeld (45)	84'4"
W30	Karin Smith (31)	198'5"
M80	Emery Curtice (80)	90'8"
M70	Lester Liebenberg (71)	72'5"
	Alvin Becker (70)	53'6"
M65	Bob Stone (67)	104'2"
	Richard Hustace (68)	98'9"
	Richard Mack (69)	90'4"
	Jack Wells (67)	87'4"
M60	Alden Bryant (64)	106'3"
M50	Phil Conley (52)	172'8"
	Don Rose (52)	150'3"
M45	Dennis Neufeld (44)	156'10"
	Richard Stepp (42)	138'5"
M35	Michael Holtzgang(39)	122'10"
M30	Gary Schmidt (34)	147'3"

HIGH JUMP

M70	Lester Liebenberg(71)	3'10"
M65	Walter Danlin (66)	4'6"
	Jim Johnson (65)	4'2"
M60	Joe King (61)	-
M50	Don Rose (52)	5'2"
M45	John Dobrota (46)	5'6"
	Richard Hotchkiss(48)	5'6"
	Don Dvorak (45)	4'10"
M35	Michael Holtzgang(39)	4'8"
M30	Jerry Coleman (34)	6'4"
	Dennis DeLoach	6'2"

LONG JUMP

W45	Alita Rosenfeld (45)	8'7¢"
M70	John Satti (73)	11'11½"
	Lester Liebenberg(71)	10'1½"
M65	Jim Johnson (65)	16'7"
M55	Lil Arnerich	10'7"
M50	Paul Williams (52)	16'3¢"
M45	Ted Cain (45)	18'11"W
	"	18'10 3/4
	Donald Dvorak (45)	16'10½"
M40	Jim Turrentine (41)	17'9"
M35	Michael Holtzgang (39)	14'11¢"W
		14'7 3/4
M30	Gary Schmidt (34)	18'6¢"W
		18'3"
	Jim Scileny (33)	9'11½"

TRIPLE JUMP

M70	Lester Liebenberg(71)	21'8½"
M65	Jim Johnson (65)	28'9½"
	Charles Mercurio (67)	28'3"
M50	Onomatapoela Legend(50)	31'2 3/4"
M45	Harold Holder (47)	30'6"
M30	Ricardo Quilantang(33)	38'6"
	Gary Schmidt (34)	37'8¢"
	Jim Scileny (33)	20'11"

POLE VAULT

M65	Jim Johnson (65)	8'6"
M40	Bruce Hotaling (43)	13'
	Richard Stepp (42)	11'6"
	Roger Werne (43)	11'
	David Barker (41)	9'
M35	Edward Seese (37)	13'
	Rich Ying (39)	11'6"
M30	Soohoo Wilson (30)	14'6"

TAC Western Regional Masters T&F Championships
Fresno, Calif.
July 25

EVENT	W/M/AGE	NAME	AGE	MARK
100	W/30-34	DUNCAN, MARGARET	34	13.89
		POST, BECKY	32	14.18
		HOCKER, SABRINA	30	14.88
	W/45-49	O'CONNOR, NADINE	45	14.32
	W/50-54	OBERA, IRENE	53	13.37
	M/30-34	WILLIAMS, RANDY	33	10.84
		COOK, KENNETH	31	11.75
		DEMBY, FRANK	34	12.13
	M/35-39	DRIVER, EUGENE	37	10.80
		PAYTON, NORBERT	38	10.99
		BRYANT, EARL	37	11.93
		REILLY, FRANK	39	12.43
		MORRISROE, MARTIN	36	12.52
	M/40-44	LITTLE, FRANK	42	11.65
		MORRIS, RUFUS	42	11.80
		DUFFY, DENNIS	44	12.06
		WEINSTOCK, BILL	40	12.09
		JOHNSON, BILL	42	12.37
		BUSTAMANTE, JUAN	44	12.71
	M/45-49	ADAMSON, MARTYN	48	11.85
		BUTLER, WALT	46	12.09
		NEIDERMEYER, FRED	47	12.44
		VARTY, JERRY	45	13.65
	M/50-54	DENNIS, KEN	50	11.43
		SPRINGBETT, BRUCE	54	12.25
		WRIGHT, S.C.	53	12.90
		MENDENHALL, SAM	51	13.03
		STANNERS, JERRY	52	13.79
	M/55-59	POPPELL, JOHN	57	12.65
		HANSEN, RICHARD	55	12.68
		WASHINGTON, HULL	58	12.76
		MARLIN, DICK	57	13.10
		PAPPAS, ALEX	58	13.59
		MEHMEDBASICH, ENVER	55	14.40
	M/60-64	WATANABE, ROBERT	61	13.04
		HARTE, GENE	61	13.24
		REGIER, VERNON	60	13.31
		ENNSLIN, TED	60	13.77
		ORNDOFF, CARL	60	14.05
		HIGGINBOTHAM, ROBERT	60	14.21
	M/65-69	LAWYER, DAVID	68	13.77
		KILLION, CLARENCE	69	14.29
		JOHNSON, JIM	65	14.57
	M/70-74	JORDAN, PAYTON	70	13.25
		EDGAR, EARL	74	15.31
		SATTI, JOHN	73	15.61
	M/75-79	CASTRO, ANTHONY	77	15.17
	M/80-84	LUM, SING	83	19.46
200	W/30-34	DUNCAN, MARGARET	34	28.30
		STOUGH, TINA	34	28.52
		POST, BECKY	32	29.52
		FROST, NANCY	33	30.38
		MEHMEDBASICH, CHENGE	31	31.69
	W/45-49	O'CONNOR, NADINE	45	29.01
	W/50-54	OBERA, IRENE	53	27.86
	M/30-34	BROWN, BEN	33	22.48
		WILLIAMS, RANDY	33	22.75
		BLACK, MIKE	34	23.87
		COOK, KENNETH	31	24.85
		THOMAN, RICK	34	24.97
		DEMBY, FRANK	34	25.13
	M/35-39	DRIVER, EUGENE	37	23.43
		ABDULLAH, EZRA	36	23.99
		BRYANT, EARL	37	24.27
		REILLY, FRANK	39	24.69
		MORRISROE, MARTIN	36	25.47
	M/40-44	WHITLEY, STAN	41	22.51
		PRUITT, MATT	42	23.09
		LITTLE, FRANK	43	23.88
		DUFFY, DENNIS	44	24.04
		WEINSTOCK, BILL	40	24.73
		JOHNSON, BILL	42	24.81
		BALADAD, JERRY	41	24.89
	M/45-49	ADAMSON, MARTYN	48	23.73
		KNOCKE, BILL	47	24.17
		NEIDERMEYER, FRED	47	24.85
		PASQUALI, JIM	41	25.64
		BUSTAMANTE, JUAN	44	27.10
	M/50-54	DENNIS, KEN	50	23.99
		SPRINGBETT, BRUCE	54	24.95
		SANFORD, W.R.	53	26.71
		MENDENHALL, SAM	51	26.77
		SMITH, HAL	52	29.91
	M/55-59	HANSEN, RICHARD	55	25.72
		POPPELL, JOHN	56	25.86
		WASHINGTON, HULL	58	26.57
		ROBINSON, WILL	56	26.78
		PAPPAS, ALEX	58	27.07
		STEVENS, BERNARD	58	27.26
		MEHMEDBASICH, ENVER	55	28.99
	M/60-64	WATANABE, ROBERT	61	26.43
		HARTE, GENE	61	26.97
		REGIER, VERNON	60	27.66
	M/65-69	LAWYER, DAVID	68	28.55
		KILLION, CLARENCE	69	29.70
		MERCURIO, CHARLES	67	31.29
	M/70-74	JORDAN, PAYTON	70	27.51
		EDGAR, EARL	74	33.66
	M/75-79	CASTRO, ANTHONY	77	31.44
		CARNINE, KEN	79	34.54
	M/80-84	LUM, SING	83	40.72
400	W/30-34	STOUGH, TINA	34	1:04.12
		FROST, NANCY	33	1:07.09
		MEHMEDBASICH, CHENGE	31	1:10.14
	W/40-44	OLSON, LAURIE	41	1:10.10
	W/45-49	O'CONNOR, NADINE	45	1:06.08
		BACHE, LOLITIA	45	1:10.29
	W/50-54	OBERA, IRENE	53	1:05.13
	M/30-34	BROWN, BEN	33	48.36
	M/35-39	HARDISON, STEVE	37	50.18
		DRIVER, EUGENE	37	51.29
		HARVEY, JAMES	36	51.83
		ABDULLAH, EZRA	36	52.49
		MARQUEZ, JESSE	35	56.90
	M/40-44	WHITLEY, STAN	41	50.17
		PRUITT, MATT	42	50.51
		DUFFY, DENNIS	44	52.38
		LITTLE, FRANK	43	53.36
		RUTLEDGE, RUSS	40	54.47
		WEINSTOCK, BILL	40	56.08
	M/45-49	NEIDERMIER, FRED	47	59.37
		CORDERO, PHIL	48	1:05.14
		MONTANEZ, FERNIE	47	DNF
	M/50-54	LA TORRE, GIL	50	57.70
		SANFORD, W.R.	53	1:01.34
	M/55-59	ROBINSON, WILL	56	59.38
		STEVENS, BERNARD	58	1:01.28
		PAPPAS, ALEX	58	1:01.78
		MEHMEDBASICH, ENVER	55	1:05.82
	M/60-64	HARTE, GENE	61	1:01.64
		WATANABE, ROBERT	61	1:11.27
		ATCHESON, WALTER	60	1:19.27
	M/85-89	SPANGLER, PAUL	88	2:08.39
800	W/30-34	STOUGH, TINA	34	2:28.40
		FROST, NANCY	33	2:34.33
		MEHMEDBASICH, CHENGE	31	2:43.62
	W/35-39	JUSIONIS, DAIVA	39	2:36.30
	W/40-44	OLSON, LAURIE	41	2:35.47
	W/45-49	BACHE, LOLITIA	45	2:34.61
	M/30-34	BROWN, BEN	33	1:51.93
		KEELEY, HOWARD	30	2:10.46
		BOWN, RANDY	31	2:18.91
	M/35-39	DOUGLAS, WAYNE	39	2:06.27
		NAEGLE, MAX	38	2:14.51
	M/40-44	FRANKLIN, HARVEY	43	2:00.05
		BARNETT, SEARCY	40	2:00.99
		MASON, GEORGE	43	2:01.60
		SHIRLEY, GRAEME	41	2:02.01
		MIMMELBERGER, DAVID	41	2:03.75
		CLARKE, WILLIE	44	2:06.88
		PERRY, BILL	43	2:12.79
	M/45-49	COHEN, GEORGE	47	2:03.36
		SCHUMACHER, STEPHEN	45	2:18.88
	M/55-59	CULLING, ROBERT	55	2:24.20
		HOLMES, BOB	58	2:25.33
		DUNTON, ROSS	55	2:25.59
		WITHERS, J.S.	57	2:25.79
		MC GUIRE, LLOYD	55	2:36.59
		BANGS, ALLAN	55	2:42.52
	M/60-64	ATCHESON, WALTER	60	2:54.49
	M/70-74	GANAHL, PETE	71	2:51.85
		MAHANNAH, RAY	71	3:08.89
	M/85-89	SPANGLER, PAUL	88	4:34.89
1500	W/35-39	JUSIONIS, DAIVA	39	5:20.3
	M/30-34	BOWN, RANDY	31	5:02.5
		SCILENY, JIM	33	7:37.6
	M/35-39	KATCHER, DARYL	37	4:38.1
		ROOK, RON	38	4:45.9
	M/40-44	FRANKLIN, HARVEY	43	4:12.7
		SHIRLEY, GRAEME	41	4:17.4
		RICK, EDSON	41	4:31.4
		KREBS, FRANK	44	DNF
	M/45-49	SCHUMACHER, STEPHEN	45	4:51.7
	M/55-59	LINDE, GUNNAR	59	4:54.0
		WITHERS, J.S.	57	5:21.3
		BANGS, ALLAN	57	5:59.7
	M/60-64	KING, JOE	61	4:58.3
	M/65-69	COTNER, DONALD	65	5:53.0
	M/85-89	SPANGLER, PAUL	88	9:27.4
5000	W/45-49	FIALHO, HEIDI	49	25:37.4
	W/50-54	HOAGLAND, JEANNE	50	22:13.4
	M/30-34	SCILENY, JIM	33	31:42.2
	M/35-39	ELIA, CRAIG	37	18:56.2
	M/40-44	FIGUEROA, MICHAEL	43	16:57.1
		EDSON, RICK	41	17:59.6
		KREBS, FRANK	44	18:04.0
	M/50-54	OVIATT, TED	53	20:14.4
	M/70-74	HARDER, HARRY	70	23:40.0
		GANAHL, PETE	71	25:10.7
10,000	W/45-49	FIALHO, HEIDI	49	51:36.7
	M/40-44	FIGUEROA, MIKE	43	38:12.4
	M/50-54	OVIATT, TED	53	43:27.5
	M/70-74	HARDER, HARRY	70	48:40.6
80 MH/30"	W/50-54	MILLER, CHRISTEL	52	15.39
	W/55-59	KINSEY, SHIRLEY	58	18.39
100 MH/33"	M/60-64	HIGGINBOTHAM, ROBERT	60	17.68
		ENNSLIN, TED	60	18.99
110 MH/36"	M/50-54	STANNERS, JERRY	52	18.61
		SMITH, HAL	52	DNF
	M/55-59	JACKSON, DAVE	55	17.17
		DOUGLASS, DAVE	55	20.20
		MAXWELL, ALAN	57	20.21
110 MH/39"	M/30-34	SPEAKS, KEVIN	32	16.26
	M/35-39	ROBERTS, DON	37	16.87
	M/45-49	HENRY, ALVIN	49	16.30
		DOBROTH, JOHN	46	DNF
300 IH/30"	M/60-64	WATANABE, ROBERT	61	51.08
	M/70-74	GANAHL, PETE	71	59.18
400 IH/33"	M/55-59	ROBINSON, WILL	56	1:07.41
		HOLMES, BOB	58	1:16.22
		MAXWELL, ALAN	57	1:25.92
400 IH/36"	M/30-34	SPEAKS, KEVIN	32	1:03.02
	M/35-39	ROBERTS, DON	37	1:01.59
	M/45-49	CAIN, TED	45	58.68
		KNOCKE, BILL	47	59.19
		ADAMS, HUGH	47	1:09.33
2000 SC	M/60-64	ATCHESON, WALTER	60	9:52.06
3000 SC	M/50-54	OVIATT, TED	53	12:10.80
	M/55-59	CULLING, ROBERT	55	12:11.46
4 X 100 R	M/30-39	SAN FRANCISCO		46.34
		DEMBY, BRYANT		
		PASQUALI, THOMAN		
	M/40-49	WEST VALLEY		46.49
		CAIN, CIERCY		
		KNOCKE, DUFFY		
		SO CAL STRIDERS		47.77
		MORRIS, NIEDERMEYER		
		BUSTAMANTE, DE WITT		
	M/50-59	WEST VALLEY		49.76
		MARLIN, SANFORD		
		SPRINGBETT, LA TORRE		
4 X 400 R	M/40-49	WEST VALLEY		4:37.79
		CAIN, DUFFY		
		BARNETT, MASON		
	M/50-59	SO CAL STRIDERS		3:51.49
		DUNTON, CULLING		
		WITHERS, ATCHESON		
5000 RW	W/50-54	LATHAM, JILL	50	31:13.2
		SEEMERMER, MARGARET	52	33:18.2
	W/65-69	KASH, ROSE	65	36:23.7
	M/30-34	SCILENY, JIM	33	34:14.8
	M/50-54	MEADOR, BOB	53	27:30.5
		BRAY, JACK	54	25:12.3
	M/55-59	MAC LACHLAN, JOHN	56	28:48.4
	M/60-64	GRANTTHAM, MEL	62	30:36.3
	M/80-84	UNRUH, CHES	80	39:57.6
	M/85-89	SPANGLER, PAUL	88	38:29.1
20,000 RW	M/35-39	BOULDIN, ED	39	1:32:43.5
	M/50-54	MEADOR, BOB	53	1:58:07.7
		BRAY, JACK	54	DQ
	M/55-59	MAC LACHAN, JOHN	56	DQ
JAVELIN	W/45-49	CONLEY, FRAN	46	101'0"
	W/50-54	MILLER, CHRISTEL	52	103'8"
	W/55-59	KINSLEY, SHIRLEY	58	78'0"
	W/60-64	DIETRICH, SHIRLEY	60	63'2"
	M/30-34	SCHMIDT, GARY	34	142'9"
		SCILENY, JIM	33	117'11"
	M/35-39	GREENBERG, JOSEPH	37	177'5"
		REILLY, FRANK	39	176'0"
		HOLIGANG, MICHAEL	39	151'6"
		ROOK, RON	38	127'11"
		KELMENSON, GARY	37	120'3"
	M/40-44	WALLEK, JOE	40	137'11"
		ROOK, RICHARD	40	135'6"
	M/45-49	STUART, LARRY	49	211'0"
		CETTA, VITO	47	120'11"
	M/50-54	CONLEY, PHIL	52	171'11"
		SMITH, HAL	52	132'2"
		COUTTS, CHUCK	54	107'8"
	M/55-59	MORRILL, JACK	59	99'4"
	M/60-64	PICKARTS, DEL	60	171'6"
		CHYNOWETH, ED	63	145'8"
	M/65-69	STONE, BOB	67	107'4"
		MACK, DICK	69	91'11"
	M/70-74	MORALES, BILL	70	152'1"
SHOT PUT	W/50-54	MILLER, CHRISTEL	52	30'3"
	M/30-34	PENDLETON, BILL	34	53'9"
		GORBET, RICHARD	33	51'3"
		SCHMIDT, GARY	34	40'3"
		SCILENY, JIM	33	25'5"
	M/35-39	REILLY, FRANK	39	48'1"
		REABOLD, RUSS	35	44'6"
		KELMENSON, GARY	37	37'9"
	M/40-44	KUHNKE, GERD	44	39'3"
		CHATON, STEVE	42	37'2"
		WALLEK, JOE	40	33'4"
	M/50-54	MARTIN, RAY	51	47'6"
		SMITH, HAL	52	47'0"
		STANNERS, JERRY	52	32'1"
	M/55-59	DOUGLASS, DAVE	55	34'1"
	M/60-64	CHYNOWETH, ED	63	33'9"
		SILSDORF, JERRY	63	29'1"
	M/65-69	MERLO, QUINTO	67	34'3"
		STONE, BOB	67	33'0"
		CRONKHITE, HAL	69	32'10"
		MACK, DICK	69	22'11"
(12 POUND)	M/70-74	CARTER, ROSS	73	36'8"
(4K)		CARTER, ROSS	73	41.2"
		YORK, JAMES	74	33'10"
	M/80-84	DE GROOT, BURT	80	28'0"
		VAN GELDER, HOMER	82	18'8"
DISCUS	W/50-54	MILLER, CHRISTEL	52	81'6"
	W/55-59	KINSEY, SHIRLEY	58	73'7"
	W/60-64	DIETDERICH, SHIRLEY	60	60'5"
	M/30-34	SCHMIDT, GARY	34	119'4"
		SCILENY, JIM	33	70'0"
	M/35-39	REILLY, FRANK	39	170'7"
		REABOLD, RUSS	35	133'3"
		KELMENSON, GARY	37	112'11"
	M/40-44	KUHNKE, GERG	44	116'5"
	M/45-49	HIGGINS, LLOYD	45	162'11"
		RODARTE, RICHARD	47	127'7"
		ORSINI, JOSEPH	48	91'4"
		SHEINKER, ABE	47	90'1"
	M/50-54	HUMPHREYS, BOB	51	160'6"
		SMITH, HAL	52	117'5"
		STANNERS, JERRY	52	97'7"
		DAWSON, GARY	53	91'7"
	M/55-59	DOUGLASS, DAVE	55	103'7"
		MORRILL, JACK	59	72'4"
	M/60-64	PICKARTS, DEL	60	144'5"
		CHYNOWETH, ED	63	105'2"
		KING, JOE	60	96'11"
		SILSDORF, JERRY	63	87'7"
	M/65-69	STONE, BOB	67	118'5"
		MERLO, QUINTO	67	112'1"
		CRONKHITE, HAL	69	91'0"
		MACK, DICK	69	85'3"
	M/70-74	CARTER, ROSS	73	126'8"
		MORALES, BILL	70	121'1"
		YORK, JAMES	74	96'2"
	M/75-79	CARNINE, KEN	79	83'2.5"
	M/80-84	DE GROOT, BURT	80	84'5"
		VAN GELDER, HOMER	82	43'0"
HAMMER	M/30-34	MILEHAM, MATT	30	231'1"
	M/35-39	KELMENSON, GARY	37	141'5"
	M/45-49	HIGGINS, LLYOD	45	144'3"
		ORSINI, JOSEPH	48	99'4"
		SHEINKER, ABE	47	97'8"
	M/50-54	DAWSON, GARY	53	104'6"
	M/55-59	DOUGLASS, DAVE	55	106'3"
		MORRILL, JACK	59	84'10"
	M/65-69	STONE, BOB	67	103'5"
	M/70-74	YORK, JAMES	74	103'10"
POLE VAULT	M/30-34	SOOHOO, WILSON	31	14'6"
		BOCHMILLER, DOUG	31	NH
	M/35-39	HARDISON, STEVE	36	15'6"
		WILLIAMS, JIM	35	14'0"
		SEESE, EDWARD	37	12'6"
	M/40-44	HOTALING, BRUCE	43	13'6"
		YING, RICHARD	40	12'0"
	M/45-49	DE WITT, DEE	48	11'0"
	M/50-54	STANNERS, JERRY	52	10'6"
		SMITH, HAL	52	8'6"
	M/55-59	DOUGLASS, DAVE	55	9'6"
	M/60-64	ENNSLIN, TED	60	8'6"
	M/65-69	JOHNSON, JIM	65	9'0"
	M/75-79	JOHNSTON, CAROL	75	8'6"
HIGH JUMP	W/50-54	MILLER, CHRISTEL	52	4'1"
	M/35-39	RADER, CHARLIE	39	6'6"
	M/40-44	WALLEK, JOE	40	4'8"
	M/45-49	DOBROTH, JOHN	46	5'10"
		DE WITT, DEE	48	5'0.5"
		DVORAK, DONALD	45	4'10"
	M/50-54	SCHELLENBERG, HARVEY	54	5'2"
		STANNERS, JERRY	52	4'10"
	M/55-59	DOUGLASS, DAVE	55	4'6"
	M/60-64	KING, JOE	61	4'6"
		ORNDOFF, CARL	60	4'4"
		SILSDORF, JERRY	63	3'10"
	M/65-69	JOHNSON, JIM	65	4'2"
	M/75-79	JOHNSTON, CAROL	75	3'0"

Continued on next page

Continued from previous page

LONG JUMP	W/50-54	OBERA, IRENE	53	13'3"
	W/55-59	KINSEY, SHIRLEY	58	12'0.75"
	M/30-34	ROTELLA, TONY	32	19'6.5"
		SCHMIDT, GARY	34	17'9.5"
	M/35-39	KUECHLE, JOHN	35	21'4"
		TRUJILLO, ROGER	37	21'3.5"
	M/40-44	MORRIS, RUFUS	42	22'0"
	M/45-49	HENRY, AL	49	20'0"
		CAIN, TED	45	19'2"
		LAWSON, JOHN	46	18'7.5"
		DE WITT, DEE	48	18'0"
		DVORAK, DONALD	45	17'10"
		HERZOG, JOE	45	15'2"
	M/50-54	SCHELLENBERG, HARVEY	54	18'5.5"
		SMITH, HAL	52	14'5.5"
	M/55-59	JACKSON, DAVE	55	18'2.5"
	M/60-64	ENNSLIN, TED	60	15'1.5"
		SILSDORF, JERRY	63	10'0.5"
	M/65-69	JOHNSON, JIM	65	14'11"
	M/70-74	MORALES, BILL	70	14'5.75"
	M/80-84	VAN GELDER, HOMER	82	7'11.75"
TRIPLE JUMP	M/30-34	ROTELLA, TONY	32	41'4"
		SCHMIDT, GARY	34	30'9.5"
		SCILENY, JIM	33	22'3.25"
	M/35-39	TRUJILLO, ROGER	37	42'11.75"
		ROOK, RON	38	32'3.5"
	M/40-44	MORRIS, RUFUS	42	40'9.25"
	M/45-49	HENRY, AL	49	39'11.5"
		LAWSON, JOHN	46	36'2.75"
		DE WITT, DEE	48	34'10.75"
		DVORAK, DONALD	45	34'6"
	M/50-54	DAWSON, GARY	50	29'2"
	M/55-59	JACKSON, DAVE	55	40'1.25"
	M/60-64	ENNSLIN, TED	60	31'4.5"
	M/65-69	JOHNSON, JIM	65	28'11.75"
		MERCURIO, CHAS	67	26'8.5"
	M/80-84	VAN GELDER, HOMER	82	16'7"

NORTHWEST

Northwest Regional Masters Championships
Gresham, Oregon
July 3 & 4, 1987

Women- 100

30-34	Catherine Seeley	13.7
35-39	Penny Parster-Gilkey	13.2*
	Hilary Gilmore	13.9
40-44	Barbara Ballard	15.2
	Lori Schutt	15.7
	Janet Sherman	15.7
	Bonnie Sullivan	16.7
45-49	Marti Thielman	15.9
	Virginia Bradbury	16.0
50-54	Caroline MacLeod	15.9
55-59	Jan Kavadas	20.9
65-69	Irene Crane	20.6*
75-79	Marilla Salisbury	30.6

Men-100

30-34	Billy Jack McKinney	11.2
	Dennis Carline	11.3
	Randy Kruse	11.5
	Steve Heilman	12.1
35-39	Michael Barnache	12.1
40-44	Saimoni Tamani	11.5
	Ron Jensen	12.2
	John Horton	12.2
	Ron Pinard	12.5
	Jack Duncan	13.6
45-49	Paul Edens	11.7
	Jim Puckett	12.1
	R.G. Anderson-Wychoff	12.7
	Joe Johnson	13.1
	Paul Stepan	13.2
	Ed Hoffman	15.1
50-54	J.C. Hoffman	12.8
	Harold Hitt	12.8
	Don Gray	14.3
55-59	Don Kane	13.1
	Jack Coy	13.4
	A. Lundin	13.7
	Art Afremow	13.7
	Tom Brinton	14.0
	Alan Maxwell	14.6
60-64	Tom Norwood	14.6
65-69	Bill Bronson	13.8
	Cal Boyd	14.1
	Jim Stephenson	20.6
70-74	John Satti	15.1
	Ham Morningstar	15.5
	Barry Preckwinkle	17.1
75-79	Anthony Castro	15.1*
80-84	Lewis Thorne, Sr.	21.9

Women-200

30-34	Catherine Seeley	28.6
35-39	Penny Parster-Gilkey	27.4*
	Hilary Gilmore	29.5
40-44	Barbara Ballard	31.4
	Janet Sherman	32.3
	Lori Schutt	32.7
45-49	Marti Thielman	33.1*
50-54	Caroline MacLeod	33.5*
	Mary Czarapata	33.9
65-69	Irene Crane	43.7
75-79	Marilla Salisbury	1:11.0

Men-200

30-34	Billy Jack McKinney	22.7
	Dave Hagmeier	23.1
	Randy Kruse	23.3
	Dennis Carline	23.5
35-39	Michael Barnache	25.2
40-45	Saimoni Tamani	24.1
	Rich Tucker	24.5
	Bob Sichler	27.0
	Jack Duncan	27.5
45-49	Joe Thielman	25.2
	Jim Puckett	25.4
	Lynn Eves	26.9
	Paul Stepan	27.0
	Brian Fendrich	29.4
50-51	Harold Hitt	26.8
	John Greve	27.4
	Frank Miller	35.4
55-59	Don Kane	27.1
	Jack Coy	27.8
	A. Lundh	28.4
	Art Afremow	28.7
	Tom Brinton	29.1
60-64	Albert Johnson	26.9
65-69	Bill Bronson	29.1
	Cal Boyd	29.7
	Jim Stephenson	43.9
70-74	John Satti	32.9
75-79	Anthony Castro	32.3*

Women-400

35-39	Penny Parster-Gilkey	1:03.4*
	Hilary Gilmore	1:06.3
	Mary Ellen Smith	1:15.7
40-44	Janet Sherman	1:10.3
	Pat Wright	1:17.0
45-49	Letha Figg-Hoblyn	1:11.0*
	Marti Thielman	1:16.7
65-69	Irene Crane	1:43.3*
75-79	Marilla Salisbury	2:59.3

Men- 400

30-35	Dave Hagmeier	50.7*
	Brian Valley	55.1
35-39	Jim Hiebert	55.4
40-44	Rich Tucker	52.8
	Wayne Gripp	54.0
	Saimoni Tamani	54.0
	Terry Thompson	57.6
	Eugene Borkan	58.1
	Frank Lulich	1:01.2
45-49	Paul Edens	55.4
	Joe Thielman	55.9
	Lynn Eves	56.7
	Everett Thorne	58.1
	Paul Stepan	1:00.5
	Gerald Schwartz	1:01.4
50-54	J.C. Hoffman	58.7
	Harold Hitt	59.4
	Bob Bannister	60.0
	Ken Ogden	1:01.7
	John Greve	1:03.5
55-59	Don Kane	1:01.7
	Tom Brinton	1:03.3
65-69	Cal Boyd	1:08.7
	Jim Stephenson	1:36.6
75-79	Robert MacFarnahan	1:40.1

Women - 800

30-34	Mary Russell	2:28.5
35-39	Kathy Holmstrom	2:39.1
40-44	Barbara Ballard	2:44.8
	Lori Schutt	2:57.2
45-49	Letha Figg-Hoblyn	2:40.0*
	Rita Rudder	3:05.8
50-54	Mary Czarapata	2:47.0*
65-69	Irene Crane	3:49.2*
75-79	Marilla Salisbury	6:30.4

Men - 800

30-34	Terry Selby	2:00.8
	Rick Rosenbloom	2:10.1
35-39	Jim Hiebert	2:09.2
	Jerry Durant	2:26.1
40-44	Rich Tucker	2:00.4
	Wayne Gripp	2:05.6
	Bob Williams	2:10.2
	Eugene Borkan	2:15.5
45-49	Frank Reynolds	2:09.6
	Everett Thorne	2:20.4
	Paul Stepan	2:35.4
50-54	Ken Ogden	2:25.5
	Bob Bannister	2:27.9
55-59	Ralph Miller	2:14.4*
	Tom Brinton	2:31.0
	Don Kane	2:36.7
70-74	Ray Mahannah	3:06.0

Women-1500

30-34	Mary Russel	4:58.1
35-39	Kathy Holmstrom	5:12.4
40-44	Barbara Ballard	5:53.4
	Lori Schutt	6:06.1
45-49	Letha Figg-Hoblyn	5:12.9*
	Rita Rudder	5:57.8
50-54	Mary Czarapata	5:45.2*
55-59	Jan Kavadas	9:42.4

Men -1500

30-34	Greg Gustafson	4:06.8
35-39	Jim Hatcher	4:13.9
	Jim Biebert	4:19.1
	Peter Gilmore	
40-44	Gary Rust	4:20.6
	Ed Shattuck	4:20.7
	Bob Williams	4:21.5
45-49	Mike Heffernan	
	Frank Reynolds	
	George Buckner	
50-54	Mike Christianson	4:24.7
	Ken Ogden	4:48.7
	Ralph Case	5:21.5
55-59	Ralph Miller	4:34.1*
60-64	Len Tritsch	5:26.9
65-69	Joe Mallon	5:47.7
70-74	Ray Mahannah	6:34.5*

Women -3000

30-34	Mary Russel	10:46.5
45-49	Letha Figg-Hoblyn	11:08.5*
	Rita Rudder	12:33.1
75-79	Marilla Salisbury	25:02.9

Men-5000

30-34	Greg Gustafson	15:18.8
	Erik Ojala	15:26.6
35-39	Jim Hatcher	16:18.9
	Jim Satterfield	16:34.9
40-44	Bob Ladum	15:30.1
	Jim Noonan	17:17.9
45-49	George Buckner	16:35.2
	Russ Pickering	17:11.7
	Dave Morris	17:47.1
50-54	Mike Christiansen	17:20.2
	Bob Langenbach	18:03.5
	Ken Ogden	18:21.5
65-69	Field Ryan	19:58.8
70-74	Jim Disenius	20:19.5
75-79	Joe Mallon	21:01.9

- Women - 100H

35-39	Penny Parster-Gilkey	18.9*

Hurdles - Men - 110H

30-34	Steve Heilman	16.5
45-49	Lew Thorne	17.49
50-54	Don Gray	20.5
55-59	Alan Maxwell	20.8
70-74	Ham Morningstar	23.7

Hurdles - Men - 300H

70-74	Ham Morningstar	1:10.5

Hurdles - Men -400H

35-39	Bruce Weber	1:07.0
	Harvey Baker	1:07.7
40-44	Scott MacFarnahan	1:17.9
45-49	Lew Thorne	1:04.9
55-59	John Hepner	1:11.5
	Alan Maxwell	1:22.3

Steeplechase - Men-

30-34	Ken Hamilton	12:52.9
40-44	Scott MacFarnahan	13:27.4
55-54	Bob Langenbach	11:54.4
	Ralph Chase	14:25.2
55-59	John Hepner	12:47.6*

Walk - Women- 2000 Walk

30-34	Cathy Hanauska	13:08
40-44	Carole Langenbach	14:59.9
45-49	Shirley Ingram	12:31
	Sharon Sheffield	15:30.1

Walk - Men - 2000 Walk

30-34	Eric Kaplan	11:4*
35-39	Robert Korn	9:16.3*
	Steve Tyrer	10:33.8
	David McNayr	11:32.8
40-44	Dan Deakins	10:43.1*
	Stewart Shannon	11:37.0
	John Hanan II	13:21.0
45-49	R.G. Anderson-Wychof	11:50.0*
	Leroy Miller	14.28.0
50-54	Paul Kaald	11:22.5
60-64	A.A. Clevenger	14:04.0

Walk - Women-5000W

75-79	Marilla Salisbury	41:27.6*

Walk - Men - 5000W

60-64	Paul Kavadas	33:50.3*
65-69	Don Jacobs	41:28.1*

Men- High Jump

30-34	Steve Heilman	5' 10"
35-39	Dennis Olafson	5' 8"
	Chuck Goodrich	5' 0"
40-44	Kevin Sullivan	5' 4"
	Jack Casey	5' 2"
	Frank Lulich	5' 0"
45-49	Mike Akerman	5' 4"
	John Gambill	5' 0"
	Joe Johnson	4' 10"
	Thomas White	3' 6"
50-54	Don Gray	4' 4"
55-59	James Holmes	4' 4"
60-64	Hal Buck	4' 4"
65-59	Gilbert Young	4' 2"
	Les Hintz	3' 2"
70-74	Ham Morningstar	4' 4"
	Don Stitt	4' 2"
85-89	Buell Crane	3' 7"

Men- Pole Vault

35-39	Mike Monahar	14' 0"
45-49	Larry Holmes	12' 1.5"
	Gary Isham	9' 0"
50-54	Don Gray	10' 0"
55-59	James Holmes	9' 6"
	John Hepner	7' 6"
60-64	Don Grosh	9'
65-69	Les Hintz	6' 3"
70-74	Ham Morningstar	7' 6"

Women - Long Jump

30-34	Catherine Seeley	13' 8.5"
35-39	Penny Parster-Gilkey	12' 6.75"*
40-44	Bonnie Sullivan	10' 1.25"
50-54	Caroline MacLeod	10' 0.25"*

Men- Long Jump

30-34	Mike Lariz	21' 1.75"
	Steve Heilman	20' 9.5"
	Randy Kruse	20' 8.5"
35-35	David Pietka	21' 5"
40-44	John Horton	18' 10.5"
	Ron Pinard	15' 11"
50-54	Art Afremow	15' 1.75"
	Alan Maxwell	14' 2"
	Jack Coy	13' 11.25"
60-64	Bill Bronson	12' 9.5"
70-74	Ham Morningstar	12' 2.75"
	John Satti	12' 1"
75-79	Leon Joslin	10' 8.25"*

TRIPLE JUMP

W40	Bonnie Sullivan	22-11
M60	Hal Buck	27-11½
M70	Ham Morningstar	25- 9
	John Satti	24- 9

- Women - Shot

40-44	Pat Wright	25' 6"*
	Lori Schutt	21' 11"
	Pat Puckett	17' 7"
45-49	Sharon Sheffield	26' 5.5"
	Shirley Ingram	18' 1"

Men- Shot

30-34	Richard Jane't	32' 7.5"
	Tony Valley	27' 4"
35-39	John J. Slovinec	33' 5.5"
40-44	Mike Hodges	35' 11"
45-49	John Gambill	47' 11"
	Robert Roy	33' 9"
	Jack Kondrasuk	31' 1"
	Thomas White	29' 3.5"
	Paul Stepan	27' 4"
50-54	Doug Smart	49' 11.5"
	Paul Kaald	32' 6"
55-59	Robert Flaherty	37' 8"
	Sherrill Sears	35' 2"
	Phil Walden	30' 11"
	Jack Coy	29' 4.5"
60-64	Jim Hollaand	40' 2.5"
	Ralph Hassman	26' 11.5"
65-69	Jim Minah	38' 2.5"
70-74	Ross Carter	44' 6.5"
	Ham Morningstar	38' 5"
75-79	Leon Joslin	34' 11.5"
	Robert Hunter	26' 4.5"
80-84	Earl Salisbury	25' 11"



- Women-Discus

40-44	Lori Schutt	67' [illegible]
	Patti Puckett	47' [illegible]
45-49	Marti Thielman	82' 8"
	Sharon Sheffield	52' [illegible]

- Men- Discus

30-34	Dennis Carline	114' [illegible]
	Tony Valley	96' 5"
	Richard Jane't	86' [illegible]
35-39	John Slovinec	105' 8"
40-44	Dan Lewis	133' 2"
	Mike Hodges	108' 2"
45-49	Robert Roy	127' 3"
	John Gambill	123' 5"
	Sam Fort	94' 10"
	Thomas White	82' 10"
50-54	Neil Saling	129' 10"
55-59	Sherrell Sears	113' 2"
	Robert Flaherty	98' 1"
	Phil Walden	59' 11"
60-64	Hal Buck	106' 11"
	Ralph Hassman	101' 5"
65-69	Jim Minah	104' 8"
70-74	Ross Carter	131' 10"
	Ham Morningstar	117' 2"
	Leonard Holland	78' 2"
75-75	Leon Joslin	110' 9"*
	Ray Moe	65' 7"
	Robert Hunter	69' 4"
80-84	Earl Salisbury	61' 6"
85-89	Buell Crane	69' 2"*

- Women - Javelin

75-79	Marilla Salisbury	22' 11"*

- Men - Javelin

30-34	Jeff Carter	200' 5"
	Richard Jane't	96' 2"
	Tony Valley	67' 7"
40-44	Bob Engelstad	177' 1"
	Joe Stefanile	155' 0"
	Mike Hodges	142' 3"
	John Hanan II	95' 1"
45-49	Gary Reddaway	169' 3"
	Thomas White	93' 10"
	Gary Isham	69' 6"
50-54	Kirk Nieland	124' 0"
	Frank Miller	85' 6"
55-59	Robert Flaherty	135' 6"
	John Hepner	120' 1"
	James Holmes	98' 4"
	Phil Walden	65' 8"
70-74	Ham Morningstar	96' 11"
75-79	Leon Joslin	81' 2"
80-84	Earl Salisbury	52' 11"

- Men - Hammer

30-34	Richard Jane't	54' 10"
	Tony Valley	69' 10"
35-39	Pat Healy	149' 2"*
40-44	Mike Hodges	59' 2"
50-54	Frank Miller	124' 6"
55-59	Phil Walden	52' 10"
60-64	Ralph Hassman	93' 7"
65-69	Jim Minah	102' 1w"
70-74	Ham Morningstar	107' 2"*
75-79	Robert Hunter	71' 1"*
	Leon Joslin	66' 2"
85-89	Buell Crane	53' 6"*

Oregon State Games
Portland
July 12-13

SUB-MASTERS, MEN

5,000 RACE WALK — (30-34) 1, Eric Kaplan, Portland, 31:46.6. (35-39) 1. Robert Korn, Albany, 25:32.4. 2. Steve Tyrer, Salem, 29:20.0.

3,000 STEEPLECHASE — (30-34) 1, Michael Sandlin, Eugene, 10:57.0. 2, Terry Hazelline, Portland, 10:58.1. 3, Mark Krantz, Portland, 15:03.1.

110 HIGH HURDLES — (30-34) 1, Greg McLaughlin, Pendleton, 15.9. 2. Steve Heilman, Portland, 16.5. (35-39) 1, Steve Peterson, Aloha, 18.8.

1,500 — (30-34) 1, Dennis Murray, Eugene, 4:00.8. 2, Randall McLancon, Eugene, 4:03.4. 3, Erik Oiala, Portland, 4:11.2. (35-39) 1, Tom Millvook, Canby, 4:36.5. 2, Jerry Durant, Oregon City, 4:52.3.

SHOT PUT — (30-34) 1, Brett Osborn, McMinnville, 40-4½. 2, Rudy Pearson, McMinnville, 38-9½. 3, Richard Janet, Gresham, 33-9¼. (35-39) 1, John Slovinec, Portland, 33-10½.

JAVELIN — (30-35) 1, Bill Wilson, Tualatin, 176-5. 2, Brian Valley, Portland, 162-8. 3, Richard Janet, Gresham, 103-10. (35-39) 1, Randy Hutchinson, Gresham, 199-4.

SUB-MASTERS, WOMEN

5,000 RACE WALK — (30-34) 1, Kathy Hanauska, Portland, 34:40.0.

100 HURDLES — 1, Penny Farsler, Rogue River, 19.2. 2, Geri Piper, Lake Oswego, 25.2.

LONG JUMP — (35-39) 1, Penny Gilkey Farsler, Rogue River, 15-5¼.

1,500 — (35-39) 1, Kathy Holmstrom, Portland, 5:10.8.

100 — (35-39) 1, Penny Foster-Gilkey, Rogue River, 13.3. 2, Curl Piper, Lake Oswego, 15.7.

MASTERS, MEN

5,000 RACE WALK — (40-44) 1, John Hannon, 30:08.8. 2, John Smith, 36:41.4. (50-54) 1, Richard Lowry, 34:39.0. (65-69) 1, Don Jacobs, Tigard, 36:41.4.

3,000 STEEPLECHASE — 1, Ralph Chase, Portland, 12:34.9.

110 HIGH HURDLES — (45-49) 1, Lew Thorne, Eugene, 17.3. (50-54) 1, Don Gray, Talen, 21.8. (55-59) 1, Alan Maxwell, Eugene, 20.5. 2, John Smith, Portland, no time. (60-64) 1, Albert Johnson, Portland, 20.7.

1,500 — (40-44) 1, Mike Carnahan, Portland, 4:22.7. 2, Garry Kryszak, 4:24.9. 3, Ed Shattuck, Lake Oswego, 4:26.1. (45-49) 1, George Buckner, Estacada, 4:36.6. 2, Dennis Whalen, Portland, 5:12.2. (50-54) 1, Ken Ogden, Salem, 4:49.8. 2, Ralph Chase, Portland, 5:29.4. (65-69) 1, Joe Mallon, Portland, 5:42.2.

100 — (40-44) 1, John Norton, 12.0. 2, Mike Hogan, 13.7. 3, Bob Tysoe, Portland, 14.8. (45-49) 1, Paul Edens, Silverton, 11.6. 2, Jim Puckett, Milwaukie, 12.1. 3, Joe Johnson, Portland, 12.7. (55-59) 1, Robert Bannister, Hubbard, 13.2. 2, Joseph Wood, Portland, 15.4. (60-64) 1, Don Kane, Hillsboro, 12.9. 2, Jack Coy, Tillamook, 13.4. 3, Art Afremow, Portland, 13.6. (65-69) 1, Bill Boonson, Warrenton, 13.3. 2, Cal Boyd, Portland, 14.8. 3, Albert Johnson, Portland, 14.5.

SHOT PUT — (45-49) 1, Dennis Asby, Lake Oswego, 38-11½. 2, Jerry Jenson, Grants Pass, 33-1½. 3, Jack Kondrasuk, Portland, 28-8. (50-54) 1, James Buffer, Oceanside, 32-11. (55-59) 1, Phil Walden, Portland, 31-11. 2, Jack Coy, Tillamook, 30-1. (70-74) 1, Ross Carter, Eugene, 47-3 (New American Record: old record 45-7¼ by Ross Carter, Eugene, 1986). (75-79) 1, Robert Hunter, Beaverton, 26-10.

JAVELIN — (40-44) 1, John Smith, Portland, 104-9. 2, Clark Peters, Milwaukie, 102-10. (45-49) 1, Gary Reddaway, West Linn, 175-7. 2, Walt Wagner, Estacada, 116-4. (55-59) 1, Phil Walden, 68-4.

MASTERS, WOMEN

5,000 RACE WALK — (45-49) 1, Marcy Lowe, 35:19.1. (50-54) 1, Shirley Rhoads, 35:57.9.

1,500 — (40-44) 1, Jana McLelland, Portland, 5:41.6. 2, Lori Schuff, West Linn, 5:42.6. (45-49) 1, Leta Figg-Hoblyn, Portland, 5:12.5. 2. Betsy Hall, Lake Oswego, 6:22.1. (55-59) 1, Marcia McChesney, Eugene, 6:40.2. (61-64) 1, Dorene Sawtelle, Milwaukie, 8:30.0.

100 — (60-64) 1, Dorine Sawteller, Milwaukie, 22.4. (65-69) 1, Irene Crane, Milwaukie, 20.5.

MASTERS MEN

HIGH JUMP — (40-44) 1, John Casey, McMinnville, 5-4. (45-49) 1, Joe Johnson, Portland, 4-6. (50-54) 1, John Dodge, Salem, 4-8. 2, Jim Schlewitz, Albany, 4-6. 3, Don Gray, Talent, 4-2. (55-59) 1, Robert Lifton, Charleston, 4-8. 2, James Holmes, Lake Oswego, 4-6. (60-64) 1, Hal Buck, Aloha, 4-4. (65-69) 1, Gilbert Young, Portland, 4-2. 2, Les Hintz, Tigard, 3-7. (70-74) 1, Don Stitt, Portland, 4-2.

DISCUS — (40-44) 1, John Smith, Portland, 51-10. (50-54) 1, Frank Miller, Portland, 126-0.

LONG JUMP — (40-44) 1, John Norton, Lake Oswego, 19-4. (45-49) 1, Stan Sposito, Portland, 17-6¼. (55-59) 1, Robert Lifton, Charleston, 15-8½. 2, Art Afremow, Portland, 15-3. 3, Jack Coy, Tillamook, 13-1¼. (65-69) 1, Bill Bronson, Warrenton, 14-7. (70-74) 1, Don Stitt, Portland, 12-8.

HAMMER — (45-49) 1, Jerry Jensen, Grants Pass, 58-3. (55-59) 1, Phil Walden, Portland, 42-6. (70-74) 1, Charles Collins, Salem, 79-1. (75-79) 1, Robert Hunter, Beaverton, 72-2.

400 — (40-45) 1, Wayne Gripp, Springfield, 53.3. 2, Eugene Borkan, Portland, 57.2. 3, Emil Torquato, St. Helens, 59.2. (45-49) 1, Lynn Eves, Portland, 58.4. 2, Paul Stepan, Portland, 59.0. 3, Sanford Rice, Horton, 1:02.0. (50-54) 1, Robert Bannister, Hubbard, 59.1. 2, Ken Ogden, Salem, 1:02.1. (55-59) 1, Don Kane, Hillsboro, 59.9. (65-69) 1, Cal Boyd, Portland, 1:07.8. 2, Joe Mallon, Portland, 1:15.1.

800 — (40-44) 1, Wayne Gripp, Springfield, 2:09.4. 2, Eugene Borkan, Portland, 2:16.5 (45-49) 1, Ernest Thorne, 2:17.9. (50-54) 1, Ken Ogden, Salem, 2:24.2. 2, Robert Bannister, Hubbard, 2:24.3. 3, Buck MacGillivary, Beaverton, 2:26.3. (65-69) 1, Joe Mallon, Portland, 2:51.2.

POLE VAULT — (45-49) 1, Larry Holmes, Portland, 11-6. (50-54) 1, Don Gray, Talent, 10-0. (55-59) 1, Jim Holmes, 10-6. (60-64) 1, Don Grosh, Bend, 9-0. (65-69) 1, Les Hintz, Tigard, 6-4.

DISCUS — (40-44) 1, Clark Peters, Milwaukie, 73-3. 2, John Hanan, Boring, 57-8. (45-49) 1, Dennis Asby, Lake Oswego, 103-9. 2, Sam Fort, Portland, 96-5. 3, Jerry Jensen, Grants Pass, 88-8. (50-54) 1, Neil Sailing, Portland, 210-2. (55-59) 1, Phil Walden, Portland, 76-10. (60-64) 1, Hal Buck, Aloha, 117-11. (70-74) 1, Ross Carter, 130-0.

TRIPLE JUMP — (40-44) 1, Herman Brame, Portland, 31-7. (60-64) 1, Hal Buck, Aloha, 26-11½.

400 HURDLES — (45-49) 1, Lewis Thorne, Eugene, 1:02.6.

Continued on next page

Continued from previous page

200 — (40-44) 1, John Norton, Lake Oswego, 26.6. 2, Wayne Gripp, Springfield, 24.5. 3, John Casey, McMinnville, 25.8. (45-49) 1, Mike Barmache, 24.7. (45-49) 1, Paul Edans, Silverton, 23.8. 2, Paul Stepan, Portland, 26.7. 3, Sanford Rice, Horton, 28.2. (50-54) 1, Robert Bannister, Hubbard, 26.5. 2, Jim Schlewitz, Albany, 28.8. (55-59) 1, Jack Coy, Tillamook, 27.1. 2, Don Kane, Hillsboro, 27.4. 3, Art Afremow, Portland, 28.0. (65-69) 1, Cal Boyd, Portland, 29.0. 2, Bill Branson, Warrenton, nt.

5000 — (40-44) 1, Bob Ladum, Portland, 15:46.3. 2, Bob Tysoe, Portland, 19:05.7. (45-49) 1, George Buckner, Estacada, 16:25.1. 2, Dennis Whalen, Portland, 20:27.4. (50-54) 1, Ralph Chase, Portland, 18:40.2. (55-59) 1, Jack McGoldrick, Milwaukie, 21:33.2.

MASTERS WOMEN

400 — (60-64) 1, Dorine Sawtell, Milwaukie, 1:48.3. (65-69) 1, Irene Crane, Milwaukie, 1:36.2.

800 — (45-49) 1, Letha Figg, Portland, 2:35.0. (55-59) 1, Marcia McChesney, Eugene, 3:23.5. (65-69) 1, Irene Crane, Milwaukie, 3:52.3.

200 — (40-44) 1, Janet Sherman, Portland, 32.1. (60-64) 1, Dorine Sawtelle, Milwaukie, 47.7. (65-69) 1, Irene Crane, Milwaukie, 43.9.

3000 — (40-44) 1, Carmen McCullough, 13:57.5. (55-59) 1, Marcia McChesney, Eugene, 14:16.1.

SUB-MASTERS MEN

100 — (30-34) 1, Billy McKinney, Portland, 11.0. 2, Dennis Carline, Portland, 11.2. 3, Jeffrey Smith, Lake Oswego, 11.7. (35-39) 1, Michael Barmache, Portland, 11.5. 2, Craig McCollogh, Newport, 13.4. 3, Arnold Bunting, Oregon City, 14.6.

400 — (30-34) 1, Dave Hagmeier, Portland, 51.1. 2, Greg Shewbert, Portland, 54.2. 3, Gregory Budreau, Salem, 1:00.2.

HAMMER — (30-34) 1, Richard Janet, Gresham, 103-0. 2, Anthony Valley, Monmouth, 75-4. (35-39) 1, Pat Healy, Talent, 156-7. 2, Thomas Wright, Portland, 51-8.

LONG JUMP — (30-34) 1, Mike Lariza, Portland, 21-7½. 2, Rudy Pearson, McMinnville, 21-1.

800 — (30-34) 1, Melancon Randall, Eugene, 2:00.6. 2, Akilan Muir, Portland, 2:00.8. 3, Terry Selby, Portland, 2:00.9. (35-39) 1, Mike Granum, Boring, 2:03.3. 2, Steve Brown, Portland, 2:13.5. 3, Jerry Durant, Oregon City, 2:22.9.

POLE VAULT — (35-39) 1, Craig McCulloch, 10-0. 2, Mike Monahan, 6-0.

DISCUS — (30-34) 1, Greg Shewbert, Portland, 129-1. 2, Dennis Carling, Portland, 120-6. 3, Rudy Pearson, McMinnville, 119-2. (35-39) 1, Brett Osborn, McMinnville, 124-2. 2, John Slovinec, Portland, 92-11. 3, Thomas Wright, Portland, 68-11.

TRIPLE JUMP — (30-34) 1, Mike Lariza, Portland, 48-5. 2, Dennis Carline, Portland, 43-10½. 3, Rudy Pearson, McMinnville, 42-2¼.

400 HURDLES — (30-34) 1, Greg McLaughlin, Pendleton, 1:01.0. (35-39) 1, Harvey Baker, Gresham, 1:07.9.

200 — (30-34) 1, Billy McKinney, Portland, 22.7. 2, Dave Hagmeier, Portland, 23.1. 3, Wayne Reynolds Portland, 23.5.

5000 — (30-34) 1, Jim Ney, Beaverton, 16:26.8. 2 Robert Duval, Portland, 17:42.5. 3, Peter Rosback, Portland, 19:15.2.

SUB-MASTERS WOMEN

DISCUS — (30-34) 1, Lizann Schultz, Portland, 118-3.

400 — (30-34) 1, Janet Sherman, Portland, 1:11.4. (35-39) 1, Penny Gilkey-Forster, Rogue River, 1:02.4.

200 — (30-34) 1, Penny Gilkey-Forster, Rogue River, 27.8. 2, Geri Piper, Lake Oswego, 33.8.

British National Championships on page 35

LONG DISTANCE RESULTS

Please send masters race results to: National Masters News, P.O. Box 2372, Van Nuys, CA 91404. Please include date, distance and city.

EAST

Utica Boilermaker 15K
Utica, New York
July 12

Money winners:

M40-49		
Atlaw Belilgne	50:26	$500
Dave Tresohlavy	51:53	$300
Derck Frechette	52:08	$200
W40-49		
Bobbi Rothman	57:17	$500
Maddy Harmeling	60:38	$200
Mary Shaver	66:25	$150
M50-59		
John Dugdale	55:56	$300
David Reichert	56:14	$200
Sam Graceffo	57:35	$100
W50-59		
Ammy Stockman	66:31	$300
Sally Rusby	70:18	$100
Gloria Brown	71:44	$100

award winners

M30-34	
John Doub	49:42
Alan Cantley	51:12
Solaman Chebar	51:52
M35-39	
Charles McMullen	48:57
Tom Carter	48:58
George Hitt	51:25
M40-44	
Patrick J. Glover	52:52
Thomas Lamme	54:26
Jim May	55:03
M45-49	
Ralph Zimmermann	53:09
James Lupton	54:39
George LUke	55:43
M50-54	
Gerald Barney	58:51
Wade Stockton	59:36
Ramon Rivera	62:10
M55-59	
Howard S. Rubin	59:21
Richard A. Kendall	60:32
Sam K. Heusel	61:03
M60-69	
Anthony Napoli	62:14
Don McWilliams	64:46
Edward Buckley	69:40
M70+	
Andrew Malanchuck	84:22
Ralph Agone	86:28
Whitey Sheriden	1:41.06
W30-34	
Denise A. Herman	59:25
Clara Northcott	64:53
Cathy Graham	66:16
M35-39	
Kathy Brown	60:36
Patricia Delia	62:35
Joan Zirkelbach	66:52
W40-44	
Nancy Frisilio	69:04
Sherry Dizon	71:47
Judith Stiber	74:45
W45-49	
Wendy Hanger	70:17
Jean Doench	74:51
Becky Morris	77:45
W50-54	
Marietta Raposo	83:15
Mary-Ann Rusz	85:35
Connie LaSalle	86:34
W55-59	
Dolores Quinn	83:21
Lois Bell	83:24
Vera McIllwham	93:24
W60+	
Loretta Shehan	82:16
Edith Farias	84:59
Marsha Tillson	98:54

SOUTHEAST

PM Magazine Summer Breeze 5K
Charlotte, N.C.
July 10

M30	Tom Smith		15:17
	Mike Bailey		16:32
	Jefferey De Matt.		16:36
	Joe Denneny		17:11
	Harry Ash		17:15
M35	Earl Owens		16:01
	Steve Moffat		16:05
	Craig Dean		16:18
	Clarence Cropps		16:21
	Steve Pavik		16:38
M40	Bill Fitch		16:54
	Wayne Yarbrough		16:58
	Bruce Dale		17:04
	Sam Going		17:13
	Jim Ellis		17:33
M45	Bill Clayton		18:04
	Leon Lewis		19:00
	Jim Campbell		19:45
	Ed Kline		20:21
	Elliott Mullins		20:28
M50	Bill Voight		18:02
	James Lackey		19:03
	Brooks Mc Lain		20:17
	Bob Fenning		20:22
	Tony Trasou		20:36
M55	Jim Blont		18:54
	Stuart Daniel		18:57
	Mike Shea		19:40
M60+	Jack Broadwell		22:49
	Harold Underwood		23:34
	E.B. Lloyd		24:18
	William Goforth		26:26
W30	Peg Crondean		19:08
	Stef. Finkelstein		21:33
	Corliss Emerich		22:00
	Jeanne McKittrick		22:39
	Jennie Latimer		22:41
W35	Libby Nelly		21:24
	Mary Carbott		21:35
	Beck Wall		22:08
	Marilyn Ashley		22:11
	Kay Peay		22:36
W40	Linda Miesch		22:35
	Pat Guthrie		22:38
	Pat Kelly		22:55
	Paulajo Gross		23:04
	Catherine Peel		24:12
W45	Kim Martin		25:58
	Sue Boyer		26:08
	Pat O'Donnell		27:31
	Jocelyn Allen		32:28
W50	Mary Purvis		27:26
	Margaret Lemonds		31:28
W55	Betty Vosburgh		28:53
	Lois Joop		31:20
	Lucille Wentz		35:57
W60+	Margaret Hagerty		35:49

MID-AMERICA

OSO Senior Olympics
10,000 Meter Run
St. Louis

W55	Billie Stacy	OH	44:56
	Josephine Miles	IL	47:16
	Sharon Whitfield	LA	47:24
	Jane Arnold	TN	49:44
	Mary Specking	MO	52:11
W60			
	Dorothy Bright	MD	51:36
	Dottie Gray	MO	51:40
	Mary Norckauer	LA	51:50
	Kit Pickels	CA	52:03
	Pauline Sessions	TN	56:52
W65			
	Elizabeth Gann	AR	54:34
	Margaret Mullen	MI	58:23
	Carol Peebles	WI	1:01:33
	Vadine Koenig	OH	1:01:41
	Merry Austin	AZ	1:01:50
W70			
	Louise Martin	VA	1:01:15
	Pearl Mehl	CO	1:02:31
	Mary Haines	CT	1:02:45
W80+			
	Rose Monda	AZ	1:22:41
	Mia Wilshusen	AZ	1:23:27
M55			
	Jack Gentry	AR	39:10
	Jack Sunderland	KY	39:28
	Arturo Melendez	OK	40:01
	Norm Colter	MO	40:30
	Robert Coffey	TX	41:16
M60			
	William Carey	OH	40:52
	Bill Osburn	MD	41:48
	Jim Boland	MO	42:42
	Harry Berndt	MO	42:49
	Robert Davenport	KY	42:52
M65			
	Bill Schmitt	IL	43:10
	Cokey Daman	VA	43:38
	Paul Amadio	OH	44:05
	Clyde Johnson	MO	44:25
	Clarence Osborn	NE	45:37
M70			
	Eugene Keller	OH	45:01
	Daniel Bulkey	OR	47:11
	John Braloski	MO	49:48
	Robert Grissom	NE	49:50
	Clay Brelsford	NC	49:57
M75			
	Ed Benham	MD	45:35
	Caldwell Nixon	NC	54:13
	La Grand Nielson	CA	56:55
	Denby Martin	AZ	1:04:34
	Stan Thompson	HI	1:14:13
M80+			
	Warren Ling	HI	1:14:31
	Ahrend Muehring	MO	1:17:01

Grandma's Marathon
Duluth, Minnesota
June 20

Overall			
	Dan Schlesinger	NY	2:16:00
	Janis Klecker	MN	2:36:12
M35-39			
	Bruce Ellis	NH	2:19:06
	Bobby Doyle	RI	2:23:19
	Rob Whetham	MN	2:28:51
	Roger Pekuri	MI	2:29:16
	Robert Eilek	CA	2:30:23
M40-49			
	Kjell-Erik Stahl	SWE	2:19:22
	Bruce Mortenson	MN	2:24:57
	Robert Nelson	UT	2:29:56
	William Johnston	UT	2:32:44
	William McNelly	CO	2:39:01
	Aubrey Lavizzo	CO	2:40:34
	Jerry Bell	MI	2:41:44
	James Olsen	MN	2:42:37
M50-59			
	Arlen Sunn	MN	2:48:47
	Frank Gutman	WI	2:51:34
	Greg Prom	MN	2:55:59
	Ted Tetzlaff	WI	2:56:47
M60-69			
	Alex Ratelle	MN	2:53:27
M70+			
	Paul Werner	MN	4:26:59
W35-39			
	Diane Stoneking	MN	2:47:30
	Claudie Ciavar'la	WI	2:48:18
	Shirley Durtschi	OR	2:49:37
	Eleonora Mendonca	MN	2:51:43
	Cecelia Niemczyk	NM	2:51:47
W40-49			
	Angella Hearn	NY	2:39:55
	Gail Scott	CO	2:48:16
	Susan Havens	WA	2:49:52
	Peggy Couper	BER	2:58:19
	Joan Ullyot	CA	3:01:33
	Roberta Brill	NY	3:06:49
W50-59			
	Wen-Shi Yu	NY	3:21:22
W60-69			
	Mary Carlson	MN	4:05:42
W70+			
	Ethel Furne	MN	NT

SOUTHWEST

Freedom Run 5K
Tulsa
July 4

Overall winners:
Brad Keeton 16:11
Karen Cramond

M35	Mike Haeger		16:54
	Dade Maloney		17:13
M40	Mark Sanborn		18:06
M45	Charlie Baker		17:58
	Jay Minor		18:09
M50	R.D. Johnson		20:04
	Bill G. Luce		23:33
M55	Jerry Crokett		18:43
	Richard Mitchell		22:06
M60+	Whit Mauzy, Jr.		20:42
	Ross Waltzer		22:55
W35	Jeanie Giles		19:35
	Nora Matthews		21:05
W40	Barbara Manning		21:22
	Ellen Demas		28:25
W44	Dorothy Johnson		26:44
	Rena Hise		30:12
W50	Linda Johnson		32:58
W55	Lila Jones		34:47
W60+	Jean Benear		34:19
	LaVerne Griffith		51:36

New Orleans Track Club 5K
July 19

M30	Delfino Peres		15:57
	Ronald Lee		16:11
M35	Henry Jacques		18:06
	Mike Cusack		18:50
M40	C.J. Mouton		17:22
	Philip Shuler		17:52
M45	Mike Witkin		17:10
	Buster Matthews		17:37
M50	Larry Fuselier		17:39
	John Johnson		19:43
M55	Joe Fuselier		21:25
	Mario Caonje		21:49
M60	Dudley Gautreaux		22:15
	Joe Horne		23:50
M70+	Winter Trapolin		27:48
	George Pratka		35:56
W30	Carol Smith		18:19
	Melanie Williams		25:33
W35	J. Canales		20:47
	Karen Miller		24:52
W40	Kathy Hardy		18:10
	Marian Loftin		20:38
W45	Elaine Joseph		21:45
	Carolyn Johnson		24:59
W50	Janeth McKendrik		27:12
	Jean Jennings		31:32

OVERALL:
Mark Malander 14:49
Kathy Hardy 18:10

Vitality For Life 8K
Muskogee, Okla.
August 1

Overall
Randy Reina, San Antonio, TX 23:59
Alana Gray, Pryor, OK 30:56

M 35-39
Ed Swiatocha, Irving TX 24:09
Denton Childs, Springdale, Ark. 26:20
Bill Weeks, Spencer, OK 27:42

M 40-44
Robert Anderson, Tulsa, OK 28:38
Robert Maddy, Sperry, OK 30:02
Merle Gray, Pryor, OK 31:10

M 45-49
Eddie Dukes, Tahlequah, OK 31:23
Maurice Markwardt, Tulsa, OK 33:44
David Kyger, Muskogee, Ok 33:44

M 50-54
Fred Dice, Pryor, OK 29:20
Brad Kidder, Ft. Smith, Ark. 33:56
J. B. Bennett, Okmulgee, OK 36:16

M 55-59
Arturo Melendez, Tulsa, OK 32:00
Win Speers, Bixby, OK 38:51
Ben Traylor, Tulsa, OK 43:54

M 60-64
Ted Hines, Muskogee, OK 36:36
Eugene Byrnes, Tulsa, OK 37:54
Robert Lake, Broken Arrow, OK 40:30

M 65 & Over
Jim Smith, Oklahoma City, OK 32:12
Ross Waltzer, Tulsa, OK 38:43
Richard Evans, Tulsa, OK 45:59

W 35-39
Martha O'Rourke, Tulsa, OK 31:04
Mary Ann Davis, Tulsa, OK 36:13
Stephanie Gean, Ft. Smith, Ark. 38:02

W 40-44
Gloria McQuade, Tulsa, OK 40:12
Judy Smith, Tulsa, OK 43:18
Ros Coffee, Tulsa, OK 44:08

W 45-49		
Shirley Wilkenson, Broken Arrow		39:35
Irene Moore, Alma, Ark.		45:43
Mary Fulk, Tahlequah, OK		56:48
W 50-54		
Patricia Jones, Tulsa, OK		45:05
Marilyn Cunningham, Tulsa, OK		47:23
Mary Fletcher, Roland, OK		49:02
W 55-59		
Marilyn Hearon, Musgogee, OK		51:15
W 60 & Over		
Jean Beanear, Tulsa, OK		53:49
Ana Griffith, St. Paul, Ark.		60:42

Certified Course
279 Finishers



WEST

Western States 100 Miler
California
June 27-28

M30-34		
Bill Finkheiner	19:17.23	
Craig Moore	19:30.09	
David Roth	19:52.34	
Dave Stevenson	20:05.47	
Michael Sinkowski	21:33.06	
M35-39		
Herb Tanzer	17:41.06	
Dan Williams	18:58.40	
Rick Spady	19:29.13	
Jim Pellon	20:42.14	
Bob Bunnell	21:12.54	
M40-44		
Jim Pomroy	20:08.01	
Martin Jones	20:14.14	
Juss Hamalainen	20:15.46	
Eric Ianacone	22:31.12	
Ian Maddieson	22:38.58	
M45-49		
Doug Latimer	19:39.02	
Eddie Luhan	22:44.37	
Larry Brooks	22:49.36	
Hans Van Willegen	23:33.41	
John Bandur	23:45.35	
M50-59		
Gard Laighton	20:52.29	
Roger Daniels	22:13.28	
James Konen	23:36.51	
M60+		
Harrison Smith	27:25.36	
W30-39		
Sue Summerhays-King	21:57.02	
Kimberly Moody	23:42.32	
Nancy Stover	28:18.32	
Chris Hart	29:07.21	
W40-49		
Bobbie Dixon	22:15.37	
Bjorg Austreim-Smith	23:11.57	
Nancy March	24:00.48	
Joan Reiss	25:30.20	
Barbara Spahr	25:57.05	
W50+		
Katherine Brieger	29:56.48	

Legg Lake Evening 5K
So. El Monte, Calif.
July 9

Overall			
E Serratos			16:27
T Williams			20:22
M35 J Lawrence			18:21
M40 J Williams			17:47
M45 R Corriveau			20:46
M50 c Stobba			19:30
M60 L Banuelos			21:35
W35 A Quinoza			31:19

Legg Lake Morning 5K
So. El Monte, Calif.
July 11

Overall			
M Banuelos			16:29
K Hall			20:58
M35 A Rodriguez			21:58
M40 J Williams			17:52
M45 R Corriveau			20:24
M50 C Stobba			19:56
M55 J Rangel			20:38
M60 D Lugan			22:04
M70 J Mooshagian			31:16
W35 N Ingersoll			21:45
W40 A Burke			23:44

Legg Lake Evening 5K
So. El Monte, Calif.
July 16

Overall			
E Serratos			16:08
B Reukema		W40	23:57
M35 R Gonzales			20:24
M40 J Williams			17:57
M45 I Gonzalez			20:06
M50 C Stobba			19:19
M55 J Maynard			24:24
M60 W Nelson			26:09
W35 G Gonzales			26:52
W45 M Kelly			26:20

Legg Lake Evening 5K
So. El Monte, Calif.
July 23

Overall			
E Serratos			16:27
M Shields		W45	22:54
M35 M Alvarez			19:58
M40 A Kovar			19:07
M45 F Glover			19:32
M50 C Stobba			19:27
M55 B Odou			26:25
M60 L Banuelos			20:15
M65 J Guzman			26:17
W45 M Kelly			26:38

WCLA Rose Bowl
15K & 5K Walks
Pasadena, CA.
July 19

15K Masters Men			
Richard Oliver			1:24:11
Carl Acosta			1:33:47
John Fujioka			1:53:43
Masters Women			
Espe Lassanyi			1:40:27
Rose Kash			2:01:38
5K Masters Men			
Jorge Newberry			35:47
Don Richmond			35:52
Jim Matthews			41:03
Masters Women			
Nancy Alexander			33:08
Helen Oakley			34:03
Helen Smith			35:22
Ria Marsh			35:29
Ursula Marti			37:36
Marilyn Calabrese			38:32
Shirley Mae Lawg			40:37
Janice White			40:37
Mary Jo Lynch			42:53
Carol Mac Donald			44:57
Gloria Orendain			46:41
Mary Byers			47:24
Mary Hinkley			49:23

NORTHWEST

Providence Point
Not Over the Hill 8K
Issaquah, WA.
July 11

Overall:
Ray Hatton 28:10
Nancy Hellyer 33:23

M50	Hans Fenz		28:54
	Maurice Pratt		29:05
	Robert Ruggeri		29:12
M55	Ray Hatton		28:10
	G. Jorgensen		29:30
	Ralph Miller		30:10
M60	Jim O'Neil		30:33
	O. Keniston		31:02
	Anders Jacobsen		36:11
M65	Norman Hansen		35:25
	Merle Crain		37:27
	R. Laughlin		37:31
M70	Clive Davies		33:23
	J. Satterlee		43:36
	John Thun		45:02
M75	Johnny Kelly		42:00
	Mel Shine		42:29
	Evald Osenius		47:35
Walkers			
Walter Schafran		71	69:08
R. Heilgerm		76	69:23
David Wilson		67	69:36
W50	Nancy Hellyer		33:23
	Anne O'Hagan		35:05
	Frankie Crune		37:58
W55	Peggy Ainslie		37:09
	Patricia Johnson		37:33
	Madonna Buder		37:35
W60	Ruth Kasper		49:26
	Glorya Moore		49:49
	Kit McGarry		52:27
W65	Pat Dixon		40:15
	Alyce Lindberg		47:04
	Margie Tommos		54:24
W70	Shirley Wasser		53:42
	G. Sommerfi		55:46
W75	Helen Stout		83:03
Walkers			
Rene Annanie		50	57:40
Mavis Carlson		53	65:11
Carolyn Mateer		64	69:54

SOUTH WEST

Duke City Masters Games
Albuquerque, N.M.
June 6-7

100

			WT
Open	M. Neibauer		11.3
M30	F. Polich		11.3
	M. Pannell		11.4
M35	D. Radiff		11.2
M40	J. Battaglia		11.59 (FAT)
	R. Assink		11.66
	T. Passalaqua		12.16
M45	S. Ireland		12.20
	D. Lance		12.50
	J. Head		12.99
M50	C. Orr		13.03
	B. Santine		13.09
	J. Beery		14.26
	B. Gilmore		15.37
M55	G. Albury		12.58
	L. Anderson		13.00
	F. Welch		13.79
M65	F. Bowles		14.71
M70	H. Morningstar		14.39
	J. Breslin		15.39
W Open	C. Welch		13.0
W30	C. Jones		13.8
W55	C. Silver		15.1
W70	B. Hicks		20.7

200

			FAT
Open	T. Reed		22.09
M30	K. McMillan		25.01
M35	D. Radiff		23.19
M40	R. Assink		23.71
	T. Passalaqua		24.46
M45	S. Ireland		24.89
	D. Lance		25.49
	J. Kelly		25.53
	J. Head		27.34
M50	B. Santine		28.03
	J. Beery		32.60
	B. Gilmore		36.25
M55	G. Albury		26.39
	L. Anderson		26.81
	C. Rice		28.57
	D. Brown		29.15
	F. Welch		29.94
M70	J. Breslin		32.78

400

			FAT
M30	C. Jones		50.02
M35	K. Schoenfeld		28.49
	C. Silver		31.94
W50	J. Dickinson		35.55
W70	B. Hicks		47.3

400

Open	T. Reed		50.35
M30	M. Pannell		51.05
	G. Atkins		54.23
	K. McMillan		55.20
M35	D. Radiff		52.11
M40	B. Burkholder		64.92
M45	S. Ireland		55.25
	B. Kirkpatrick		60.72
	C. Bedell		60.70
	J. Head		62.67
M55	G. Albury	1:00.44	
	B. Gaedke	1:00.82	
	C. Rice	1:05.02	
	L. Anderson	1:05.09	
	D. Brown	1:06.11	
	A. Sanchez	1:12.31	
W Open	K.Calabrese	1:12.75	
W30	C. Jones	1:12.57	
W50	J. Dickinson	1:11.17	
W70	B. Hicks	1:58.09	

800

Open	R. Martinez	1:49.72
	P. Moore	1:50.60
	F. Morgan	1:55.01
	J. Airis (30)	2:00.76
M30	M. Schott	2:09.05
M40	T. Clarke	2:10.64
	B. Burkholder	2:26.25
M45	C. Bedell	2:10.02
	T. Bell	2:45.29
M50	D. Croghan	2:22.39
	D. Saylors	2:32.08
M55	B. Gaedke	2:20.59

1500

Open	K. MacDowell	4:48.85
M30	J. Airis	4:16.3
M40	W. Clarke	4:56.39
	T. Martinez	5:12.75
M55	J. Schirber	5:02.89
W35	K. Gallant	5:56.1
W40	J. Marr	5:43.6
W50	J. Dickinson	6:17.5

5000

Open	Q. Smith	16:10.45
M30	M. Schott	17:26.85
M40	S. McCormack	17:5-.
M45	B. Trebilcock	18:44.99
	T. Bell	20:52.77

2 mile RW

M55	A. Sanchez	19:52.7
W40	J. Berry	25:29.53

100H

W Open	R. Toliver	33" 14.88

110H

			HT
M40	J. Loubet	36"	19.9
M45	D. Lance	36"	18.8
M50	J. Stanners		19.9
		42" (age 52 WR)	
M70	H. Morningstar		23.3

400H

Open	J. Hayden	54.1
M30	M. Pannell (36")	55.3
	J. Airis	1:05.2
M35	B. Winter	59.6
	D. Radiff	1:01.9
M45	J. Head (36")	1:09.1
M50 300m	J. Stanners (33")	51.7

HJ

M30	J. Bilderbeck	5'8"
M40	B. Forsyth	5'6
M45	J. Kelly	5'6
	J. Head	4'11
	H.P. Reide	4'7
M50	J. Stanners	5'1
M55	W. Palmer	4'9
M65	F. Bowles	4'6
M70	H. Morningstar (70) M70 AR	4'7½
W40	J. Marr	4'1

PV

Open	M. Neibauer	16'0
M35	B. Winter	15'0
M30	J. Bilderbeck	12'6
M40	J. Loubet	9'6
M50	J. Stanners	10'9
M70	H.Morningstar	7'4½

LJ

M30	F. Polich	22'2½
	J. Bilderbeck	20'7
M40	B. Forsyth	18'1½
M45	J. Kelly	19'7½
M65	F. Bowles	12'11½
M70	J. Breslin	12'1
	H. Morningstar	11'8½

SP

M30	J. Bilderbeck	34'1"
M35	S. Ross	43'1
	D. Dowling	36'3
M40	J. Martinez	33'6
M45	H.P. Reide	28'11
M50	J. Stanners	31'6½
	B. Santine	28'10½
M55	W. Palmer	39'11
M60	B. Brown	27'1
M65	F. Bowles	36'6
M70	H. Morningstar	38'3

HT

M40	P. Martinez	128'2"
	J. Martinez	69'6
M50	B. Santine	63'10½
M55	W. Palmer	99'7½
M60	B. Brown	71'11

Discus

M35	D. Umshler	155'1½
	D. Dowling	110'4
M40	P. Martinez	111'2
	B. Forsyth	106'9
	J. Martinez	91'5
	T. Passalaqua	80'10
M50	J. Stanners	94'1½
M55	W. Palmer	149'7½
M60	B. Brown	84'11
M65	F. Bowles	103'2½
M70	H. Morningstar	113'10

Javelin

Open	D. Hall	44.08m
M30	J. Airis	37.55
	M. Pannell	37.21
M40	B. Forsyth	48.08
	P. Martinez	45.36
	M. Miller	43.05
M45	D. Lance	44.26
	D. Vigil	44.26
	H.P. Reide	42.78
	B. Weeks	36.18
M50	W. Morris	50.59
	B. Santine	31.34
M55	W. Palmer	38.60
M60	B. Brown	22.80
M65	F. Bowles	33.22
M70	H.Morningstar	31.09
W Open	D. Elwer	38.16
	B. DeJohn	24.80

4x100 R

Open	Over the Hill Gang (McMillan,Radiff, Reed, Schott)	45.70
M40-49	Sandia/Los Alamos Nat'l Labs (Kelly, Passalaqua, Yip, Assink)	46.51
M50-59	Los Angeles Valley (Stanners,Santine, Anderson, Bowles)	53.90
	Los Alamos Nat.Lab. (Beery, Albury, Brown, Welch)	55.45

Pentathlon

		1985 IAAF			ht		
Open	D. Hall	2473	(5.32	45.84	:24.8	33.27	5:36.22)
M30	J. Bilderbeck	2873	6.30	49.36	24.4	33.42	5:17.46
M40	B. Forsyth	2338	5.08	45.61	27.1	31.46	5:11.81
	D. Selby	2064	4.85	33.75	26.4	24.92	5:08.00
M45	D. Lance	1983	5.70	41.97	25.0	26.77	dnf
M55	W. Palmer	1732	4.70	40.56	31.3	45.91	dnf
M65	F. Bowles	1322	4.11	33.78	30.3	30.26	7:08.86
M70	H.Morningstar	1184	3.63	30.19	30.7	38.45	dnf
	(betters listed age 70 AR)						
W35	K. Schoenfeld	1966	3.90	21.85	28.1	21.62	2:51.37



MIDWEST

Cleveland Track Classic
Cleveland, Ohio
June 27

100

M30	Bill Collins	10.6
	Al Walton	10.8
	Walt Henderson	10.9
M40	Lamar Miller	11.0
	Clarence Ray	11.1
	Scott Tyler	11.7
M50	Larry Colbert	11.9
	Paul Williams	12.0
M60	Hal Robinson	13.0
	Hilary Taylor	17.5
M70	Elmer Shaw	16.8
W30	Donna Pope-Green	12.5
	Bethany Boyd	13.4
	Kathy Pierce	14.4
W40	Marilyn Mitchell	13.9
	Pat Thomas	17.5
	Joan Gibson	20.7
W50	Sallie Stiegelmeier	16.5

200

M30	Bill Collins	21.7
	Alfonzo Walton	22.2
	Morris Blueford	23.7
M40	LaMar Miller	22.9
	Glennie Johnson	23.8
	Abdul Singh	24.2
M50	Larry Colbert	25.8
	Bob Wainman	34.5
M60	Hal Robinson	28.3
	Andrew Thomson	31.6
W30	Donna Pope-Green	26.8
	Bethany Boyd	28.3
	Kathy Pierce	29.6
W40	Marilyn Mitchell	29.2
	Pat Thomas	39.2
	Joan Gibson	46.6

400

M30	Randy Williams	49.7
	Claude Holland	52.2
	Morris Blueford	53.2
M40	LaMar Miller	50.5
	Clarence Ray	50.9
	Glennie Johnson	53.8
M50	Larry Colbert	54.9
M60	Hal Robinson	68.0
	Andy Thomson	69.4
	Allan Jackson	70.5
W30	Theresa Dudley	67.1
	Kathy Pierce	68.0
W40	Joan Gibson	93.8
	Pat Thomas	96.6
W50	Sallie Stiegelmeier	78.0

800

M30	Pat Moriarty	1:58.5
	Claude Holland	2:00.2
	Russ Zornick	2:06.5
M40	Dustin Mann	2:04.3
	David Baecker	2:14.5
	Travis Evans	2:18.0
M50	Larry Colbert	2:21.1
M60	Andrew Thomson	3:01.1
M80	Dick Bredenbeck	4:02.5
W30	Nancy Shafer	2:22.0
W40	Jeanne Sikorski	3:14.2
	Joan Gibson	3:37.2

MILE

M30	Russ Zornick	4:32.6
	Doug Yoder	4:34.5
	Tom Rooney	4:40.1
M40	Lou Scott	4:48.6
	David Baecker	4:53.1
	Bob Kuebler	4:58.1
M50	Armand Masse	5:51.2
	Matt Norris	5:56.1
M60	Buzzy Hood	6:24.3
	Andrew Thomson	6:55.0
M80	Dick Bredenbeck	8:11.5
W30	Joan Pellegrin	5:51.9
	Marie Przeszlo	6:32.5
W40	Jane Becaj	6:41.5
	Joan Gibson	7:17.1

2-MILE

M30	Russ Zornick	10:12.2
	Bill Stross	10:53.6
	Lou Karl	11:16.2
M40	Bob Kuebler	10:53.7
	Bob Blum	11:26.3
	George Simmerly	12:04.9
M50	Armand Masse	12:50.1
	Matt Norris	13:18.2
W40	Joan Gibson	16:19.7

110H

M30	Randy Williams	15.2
	Horace Hudson	17.6
M40	LaMar Miller	15.0
	Scott Tyler	18.7
	Ralph Scola	19.4
M50	Jim Mathers	22.5

400H

M30	Randy Williams	53.4
	Horace Hudson	59.9
M40	Ralph Scola	70.2
	Ken Gailey	77.2
	Al Littlejohn	89.4

4x100

M30	Fitness	43.0
	Greater Rochester	44.6
	Allegheny Hitmen	45.8
M40	Over The Hill	46.8
	Ann Arbor	46.9
	Simba	56.2

4x200

M30	Fitness	1:31.0
	Allegheny Hitmen	1:37.5
	Ohio Alumni	1:42.8
M40	Over The Hill	1:43.1
	Allegheny Hitmen	1;48.7

4x400

M30	Fitness	3:37.4
	Ohio Alumni	3:39.5
	Over The Hill	3:46.1
M40	Ann Arbor	4:31.7

4x800

M30	Over The Hill	9:18.2
	Cleveland West A	9:35.0
	Cleveland West B	10:28.1
M40	Over the Hill	10:05.2
	Cleveland West	11:03.5
W30	Cleveland West	11:29.2

MILE WALK

M40	Norman Browne	7:51.0
M50	Al Friedl	8:55.4
	Jack See	10:30.4
M60	Troy Grove	10:48.0
W30	Cathi Sullivan	9:46.2
W40	Joan Gibson	9:55.6

HIGH JUMP

M30	Scott Evans	6- 6
	Rick Christoph	5-10
	Morris Blueford	5- 8
M40	Alonzo Littlejohn	5- 3
	Grover Coats	4-10
	Allen Ray	4- 9
M50	Ray Boyd	4- 8
	Robert Jones	4- 6
	Jim Mathers	4- 4
M60	Hal Robinson	4- 2
	Fred Hirsimaki	4- 0
	Andy Thomson	4- 0
M70	Ham Morningstar	4- 6
	Elmer Shaw	4- 0
W30	Jami Littlehohn	3-10

POLE VAULT

M30	Rick Christoph	14- 0
	Dave Johnson	9- 6
M40	Paul Richard	12- 0
	Allen Ray	9- 0
M50	Ed Hoyle	12- 0
	Robert Jones	7- 0
M70	Ham Morningstar	7- 6

LONG JUMP

M30	Al Walton	21- 0½
	Scott Evans	19- 6
	Ike Amison	19- 5
M40	Grover Coats	17- 7½
	Neal Brown	17- 4
	Allen Ray	16-10½
M50	Robert Jones	14- 3
	Jim Mathers	13- 2
M60	Hal Robinson	15- 8½
	Fred Hirsimaki	14- 8½
	Karl Pavasars	14- 0½
M70	Elmer Shaw	10- 0
W30	Donna Pope-Green	18- 2½
	Kathy Pierce	13- 5½

TRIPLE JUMP

M30	Scott Evans	42- 8½
	Stan Allen	39- 3½
	Ike Amison	38- 9½
M40	Allen Ray	33- 9½
	John Brewer	33- 7
	Grover Coats	33- 3½
M50	Jim Mathers	30- 7½
	Robert Jones	29-11
	Ray Carstensen	24- 4½
M60	Fred Hirsimaki	28- 8½
M70	Elmer Shaw	22- 2½
W30	Kathy Pierce	29-10
	Jami Littlejohn	27- 7

SHOT PUT

M30	Steve Kaye	41- 9½
	Norm Bower	39- 1
	Presley Yates	29- 5½
M40	Ed Hill	50- 6½
	Mike Cavotta	43- 8
	Jim Pearce	33- 8
M50	Larry Speer	43- 2½
	Ray Carstensen	39- 1
	Ned Curran	36- 8½
M60	Stan Weber	41-11½
	Hal Robinson	39- 9
	Allen Jackson	38- 6
M70	Elmer Shaw	38- 2½
	Ham Morningstar	36-11
M80	Everett Hosack	19-10½
W30	Kathy Pierce	31- 5
	Donna Pope-Green	30- 8½
W40	Karen Phillips	18- 9
W50	Mary Thomson	20-11½
W60	Bernice Holland	32-0½

DISCUS

M30	Steve Kaye	136- 2
	Norm Bower	134- 4
	Gary Sutton	110- 1
M40	Edward Hill	140- 4
	Mike Cavotta	134- 6
	George Mirka	134- 1
M50	Larry Speer	124- 2
	Frank Caron	113-10
	Dick Mann	111- 5
M60	Karl Pavasars	128- 9
	Stan Weber	128- 4
	Fred Hirsimaki	110- 5
M70	Elmer Shaw	125- 5
	Ham Morningstar	109- 1
M80	Everett Hosack	58- 0
W30	Kathy Pierce	94- 0
	Bethany Boyd	89- 7
W40	Mildred Toman	69- 6
W60	Bernice Holland	90- 4

JAVELIN

M30	Presley Yates	153- 4
	Rick Christoph	139- 5
	Gary Sutton	115-11
M40	Malachi McGruder	141- 6
	John Sloan	118- 3
	Allen Ray	114- 9
M50	Larry Speer	124- 2
	Frank Caron	113-10
	Dick Mann	111- 5
M60	Allen Jackson	112- 0
	Stan Weber	106- 7
	Karl Pavasars	104- 9
M70	Ham Morningstar	106- 6
	Elmer Shaw	91- 8
M80	Everett Hosack	58- 9
W30	Kathy Pierce	94- 0
W60	Bernice Holland	81- 6

HAMMER

M30	Norm Bower	141-10
	Presley Yates	64- 1
M40	Ed Hill	52- 1
	Jim Pearce	35- 2
	Allen Ray	24- 7
M50	Ray Carstensen	120- 1
	Dick Mann	109- 5
M60	Bob Peters	118- 4
M70	Elmer Shaw	127- 0
M80	Everett Hosack	58- 9
W30	Terry Ray	68- 4

35-LB. WT.

M30	Norm Bower	45- 9
M40	Ed Hill	52- 1
	Jim Pearce	35- 2
M50	Ray Carstensen	35-11
	Dick Mann	33- 9



MASTERS MEN TEAM SCORES

1. Over The Hill.....601
2. Fitness.....142
3. Cleveland West RRC....124
4. Ann Arbor.....123
5. Syracuse Chargers.....112
6. Wolfpack.....80

MASTERS WOMEN TEAM SCORES

1. Over The Hill.....152
2. Syracuse Chargers.....68
3. Cleveland West RRC.....48
4. Indianapolis Masters...38
5. Warren Street Social...20

OUTSTANDING ATHLETE

Edward Hill - Birmingham TC

MVP WINNERS

30-39 MEN....Randy Williams
Bill Collins

40-49 MEN....laMar Miller

50-59 MEN....Larry Colbert

60+ MEN.....Hal Robinson

30+ WOMEN....Donna Pope-Green

INTERNATIONAL

17th British National Veterans Championships, Rockingham Triangle, Corby, July 11-12

100 Metres

040: 1, G. McNeill (Scottish Vets) 11.4; 2, G. Sutton (Newport) 11.6; 3, I. Green (Luton) 11.6; 4, I. Foster (Highgate) 11.7. **045:** 1, R. Hooks (Frodsham) 12.0; 2, J. McAnany (North Eastern Vets) 12.0; 3, R. Wright (Vets A.C.) 12.5 **050:** 1, F. Taylor (Vets) 12.1; 2, D. Burton (Hallamshire) 12.4; 3, D. Herman (Manchester) 13.1. **055:** 1, C. Williams (Kingston & Poly) 12.3; 2, W. Guy (Haringey) 12.5; 3, K. Glenesk (Basingstoke) 13.00. **060:** 1, G. Bridgeman (Scottish Vets) 13.7; 2, J. Cowler (Blacktrack) 13.8; 3, J. Moran (Manchester) 13.8. **065:** 1, L. Williams (Vets AC) 14.3; 2, D. King (Blackpool) 14.87. **070:** 1, C.Fosrey (Kettering) 14.9; 2, B. Metcalf (Vets AC) 15.4. **075:** 1, S. Busby (Eastern Vets) 15.9. **080:** 1, W. Baker (Highgate) 19.4.

200 Metres

040: 1, G. McNeill (Scottish Vets) 22.9; 2, J. Henson (Sheffield) 23.4; 3, R.Bush (Highgate) 23.5; 4, G. Sutton (Newport) 23.5. **045:** 1, R. Hooks (Frodsham) 24.00; 2, J. McAnany (North Eastern Vets) 24.0; 3, J. Steede (Scottish Vets) 24.4. **050:** 1, D. Burton (Hallamshire) 24.0; 2, F.Taylor (Vets) 24.2; 3, J. Wood (Eastern Vets) 25.5. **055:** 1, C. Williams (Kingston & Poly) 24.9; 2, W. Guy (Haringey) 25.1; 3, K. Wheaker (Airedale & Spen) 26.6; 4, K. Glenesk (Basingstoke) 26.6. **060:** J. Moran (Manchester) 27.5; 2, J. Cowler (Blacktrack) 27.7. **065:** 1, D. King (Blackpool & Fylde) 30.6; 2, L. Brown (Woodford Green) 30.8. **070:** 1, B. Metcalf (vets) 31.3. **075:** 1, S. Busby (Eastern Vets) 32.3; 2, S. McSweeney (Highgate) 33.3.

400 Metres

040: 1, R. Bush (Highgate), 50.9; 2, D. [illegible]hatt (Havant) 52.1; 3, W. Thomas (Dacorum) 52.5. **045:** 1, R. Austin (Swansea) 55.6; 2, J. Kavanagh (Warrington) 56.00; 3, J. Goody (Guildford & G'ming) 56.6; 4, A. Treacher (Fredrikshof) 56.7; 5, D. Barrington (Kingston) 56.8. **050:** 1, F. Taylor (Vets) 53.8, 2, L. Cooke (Manchester) 58.2; 3, D. Herman (Manchester) 59.1. **055:** 1, F. Higgins (Northern Vets) 56.7; 2, B. Parnaby (Durham City) 58.6; 3, K. Whitaker (Airedale & Spen.) 58.6. **060:** 1, J. Cowler (Blacktrack) 62.6; 2, G. Bridgeman (Scottish Vets) 62.6. **065:** 1, L. Brown (Woodford Green) 69.2. **075:** 1, S. Busby (Eastern Vets) 80.6.

800 Metres

040: 1, R. Bell (Wrexham) 1.56.2; 2, L. Duffy (R.Sutton Coldfield) 1.57.6; 3, J. Hanratty (Blacktrack) 1.58.4; 4, J.T. Glover (Lisburn) 1.59.6; 5, T. Alderdice (9th Old Boys) 1.59.6; 6, A. Painter (Belgrave) 2.01.0. **045:** 1, A. Fitzjohn (Peterborough) 2.01.5; 2, F. Hearns (Dublin City) 2.04.6; 3, J. Garber (Croydon) 2.06.1. **050:** 1, B. Bartholomew (Brighton & Hove) 2.05.1; 2, L. Cooke (Manchester) 2.09.0; 3, B. Bullen (Stretford) 2.09.5. **055:** 1, B. Parnaby (Durham City) 2.17.0; 2, T. Clowry (Notts) 2.17.4. **060:** 1, K. Bruns (Liverpool Pemb) 2.30.4. **070:** 1, E. Warwick (Centurion) 3.04.2.

1500 Metres

040: 1, R. Bell (Wrexham) 4.04.6; 2, A.C. Roper (Swansea) 4.04.9; 3, R. Bryan (Huntingdon) 4.09.1; 4, M. Duff (Aldershot) 4.09.9; 5, J. Walton (Wolverhampton) 4.10.7. **045:** 1, S. Warzee (Guildford & G'ming) 4.11.6; 2, C. Bolton (Elswick) 4.15.2; 3, M. Robinson (Havering) 4.16.9. **050:** 1, B. Bartholomew (Brighton & Hove) 4.22.2; 2, E. Williams (Shrewsbury & Dist) 4.24.3. **055:** 1, A. Hughes (Newark) 4.42.3.1. **060:** 1, K.C.Burns (Liverpool Pemb) 5.03.3. **065:** 1, J. Todd (East Antrim) 5.03.9. **070:** 1, E. Warwick (Centurion) 6.06.8. **080:** 1, R.F. White (Ranelagh) 11.50.6.

5000 Metres

050: 1, A. Roper (Swansea) 14.55.4.2; S. Cowles (Oxford City) 15.00.2; 3, M. Duff (Aldershot) 15.17.4. **045:** 1, K. Summergill (Northern Vets) 16.05.0; 2, R.E. Grubb (C&C/E) 16.33.3; 3, C. Bolton (Elswick Harriers) 16.39.4. **050:** 1, E. Isaacs (Wirral) 16.09.6; 2, A. Griffiths (Notts) 16.35.0; 3, J.A. Mills (Sparkhill) 16.37.9. **055:** 1, J.D. Wood (Barnet & Dist) 16.50.7; 2, L.W. Forster (Barnet & Dist) 17.26.6. **060:** 1, G. Meech (Verlea) 19.21.3. **065:** 1, J. Todd (East Antrim) 19.07.9; 2, W.B. Jenkins (Huntingdon) 19.22.8. **070:** 1, E. Warwick (Centurion) 21.56.7. **080:** 1, W.H. Chapman (Stragglers) 28.00.00.

10,000 Metres

040: 1, S. Cowles (Oxford City) 31.43.5; 2, H. Mathews (Elswick) 32.11.1; 3, M. Duff (Aldershot) 32.19.8; 4, J. Sheilds (Swindon) 32.39.7; 5, D. Peggs (Coventry Godiva) 33.43.9; 6, B. Tate (Lowestoft) 33.55.0. **045:** 1, K. Summergill (Northern Vets) 33.04.82; 2, M. Turner (Liverpool) 33.41.4; 3, J. Pelling (C&C/E) 33.44.1. **050:** 1, A. Lennon (Wirral) 33.18.9; 2, D. Cannon (Stevenage) 35.19.4; 3, P. Rogers (Vets) 35.38.3; 4, R. Snelling (Duke Street) 35.42.9. **055:** 1, J. Wood (Barnet & Dist) 34.54.7; 2, L. Forster (Barnet & Dist) 36.29.5; 3, A. Hughes (Newark) 36.49.4. **060:** 1, D. Robinson (Vets) 39.48.9. **065:** 1, W. Jenkins (Huntingdon) 40.02.32. **070:** 1, L.A. Jones (Southen Vets) 46.15.1.

110 H

040: 1, G. Long (Norfolk Olymp) 17.3; 2, C. Brooks (Belgrave) 17.4. **045:** 1, B.I. Ferguson (Cambridge) 16.7; 2, D.R. Barrington (Kingston) 19.8; 3, M. Watson. **050:** 1, G.R. Daborn (SNHAC) 19.3; 2, A.A. Bowman (Leeds City) 19.4. **055:** 1, L. Steedman (Lothian) 19.8; 2, C. Knowles (Vale of Aylesbury) 20.9. **060:** 1, G. Leete (Northern Vets) 19.0; 2, G. Brindley (Thames) 21.3. **070:** 1, B. Metcalf (Vets) 17.6. **075:**1, R.E. Evans (SCVAC) 20.2.

300 H

065: 1, L. Williams (Vets) 53.2. **075:** 1, R. Evans (SCVAC) 74.0.

400 H

040: 1, J. Glover (Lisburn) 57.80; 2, A. Barrington (City of Stoke) 58.4; 3, B. Scott (Lincoln Wellton) 58.9. **045:** 1, D. Barrington (Kingston) 63.30; 2, B. Charles (Havering) 64.70. **050:** 1, W. Lane (Verlea) 62.5; 2, C. Shafto (Rowntrees) 63.1. **055;** 1, K. Whitaker (ASV) 66.2; 2, E. Ficken (Brighton & Hove) 70.0.

3000 SC

040: M. Dixon (Verlea) 9:44.4; 2, J. Barker (Morpeth) 9:49.6; 3, H. Darbon (Bedford & Country) 9:57.7. **045:** 1, B. Griffiths (Swansea H.) 10:08.3; 2, J. Linaker (Pitreavie) 10:36.5. **050:** 1, N. Hamilton (Notts) 12.11.5. **060:** 1, G. Brindley (Thames).

HJ

040: 1, J. Fanning (Donore) 1.82; 2, S. Power (Cardiff) 1.80; 3, K. Moore (Northern Vets) 1.65; 4. A. Black (Cowal) 1.65; 5, G. Long (Norfolk Olympiads) 1.60. **045:** 1, K. Hands (Sparkhill) 1.55; 2, C. Green (Tamworth) 1.50. **050:** 1, G. Hickey (Southern Vets) 1.55; 2, C. Shafto (Rowntrees) 1.50; 3, J. Driver (Halifax) 1.40. **055;** 1, A. Woods (Epsom & Ewell) 1.40; 2, C. Knowles (Vale of Aylesbury) 1.35. **060:** 1, G. Leete (Northern) 1.50; 2, G. Brindley (Thames) 1.20. **070:** 1, B Metcalf (Vet) 1.10. **075:** J.E. Searle (SCVAC) 1.18.

PV

040: 1, D. Ford (Luton United) 3.60; 2, R. Masson (Aberdeen) 3.60; 3, J. Wakeman (Blackheath) 3.50. **045:** 1, W. Benson (Swansea) 3.80, 2, A. Mackay (Vets) 3.60; 3, K. Hands (Sparkhill) **050:** 1, J. Day (Blackheath) 3.00. **055:** 1, B. Thomas (Verlea) 3.00. **060:** 1, G. Brindley (Thames) 2.40.

LJ

1, H. Duggan (Finn Valley) 6.80; 2, S. Power (Cardiff) 6.22; 3, C. Brooks (Belgrave) 6.14; 4, P. Jones (M'boro & Cleve) 5.92; 5, I. Amos (Rhondda) 5.80. **045:** 1, J. Parish (Sutton Harriers) 6.23; 2, D. Everett (SCVAC) 5.69; 3, A. Treacher (Fredrikshof) 5.53. **050:** 1, F. Taylor (Vets) 5.64; 2, D. Burton (Hallamshire) 5.22. **055:** 1, A. Kalirai (TVH) 5.03. **060:** 1, G. Leete (Northern Vets) 4.61. **065:** 1, J.A. Swinton (Veterans) 3.71. **070:** 1, B.D. Metcalf (Vets) 3.58. **075:** 1, S. McSweeney (Highgate) 3.66.

TJ

1, S. Power (Cardiff) 13.64; 2, J. Vernon (Mitcham & Sutton) 12.91; 3, P. Jones (M'boro & Cleveland) 12.83. **045:** 1, J.R. Newcombe (South Liverpool) 11.82; 2, C. Green (Tamworth) 11.31. **050:** 1, D. Marshall (Rowntrees) 10.72; 2, J. Phillips (Trowbridge) 10.07. **055:** 1, A. Kalirai (TVH) 10.13. **060:** 1, G. Leete (Northern Vets) 10.28.

065: 1, J.A. Swinton (Vets) 7.50. **070:** 1, B. Metcalf (Vets) 7.83. **075:** 075. 1, R. Evans (SCVAC) 7.05.

SP

040: 1, G. Blyton (Notts) 14.20; 2, B. McEwan (Holbeach) 12.45; 3, M. Leath (Shrewsbury) 11.74.

DT

040: 1, C. Ellis (Blackheath) 48.26; 2, M. Leath (Shrewsbury) 33.60; 3, B. Graser (RAF) 33.26. **045:** 1, J. Walters (Cardiff ACV) 38.42; 2, A.K. Chromniak (Guildford & G'ming 37.66; 3, J. Kay (Milton Keynes) 35.40; 4, E. Coyle (Shettlestone) 33.20. **050:** 1, W. Trehame (Richmond & Twick) **055:** 1, J. Watson (Altrincham) 39.66; 2, I. Briggs (Surrey Beagles) 35.94. **060:** 1, W. Kingsbury (Rhondda) 34.12; 2, W. Prowting (Basingstoke) 33.22; 3, I. Smith (Midland Vets) 31.38. **070:** 1, B. Metcalf (Vets) 25.88. **075:** 1, S. McSweeney (Highgate) 21.96.

JT

040: 1, B. McEwan (Holbeach) 49.52; 2, J. Fanning (Donore) 46.00; 3, K. Williams (St Helens) 43.48; 4, C. Brooks (Belgrave) 42.40. **045:** 1, R. Bartlett (Kingston) 50.28; 2, J. Ross (Lothian) 44.26; 3, T. Gill (Cornwall) 42.18. **050:** 1, J. Phillips Trowbridge) 43.54; 2, G. Ratcliffe (Doncorum) 43.50m. **055:** 1, A. Woods (Epsom & Ewell) 33.06. **060:** 1, W. Prowting (Basingstoke) 38.08. **065:** 1, J. Swinton (Vets) 25.96. **070:** 1, H. Karlsson (Gloucester) 24.96. **080:** 1, W. Baker (Highgate) 19.80.

HT

040: 1, B. Fraser (RAF), 50.06; 2, C.J. Mellush (Cambridge) 48.38. **045:** 1, J. Kee (Milton Keynes) 46.22; 2, H.E. Richardson (Copeland) 43.00; 3, J. Scott (Strathclyde) 40.10. **050:** 1, D. Bayes (Harrow) 48.32; 2, W. Treharne (Richmond & Twick) 47.76; 3, Caton-Mason (Essex Beagles) 45.32. **055:** 1, P. McEvoy (London Irish) 38.98; 2, R. Buzzard (Wycombe Phoenix) 30.10. **060:** 1, W. Kingsbury (Rhondda) 32.62. **070:** 1, H. Karlsson (Gloucester) 22.14.

3000 W

040: 1, R. Care (Worley) 13.23.6; 2, P. Hannell (Blacktheath) 13.44.4. **045:** 1, A. Smallwood (Midland Vets) 14.06.2. **050:** 1, D. Stevens (Steyning) 13.30.3; 2, C. Stapleford (Leicester) 15.02.5. **055:** 1, D. Fothenngham (Belgrave) 15.14.6; 2, P. Worth (Enfield) 15.54.8. **060:** L. Creo (Worcester) 15.51.8. **065:** C. Colman (Northern Vets) 16.18.1. **070:** E. Warwick (Centurion) 18.15.2. **075:** 1, J. Gnmwade (Midland Vets) 16.19.5.

5000 WK

040: R. Care (Worley) 22.46.6; P. Hannell (Blacktheath) 24.16.3; 3, L. Scrivens (Worcester) 26.50.4. **045:** 1, E. Shillabeer (Plymouth City) 24.20.1; 2, W. Newhill (Nuneaton Harriers) 27.13.9. **050:** 1, D. Stevens (Steyning) 23.28.7; 2, C. Dunn (Weymouth St. Pauls) 25.58.4; 3, P. Markham (Leicester) 26.08.6; 4, C. Stapleford (Leicester) 27.00.9; 5, J. Marshall (Worcester) 27.53.8. **055:** 1, D. Fothenngham (Belgrave) 26.02.8; 2, P. Worth (Enfield) 26.23.4. **060:** 1, L. Creo (Worcester) 27.34.8. **065:** 1, C. Colman (Northern Vets) 28.11.2. **070:** 1, E. Warwick (Centurion) 30.32.9. **075:** 1, J. Gnmwade (Midland Vets) 27.47.4.

WOMEN:
100 M

035: 1, V. Bonner (Aldershot) 13.0; 2, A. Clarke (Ipswich) 13.5; C. Fereday (Newport) 14.2. **040:** 1, M. Hocknell (Barton & Dist) 14.0; 2, P. McNab (Watford) 14; 3, R. Allcock (Wycombe Phoenix). **045: 1, U. Gore (Trowbridge) 13.9 2, E. Williams (Haringey) 14.4; 3, E. Linaker (Pitreavie) 14.7; 4, B. Colwell (Aldershot) 14.8. 050:** 1, C. Graham (Guildford & G'ming) 15.1. **065:** 1, M. Wixey (Midland Vets) 16.9. **070:** 1, M. Williams (Worthing) 20.6.

200 M

035: 1, V. Bonner (Aldershot) 26.8. **040:** 1, M. Hocknell (Barton & Dist) 27.8, 2, R. Allcock (Wycombe Phoenix) 28.5; 3, P. McNab (Watford) 29.4. **045:** 1, U. Gore (Trowbridge) 28.7; 23, J. Hulls (Bromely Ladies) 29.1; 3, E. Williams (Hannge) 29.9. **050:** 1, C. Graham (Guildford — G'ming) 31.6. **065:** 1, M. Wixey (Midland Vets) 35.9.

400 M

035: 1, A. Clarke (Ipswich) 59.3; 2, C. Marter (Leeds) 60.6; 3, M. Docking (Wrexham) 62.1. **040:** 1, M. Hocknell (Barton & Dist) 61.5; 2, R. Allcock (Wycombe Phoenix) 65.9. **045:** 1, J. Hulls (Bromley Ladies) 63.2.

800 M

035: 1, H. Edwards (Notts) 2.17.9; 2, D. Holmes (Liverpool) 2.20.3; 3, M. Docking (Wrexham) 2.21.9. **040:** 1, P. Gallagher (Westbury) 2.14.3. **045:** A. Nally (Altrincham) 2.31.0; 2, M. Singleton (Northern Vets) 2.31.4.

1500 M

035: 1, D. Holmes (Liverpool) 4.38.9; 2, C. Parker (Bolton United) 4.02.4; 3, C. Fereday (Newport) 5.07.6. **040:** 1, P. Gallagher (Westbury) 4.35.9; 2, C. Vincent (Banbury) 5.15.8. **045:** 1, A. Nally (Altrincham) 5.17.0; 2, J. Bryan (Cannock & Stafford) 5.22.4; 3, J. Parr (Salisbury) 5.26.6. **050:** 1, P. Jones (Ilford) 5.30.6. **055:** 1, J. Ross (Garden City Jog.) 6.02.1.

5000m

040: 1, D. Fellows (Cannock & Stafford) 18.41.6; 2, C. Wild (Hallamshire) 18.53.7. **045:** 1, J.L. Bryan (Cannock & Stafford) 19.59. **050:** 1, P. Jones (Ilford) 20.47.5. **060:** M.L. Shone (Altrincham & Dist) 23.39.7. **065:** 1, J. Waller (Watford Joggers) 24.04.2 **055:** 1, (Garden City Jog) 21.54.6.

10,000 M

035: 1, Z. Marchant (City of Bath) 36.56.8; 2, S. Cawtwell (Highgate) 40.42.1. **040:** 1, C. Wild (Hallamshire) 38.15.1; 2, D. Fellows (Cannock & Stafford) 38.23.2; 3, M. James (Llanelli) 40.41.2; 4, K. Yewer (Newbury) 41.19.5. **045:** 045: J. Bryan (Cannock & Stafford) 41.18.9; 2, M. Sweetlove (Poole) 43.01.1; 3, I. Hornsey (C&C) 43.52.7; 4, Y. Miles (Bournemouth) 44.12.8; 5, B. Cushen (Mitchem & Sutton) 46.47.5. **055:** J. Ross (Garden City Jog.) 44.48.3. **065:** J.E. Waller (Watford Joggers) 50.03.7.

80 MH

040: 1, P. McNabb (Watford) 13.3. **045:** 1, L. Marti (SCVAC) 15.3; 2, J. Charles (Vet) 15.6.

400 MH

040: 1, M. Hocknell (Barton & Dist) 68.8. **045:** 1, N. Cross (Bromley) 83.9.

HJ

040: 1, J. Smallwood (Halesowen) 1.55; 2, C. Drewry (SCVAC) 1.50. **045** 1, J. Hulls (Bromley Ladies) 1.40; 2, L. Marti (SCVAC) 1.35.

LJ

035: 1, V. Bonner (Aldershot) 4.89. **040:** 1 P. McNab (Watford) 4.72; 2, M. Hocknell (Barton & Dist.) 4.34. **045:** 1, L. Marti (SCVAC) 4.52; 2, J. Hulls (Bromley Ladies) 4.31. **050:** 1, C.E. Graham (Guildford & G'ming) 4.14. **065:** 1, M. Wixey (Midland Vets) 3.51.

SP

035: 1, B.M. Carter (Portsmouth) 12.43. **040:** 1, J. Kerr (Hounslow) 13.04; 2, B. Terry (SCVAC) 11.43; 3, P. McNabb (Watford) 10.63. **045:** 1, D. Samuels (SCVAC) 7.90. **060:** 1, J. Ogden (Thurrock) 8.15. **070:** 1, M. Williams (Worthing) 7.01.

DT

035: B. Carter (Portsmouth) 37.26. **040:** J. Kerr (Hounslow) 37.82; B. Terry (SCVAC) 29.74; 3, P. McNab (Watford) 23.40. **045:** 1, B. F. Bevan (Birchfield) 27.48. **050:** 1, C. Graham (Guildford & G'ming) 27.64. **065:** M. Wixey (Midland Vets) 14.52.

JT

035: 1, L. Dewar (WVAC) 30.66. **040:** 1, C. Morris (Birchfield) 28.36; 2, B. Terry (SCVAC) 27.10. **045:** 1, J. Burns (Bromley Ladies) 21.10. 2, N. Cross (Bromley Ladies) 16.82. **050:** 1, C. Graham (Guildford & G'ming) 33.80. **060:** 1, J. Ogden (Thurrock) 28.80. **065:** M. Wixey (Midland Vets) 14.38.

HT

040: 1, B. Terry (SCVAC) 26.78, 2, P. McNab (Watford) 26.68.

3000 WK

040: 1 L. Millen (Cumberland) 15.31.6; 2, C. Bean (Steyning) 16.00.7; 3, S. Haynes (Bromsgrove) 16.40.4. **035:** 1, J.A. Bleach (Steyning) 17.17.0. **055:** 1, M. Worth (Steyning) 16.40.4. **050:** A. Sayer (Loughton) 18.04.0

reprinted from
Athletics Weekly

National Masters
Continued from page 55

Heat 3
1. Johnson, Paul 55.33
2. Bohigian, Haig 58.39
3. Ogden, Kenneth 60.14
4. Cisneros, Hector 61.51
5. Nuxen, Jim 62.69

55-59
Heat 1
1. Saith, Lewis 58.30
2. Nasralla, Anthony 60.88
3. Brinton, Tom 62.03
4. Mehmedbasich, Enver 65.20

Heat 2
1. Napier, Ken 59.17
2. Robinson, Will 61.17
3. Stevens, Bernard 61.61
4. Wright, Bill 62.10
5. Washington, Huel 65.93

60-64
Heat 1
1. Law, Jim 61.82
2. Collier, Wayne 63.49
3. Beadle, Louis 65.91
4. Hood, Buzzy 70.19
5. Gil, Ray 73.86

Heat 2
1. Saith, Dean 60.80
2. Harte, Gene 64.81
3. Watanabe, Robert 64.88
4. Cole, Wallace 69.34

Women 400 METER - Trials

35-39
Heat 1
1 Anderson, Debbie 63.99
2. Schoenefeld, Kay 64.66
3. Gilmore, Hilary 66.54
4. Furst, Marian 68.90
5. Sikes, Linda 71.41

Heat 2
1. Forster-Gilkey, Penny 62.77
2. Pinto, Jennifer 65.16
3. Clair-Searcy, Betty 67.17
4. Bell, Janet 69.16

Men HIGH HURDLE - Trials

30-34
Heat 1
1. Simmons, Michael 14.04
2. Chriss, Mike 14.73
3. Moore, Mike 14.93
4. Hudson, Horace 15.73
5. Wells, Roosevelt 15.78
6. Reinhart, Richard 16.32
7. Nixon, Tim 17.26

Heat 2
1. McCraney, James 13.73
2. Short, Robbie 14.94
3. Zahn, Robert 15.24
4. Speaks, Kevin 15.49
5. McLaughlin, Greg 15.72
6. Schmidt, Gary 16.42
7. Hecker, Andrew 18.35

National Masters Decathlon, Continued from page 25

1987 TAC INDIVIDUAL DECATHLON SUMMARIES

MEN 70-74(Cont.) WAVA

2. Gilberto Gonzales(74) 7375
7471 NW, 11th Place
Plantation, FL 33313
(305) 584-6986 (8241)AF
14.1--1080 4.24--13-11--1002 10.11-33-2--764 1.25--4-1½--840 72.3--828
20.3--1182 29.77--97-8--591 2.29--7-6½--579 26.31-86-3³/4-508 DNF

3. Dan Bulkley(70) 6709
300 Lumen Rd., #15,
Phoenix, OR 97535
(503) 535-5879 (6896)AF
14.5--1000 3.73--12-3--696 8.27--27-1½--534 1.15--3-9¼--560 70.5--900
21.2--1128 23.21-76-1³/4-328 2.13--7-0--475 19.81-65-0--216 6:11.4--872

MEN 75-79 (WAVA TABLES)

1. Claude Mills(75) 6731
510 E. Valley Green Rd.,
Flourtown, PA 19031
(215) 233-0132 (7172)AF
*15.2--1060 *4.10--13-5½--1071 8.21--26-11½-632 1.15--3-9¼--700 82.3--548
*21.9--1206 26.02-85-4½--534 *1.98--6-6--464 23.31-76-5³/4-516 DNF

2. Bob Boal(75) 5210
121 W. Sycamore Ave.,
Wake Forest, NC 27587
(919) 556-4323 (5814)AF
16.5--800 SCRATCH 6.90--22-7³/4-435 1.19--3-11--840 81.1--596
23.9--1086 20.39-66-11--303 1.68--5-6½--224 17.18-56-4½--209 7:07.3--717

MEN 85-89 (TABLES)

1. Herb Anderson(85)
42125 Poudre Canyon,
Bellvue, CO 80512
(303) 881-2373 (4964)AF
18.1--
DNF
2.55--8-4½--
17.44--57-3--
7.49--24-7--
NH
1.01-3-3³/4-
17.98-58-0--
100.3--
DNF

WOMEN'S HEPTATHLON (1981 WAVA TABLES)

		80 M. H	H J	SP	200 M
		LJ	JAVELIN	800 M	
1. Phil Raschker(40) P.O. Box 723452, Atlanta, GA 30338 (404) 434-3873	5366	12.0--1040	1.55--5-1--918	6.67--21-10½--276	24.5--1072
		5.44--17-10¼-914	19.86--65-2--320	2:40.2--816	
1. Christel Miller(52) 1740 Grandview Ave., Glendale, CA 91201 (818) 843-2138	4548	14.9--928	1.25--4-1½--552	9.25--30-4¼--518	30.6--832
		3.75-12-3³/4--491	31.83--104-5--715	3:33.3--512	

THE NATIONAL MASTERS

(Men & Women)

15 Kilometer Cross-Country Championships

(TAC Sanctioned)

Sunday, November 22, 1987 -11:00 AM
Van Cortlandt Park, Bronx, New York

with the cooperation of the City of New York, Department of Parks & Recreation

Edward I. Koch, Mayor — Henry J. Stern, Commissioner

Souvenir T-shirts (not guaranteed to post-entrants), Awards Ceremony and complimentary buffet after race.

Age Group Awards/Men and Women (6 each) 40–44, 45–49, 50–54, 55–59, 60–64, 65–69, 70–74, 75 79, 80+

Team Awards (3 places) 40–49 and 50–59 (5 Men • 3 Women) 60–69 and 70+ (3 Men • 3 Women)

Unlimited Team entry. If entering *more* than one team (or if an individual is competing in a lower age group), team must declare in writing, half-hour before race to Meet Director. Lockers available (bring lock) at Stadium (242nd Street).

"The Pete McArdle Memorial Trophy will be awarded to the first place overall finisher."

Directions: Subway; Broadway IRT #1 local to 242nd Street (last stop) then walk North to Start on Flats. Car; from Major Deegan Expressway, Exit at Van Cortlandt Park South, Turn West 1 block to Broadway. Turn right (North) to Start. Parking on street.

Check-In: At Start, 9:30–10:30 AM

Entry Fee: $5. (post. $7.) Checks payable to: Millrose Team

Mail To: Kurt Steiner, Meet Director; 1660 E. 21st Street; Brooklyn, NY 11210; Tel: (718) 336-3025 (evenings) (212) 860-4455 (days) – Millrose coach: Joe Kleinerman.

CUT ALONG DOTTED LINE

TAC MASTERS
15K CROSS-COUNTRY CHAMPIONSHIP
NOVEMBER 22, 1987

Place	Time	Runners Number

FOR OFFICE USE ONLY

Last Name | First Name | Int. | Sex M F | Age on race day | Birth Date

Mailing Address | Street | Including Apt. No. and/or C/O | City | State

Area Code | Phone | Country (If not USA) | Zip Code/US | Canada

Exact Name of Team | TAC Number

SIGNATURE _____ DATE _____

In consideration of your accepting this entry, I, the above signed, intending to be legally bound, hereby, for myself, any my heirs, executors and administrators, waive and release, and all rights and claims for damages I may have against Millrose, Guinness, The Athletics Congress (TAC), the City of New York, the Department of Parks and Recreation and any and all sponsors and their representatives, successors, and assigns for any and all injuries suffered by me in said event. I attest and verify that I will participate in this event as a footrace entrant, that I am physically fit and have sufficiently trained for the completion of this event and my physical condition has been verified by a licensed Medical Doctor. Further, I hereby grant full permission to any and all the foregoing to use any photographs, video-tapes, motion pictures, recordings, or any other record of this event for any legitimate purpose.

NATIONAL MASTERS NEWS

The official world and U.S. publication for Masters track & field, long distance running and race walking.

109th Issue **September, 1987** **Section II**

Nationals Draw 976 to Eugene

Continued from page 1

Eugene Parks and Recreation Department put together letters and maps to explain the changes, and the city of Springfield eagerly embraced the meet. The joint effort saved the week.

"Everyone wanted to let people know that Eugene is still very committed to masters track and field," said Barbara Kousky, a director of the Eugene bid to host the 1989 World Veterans Games.

Despite the venue shift, there were few complaints from participants. Most were just happy to be together.

"I heard a little quibbling," said Eugene's Ross Carter, world M70 shot put record holder, "but I knew it was going to be a good meet because everyone was committed to doing that."

The record number of 976 competitors (1048 had signed up) was a 28 per cent increase over the previous high for a U.S. masters meet — the 761 who came to New York for last year's nationals.

All but three states — Mississippi, North Dakota and West Virginia — were represented in the meet, with the largest contingent of 292 coming from California. Oregon (198), Washington (80), Texas (44), New York (39) and Ohio (28) followed; 232 came from east of the Mississippi; 744 from west.

Competition was available in 26 five-year age divisions for men and women from 30-34 to 90+, with gold, silver and bronze medals awarded to the top three in each group. Ribbons were presented to each 4th, 5th and 6th place finisher.

Fifteen athletes were age-80 or over, and 80 were over 70. The largest age group was M40-44, with 154 entrants. The median age was about 47.

Of the 976 participants, 184 were women, the highest percentage (19%) of any U.S. national meet.

The venerable 88-year-old Paul Spangler was the oldest participant in the event, winning the M85 1500, 5000 and 5000-walk.

"I'll never retire," Spangler said. "I'll be 90 for the World Games here in 1989, and then I'll go after 95. Then, if God gives me the strength, I'll go for 100. If you don't have ambition, you'll wither on the vine."

The quality of the competition was high, as usual, with nine world and an additional 14 American age-group records bettered. (There may have been even more records set in the 100, 200, short hurdles, long jump and triple jump, but wind readings were not included with the results, and were unavailable at NMN press time. Most sprint and jump marks were probably wind-aided, as a mild-to-stiff north wind was blowing down the track most of the weekend.)

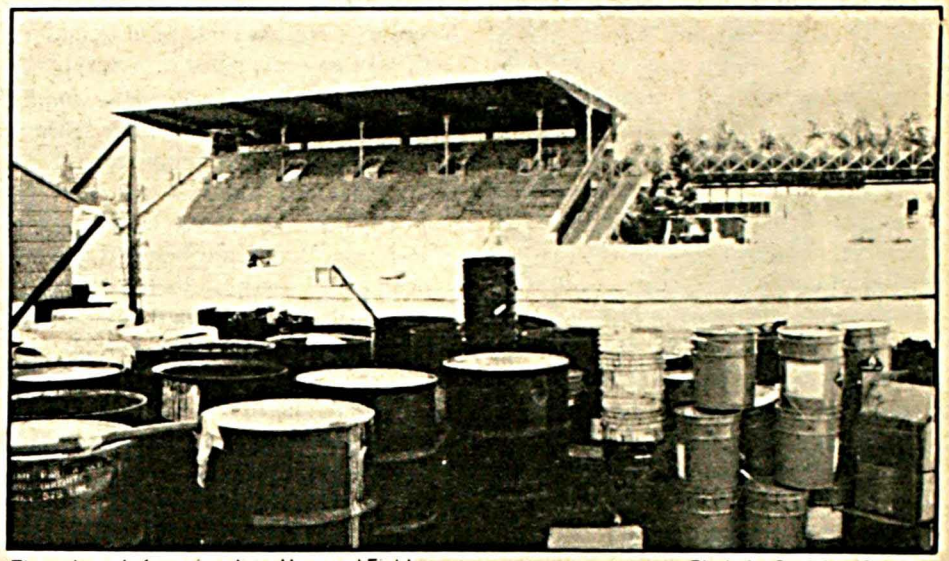
One of the meet's outstanding athletes was Atlanta's Phil Raschker, who won seven events and set three world records in the women's age 40-44 division.

The weather was unseasonably cool during the meet, with the temperature hitting highs of only 72, and a low of 50 on Saturday night, when the meet ran until 11:30 p.m.

"They did a great job in switching the meet at the last moment," said Raschker, "but why did they schedule the meet to run so late? We were all freezing."

The performances were outstanding. Stan Whitley of Los Angeles successfully defended his national titles against tough competition in the M40

Continued on page 38



The not-ready-for-prime-time Hayward Field. Photo by Gretchen Snyder

Hayward Field Not Ready For Nationals

Is the city of Eugene capable of staging the 1989 World Veterans Games? That question was posed to city and University of Oregon officials who met with national masters officers to apologize for failing to have Hayward Field ready for the 1987 U.S. TAC National Masters Track and Field Championships.

The Masters committee had already postponed the meet one week from its originally scheduled date. But it wasn't enough. One more week was needed before the track would be ready for competition.

Several Oregon Track Club Masters members had suggested a late-August date for the meet. But University officials had assured them the track would be ready by August 14th, the date the meet was to begin.

In a large, metropolitan city, the issue would barely have raised an eyebrow. But in Eugene, Oregon, a city of 106,000 people that takes pride in its image as "the running capital of America," anyone who reads the newspaper or watches TV was aware of the problem.

"Hayward Out For Masters," blared the front sports page of the Eugene *Register-Guard*. "Meet Switched to Silke Field."

"Eugene couldn't get its act together sufficently to pull it off," wrote local sports columnist Bud Withers.

"I think it's terrible," said the proprietor of a local convenience store.

Terry Thomas, foreman of a crew from Wyoming-based Powers Products, Inc., which was finishing the Pro-Turf surface on the new 400-meter configuration, claimed "equipment failure and weather slowed us down. We lost time to excessive heat and rain."

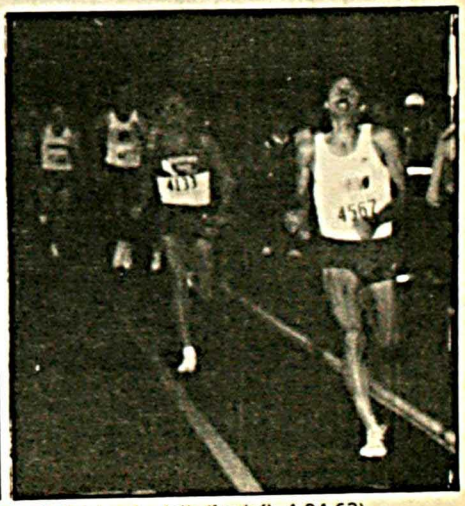
Meet organizers tried to persuade officials of the University of Oregon to make the track ready for at least the final two days of the meet.

But U. of O. Athletic Director Bill

Continued on page 41



Start (and finish) of one of the meet's most dramatic races — the M40 1500. Mike Manley, 45, (4567, sixth from right), dropped down to run with this group. He won in a new M45 U.S. record 4:03.13.



Albie Swenson (far right) was second in 4:03.74, ahead of John Jordeth (far left, 4:04.63). Photo by Gretchen Snyder

Nationals Draw 976 to Eugene Continued from page 37

100 (10.84), 200 (21.98) and 400 (49.58) — all three near-world-M40-record times.

The M40 1500 was perhaps the meet's most dramatic race. Eugene's Mike Manley, 45, decided to run with the faster 40-44 group. With 38 entries, officials split the event into two crowded, 19-runner sections. Manley settled into 5th place in the fast section as the field went through a steady 65, 2:10 and 3:15 at the 1200 mark. Manley moved into second at the bell and took the lead in the middle of the backstretch. Holding another gear in reserve, he waited until the final turn to let it all out.

"I didn't hear anyone coming, but I thought I'd better not wait," he said after the race. He finished in 4:03.13, a new American record for 45-to-49-year-olds. (The time, which betters the M45 mark of 4:04.4 set by Ernie Billups in 1982, is eligible for the M45 record even though Manley ran with the younger M40 group).

Albie Swenson of Connecticut again was runner-up in a Eugene race (he finished second to Web Loudat in the Legends Mile at Hayward on May 16), closing in 4:03.74, just ahead of Seattle's John Jordeth (4:04.63). An amazing 10 runners were under 4:10 with 24 under 4:20.

It took officials until the next day to sort out the times and finishing places of the 38 runners in two sections.

"We should have divided them into three groups," Anderson admitted.

Billups was on hand to easily win the M50 800 (2:07) and 1500 (4:23).

Ray Hatton of Bend, Oregon was upset by defending champion and M55 1500 record-holder (4:25.3) Jim Sutton of Whitfield, Pa. Hatton set a leisurely (for him) pace (800 in 2:30), which set him up for Sutton's searing kick around the final turn to which Hatton could not respond, 4:30.2 to 4:32.0.

"I came here for two reasons," Sutton said, "to run at Hayward Field and to race Hatton. Boy, I'm thrilled to beat him. He's the toughest runner in the world."

It was Hatton's first defeat ever to an older runner in masters competition (Sutton is 56, Hatton 55). "I thought I could do a 62 or 63 final quarter if I had to," Hatton said. "But I couldn't. I'd like to run against him again."

Sunday's *Register-Guard* featured a four-color photo of Raschker setting a new world triple jump record for women 40-44. Her 35-7 was not wind-aided, although an even better jump of 36-5 was. Both leaps bettered her own pending TJ mark of 34-9. She also set new world W40 bests in the 100 hurdles (11.83) and 400 hurdles (67.23), and won the 100, 200, high and long jumps.

"It was the first time I ever ran the 400 hurdles with the same lead leg and same steps between," she explained, describing a technique which Olympic champion Edwin Moses uses, but which few others can. "I came to run on Hayward Field, but I'm pleased I was able to do well at Silke, even though it's a hard track. Your feet hurt and you feel every little spike coming through your toes."

Another hurdler who did well was Claude Hills, 75, one of only four Pennsylvanians to make the trek west. His 16.35 in the 80-meter hurdles is a new M75 U.S. standard, while his 61.78 smashed the previous world M75 best by six seconds.

Canada's Ivy Granstrom, 76, was a crowd favorite Friday night as she set a new W75 world mark of 62:41.8 in the 10,000. Granstrom is blind, and was accompanied by her also-legally-blind guide, Paul Hoeberigs.

"She was blind at birth, and began running in 1976," Hoeberigs said. "She was involved in a bad auto accident in 1975." The doctor told her he wouldn't operate on her back and she'd have to be in a wheelchair the rest of her life. She started running after that, and later he operated. Now he has her picture in his office."

She tried for another world mark Saturday, in the 1500, but missed.

"It was too cool," she said of the conditions, even though she's known as the "Polar Bear Queen." She's swum in the Polar Bear swim (in icy English Bay on January 1) since 1928.

Ohio's Mary Bowermaster just turned 70 and leaped 3-6 for a new world W70 high jump effort. A long jump of 11-5¼ bettered Edith Mendyka's W70 world mark by a foot-and-a-half, but may have been wind-aided. She narrowly missed three high jump attempts at 3-8 as three TV cameras focused nearby.

"I've been competing for about six years," Bowermaster said. "At the time, I had just had a mastectomy, and I thought that was it. Then I heard about a senior meet and I found I could do well."



Laurie Binder (4300, 17:04.1) and Jacqueline Hansen (left, 17:05.7) each winning their respective W40 and W35 titles in the 5000 in Oregon, ahead of Linda Findley (3806). Binder set a U.S. W40 record of 35:20.6 in the 10,000.
Photo by Gretchen Snyder

Former Olympic Coach Payton Jordan was spectacular at the age of 70. He tied his M70 WR with a wind-aided 13.0, and added a 27.24 200, near his own WR of 26.8.

"Hayward had a great feeling to it, but that doesn't mean I'm not excited about this," said Jordan, who also anchored the winning West Valley Track Club M70 4x100 relay. "It's not something they did on purpose."

California's Mavis Lindgren was the only 80-and-over female in the meet, and set a world W80 record of 30:21.9 in the 5000.

The other two world marks were set by Colorado's Herb Anderson (66-0 in the M85 javelin) and California's Bill Morales (157-9 in the M70 javelin).

Dean Smith of Illinois, on a comeback from two years of injuries, set a new U.S. M60 mark of 2:18.87 in the 800 and captured the 400 in 60.51. "I'm pointing for Australia," he said. "I want to run 58."

New Hampshire's Jim Daley erased Pete Mundle's eight-year-old M50 national 5000 mark (16:11.0) with a 16:09.80, besting Montana's Bill Foulk (16:13), who won the 10,000 (34:14) over NMN's Gun Lap columnist, Mike Tymn (34:50).

Stan Druckrey of Wisconsin claimed a new M35 110-hurdle, non-wind-aided U.S. record of 14.33, while Laurie Binder lowered Judy Fox's American W40 10,000 track standard of 35:33 to 35:20. (Gabriele Andersen holds the U.S. W40 10K road mark of 34:09).

Virtual unknown Mary Priest of Eugene shocked U.S. W40 record-holder Lurline Struppeck of Louisiana. Both women bettered Struppeck's discus record of 103-2, but Priest threw farther, 111-4 to 107-5. Struppeck turned the tables in the javelin and shot, and added the hammer for three gold medals.

Oakland's Marjorie Larney upped her own W50 marks in the shot (34-10¼) and discus (97-3).

After Raschker's seven firsts came Herb Anderson (6 in M85), Bowermaster (6 in W70), and Pearl Mehl (5 in W70, including a U.S. 10,000 record of 58:26).

Texan Roy Turner impressed with three strong wins in the M45 100 (11.43), 200 (23.1) and 400 (51.84). Ken Dennis of Los Angeles bettered his own pending world M50 100 mark (11.2) with a blazing 11.03, but it was wind-aided. Dennis added the 200 in 23.94, holding his tender hamstring the last 80 meters. Look for a great match-

Continued on Page 39

U.S. TAC National Masters Track and Field Championships, Eugene, Oregon August 14-16, 1987

ENTRIES BY AGE-DIVISION

M30	93	W30	30
M35	109	W35	31
M40	154	W40	27
M45	109	W45	29
M50	98	W50	27
M55	80	W55	11
M60	63	W60	5
M65	51	W65	12
M70	33	W70	6
M75	21	W75	5
M80	13	W80	1
M85	1	W85	0
	825		184

Total Pre-Entries:	1009
Total Late Entries:	39
Total Entries	1048
No shows:	72
Total Participants	976

1987 U.S. TAC National Masters Track & Field Championships — Eugene, Oregon — August 14-16

Participants by State:

AK	1	LA	12	OH	28
AL	3	MA	12	OK	1
AR	1	MD	4	OR	198
CA	292	ME	4	PA	4
CO	11	MI	24	RI	1
CT	5	MN	2	SC	2
DC	0	MO	15	SD	1
DE	3	MS	0	TN	2
FL	10	MT	12	TX	44
GA	17	NC	6	UT	1
HI	6	ND	0	VA	9
IA	2	NE	2	VT	2
ID	5	NH	6	WA	80
IL	15	NJ	24	WI	15
IN	6	NM	11	WV	0
KS	4	NV	8	WY	2
KY	6	NY	39	AZ	18

Total: 976

Nationals Draw 976 to Eugene Continued from Page 38

up in Melbourne between Dennis and Britain's Ron Taylor.

There were countless other outstanding performances. Among them:

M30

• James McCraney of Los Angeles sped to wins in the 110H (13.52) and 400H (55.95), while Wisconsin's Leotha Stanley notched the 100, long and triple jumps.

• Another Angeleno, Ben Brown, took the 400 (49.61) and 800 (1:55.33), and California's Glyn Reynolds won the 1500 and 5000.

M35

• Houston's Bill Collins won 100 and 200 titles for the 3rd straight year, in faster time (10.71, 21.62) than last year.

• Ray Funkhouser of New Jersey also won his 3rd straight 5K and 20K walk crowns, while California's Roger Trujillo captured the long and triple jumps.

• Eugene Driver of Los Angeles successfully defended his 400 gold with a 49.61, while Texan Eddie Eberhart's 54.72 was the fastest 400H time of the meet.

M40

• George Mason (CA) came out of a crowded pack of 13 to win a photo-finish 800 (1:59.87) over Ron Jensen (2:00.14), Dick Tucker (2:00.29) and Harvey Franklin (2:00.50). Seven runners broke 2:02; 16 went under 2:04.

• Alabama's Ed Hill annexed the shot (53-4½) and discus (156-3), Iowa's Rex Harvey vaulted 14-8, and Michigan's LaMar Miller and Canada's Harold Morioka took high and intermediate hurdle honors.

M45

• Carl Wallin, one of six New Hampshire participants, nearly broke his own shot AR with a 50-4½ heave, and Lloyd Higgins (CA) took the discus and hammer.

• Louisiana's Jerry Dyes upset M45 world javelin record-holder (239-7) Larry Stuart, 209-8 to 202-8.

• David Romain surged to a 15-meter lead at the bell to topple George Cohen from his 800 throne, 2:01 to 2:05.

• Oregon's Mike Heffernan won the 5000 (15:50) and 10000 (32:56), while world M45 LJ and TJ champ Darrell Horn won both his specialties.

• Ted Cain (58:04) edged Bill Knocke (59.24) and Hugh Adams (59.66) in a fast 400H, and Kirk Randall (MA) garnered the 1500 in 4:12.

M50

• Charley Miller of Texas won both hurdles, and Atlanta's Phil Mulkey copped the vault and triple.

• Phil Conley retained his javelin title, and Nick Newton picked off the high jump gold.

M55

• Virginia's John Poppell again won the 100 and 200, while California's Dave Jackson acquired the long and triple jumps.

• Ralph Miller uncorked a 60-second first lap enroute to a barely-hanging-on triumph (2:12) in the 800 in a textbook front-run-

Continued on Page 40



Canada's blind runner, Ivy Granstrom, 76, accompanied by her guide, Paul Hoeberigs, setting a new world W75 record of 62:41.81 in the 10,000. Photo by Gretchen Snyder

1987 U.S. NATIONAL MASTERS TRACK & FIELD CHAMPIONS — EUGENE, OREGON — AUGUST 14-16

	M30	M35	M40	M45	M50	M55	M60	M65	M70	M75	M80	M85
100	Stanley	Collins	Whitley	Turner	Dennis	Poppell	Watanabe	Lawyer	Jordan	Castro	Baker	Anderson
200	Willis	Collins	Whitley	Turner	Dennis	Poppell	Watanabe	Lawyer	Jordan	Castro	McArdle	Anderson
400	Brown	Driver	Whitley	Turner	Johnson	Smith, L.	Smith, D.	Hirst	Weinacht	Fike	McArdle	Anderson
800	Brown	Puckerin	Mason	Romain	Billups	Miller	*Smith, D.	Rice	Bulkley	Fike	Crabb	Spangler
1500	Reynolds	Taylor	Manley	Randall	Billups	Sutton	King	Boots	Mahannah	Fike	Crabb	Spangler
5000	Reynolds	Creery	Nolan	Heffernan	*Daley	Hatton	O'Neil	Jones	*Funk	Madden	Crabb	Spangler
10000	Haithcock	Garza	Towns	Heffernan	Foulk	Devine	O'Neil	Mallon	Reese	Loewenstein	---	---
HH	McCraney	*Druckrey	Miller, L.	Henry	Miller, C.	Pratt	Bradberry	Patsalis	Miller	*Hills	---	---
IH	McCraney	Eberhart	Morioka	Cain	Miller, C.	Robinson	Watanabe	Dahlin	Bulkley	#Hills	---	---
SC	Hinck	Cumming	Smith, K.	Cosgrove	Foulk	Culling	Atcheson	Dyas	Keller	Boal	---	---
HJ	Haynie	Rader	Sullivan	White	Newton	Wyatt	Guth	Gist	MorningstarHills		McFadden	Crane
PV	Bockmiller	Pullard	Harvey	Davies	Mulkey	Donley	Richards	Johnson	MorningstarJohnston		---	---
LJ	Stanley	Trujillo	Flowers	Horn	Schmidt	Jackson	Bradberry	Patsalis	Morales	Hills	Fox	Anderson
TJ	Stanley	Trujillo	Gillespie	Horn	Mulkey	Jackson	Bradberry	Patsalis	Sorlien	Hills	Fox	Anderson
SP	Pendleton	Kamla	Hill	Wallin	Hart	Blair	Brusca	Cumley	Carter	Joslin	DeGroot	Crane
DT	Mengeling	Umshler	Hill	Higgins	Humphreys	*Palmer	Richards	Castaneda	Carter	Joslin	*DeGroot	Crane
HT	---	Arcaro	Gage	Higgins	Thomson	Blair	Richards	Jenkins	Shaw	Hunter	---	Crane
JAV	Sing	Weaver	Sander	Dyes	Conley	Shields	Pickarts	Nordgren	#Morales	Carnine	Baker	#Anderson
5K-W	BarbuzynskiFunkhouser		Keating	Finch	Oliver	Green	Vitucci	Heller	Gould	de Petra	Unruh	Spangler
20K-W	BarbuzynskiFunkhouser		Keating	Bocci	Oliver	Green	Vitucci	Heller	Gould	de Petra	---	---
4X100	Maccabi Union TC		Portland Masters TC		West Valley TC		Dallas T&F		West Valley TC		---	
4X400	All American TC		Dallas Master TC		Huntsville TC		L.A. Valley AC		Dallas Masters		---	
4X800	Denver TC		West Valley TC		Snohomish TC		---		---		---	

	W30	W35	W40	W45	W50	W55	W60	W65	W70	W75	W80
100	Willet	Farster-G	Raschker	Davis	Obera	Anderson,D	Sullivan	Tuinzing	BowermasterJames		---
200	Amirkhan	Farster-G	Raschker	Davis	Obera	Meadows	---	Tuinzing	BowermasterJames		---
400	Willet	Farster-G	Simmons-M	O'Connor	Obera	---	---	Davidson	Mehl	James	---
800	Pulice	Shafer	Houlton	Arnold	Maxwell	Anderson,R	---	Davidson	Mehl	---	---
1500	Pulice	Shafer	Kozak	Arnold	Redfield	Meadows	---	Davidson	Mehl	Granstrom	---
5000	Twomey	Hansen	Binder	Arnold	Hoagland	Kavadas	---	Davidson	Mehl	---	#Lindgren
10000	Walker	Ward	*Binder	---	Hodges	Anderson,R	---	Dixon	*Mehl	#Granstrom	---
HH	---	---	#Raschker	---	Miller, C.	Kinsey	---	---	---	---	---
IH	---	Clark	#Raschker	---	---	---	---	---	---	---	---
HJ	---	Steek'burg	Raschker	Kea	Miller, C.	---	---	Lercher	#Bowermaster	---	---
LJ	Seeley	Clark	Raschker	Carter	Obera	Kinsey	Sullivan	Lercher	BowermasterMendyka		---
TJ	---	Silver	#Raschker	Schutt	Miller, C.	---	Sullivan	---	---	---	---
SP	---	Stratton	Struppeck	Huff	*Larney	Kinsey	---	Stevens	---	Mendyka	---
DT	---	*Stratton	*Priest	Rosenfeld	*Larney	Kinsey	---	---	BowermasterMendyka		---
HT	---	Stratton	Struppeck	---	---	---	---	---	---	---	---
JAV	---	Stratton	Struppeck	Huff	Miller, C.	Sahonchik	---	---	BowermasterMendyka		---
5K-W	Robertson	Sedlak	Bocci	Marsh	LaVeck	Eberle	Leff	Kash	Tallmadge	Crocker	---
20K-W	Robertson	Sedlak	Bocci	Marsh	LaVeck	Eberle	Henry	Kash	---	Crocker	---
4X100	West Valley TC		New York Masters		---		---		---		---
4X400	Champions in Action		---		Oregon TC Masters		---		---		---
4X800	Oregon TC Masters		Portland Masters		---		---		---		---

#Pending World Age-Group Record *Pending American Age-Group Record



Start of the women's 5000 walk. Gwen Robertson (3319, at right) won the W30 race in 25:43.8. Viisha Sedlak (3822), was best W35 in 26:20.8. Jeanne Bocci (4301) took the W40 gold in 27:42.9. Lynn Marsh (4818) was 1st W45 in 30:35.5. Bev LaVeck (5312) topped all W50's in 27:06.3. Others are Lorraine Green (3813), Cathy Hanauska (3308), Judy Finch (4303), and Cindy Paffumi (3315). Photo by Gretchen Snyder

Nationals Draw 976 to Eugene Continued from page 39

ning performance.

• Cliff Blair (MA) took the shot and hammer, Max Green (MI) won both walks in fast time, and Will Robinson (CA) defeated world M55 champ Harold Green in the intermediates.

M60

• Bob Watanabe of Los Angeles won the 100, 200 and 300H, and Olympic pole vault gold medalist Bob Richards was best in the vault, hammer and discus.

• Jim O'Neil of San Diego successfully defended his 5000 and 10,000 titles and became the only person to compete in all 20 national masters championships.

• Alabama's Buck Bradberry gained three golds in the HH, LJ and TJ.

M65

• New Yorker-turned-Californian Dave Lawyer prevailed in the 100 and 200, and Tom Patsalis of L.A. nabbed the HH, LJ and TJ.

• George Heller of New Jersey took both walks, but no one else could win more than one event in this competitive division.

M70

• Ohio's Bill Weinacht came closer to Jordan than anyone else has all year, and, in Payton's absence, won the 400 in 67.83.

• Michigan's Ham Morningstar was victorious in the vault and high jump, and Eugene's Ross Carter won his second straight shot and discus.

M75

• Ohio's Byron Fike won the 400, 800 and the 1500, in an exciting come-from-behind stretch drive over Sid Madden.

• Tony Castro again notched the 100 and 200, and Leon Joslin won the gold in the shot and discus.

M80

• Chet Crabb of the Buckeye state won the 800, 1500 and 5000; Harry McCardle (NY) took the 200 and 400, and Bill Baker captured an unusual double (100 and javelin).

M85

• Idaho's Buell Crane joined fellow winners Anderson and Spangler with four triumphs in the high jump, shot, discus and javelin.

W30

• Pamm Pulice took the 800 and 1500, while Dana Willet copped the 100 and 400.

• Cathie Twomey, a top open runner, won the 5000 in a fast 15:57.

W35

• Oregon's Penny Farster-Gilkey was best in the 100, 200 and 400, and Ohio's Nancy Shafer took the 800 and 1500.

• New York's Cassandra Clark won the long jump and 400H, while former women's world marathon record-holder Jacqueline Hansen captured the 5000.

• Joan Stratton won four golds in the shot, discus, hammer and javelin, while Colorado's Viisha Sedlak took both walks.

W40

• Besides Raschker's seven and Binder's two wins (5000 and 10,000), good triumphs were turned in by Muriel Simmons-McCord (400 in 60.84), Susan Houlton (800 in 2:26.9) and world champion Erna Kozak (1500 in 4:36.6).

W45

• Jane Arnold looked exceptional in taking the 800, 1500 and 5000, while Nancy Davis took the sprints.

W50

• World and national champion (100, 200 and 400) Irene Obera defended all her national titles, including the long jump. Susan Redfield (1500) and Kim Maxwell (800) shared the middle-distance awards.

• TAC's 1986 female masters track & field athlete-of-the-year Christel Miller didn't disappoint, with wins in the 80H, HJ and TJ. Bev La Veck garnered both walks.

Continued on page 41

PENDING AGE-GROUP RECORDS SET AT 20TH U.S. TAC NATIONAL MASTERS TRACK & FIELD CHAMPIONSHIPS — EUGENE, OREGON — AUGUST 14-16, 1987

WORLD RECORDS

Event	Age	New Mark	Name	State	Old Mark	Held by
100H	W40	11.83	Phil Raschker	GA	11.98	Phil Raschker
5000	W80	30:21.85	Mavis Lindgren	CA	39:47.8	Hulda Crooks
400H	W40	67.23	Phil Raschker	GA	70.59	Phil Raschker
300H	M75	61.78	Claude Hills	PA	67.75	Omar Hix
10000	W75	62:41.8	Ivy Granstrom	CAN	65:58.8	Berta Hielscher
HJ	W70	3-6	Mary Bowermaster	OH	3-5¼	Shiela Evans
JAV	M70	157-9	Bill Morales	CA	155-4	Bill Morales
JAV	M85	66-0	Herb Anderson	CO	62-5	Buell Crane
TJ	W40	35-7	Phil Raschker	GA	34-9	Phil Raschker

AMERICAN RECORDS

1500	M45	4:03.13	Mike Manley	OR	4:04.4	Ernie Billups
800	M60	2:18.87	Dean Smith	IL	2:19.0	Jack Rice
5000	M50	16:09.80	Jim Daley	NH	16:11.0	Pete Mundle
5000	M70	20:02.57	Al Funk	MT	20:05.4	Ray Sears
80H	M75	16.35	Claude Hills	PA	19.24	Herb Anderson
110H	M35	14.33	Stan Druckrey	WI	14.7	Mike Kelly
SP	W50	34-10¼	Marjorie Larney	CA	32-4	Anne Cirulnick
DT	W40	111-4	Mary Priest	OR	103-2	Lurline Struppeck
DT	W35	126-6	Joan Stratton	CA	126-4	Joan Stratton
DT	W50	97-3	Marjorie Larney	CA	94-8	Marjorie Larney
DT	M55	153-1	Wendell Palmer	TX	151-6	George Ker
DT	M80	91-4	Burt DeGroot	CA	88-4	Ben Fox
10000	W40	35:20.6	Laurie Binder	CA	35:33.6	Judy Fox
10000	W70	58:26.0	Pearl Mehl	CO	60:01.0	Bess James

Annual Masters Brunch/Meeting Held in Eugene

A delightful, well-organized brunch was held at the Eugene Hilton Hotel on Saturday, August 15 before the second day's competition of the National Masters T&F Championships.

Alberto Salazar greeted the 350 diners, urging them to bring the World Veterans Games to Eugene in 1989.

TAC Masters T&F Awards Coordinator Bev LaVeck introduced the 1986 masters athletes-of-the-year, but said their plaques would be mailed as they hadn't arrived from TAC in Indianapolis. Receiving honors were: Jack Greenwood, male; Christel Miller, female; Gary Miller, multi-events; Bev LaVeck, female walker; Guilio dePetra, male walker; Pete Mundle, administrator; and Greenwood, outstanding single performance.

Outdoor Coordinator Bruce Springbett asked for a show of hands on how many would prefer a four-day national meet to the current three-day format. A majority preferred four days.

Springbett also announced that, because of the heavy amount of entries in the 800 and 1500, heats would be run in those events in future national meets, rather than seeded-sectioned-finals, as has been the custom.

Masters Chairman Jerry Donley polled the room on whom they would prefer to be the team manager at the World Games in Melbourne. A majority selected Tom Sturak over Ron Salvio and Joe Valdes.

Donley announced that the indoor nationals would henceforth rotate among four cities — Madison, Wisc.; Princeton, N.J.; Baton Rouge, LA.; and a city to be named later. (Editor's note: possibly Columbus, Ohio.) Each had agreed to stage the meet on a rotating basis.

Nick Gailey, director of the 1988 Outdoor Nations in Orlando, Florida, confirmed August 5-7 as the dates. "Because of the hot daytime weather, we'll run finals at night and distance events in the early morning," he told the group. Gailey said he welcomes suggestions from competitors. Write him at the Office of the Governor, The Capitol, Tallahassee, FL. 32301. □

Photos From Nationals

Photos from the National Masters Track & Field Championships are available. 4x6 ($6); 8x10 ($12), 11x14 ($20). Request size. Include your event, competition number, heat number (if applicable), name, address and phone number. Photos will be mailed with bill. If not satisfied, no charge; return photos. Write to Gretchen Snyder, 2626 Ashby Ave. #11, Berkeley CA 94705. 415/848-5326.

Hayward Field Not Ready: Meet Switched Continued from Page 37

Byrne said: "I'm not willing to rush the job. We have made every effort to complete the track, including working weekends and overtime. Had we been able to do the bare minimum of painting and still have the meet, we would have done so."

"I'll bet if it was the NCAA Championships or the Olympic Trials, they'd have damned well had it ready," groused one athlete who had come to Eugene just to compete at Hayward Field.

What concerned Oregon Track Club Masters officials as much as anything was what effect the episode might have on Eugene's bid to host the 1989 World Veterans Games.

"It won't do our credibility any good," said Tom Jordan, executive director of the Eugene bid.

"What's on the line is the reputation of the Oregon Track Club, the university and the community," said Barbara Kousky, a key planner in the '89 bid. "Everyone is looking at this meet to see how we perform."

"It's an incredible black mark to the track and to the community," said meet director Frank Anderson.

Jerry Donley, chairman of TAC's Masters Track and Field Committee, agreed it could color the opinion of many involved with masters track regarding the suitability of Eugene for the larger 1989 meet.

"It's a major disappointment that the track was not ready," Donley told the *Register-Guard* before the meet began. "It was a selling point for the masters. It was critical to Eugene's bid for the World Veterans Games. You may have to answer, now, how significant this meet is to you."

At the Friday meeting with city and university officials, Eugene Mayor Brian Obie apologized for the delay and said the 1989 event was, indeed, very significant to the town.

Paul Olum, President of the University of Oregon, offered his apologies, saying: "I'm embarrassed. Our pride has taken a fall. I was the one who promised it would be ready, so you can point the finger at me. But I can assure you we'll be ready in 1989."

Oregon track coach Bill Dellinger said: "I offer no apologies. We did our best."

The World Veterans Games would bring an estimated $6 million to the local economy.

"This snafu should be no real threat to Eugene's chances for the 1989 Games," Withers wrote, "but Eugene has seen its track mystique chipped away by hosting the 1986 TAC meet on a bad track, by drawing only 8,000-plus for the final day of the meet, by the wind that kills every record attempt, and now this."

But Withers pointed out that Eugene has brought off three Olympic trials and a raft of NCAA and TAC meets admirably. "And once it gets over this headache, it will do it again."

Jordan said "we have the best facility in the country. It just wasn't ready for the national masters."

The ambiance of Hayward Field and the community support have long been Eugene's strong points. Its weak points have been its small airport and limited housing facilities. Diana Schneider, a New York-based masters travel agent, asked about room availability for 1989.

"Eugene regularly hosts conventions of 4000," said Linda Westin of the Eugene Springfield Convention & Visitors Bureau. "We can provide 2400 rooms with 5000 beds, plus 2100 dorm beds at the university, plus another 2000 RV spaces. It will stretch us to the limits, but we're blocking out virtually the whole town for the '89 Games."

Sal Piazza, sales manager of the Eugene Hilton, the proposed meet headquarters, confirmed he was holding 250 of the hotel's 276 rooms for the Games, and expected most motel owners would do likewise.

"We'll have 48-seat shuttle buses stopping within two blocks of each motel," Kousky said.

What about getting in and out of town? Eugene's relatively meager airport facilities has long been a common complaint. Athletes reported all flights were booked following Sunday's final events.

"Not to worry," said Bob Shelby, director of Eugene's Mahlon Sweet airport. Displaying a series of impressive charts, Shelby said: "We're expanding the facilities from 24,000 square feet to 93,000 square feet. It's an $18.3 million project. The dedication is set for October, 1989, but nearly all the improvements will be in place for your Games in August, 1989. The airlines will be gradually increasing their schedules."

At the brunch on Saturday, marathon great Alberto Salazar, a Eugene resident, said the city is "dedicated to Masters. We'll do our utmost to show that Eugene is the track and field capital of the world."

Two of the best things about a masters meet in Eugene are the enthusiasm and cooperation of the community, and the daily reporting in the Eugene *Register-Guard*. The meet was front-sports-page news each day, with stories, photos and results. The Portland *Oregonian*, the largest paper in the state, also featured a small story and results of each day's events. The meet was featured on local TV sports reports.

Best of all, the Oregon Track Club Masters unveiled the *Daily Dispatch* — a daily four-page summary of results, with stories, photos and comments. It made wonderful reading, and the organizers plan to publish daily issues if Eugene is chosen to host the 1989 World Veterans Games.



"Get out of my way, you stupid hurdle," yells Eugene's Lew Thorne as he demonstrates his new hurdling technique — using a Marcus Allen straightarm — for the crowd at the U.S. Nationals. Thorne was one of the meet's organizers and his usually flawless form paid the price of working 16-hour days. He still managed to finish in 69.68. Photo by Gretchen Snyder

The shuttle service from the dorms and hotels to the track ran smoothly and often. The food at the dorms was outstanding and the rooms, adjacent to Hayward Field, were roomy. Admission to the track was free, but most spectators, as usual, appeared to be athletes and their families.

The meet program — given free to all entrants — was one of the best ever seen at a masters event. The numbering system was superb. The first two digits told the age-group (40, 45, etc.) and the last two were based on the alphabet. (Thus, Atcheson wore 6000, Bangert wore 6001, Beadle 6002, Benson 6003, etc.)

By Sunday, the final day of the meet, the initial disappointment was all but forgotten as the athletes enjoyed the keen competition at Silke Field and joined in the cameraderie at a free barbeque on the U. of Oregon campus. After the meet, many of the participants took a few days to drive to some of Oregon's many beautiful vacation spots, such as Mt. Hood, the beach and Crater Lake.

Last year, when the site-selection committee picked Eugene over three other larger cities, it did so with the idea that the world veterans would rather be a big fish in a small pond than a small fish in a big pond.

When the city learned Hayward Field wouldn't be available, it marshalled its considerable resources to smoothly move the national meet to Silke Field, where it went well.

That kind of resiliency, dedication and adaptability can only bode well for the 1989 World Veterans Games if they are awarded to the "track capital of America." □ — *Al Sheahen*

Nationals Draw 976

Continued from page 40

W55

• Ruth Anderson won the 800 and 10,000, while Shirley Kinsey copped the 80H, long jump, shot and discus.

W60

• Only five women entered in this division, and Jo Sullivan of South Carolina came away with three golds in the 100, LJ and TJ.

W65

• Gerry Davidson took four gold medals (400, 800, 1500, 5000); Els Tuinzing won both sprints, and Rose Kash annexed the walks.

W70

• Bowermaster (4) and Mehl (5) won all the gold medals in this age group.

W75

• Five-time world champ Bess James won the 100, 200 and 400, while Edith Mendyka again won the shot, discus, javelin and long jump.

Field Manager John Gillespie and his able crew were responsible for the smooth operation of the competition. Thanks also go to David Hess, President of the Oregon Track Club Masters; Evelyn Hess, who put out the *Daily Dispatch*, Steering Committee Members Charlie Fleishman, Jerry Mohler and Arlene Noviello; Clerks Tom Ragsdale and Dorothy Tarpenning; Starters Eric Zemper, Ed Coleman, Roy Van Horn and Dale Grace; and many more officials, volunteers and helpers.

The 21st edition of the Championships will be held in Orlando, Florida, near Disney World and Epcot Center, on August 5-7, 1988. □

TRACK & FIELD RESULTS

Please send masters meet results to NATIONAL MASTERS NEWS, PO BOX 2372 VAN NUYS CA 91404. If possible, please type single space with minimum of white space.

NATIONAL

20th U.S. TAC National Masters Championships
Eugene, Oregon
August 14-16, 1987

MEN - 100M

30-34

1.	Stanley, Leotha	Madison	WI	31	:	:10.72
2.	Willis, Sammy	Blanchard	LA	30	:	:10.82
3.	Medlock, David Earl	Odessa	TX	31	:	:10.91
4.	Thompson, Willard	Dallas	TX	34	:	:10.98
5.	McKinney, Billy	Portland	OR	30	:	:11.01
6.	Carline, Dennis	Portland	OR	31	:	:11.25
7.	Kruse, Randy	Albany	OR	34	:	:11.47
8.	Cook, Kenneth Ray	Oakland	CA	31	:	:11.58

35-39

1.	Collins, Bill	Houston	TX	36	:	:10.71
2.	Payton, Norbert	San Leandro	CA	38	:	:10.73
3.	McCoy, Marion	Rancho Cucamonga	CA	37	:	:10.80
4.	Driver, Eugene	Los Angeles	CA	37	:	:10.95
5.	Slavens, Steve	Tacoma	WA	36	:	:11.43

40-44

1.	Whitley, Stan	Los Angeles	CA	42	:	:10.84
2.	Bell, Thaddeus J.	No. Charleston	SC	43	:	:11.22
3.	Little, Frank	Altadena	CA	44	:	:11.48
4.	Vicks, James	Dallas	TX	41	:	:11.62
5.	Assink, Roger A.	Albuquerque	NM	41	:	:11.70
6.	Tamani, Saimoni	Rainier	OR	43	:	:11.75
7.	Geurts, Bruce	Sandy	UT	40	:	:11.93
8.	Ray, Clarence B.	Detroit	MI	42	:	:18.00

45-49

1.	Turner, Roy S.	Richardson	TX	47	:	:11.43
2.	Edens, Paul	Silverton	OR	46	:	:11.54
3.	Adamson, Martyn G.	Danville	CA	48	:	:11.61
4.	Ireland, Stephen L.	Lubbock	TX	46	:	:12.30
5.	Hurd, James	Dallas	TX	46	:	:12.34
6.	McClain, LeRoy	Shaker Heights	OH	48	:	:12.65

50-54

1.	Dennis, Kenny	Los Angeles	CA	50	:	:11.03
2.	LaTorre, Gilbert	San Jose	CA	50	:	:11.74
3.	Springbett, Bruce	Los Gatos	CA	54	:	:11.76
4.	Newton, Milton "Nick" Jr.	Woodland Hills	CA	54	:	:11.85
5.	Weaver, Jimmy	Ft. Worth	TX	51	:	:11.91
6.	Miller, Robert E.	Seattle	WA	50	:	:12.14
7.	Washington, Booker T.	La Puente	CA	50	:	:12.39
8.	Wedepohl, Norb	Prescott	AZ	51	:	:12.41

55-59

1.	Poppell, John	Richmond	VA	56	:	:12.41
2.	Melendez-Duke, Rafael	Victoria	BC	57	:	:12.49
3.	Benton, Donald	Los Angeles	CA	55	:	:12.60
4.	Washinton, Huel	Daly City	CA	58	:	:12.68
5.	Green, Harold T. Sr.	Richmond	VA	58	:	:12.79
6.	Kane, Donald B.	Hillsboro	OR	55	:	:12.82
7.	Daehler, Ralph	Kapaa	HI	55	:	:12.94
8.	Nasralla, Anthony	Lakewood	CA	55	:	:12.99

60-64

1.	Watanabe, Robert S.	Los Angeles	CA	61	:	:12.50
2.	Regier, Vernon	Colusa	CA	60	:	:12.60
3.	Robinson, Hal E.	Findlay	OH	60	:	:12.8
4.	Law, Jim	Charlotte	NC	61	:	:12.80
5.	Harte, Gene L.	Van Nuys	CA	61	:	:12.90
6.	Wilson, Alfonzo L.	Cleveland Heights	OH	61	:	:13.7
7.	Orndoff, Carl C.	Sonora	CA	60	:	:13.70
8.	Norwood, Tom	Seattle	WA	60	:	:14.50

65-69

1.	Lawyer, David	Santa Barbara	CA	68	:	:13.30
2.	Patsalis, Tom	Alhambra	CA	65	:	:13.60
3.	Boyd, Cal	Portland	OR	65	:	:13.69
4.	Murphy, Tim	Irving	TX	65	:	:13.70
5.	Madden, Jim	Mercer Island	WA	66	:	:14.05
6.	Elias, Baruch	Long Beach	CA	66	:	:14.80
7.	Krog, Byron	Eugene	OR	65	:	:16.85
8.	Scott, Arnold D.	Missoula	MT	65	:	:27.20

70-74

1.	Jordan, Payton	Los Altos	CA	70	:	:13.00
2.	Weinacht, Bill	Rocky River	OH	70	:	:13.55
3.	Bloomfield, Jeff	Waco	TX	71	:	:14.22
4.	Miller, Herbert J	Westminster	CA	71	:	:14.55
5.	Morales, William	Anaheim	CA	70	:	:14.60
6.	Koppel, Harry	Belmont	CA	74	:	:14.75
7.	Sorlien, Robert P. "Sparks"	West Kingston	RI	70	:	:14.79
8.	Bulkley, Dan	Phoenix	OR	70	:	:14.85

75-79

1.	Castro, Anthony	La Canada	CA	78	:	:14.70
2.	Gaines, Jeremiah	Chesapeake	VA	75	:	:15.24
3.	Fike, Byron P.	Tallmadge	OH	79	:	:15.93
4.	Carnine, Ken	Gold River	CA	79	:	:16.22
5.	McKean-Smith, Mac	Coquille	OR	78	:	:19.47

80-84

1.	Baker, Bill	Paignton, Devon		82	:	:18.51
2.	Lum, Sing	Bakersfield	CA	83	:	:18.73
3.	Thorne, Lewis E.	Pendleton	OR	82	:	:20.69
4.	Benton, Willard	San Diego	CA	83	:	:22.11

85-89

1.	Anderson, Dr. Herbert F.	Bellvue	CO	85	:	:18.77

WOMEN - 100M

30-34

1.	Willet, Danis	Stromsburg	NE	30	:	:12.64
2.	Amirkhan, Ellen A.	Dallas	TX	31	:	:12.74
3.	Seeley, Catherine	Klamath Falls	OR	33	:	:12.95
4.	Duncan, Margrette Kay	Oakland	CA	34	:	:13.83

35-39

1.	Farster-Gilkey, Penny	Rogue River	OR	35	:	:12.70
2.	Pinto, Jennifer V.	Brooklyn	NY	39	:	:13.50
3.	Schoenefeld, Kay	Albuquerque	NM	39	:	:13.50
4.	Gilmore, Hilary W.	Tualatin	OR	38	:	:13.60
5.	Furst, Marian	Boulder	CO	37	:	:14.10
6.	Sikes, Linda	Dallas	TX	39	:	:14.50
7.	Silver, Clara	Albuquerque	NM	38	:	:14.60
8.	Sills, Lorraine	Bronx	NY	36	:	:14.80

40-44

1.	Raschker, Phil	Atlanta	GA	40	:	:12.03
2.	Simmons-McCord, Muriel	Wyandanck	NY	40	:	:13.00
3.	Keating, Betty	Overland Park	KS	40	:	:13.55
4.	Glass, La Tanya	Los Angeles	CA	40	:	:13.85
5.	Mitchell, Marilyn J.	New York	NY	44	:	:13.87
6.	Sullivan, Bonnie	Gladstone	OR	40	:	:15.17
7.	Ballard, Barbara	Milwaukie	OR	42	:	:15.22
8.	Sherman, Janet	Portland	OR	43	:	:15.31
9.	Thomas, Patrice E.	Twinsburg	OH	43	:	:17.10

45-49

1.	Davis, Nancy A.	Hillsboro	OR	49	:	:13.70
2.	Stewart, Barbara	Rochester	NY	45	:	:14.0
3.	O'Connor, Nadine M.	Tiburon	CA	45	:	:14.00
4.	Luker, Mary	Austin	TX	45	:	:14.1
5.	MacDonald, Joy	Ft. Lauderdale	FL	46	:	:14.10
6.	Pashkin, Sandy	New York	NY	45	:	:14.30
7.	Draper, Anne	Tallahassee	FL	45	:	:14.50
8.	Kea, Essie	Cleveland	OH	49	:	:14.80

50-54

1.	Obera, Irene R.	Fremont	CA	53	:	:13.44
2.	MacLeod, Caroline	Ridgefield	WA	51	:	:15.82
3.	Stiegelmeier, Sallie	Berea	OH	54	:	:16.01
4.	Farley, Patricia	Tiburon	CA	50	:	:16.48

55-59

1.	Anderson, Dorothy	Eugene	OR	58	:	:18.60

60-64

1.	Sullivan, Josephine Y.	Greer	SC	62	:	:17.70

65-69

1.	Tuinzing, Els	Mill Valley	CA	65	:	:17.90
2.	Peebles, Carol W.	Fond du Lac	WI	66	:	:18.90
3.	Crane, Irene	Milwaukie	OR	69	:	:19.80
4.	Stevens, Jean	Cheney	WA	69	:	:29.14

70-74

1.	Bowermaster, Mary L.	Fairfield	OH	70	:	:16.78
2.	Smith, Marjorie Parker	Brooklyn	NY	71	:	:19.37
3.	Mehl, Pearl	Boulder	CO	73	:	:19.89
4.	Hicks, Burnis	Amarillo	TX	74	:	:19.90

75-79

1.	James, Bess	San Jacinto	CA	77	:	:20.99
2.	Salisbury, Marilla R.	San Diego	CA	79	:	:27.97

MEN - 200M

Results of all heats on page 55

30-34

1.	Willis, Sammy	Blanchard	LA	30	:	:21.99
2.	Medlock, David Earl	Odessa	TX	31	:	:22.02
3.	Carline, Dennis	Portland	OR	31	:	:23.02
4.	Kruse, Randy	Albany	OR	34	:	:23.38
5.	Rewolinski, Thomas	Muskego	WI	33	:	:23.52
6.	Cook, Kenneth Ray	Oakland	CA	31	:	:23.69

35-39

1.	Collins, Bill	Houston	TX	36	:	:21.62
2.	Driver, Eugene	Los Angeles	CA	37	:	:22.02
3.	Mitchell, Robert	Houston	TX	39	:	:22.23
4.	Hardison, Steve	Fresno	CA	37	:	:22.43
5.	Johnson, Glenn Curtis	Los Angeles	CA	37	:	:22.70
6.	Slavens, Steve	Tacoma	WA	36	:	:23.32
7.	Thornsley, Scott	Camp Hill	PA	35	:	:23.93

Continued on next page

Continued from previous page

40-44

1. Whitley, Stan	Los Angeles	CA	42	:	:21.98
2. Miller, LaMar	Ann Arbor	MI	41	:	:22.14
3. Bell, Thaddeus J.	No. Charleston	SC	43	:	:22.51
4. Brinker, Ken	Flanders	NJ	40	:	:22.61
5. Little, Frank	Altadena	CA	44	:	:22.78
6. Dungan, Paul	Portland	OR	43	:	:22.87
7. Southern, Lee	Vancouver	BC	43	:	:24.02
8. Duffy, Dennis	Fresno	CA	44	:	:24.93

45-49

1. Turner, Roy S.	Richardson	TX	47	:	:23.1
2. Edens, Paul	Silverton	OR	46	:	:23.4
3. Adamson, Martyn G.	Danville	CA	48	:	:23.81
4. Thielman, Joseph E.	Vancouver	WA	46	:	:24.62
5. Ireland, Stephen L.	Lubbock	TX	46	:	:25.30
6. McClain, LeRoy	Shaker Heights	OH	48	:	:26.13

50-54

1. Dennis, Kenny	Los Angeles	CA	50	:	:23.94
2. Newton, Milton "Nick" Jr.	Woodland Hills	CA	54	:	:24.21
3. LaTorre, Gilbert	San Jose	CA	50	:	:24.29
4. Springbett, Bruce	Los Gatos	CA	54	:	:24.53
5. Miller, Robert E.	Seattle	WA	50	:	:24.73
6. Hoffman, J.C.	Salem	OR	53	:	:24.85
7. King, Stan	Beverly Hills	CA	50	:	:25.18
8. Wedepohl, Norb	Prescott	AZ	51	:	:25.70

55-59

1. Poppell, John	Richmond	VA	56	:	:25.63
2. Daehler, Ralph	Kapaa	HI	55	:	:26.11
3. Benton, Donald	Los Angeles	CA	55	:	:26.21
4. Washinton, Huel	Daly City	CA	58	:	:26.24
5. Robinson, Will	Thousand Oaks	CA	56	:	:26.25
6. Nasralla, Anthony	Lakewood	CA	55	:	:26.76
7. Green, Harold T. Sr.	Richmond	VA	58	:	:27.45

60-64

1. Watanabe, Robert S.	Los Angeles	CA	61	:	:26.58
2. Law, Jim	Charlotte	NC	61	:	:26.84
3. Harte, Gene L.	Van Nuys	CA	61	:	:27.24
4. Smith, Dean	Oak Brook	IL	61	:	:28.24
5. Wilson, Alfonzo L.	Cleveland Heights	OH	61	:	:28.95
6. Goldsmith, Max	Lewisville	TX	64	:	:29.56
7. Norwood, Tom	Seattle	WA	60	:	:30.61

65-69

1. Lawyer, David	Santa Barbara	CA	68	:	:28.11
2. Boyd, Cal	Portland	OR	65	:	:28.59
3. Murphy, Tim	Irving	TX	65	:	:28.86
4. Sponseller, Jay N	Ocean View	NJ	69	:	:29.94
5. Foley, Fred	Bellingham	WA	65	:	:30.79
6. Krog, Byron	Eugene	OR	65	:	:35.92
7. Stephenson, Jim	Mill Valley	CA	66	:	:41.07

70-74

1. Jordan, Payton	Los Altos	CA	70	:	:27.24
2. Weinacht, Bill	Rocky River	OH	70	:	:28.23
3. Bloomfield, Jeff	Waco	TX	71	:	:28.94
4. Sorlien, Robert P. "Sparks"	West Kingston	RI	70	:	:30.95
5. Koppel, Harry	Belmont	CA	74	:	:32.21
6. Lightfoot, Milo W.	Warsaw	IN	73	:	:33.33
7. Fairbanks, Bill M.	Menlo Park	CA	70	:	:34.06

75-79

1. Castro, Anthony	La Canada	CA	78	:	:31.75
2. Gaines, Jeremiah	Chesapeake	VA	75	:	:32.43
3. Hills, Claude	Flourtown	PA	75	:	:33.25
4. Fike, Byron P.	Tallmadge	OH	79	:	:35.08
5. Bennett, Emmett	Rapid City	SD	77	:	:41.52

80-84

1. McArdle, Harry A.	Rego Park	NY	81	:	:40.63
2. Lum, Sing	Bakersfield	CA	83	:	:41.74
3. Benton, Willard	San Diego	CA	83	:	:52.94

85-89

1. Anderson, Dr. Herbert F.	Bellvue	CO	85	:	:40.49

WOMEN - 200M

30-34

1. Amirkhan, Ellen A.	Dallas	TX	31	:	:26.54
2. Stough, Tina	Long Beach	CA	34	:	:27.95
3. Duncan, Margrette Kay	Oakland	CA	34	:	:28.82
4. Mehmedbasich, Cheng-er	Crockett	CA	31	:	:31.34

35-39

1. Farster-Gilkey, Penny	Rogue River	OR	35	:	:26.93
2. Clair-Searcy, Betty	Bronx	NY	36	:	:27.93
3. Pinto, Jennifer V.	Brooklyn	NY	39	:	:28.21
4. Gilmore, Hilary W.	Tualatin	OR	38	:	:28.35
5. Schoenefeld, Kay	Albuquerque	NM	39	:	:28.64
6. Sikes, Linda	Dallas	TX	39	:	:31.03
7. Sills, Lorraine	Bronx	NY	36	:	:33.06

40-44

1. Raschker, Phil	Atlanta	GA	40	:	:25.40
2. Simmons-McCord, Muriel	Wyandanch	NY	40	:	:27.22
3. Kennedy, Terry	Bozeman	MT	40	:	:27.79
4. Keating, Betty	Overland Park	KS	40	:	:28.94
5. Glass, La Tanya	Los Angeles	CA	40	:	:29.91
6. Ballard, Barbara	Milwaukie	OR	42	:	:31.57
7. Primmer, Cathy	Muncie	IN	44	:	:32.20
8. Sherman, Janet	Portland	OR	43	:	:32.71

45-49

1. Davis, Nancy A.	Hillsboro	OR	49	:	:29.20
2. O'Connor, Nadine M.	Tiburon	CA	45	:	:29.32
3. MacDonald, Joy	Ft. Lauderdale	FL	46	:	:30.02
4. Luker, Mary	Austin	TX	45	:	:30.15
5. Stewart, Barbara	Rochester	NY	45	:	:30.42
6. Draper, Anne	Tallahassee	FL	45	:	:30.89
7. Pashkin, Sandy	New York	NY	45	:	:31.32
8. Kea, Essie	Cleveland	OH	49	:	:32.07

50-54

1. Obera, Irene R.	Fremont	CA	53	:	:28.99
2. MacLeod, Caroline	Ridgefield	WA	51	:	:33.45
3. Stiegelmeier, Sallie	Berea	OH	54	:	:33.54
4. Farley, Patricia	Tiburon	CA	50	:	:33.74
5. Gregg, Barbara	Seattle	WA	50	:	:35.30

55-59

1. Meadows, Barbara	Tucson	AZ	57	:	:30.03

65-69

1. Tuinzing, Els	Mill Valley	CA	65	:	:39.64
2. Davidson, Gerry	Fallbrook	CA	66	:	:42.25
3. Peebles, Carol W.	Fond du Lac	WI	66	:	:43.85
4. Stevens, Jean	Cheney	WA	69	:	:46.68

70-74

1. Bowermaster, Mary L.	Fairfield	OH	70	:	:37.25
2. Smith, Marjorie Parker	Brooklyn	NY	71	:	:43.54
3. Hicks, Burnis	Amarillo	TX	74	:	:43.84
4. Mehl, Pearl	Boulder	CO	73	:	:46.56

75-79

1. James, Bess	San Jacinto	CA	77	:	:50.

MEN - 400M

30-34

1. Brown, Benjamin	Rowland Heights	CA	33	:	:49.61
2. Alexander, Alvin L.	Seattle	WA	30	:	:50.47
3. Hagmeier, David W.	Portland	OR	33	:	:51.08
4. Pannell, Mike	Albuquerque	NM	33	:	:51.85
5. Vair, Rick	Palmyra	NY	31	:	:53.65
6. Rubach, Jim	Pardeeville	WI	32	:	:54.58

35-39

1. Driver, Eugene	Los Angeles	CA	37	:	:49.82
2. Haggerty, J.B.	Karnack	TX	38	:	:51.11
3. Riddle, Mike	Manassas	VA	38	:	:51.27
4. Johnson, Glenn Curtis	Los Angeles	CA	37	:	:51.83
5. Harvey, James	North Hollywood	CA	36	:	:51.86
6. Williams, Jerry	Los Angeles	CA	36	:	:53.60
7. Granum, Mike	Boring	OR	38	:	:53.64

40-44

1. Whitley, Stan	Los Angeles	CA	42	:	:49.58
2. Miller, LaMar	Ann Arbor	MI	41	:	:49.80
3. Pruitt, Matt	Pinole	CA	42	:	:50.68
4. Tucker, Richard	Pullman	WA	42	:	:51.88
5. Morioka, Harold	Langley	BC	44	:	:52.35
6. Vicks, James	Dallas	TX	41	:	:52.56
7. Parker, Don	Pasadena	CA	44	:	:54.00

45-49

1. Turner, Roy S.	Richardson	TX	47	:	:51.84
2. Cain, Ted	Tiburon	CA	45	:	:53.00
3. Ireland, Stephen L.	Lubbock	TX	46	:	:53.84
4. McDonald, Maurice	Durham	NC	46	:	:54.74
5. Thielman, Joseph E.	Vancouver	WA	46	:	:56.45
6. Wright, Les Jr.	Long Branch	NJ	45	:	:57.68

50-54

1. Johnson, Paul W.	Lubbock	TX	52	:	:55.30
2. Mathis, Jim	Memphis	TN	52	:	:55.65
3. Pauling, Clifford E.	Bronx	NY	52	:	:56.16
4. Hoffman, J.C.	Salem	OR	53	:	:57.29
5. Baker, Ken	Upper Saddle River	NJ	50	:	:57.36
6. King, Stan	Beverly Hills	CA	50	:	:57.92
7. Bohigian, Haig	N. Tarrytown	NY	51	:	:59.80
8. Bannister, Bob	Hubbard	OR	51	:	1:00.10

55-59

1. Smith, Lewis J.	Boston	MA	58	:	:59.48
2. Napier, Ken	Los Gatos	CA	55	:	:59.89
3. Nasralla, Anthony	Lakewood	CA	55	:	1:00.63
4. Brinton, Tom	Eugene	OR	59	:	1:02.30
5. Wright, Bill J.	Oklahoma City	OK	56	:	1:02.34
6. Mehmedbasich, Enver	Crockett	CA	55	:	1:05.25

60-64

1. Smith, Dean	Oak Brook	IL	61	:	1:00.51
2. Watanabe, Robert S.	Los Angeles	CA	61	:	1:02.53
3. Collier, Wayne W	Lexington	KY	60	:	1:03.27
4. Harte, Gene L.	Van Nuys	CA	61	:	1:04.30
5. Law, Jim	Charlotte	NC	61	:	1:04.51
6. Hood, Buzzy	Warren	OH	63	:	1:15.62

65-69

1. Hirst, Lee	Albuquerque	NM	65	:	1:05.16
2. Rice, Jack M.	Sun City Center	FL	66	:	1:07.13
3. Sponseller, Jay N	Ocean View	NJ	69	:	1:08.40

Continued on next page

Continued from previous page

70-74

1. Weinacht, Bill	Rocky River	OH	70	:	1:07.83
2. Bloomfield, Jeff	Waco	TX	71	:	1:10.13
3. Bulkley, Dan	Phoenix	OR	70	:	1:10.52
4. Lopes, Jerome	Sacramento	CA	71	:	1:16.56
5. Fairbanks, Bill M.	Menlo Park	CA	70	:	1:17.57
6. Lightfoot, Milo W.	Warsaw	IN	73	:	1:18.60

75-79

1. Fike, Byron P.	Tallmadge	OH	79	:	1:19.38
2. Carnine, Ken	Gold River	CA	79	:	1:25.44
3. Deacon, CDR. Bud	Turner	OR	76	:	1:29.91
4. Madden, Sid	Los Angeles	CA	79	:	1:30.99
5. Bennett, Emmett	Rapid City	SD	77	:	1:35.88

80-84

1. McArdle, Harry A.	Rego Park	NY	81	:	1:46.29
2. Benton, Willard	San Diego	CA	83	:	1:48.02

85-89

1. Anderson, Dr. Herbert F.	Bellvue	CO	85	:	1:44.72
2. Spangler, Paul E.	San Luis Obispo	CA	88	:	1:59.62

WOMEN - 400M

30-34

1. Willet, Danis	Stromsburg	NE	30	:	:58.54
2. Amirkhan, Ellen A.	Dallas	TX	31	:	:59.84
3. Seeley, Catherine	Klamath Falls	OR	33	:	1:01.55
4. Stough, Tina	Long Beach	CA	34	:	1:02.93
5. Robertson, Sheree Kay	Madison	WI	30	:	1:06.48
6. Kubasek, Nancy	Bowling Green	OH	30	:	1:08.24
7. Hitch, Audrey	Ballwin	MO	34	:	1:10.70
8. Mehmedbasich, Cheng-er	Crockett	CA	31	:	1:11.90

35-39

1. Farster-Gilkey, Penny	Rogue River	OR	35	:	1:02.14
2. Anderson, Debbie	No. Terre Haute	IN	35	:	1:03.30
3. Clair-Searcy, Betty	Bronx	NY	36	:	1:03.42
4. Schoenefeld, Kay	Albuquerque	NM	39	:	1:04.48
5. Pinto, Jennifer V.	Brooklyn	NY	39	:	1:04.62
6. Gilmore, Hilary W.	Tualatin	OR	38	:	1:06.45
7. Bell, Janet	Atlanta	GA	36	:	1:09.60
8. Furst, Marian	Boulder	CO	37	:	1:09.70

40-44

1. Simmons-McCord, Muriel	Wyandanck	NY	40	:	1:00.84
2. Kennedy, Terry	Bozeman	MT	40	:	1:02.06
3. Sherman, Janet	Portland	OR	43	:	1:11.11
4. Keating, Betty	Overland Park	KS	40	:	1:12.77
5. Primmer, Cathy	Muncie	IN	44	:	1:14.88

45-49

1. O'Connor, Nadine M.	Tiburon	CA	45	:	1:06.15
2. MacDonald, Joy	Ft. Lauderdale	FL	46	:	1:08.05
3. Arnold, Jane	Bloomfield	CT	46	:	1:08.51
4. Pashkin, Sandy	New York	NY	45	:	1:11.80
5. Schutt, Lori	West Linn	OR	45	:	1:12.31
6. Thielman, Marti	Vancouver	WA	49	:	1:16.61
7. Baggett, Laura	Seattle	WA	46	:	1:17.10

50-54

1. Obera, Irene R.	Fremont	CA	53	:	1:08.75
2. Stiegelmeier, Sallie	Berea	OH	54	:	1:17.01
3. Gregg, Barbara	Seattle	WA	50	:	1:19.11
4. Carlson, Barbara B.	Orinda	CA	53	:	1:20.75
5. Graf, Tami	San Diego	CA	51	:	1:23.70

65-69

1. Davidson, Gerry	Fallbrook	CA	66	:	1:29.17
2. Peebles, Carol W.	Fond du Lac	WI	66	:	1:31.85
3. Stafford, Marie	Cottage Grove	OR	68	:	1:32.85
4. Crane, Irene	Milwaukie	OR	69	:	1:37.70

70-74

1. Mehl, Pearl	Boulder	CO	73	:	1:38.02
2. Hicks, Burnis	Amarillo	TX	74	:	1:43.04
3. Smith, Marjorie Parker	Brooklyn	NY	71	:	1:47.30

75-79

1. James, Bess	San Jacinto	CA	77	:	1:46.53
2. Salisbury, Marilla R.	San Diego	CA	79	:	2:42.50

MEN - 800M

30-34

1. Brown, Benjamin	Rowland Heights	CA	33	:	1:55.33
2. Poteet, David	Marietta	GA	31	:	1:58.84
3. Cagle, George	Petaluma	CA	31	:	1:59.90
4. Koenig, Mark	Wilmington	DE	31	:	2:00.40
5. Mayes, Jesse W.	Garland	TX	30	:	2:00.72
6. Taylor, K.C.	Eugene	OR	31	:	2:01.54
7. Goodell, Stan	Rogue River	OR	34	:	2:01.73
8. Lang, Bruce	Dallas	OR	34	:	2:02.24
9. Barbero, Rick	Eugene	OR	33	:	2:02.70
10. Vair, Rick	Palmyra	NY	31	:	2:03.04
11. Geisthardt, James	Germantown	WI	32	:	2:03.96
12. Campos, Vince	Long Beach	CA	30	:	2:04.82
13. Haymond, Jerome "Doc Jam"	New Orleans	LA	33	:	2:05.77
14. Wells, John J.	Eugene	OR	33	:	2:06.92
15. Johnson, Wayne	Los Angeles	CA	32	:	2:09.35
16. O'Connell, Daniel	San Francisco	CA	30	:	2:10.41
17. Berry, Thomas J.	St. Louis	MO	31	:	2:11.54
18. Sundqvist, Willy	Eugene	OR	33	:	2:30.14

35-39

1. Puckerin, Richard	Boston	MA	37	:	1:59.93
2. Janssen, Brian	Pocatello	ID	35	:	2:00.40
3. Peterson, Dan	Grand Junction	CO	38	:	2:00.53
4. Gelsomini, James	Chula Vista	CA	38	:	2:01.82
5. Hiebert, Jim	Salem	OR	36	:	2:03.63
6. Hall, Herston	Carrollton	TX	35	:	2:05.21
7. Hall, Rex	Huntington Beach	CA	37	:	2:05.90
8. Granum, Mike	Boring	OR	38	:	2:06.30
9. Daly, Michael Kevin	Eugene	OR	39	:	2:06.93
10. Jordan, Tom	Eugene	OR	38	:	2:06.94
11. Douglas, Wayne	Los Angeles	CA	39	:	2:07.22
12. Thomas, Norman	Twinsburg	OH	37	:	2:07.25
13. Dean, Craig	Libertyville	IL	39	:	2:08.24
14. Williams, Jerry	Los Angeles	CA	36	:	2:12.65
15. Asselstine, Brian	Surrey	BC	36	:	2:16.04
16. Crawford, Ron L.	Moscow	ID	39	:	2:24.25

40-44

1. Mason, George W.	El Cerrito	CA	43	:	1:59.87
2. Jensen, Ronald D.	La Mirada	CA	40	:	2:00.14
3. Tucker, Richard	Pullman	WA	42	:	2:00.29
4. Franklin, Harvey Martin	Oakland	CA	44	:	2:00.50
5. Barnett, Searcy H.	Oakland	CA	40	:	2:01.00
6. Stewart, Bill	Ypsilanati	MI	44	:	2:01.06
7. Scott, Lou	Ecorse	MI	41	:	2:01.09
8. Daw, Edward A.	Durham	NC	42	:	2:02.84
9. Swenson, Albin W.	Wolcott	CT	40	:	2:02.91
10. Shirley, Graeme	San Diego	CA	41	:	2:03.06
11. Ferraz, Steve	San Francisco	CA	40	:	2:03.14
12. Tracy, Dennis	Union City	CA	41	:	2:03.40
13. Herrala, Wally	Ann Arbor	MI	42	:	2:03.43
14. Gripp, Wayne	Springfield	OR	41	:	2:03.72
15. Mann, Dustin	Ypsilanti	MI	40	:	2:03.74
16. Carr, Gary	Mascoutah	IL	43	:	2:03.86
17. Reiter, Gordon	Ballwin	MO	41	:	2:04.71
18. Smith, Kevin Maurice	Brooklyn	NY	41	:	2:04.82
19. Malone, Jim	Dallas	TX	42	:	2:05.15
20. Duffy, Dennis	Fresno	CA	44	:	2:05.49
21. Jordeth, John D.	Seattle	WA	41	:	2:06.24
22. Phillips, Mike	Eureka	CA	40	:	2:06.61
23. Himmelberger, David	Palo Alto	CA	41	:	2:07.59
24. Parker, Don	Pasadena	CA	44	:	2:08.53
25. Madderom, Jake	Burnaby	BC	42	:	2:08.72
26. McDaniel, Allen P.	Atlanta	GA	44	:	2:09.31
27. Norris, Larry	Eugene	OR	42	:	2:09.46
28. Wolfe, Vic	Eugene	OR	43	:	2:10.13
29. Kuhi, John Ulo	Long Branch	NJ	43	:	2:10.48
30. Harrington, Denny S.	Eugene	OR	40	:	2:10.53
31. Irwin, Jim	Ballwin	MO	41	:	2:10.75
32. Shattuck, Ed	Lake Oswego	OR	44	:	2:10.77
33. Clarke, Willie	La Mesa	CA	44	:	2:11.00
34. Burleson, Joseph	West Hartford	CT	40	:	2:11.54
35. Jenkins, George L.	Detroit	MI	40	:	2:12.64
36. Borkan, Eugene L.	Portland	OR	42	:	2:12.93
37. Perry, Bill	Long Beach	CA	43	:	2:14.5
38. McWilliams, Steve J.	Atlanta	GA	40	:	2:15.75
39. Bedford, Tom	Sarasota	FL	40	:	2:24.4
40. Castle, Les	Eugene	OR	41	:	2:28.3

45-49

1. Romain, David	Albany	CA	45	:	2:01.34
2. Cohen, George	Los Angeles	CA	47	:	2:05.40
3. McDonald, Maurice	Durham	NC	46	:	2:05.89
4. Howard, Sid	Plainfield	NJ	48	:	2:07.14
5. Adams, Barry F.	Vancouver	BC	45	:	2:07.71
6. Reynolds, Frank	North Vancouver	BC	48	:	2:07.87
7. Bennett, Robert	Newark	DE	45	:	2:09.64
8. Thorne, Everett	Beaverton	OR	46	:	2:13.68
9. O'Rourke, Des	Pullman	WA	48	:	2:15.81
10. Clark, Jim N.	Brighton	MI	48	:	2:15.99
11. Kousky, Edgar	Eugene	OR	46	:	2:16.14
12. Hughes, Bill	Salem	OR	49	:	2:17.21
13. Greene, Richard K.	Las Vegas	NV	46	:	2:17.24
14. Verdier, Jim	Cambridge	MA	45	:	2:18.14
15. Corcoran, Joe	West Vancouver	BC	46	:	2:18.34
16. Maillet, Art	Maple Grove	MN	45	:	2:19.19
17. Schumacher, Stephen J.	Costa Mesa	CA	45	:	2:22.75

50-54

1. Billups, Ernest	Chicago	IL	50	:	2:07.33
2. Pauling, Clifford E.	Bronx	NY	52	:	2:08.54
3. Baker, Ken	Upper Saddle River	NJ	50	:	2:09.62
4. Mayer, Bill	Houston	TX	50	:	2:10.20
5. Odwin, Stephen	Vancouver	BC	50	:	2:11.75
6. Wimberley, Charles	Kenner	LA	53	:	2:14.53
7. Bannister, Bob	Hubbard	OR	51	:	2:16.37
8. Ogden, Kenneth	Salem	OR	51	:	2:18.93
9. Karlin, Fred	Montecito	CA	51	:	2:22.33
10. Bohigian, Haig	N. Tarrytown	NY	51	:	2:25.60

55-59

1. Miller, Ralph G.	Seattle	WA	55	:	2:12.69
2. Napier, Ken	Los Gatos	CA	55	:	2:16.82
3. Sutton, Jim	Whitfield	PA	56	:	2:16.94
4. Tennison, Jimmie	Sulphur	LA	55	:	2:19.61
5. Jones, Casey	Atlanta	GA	56	:	2:23.61
6. Brinton, Tom	Eugene	OR	59	:	2:24.24
7. Dunton, Ross K.	Placentia	CA	55	:	2:25.03
8. Linde, Gunnar	Venice	CA	59	:	2:27.65
9. Basye, Dale E.	Foster City	CA	55	:	2:28.32
10. Holmes, Bob	San Diego	CA	58	:	2:31.77
11. McGuire, Lloyd M.	San Diego	CA	55	:	2:39.1
12. Bangs, Allan P.	Los Angeles	CA	57	:	2:42.5

60-64

1. Smith, Dean	Oak Brook	IL	61	:	2:18.87
2. Collier, Wayne W	Lexington	KY	60	:	2:22.50
3. King, Joe	Alameda	CA	61	:	2:28.72
4. Beadle, Louis R.	Pasadena	CA	60	:	2:33.35
5. Tritsch, Len	Salem	OR	62	:	2:39.82
6. Gil, Ray	Lompoc	CA	62	:	2:46.25
7. Hood, Buzzy	Warren	OH	63	:	2:47.28
8. Koerner, Vance	Orangevale	CA	60	:	2:52.15

Continued on next page

Continued from previous page

65-69

1. Rice, Jack M.	Sun City Center	FL	66	:	2:35.35
2. Sponseller, Jay N	Ocean View	NJ	69	:	2:39.23
3. Morcom, Boo	Wilmot Flat	NH	66	:	2:46.24
4. Wilgus, Don	Richmond	CA	66	:	2:58.74
5. Pain, David H. R.	San Diego	CA	65	:	3:07.31
6. McGilvray, Jim	Ridgewood	NJ	68	:	3:15.62

70-74

1. Bulkley, Dan	Phoenix	OR	70	:	2:48.9
2. Mahannah, Ray	Modesto	CA	71	:	2:56.2
3. Fairbanks, Bill M.	Menlo Park	CA	70	:	3:06.7

75-79

1. Fike, Byron P.	Tallmadge	OH	79	:	3:34.98
2. Madden, Sid	Los Angeles	CA	79	:	3:37.75
3. Carnine, Ken	Gold River	CA	79	:	3:37.75
4. Bennett, Emmett	Rapid City	SD	77	:	3:37.93

80-84

1. Crabb, Chet	Farmdale	OH	80	:	3:54.18
2. Benton, Willard	San Diego	CA	83	:	4:15.07
3. McArdle, Harry A.	Rego Park	NY	81	:	4:23.40

85-89

1. Spangler, Paul E.	San Luis Obispo	CA	88	:	4:36.25

WOMEN - 800M

30-34

1. Pulice, Pamm	Boise	ID	34	:	2:19.33
2. Grigsby, Sue	Everett	WA	30	:	2:21.64
3. Stough, Tina	Long Beach	CA	34	:	2:24.80
4. Allerkamp, Sara	Fredericksburg	TX	34	:	2:27.31
5. Rehrer, Beth	Fort Wayne	IN	30	:	2:29.14
6. Robertson, Sheree Kay	Madison	WI	30	:	2:38.22
7. Hitch, Audrey	Ballwin	MO	34	:	2:42.71
8. Mehmedbasich, Cheng-er	Crockett	CA	31	:	2:47.82

35-39

1. Shafer, Nancy	Bowling Green	OH	36	:	2:18.03
2. Anderson, Debbie	No. Terre Haute	IN	35	:	2:26.57
3. Holmstrom, Kathy	Portland	OR	37	:	2:33.84
4. Jusionis, Daiva	Westminster	CA	39	:	2:34.35
5. Bell, Janet	Atlanta	GA	36	:	2:38.12
6. Sundqvist, Patricia	Eugene	OR	36	:	2:43.36

40-44

1. Houlton, Susan E.	Atlanta	GA	40	:	2:26.91
2. Upton, Linda	Chestnut Hill	MA	44	:	2:27.65
3. Wood, Carolyn V	Portland	OR	41	:	2:28.83
4. Olson, Laurie	San Diego	CA	41	:	2:31.94
5. Villa, Robin	Seattle	WA	44	:	2:35.08
6. Murray, Pamela	Kirkland	WA	40	:	2:49.53

45-49

1. Arnold, Jane	Bloomfield	CT	46	:	2:31.92
2. Figg-Hoblyn, Letha	Portland	OR	46	:	2:34.72
3. Bache, Lolitia	San Diego	CA	45	:	2:35.93
4. Schutt, Lori	West Linn	OR	45	:	2:54.27

50-54

1. Maxwell, Kimberly	West Vancouver	BC	51	:	2:38.32
2. Redfield, Susan	Marblehead	MA	51	:	2:38.39
3. Czarapata, Mary	Klamath Falls	OR	52	:	2:40.04
4. LaGrander-Cole, Lyn	Eugene	OR	50	:	2:48.31
5. Carlson, Barbara B.	Orinda	CA	53	:	2:58.12
6. Graf, Tami	San Diego	CA	51	:	3:09.02

55-59

1. Anderson, Ruth	Oakland	CA	58	:	3:08.44
2. McChesney, Marcia	Eugene	OR	57	:	3:17.86

65-69

1. Davidson, Gerry	Fallbrook	CA	66	:	3:21.68
2. Stafford, Marie	Cottage Grove	OR	68	:	3:39.95
3. Peebles, Carol W.	Fond du Lac	WI	66	:	3:40.04
4. Crane, Irene	Milwaukie	OR	69	:	3:49.20
5. Stevens, Jean	Cheney	WA	69	:	4:57.5

70-74

1. Mehl, Pearl	Boulder	CO	73	:	3:55.54

MEN - 1500M

30-34

1. Reynolds, Glyn	Cupertino	CA	32	:	4:01.73
2. DePriest, Roger C.	San Diego	CA	30	:	4:02.24
3. Poteet, David	Marietta	GA	31	:	4:03.00
4. Mayes, Jesse W.	Garland	TX	30	:	4:03.04
5. Koenig, Mark	Wilmington	DE	31	:	4:08.14
6. Poulin, Drew	Seattle	WA	32	:	4:09.55
7. Campos, Vince	Long Beach	CA	30	:	4:11.80
8. Barbero, Rick	Eugene	OR	33	:	4:13.61
9. Medina, Heriberto	Brooklyn	NY	31	:	4:18.85
10. Peebles, Joel L.	Lake Villa	IL	32	:	4:22.33
11. Hunter, David E.	Chula Vista	CA	34	:	4:23.0
12. Berry, Thomas J.	St. Louis	MO	31	:	4:26.2
13. Johnson, Rick	Tempe	AZ	33	:	4:50.7

35-39

1. Taylor, Randy	Little Rock	AK	39	:	4:12.7
2. Peterson, Dan	Grand Junction	CO	38	:	4:14.0
3. Bradley, Douglas J.	Billings	MT	35	:	4:14.7
4. Hiebert, Jim	Salem	OR	36	:	4:15.4
5. Binkley, David	Erie	CO	39	:	4:15.7
6. Sturgeon, Randell	Carmichael	CA	35	:	4:16.8
7. Daly, Michael Kevin	Eugene	OR	39	:	4:17.8
8. Puckerin, Richard	Boston	MA	37	:	4:18.0
9. Skislak, John E.	Neptune	NJ	38	:	4:18.7
10. Dean, Craig	Libertyville	IL	39	:	4:20.1
11. Runyan, Craig S.	Pt. Roberts	WA	39	:	4:21.1
12. Katcher, Daryle	Sacramento	CA	37	:	4:23.7
13. Levon, Steven B.	San Diego	CA	38	:	4:33.1
14. Cumming, Ian	Chula Vista	CA	36	:	4:39.1
15. Thomas, Norman	Twinsburg	OH	37	:	4:40.2
16. Smith, Brian L.	Brooklyn	NY	39	:	5:04.6

40-44

1. Manley, Mike	Eugene	OR	45	:	4:03.13
2. Swenson, Albin W.	Wolcott	CT	40	:	4:03.74
3. Jordeth, John O.	Seattle	WA	41	:	4:04.63
4. Jensen, Ronald D.	La Mirada	CA	40	:	4:05.35
5. Ferraz, Steve	San Francisco	CA	40	:	4:05.51
6. Stewart, Bill	Ypsilanati	MI	44	:	4:05.70
7. Hallop, Peter	Ann Arbor	MI	40	:	4:05.94
8. Herrala, Wally	Ann Arbor	MI	42	:	4:06.53
9. Franklin, Harvey Martin	Oakland	CA	44	:	4:08.62
10. Crawford, Jim	Lawrence	MA	40	:	4:09.03
11. Nolan, Harold J. Jr.	Navesink	NJ	40	:	4:10.1
12. Shirley, Graeme	San Diego	CA	41	:	4:10.6
13. Hadley, Herold	Spokane	WA	44	:	4:11.9
14. Daw, Edward A.	Durham	NC	42	:	4:12.5
15. Cornett, Frank L.	London	KY	40	:	4:13.6
16. Shattuck, Ed	Lake Oswego	OR	44	:	4:14.41
17. Rust, Gary	Clackamas	OR	40	:	4:14.65
18. Hampton, Jim	San Carlos	CA	41	:	4:15.2
19. Preckwinkle, Zeus	Chicago	IL	40	:	4:15.43
20. Wolfe, Vic	Eugene	OR	43	:	4:15.8
21. Phillips, Mike	Eureka	CA	40	:	4:16.91
22. Davis, Rich	Spring Valley	OH	41	:	4:17.65
23. Burleson, Joseph	West Hartford	CT	40	:	4:18.44
24. Madderom, Jake	Burnaby	BC	42	:	4:19.61
25. Carnahan, Michael	Portland	OR	41	:	4:20.34
26. Sevald, Bill	San Francisco	CA	41	:	4:21.6
27. Petty, Jack E.	Pasadena	TX	44	:	4:21.64
28. Tracy, Dennis	Union City	CA	41	:	4:25.5
29. Woodcock, John W.	Port Moody	BC	43	:	4:27.6
30. Clarke, Willie	La Mesa	CA	44	:	4:30.7
31. Krebs, Frank	Orangevale	CA	44	:	4:37.05
32. Jenkins, George L.	Detroit	MI	40	:	4:39.4
33. Boyle, Joe	Houston	TX	40	:	4:39.7
34. Selby, Dennis			40	:	4:41.6
35. Kuebler, Bob	Lakewood	OH	41	:	4:44.0
36. Bedford, Tom	Sarasota	FL	40	:	4:46.9
37. Castle, Les	Eugene	OR	41	:	5:01.4
38. Powers, Rick	El Cerrito	CA	40	:	5:09.3

45-49

1. Randall, Kirk	Wellesley	MA	46	:	4:12.2
2. Adams, Barry F.	Vancouver	BC	45	:	4:13.0
3. Cohen, George	Los Angeles	CA	47	:	4:17.0
4. Reynolds, Frank	North Vancouver	BC	48	:	4:18.7
5. Howe, Milton W.	Dallas	TX	45	:	4:24.3
6. Schul, Bob	Troy	OH	49	:	4:24.6
7. Heffernan, Michael	Portland	OR	46	:	4:26.6
8. Howard, Sid	Plainfield	NJ	48	:	4:27.4
9. Bennett, Robert	Newark	DE	45	:	4:29.3
10. Kaminsky, Seth	Cold Spring Harbor	NY	47	:	4:32.1
11. Bedell, Cliff	Scottsdale	AZ	49	:	4:34.0
12. Greene, Richard K.	Las Vegas	NV	46	:	4:36.4
13. Clark, Jim N.	Brighton	MI	48	:	4:36.9
14. Maillet, Art	Maple Grove	MN	45	:	4:37.3
15. Verdier, Jim	Cambridge	MA	45	:	4:37.5
16. O'Rourke, Des	Pullman	WA	48	:	4:39.1
17. Schumacher, Stephen J.	Costa Mesa	CA	45	:	4:48.8
18. Wiper, Tom	Tucson	AZ	49	:	4:56.7
19. Sawyer, Dale B.	Federal Way	WA	49	:	5:21.5

50-54

1. Billups, Ernest	Chicago	IL	50	:	4:23.82
2. Daley, Jim	New Ipswich	NH	51	:	4:25.45
3. Conner, John F.	East Hampton	NY	52	:	4:26.44
4. Wood, Glynn L.	Monterey	CA	53	:	4:28.13
5. Hawk, Henry	Conway	AR	50	:	4:30.44
6. Christiansen, Michael	Marysville	WA	50	:	4:31.72
7. Wimberley, Charles	Kenner	LA	53	:	4:32.73
8. Ogden, Kenneth	Salem	OR	51	:	4:49.54
9. Hatleberg, Ralph	Eugene	OR	50	:	5:38.56

55-59

1. Sutton, Jim	Whitfield	PA	56	:	4:30.2
2. Hatton, Ray	Bend	OR	55	:	4:32.0
3. Miller, Ralph G.	Seattle	WA	55	:	4:35.8
4. Tennison, Jimmie	Sulphur	LA	55	:	4:38.9
5. Linde, Gunnar	Venice	CA	59	:	5:01.2
6. Basye, Dale E.	Foster City	CA	55	:	5:08.6
7. Ryan, Field	Bremerton	WA	55	:	5:17.4
8. Bangs, Allan P.	Los Angeles	CA	57	:	5:42.5

60-64

1. King, Joe	Alameda	CA	61	:	4:54.7
2. Smith, Dean	Oak Brook	IL	61	:	4:59.3
3. Green, Richard W.	Rockford	IL	61	:	5:14.7
4. Benson, Dick	Fitzgerald	GA	62	:	5:20.8
5. Tritsch, Len	Salem	OR	62	:	5:22.4
6. Hood, Buzzy	Warren	OH	63	:	5:54.7
7. Koerner, Vance	Orangevale	CA	60	:	5:59.8

Continued on next page

Continued from previous page

65-69

1. Boots, John M.	Slidell	LA	68		5:38.4
2. Cotner, Donald	San Juan Capistrano	CA	65		5:51.1
3. Mallon, Joseph A.	Portland	OR	66		5:51.3
4. Wilgus, Don	Richmond	CA	66		6:07.2
5. Pain, David H. R.	San Diego	CA	65		6:20.7
6. McGilvray, Jim	Ridgewood	NJ	68		6:38.2
7. Castle, Lawrence	Silverton	OR	68		7:35.6

70-74

1. Mahannah, Ray	Modesto	CA	71		6:22.3
2. Funk, Alfred A.	Bozeman	MT	73		7:15.6

75-79

1. Fike, Byron P.	Tallmadge	OH	79		7:50.3
2. Madden, Sid	Los Angeles	CA	79		7:50.5

80-84

1. Crabb, Chet	Farmdale	OH	80		8:10.0
2. Benton, Willard	San Diego	CA	83		8:14.2
3. McArdle, Harry A.	Rego Park	NY	81		9:36.8

85-89

1. Spangler, Paul E.	San Luis Obispo	CA	88		8:40.4

WOMEN - 1500M

30-34

1. Pulice, Pamm	Boise	ID	34		4:36.9
2. Grigsby, Sue	Everett	WA	30		4:53.8
3. Allerkamp, Sara	Fredericksburg	TX	34		5:09.0
4. Rehrer, Beth	Fort Wayne	IN	30		5:13.9
5. Hersch, Joni	Eugene	OR	31		5:30.0
6. Rewolinski, Leah	Muskego	WI	33		5:36.9

35-39

1. Shafer, Nancy	Bowling Green	OH	36		4:39.5
2. Findley, Linda	Ontario		39		4:40.2
3. Anderson, Debbie	No. Terre Haute	IN	35		5:04.9
4. Jusionis, Daiva	Westminster	CA	39		5:09.8
5. Holmstrom, Kathy	Portland	OR	37		5:12.6
6. Heinonen, Janet	Eugene	OR	36		5:19.1
7. Bell, Janet	Atlanta	GA	36		5:24.0

40-44

1. Kozak, Erna	Burnaby	BC	42		4:36.6
2. Binder, Laurie	Oakland	CA	40		4:41.3
3. Flexer, Carol	Bellevue	WA	44		4:56.5
4. Upton, Linda	Chestnut Hill	MA	44		4:58.4
5. Houlton, Susan E.	Atlanta	GA	40		5:11.6
6. McLelland, Jane	Portland	OR	41		5:32.0
7. Trimble, Sandra Kay	Terre Haute	IN	40		5:33.6

45-49

1. Arnold, Jane	Bloomfield	CT	46		5:09.21
2. Figg-Hoblyn, Letha	Portland	OR	46		5:16.01
3. Bache, Lolitia	San Diego	CA	45		5:26.93
4. Schlewitz, Rose	Albany	OR	45		6:25.10

50-54

1. Redfield, Susan	Marblehead	MA	51		5:39.43
2. Czarapata, Mary	Klamath Falls	OR	52		5:39.47
3. LaGrander-Cole, Lyn	Eugene	OR	50		5:44.43
4. Ingram, Shirley	Roseburg	OR	50		5:54.85
5. Graf, Tami	San Diego	CA	51		6:22.30
6. Means, Susan	Lake Oswego	OR	54		6:45.20

55-59

1. Meadows, Barbara	Tucson	AZ	57		6:04.15
2. McChesney, Marcia	Eugene	OR	57		6:20.23
3. Anderson, Ruth	Oakland	CA	58		6:22.80
4. White, Pat	Seattle	WA	59		6:32.50

65-69

1. Davidson, Gerry	Fallbrook	CA	66		6:52.6
2. Stafford, Marie	Cottage Grove	OR	68		7:21.9
3. Peebles, Carol W.	Fond du Lac	WI	66		7:48.7

70-74

1. Mehl, Pearl	Boulder	CO	73		7:59.0
2. Castle, Amy	Silverton	OR	70		9:00.

75-79

1. Granstrom, Ivy	Vancouver	BC	75		8:58.7
2. James, Bess	San Jacinto	CA	77		8:59.6

MEN - 5,000M

30-34

1. Reynolds, Glyn	Cupertino	CA	32		:15:14.99
2. Medina, Heriberto	Brooklyn	NY	31		:15:52.40
3. Haithcock, Robert	East Keansburg	NJ	32		:16:31.41
4. Peebles, Joel L.	Lake Villa	IL	32		:16:46.52
5. Anderson, Jerry	Tacoma	WA	31		:17:33.25
6. Johnson, Rick	Tempe	AZ	33		:18:24.99

35-39

1. Creery, Mike	Victoria	BC	39		:15:32.02
2. Taylor, Randy	Little Rock	AK	39		:15:49.73
3. Garza, Juan A. "Crazy Legs"	Bakersfield	CA	35		:16:20.98
4. Coons, James	Eugene	OR	37		:17:52.41

40-44

1. Nolan, Harold J. Jr.	Navesink	NJ	40		:15:18.51
2. Sevald, Bill	San Francisco	CA	41		:15:26.4
3. Crawford, Jim	Lawrence	MA	40		:15:26.42
4. Manley, Mike	Eugene	OR	45		:15:27.81
5. Cornett, Frank L.	London	KY	40		:15:48.52
6. Leahy, William	Pasco	WA	44		:15:49.41
7. Thomas, Ramsay	Lafayette	CA	43		:15:52.76
8. Clark, Bill	Los Altos	CA	43		:15:57.36
9. Heinonen, Tom	Eugene	OR	42		:15:58.88
10. Vaughn, Wayne	Hagerstown	MD	41		:16:02.49
11. Davis, Rich	Spring Valley	OH	41		:16:03.11
12. Hampton, Jim	San Carlos	CA	41		:16:04.38
13. Goettelmann, Gary	Santa Clara	CA	43		:16:06.87
14. Woodcock, John W.	Port Moody	BC	43		:16:27.04
15. Braanson, Cornelius E.	Seaside	OR	40		:16:33.08
16. Zuccola, Ernie	Broadview Heights	OH	41		:16:49.91
17. Kuebler, Bob	Lakewood	OH	41		:16:51.78
18. Krebs, Frank	Orangevale	CA	44		:16:55.95
19. Stanbridge, Allan	Burlingame	CA	40		:16:58.52
20. Bedford, Tom	Sarasota	FL	40		:17:44.78
21. Craft, Bob	Roseburg	OR	42		:18:08.77
22. Coleman, Harry	Eugene	OR	43		:22:06.88

45-49

1. Heffernan, Michael	Portland	OR	46		:15:50.40
2. Randall, Kirk	Wellesley	MA	46		:16:00.60
3. Fodor, Josef	Akron	OH	49		:16:15.91
4. Schul, Bob	Troy	OH	49		:16:17.99
5. Pickering, Russ	Eugene	OR	47		:16:48.09
6. Morris, David	Seattle	WA	48		:17:39.24
7. Schultz, Valdemar	Portland	OR	47		:17:45.02
8. Wiper, Tom	Tucson	AZ	49		:18:14.99
9. Huff, Al	Bellevue	WA	49		:18:42.12

50-54

1. Daley, Jim	New Ipswich	NH	51		:16:09.80
2. Foulk, Bill	Bozeman	MT	54		:16:13.66
3. Wood, Glynn L.	Monterey	CA	53		:16:40.51
4. Tymn, Michael E.	Kailua	HI	50		:16:41.43
5. Paklaian, Bob	Troy	MI	51		:16:45.72
6. Hawk, Henry	Conway	AR	50		:17:02.36
7. Pitkethly, David	Redmond	WA	51		:17:07.70
8. Christiansen, Michael	Marysville	WA	50		:17:15.89
9. Langenbach, Robert W.	Seattle	WA	50		:17:22.27
10. Pattinson, Ron	Pasadena	CA	50		:17:34.34
11. Rodriguez, Richard	San Francisco	CA	51		:18:07.22
12. Wood, Rod	Cottage Grove	OR	53		:19:07.85
13. Kokis, George	Eugene	OR	53		:20:27.93

55-59

1. Hatton, Ray	Bend	OR	55		:16:55.39
2. Tennison, Jimmie	Sulphur	LA	55		:17:32.01
3. Devine, Patrick	San Pedro	CA	58		:17:55.87
4. Keat, James	Belmont	MA	55		:18:35.32
5. Cupp, William R.	Bothell	WA	55		:19:11.11
6. Ryan, Field	Bremerton	WA	55		:19:16.25
7. Laine, Richard	San Carlos	CA	57		:19:18.80
8. Brown, Robert E.	Bozeman	MT	56		:21:28.89

60-64

1. O'Neil, Jim	La Jolla	CA	62		:18:02.16
2. Malain, Robert	Redding	CA	60		:18:36.48
3. Benson, Dick	Fitzgerald	GA	62		:20:08.54
4. Gil, Ray	Lompoc	CA	62		:20:28.93
5. Chuman, Ted A., D.D.S.	Dallas	TX	61		:26:33.39

65-69

1. Jones, Phil	Glendale	CA	67		:20:37.26
2. Boots, John M.	Slidell	LA	68		:20:40.61
3. Mallon, Joseph A.	Portland	OR	66		:21:05.83

70-74

1. Funk, Alfred A.	Bozeman	MT	73		:20:02.57
2. Reese, Paul	Auburn	CA	70		:20:41.97
3. Keller, Eugene E.	Cincinnati	OH	72		:21:30.16

75-79

1. Madden, Sid	Los Angeles	CA	79		:26:30.80
2. McKean-Smith, Mac	Coquille	OR	78		:27:21.16
3. Fike, Byron P.	Tallmadge	OH	79		:28:33.73

80-84

1. Crabb, Chet	Farmdale	OH	80		:28:30.47
2. Benton, Willard	San Diego	CA	83		:30:26.83

85-89

1. Spangler, Paul E.	San Luis Obispo	CA	88		:32:22.20

WOMEN - 5,000M

30-34

1. Twomey, Cathie	Eugene	OR	30		:15:56.99
2. Kubasek, Nancy	Bowling Green	OH	30		:17:30.79
3. Smith, Marti	Eugene	OR	31		:19:08.88
4. Cronin, Peg	Libertyville	IL	33		:19:09.30
5. Rewolinski, Leah	Muskego	WI	33		:20:27.76
6. Vogt, Rebecca	Houston	TX	31		:20:52.22

35-39

1. Hansen, Jacqueline	Topanga	CA	38		:17:05.76
2. Findley, Linda	Ontario		39		:17:16.87
3. Gerl, Sharon	Springfield	OR	39		:19:21.97
4. Yeck, Kathleen	Danville	CA	36		:23:01.83

Continued on next page

Continued from previous page

40-44

1. Binder, Laurie	Oakland	CA	40	:17:04.12	
2. Flexer, Carol	Bellevue	WA	44	:17:56.13	
3. Villa, Robin	Seattle	WA	44	:19:19.15	
4. Quam, Carole	Eugene	OR	42	:19:56.09	
5. Trimble, Sandra Kay	Terre Haute	IN	40	:20:48.30	

45-49

1. Arnold, Jane	Bloomfield	CT	46	:18:44.90	
2. Rudder, Rita S.	Beaverton	OR	45	:21:57.53	

50-54

1. Hoagland, Jeanne	Los Angeles	CA	50	:20:58.20	
2. Ingram, Shirley	Roseburg	OR	50	:21:48.46	
3. Graf, Tami	San Diego	CA	51	:22:34.71	
4. Hodges, Joyce K.	Millen	GA	50	:22:36.59	
5. Means, Susan	Lake Oswego	OR	54	:24:49.64	

55-59

1. Kavadas, Janet	Edmonds	WA	56	:35:28.4	

65-69

1. Davidson, Gerry	Fallbrook	CA	66	:24:18.90	
2. Stafford, Marie	Cottage Grove	OR	68	:27:17.95	

70-74

1. Mehl, Pearl	Boulder	CO	73	:29:01.53	

75-79

1. James, Bess	San Jacinto	CA	77	:30:12.51	

80-84

1. Lingren, Mavis C.	Orleans	CA	80	:30:21.85	

MEN - 10,000M

30-34

1. Haithcock, Robert	East Keansburg	NJ	32	:33:39.15	
2. Anderson, Jerry	Tacoma	WA	31	:36:05.52	
3. Scott, Paul	Eugene	OR	34	:37:21.65	

35-39

1. Garza, Juan A. "Crazy Legs"	Bakersfield	CA	35	:33:16.74	
2. Vogt, Bill	Houston	TX	35	:35:00.92	
3. Crawford, Ron L.	Moscow	ID	39	:35:23.13	
4. Lattarulo, George	Cambridge	MA	39	:43:36.00	

40-44

1. Towns, Grant	Winnipeg, Manitoba		40	:31:57.10	
2. Sevald, Bill	San Francisco	CA	41	:32:16.92	
3. Vaughn, Wayne	Hagerstown	MD	41	:33:14.93	
4. Clark, Bill	Los Altos	CA	43	:33:25.33	
5. Braanson, Cornelius E.	Seaside	OR	40	:34:12.00	
6. Mitton, Wayne	Bellevue	WA	41	:34:28.01	
7. Stanbridge, Allan	Burlingame	CA	40	:34:36.00	
8. Kuebler, Bob	Lakewood	OH	41	:34:48.01	
9. Zuccola, Ernie	Broadview Heights	OH	41	:35:03.45	
10. Moller, Dusty	Eugene	OR	43	:36:53.82	

45-49

1. Heffernan, Michael	Portland	OR	46	:32:56.72	
2. Fodor, Josef	Akron	OH	49	:33:39.15	
3. Pickering, Russ	Eugene	OR	47	:35:26.19	
4. Kousky, Edgar	Eugene	OR	46	:37:04.52	
5. Huff, Al	Bellevue	WA	49	:37:26.00	
6. Schultz, Valdemar	Portland	OR	47	:37:46.00	
7. Balcom, Tom	Dexter	OR	45	:38:13.00	
8. Sawyer, Dale B.	Federal Way	WA	49	:41:19.00	
9. Hyatt, Neale S.	Pleasant Hill	OR	45	:42:26.00	

50-54

1. Foulk, Bill	Bozeman	MT	54	:34:14.52	
2. Tymn, Michael E.	Kailua	HI	50	:34:50.33	
3. Paklaian, Bob	Troy	MI	51	:34:53.25	
4. Ellis, Earl N.	Seattle	WA	51	:36:00.23	
5. Pattinson, Ron	Pasadena	CA	50	:36:24.32	
6. Beckwith, Bill	Reno	NV	54	:38:41.50	
7. DesJardins, Charles R.	Fairfax	VA	50	:39:41.	
8. Wood, Rod	Cottage Grove	OR	53	:40:22.44	

55-59

1. Devine, Patrick	San Pedro	CA	58	:36:48.55	
2. Keat, James	Belmont	MA	55	:38:51.59	
3. Ryan, Field	Bremerton	WA	55	:39:41.42	
4. Laine, Richard	San Carlos	CA	57	:41:25.55	
5. Brown, Robert E.	Bozeman	MT	56	:44:14.33	
6. Mundle, Peter B.	Venice	CA	59	:47:54.02	
7. Cirulnick, Nat	Rosedale	NY	57	:53:46.36	

60-64

1. O'Neil, Jim	La Jolla	CA	62	:36:40.60	
2. Benson, Dick	Fitzgerald	GA	62	:40:22.79	

65-69

1. Mallon, Joseph A.	Portland	OR	66	:42:41.00	

70-74

1. Reese, Paul	Auburn	CA	70	:42:52.13	
2. Keller, Eugene E.	Cincinnati	OH	72	:43:58.00	
3. Cummings, Maury	Kelso	WA	70	:50:06.80	

75-79

1. Loewenstein, Werner L.	Terre Haute	IN	77	:55:24.00	
2. Fike, Byron P.	Tallmadge	OH	79	:59:10.52	
3. Deacon, CDR. Bud	Turner	OR	76	:59:12.20	

WOMEN - 10,000M

30-34

1. Walker, Caroline	Eugene	OR	33	:36:48.33	
2. Vogt, Rebecca	Houston	TX	31	:42:57.63	

35-39

1. Ward, Susan A.	Los Angeles	CA	39	:41:39.78	

40-44

1. Binder, Laurie	Oakland	CA	40	:35:20.59	

50-54

1. Hodges, Joyce K.	Millen	GA	50	:45:57.44	

55-59

1. Anderson, Ruth	Oakland	CA	58	:44:41.17	

65-69

1. Dixon, Pat	Bend	OR	68	:49:58.20	

70-74

1. Mehl, Pearl	Boulder	CO	73	:58:25.98	

75-79

1. Granstrom, Ivy	Vancouver	BC	75	1:02:41.81	

MEN - HIGH HURDLES

30-34

1. McCraney, James	Los Angeles	CA	32	:	:13.54
2. Simmons, Michael	Los Angeles	CA	32	:	:14.05
3. Chriss, Mike	Corvallis	OR	31	:	:14.53
4. Short, Robbie	Marietta	GA	33	:	:15.03
5. Zahn, Robert	Grafton	WI	33	:	:15.34
6. Speaks, Kevin	Pasadena	CA	32	:	:15.75
7. Hudson, Horace K	Rochester	NY	34	:	:16.15

35-39

1. Druckrey, Stan	South Milwaukie	WI	39	:	:14.33
2. Saleem, Dawud	Neptune	NJ	37	:	:14.99
3. Eberhart, Eddie E.	Bedford	TX	35	:	:15.63
4. Hoffman, Gene	Belcamp	MD	36	:	:16.11
5. Roberts, Don	Santa Cruz	CA	37	:	:16.30
6. Hahn, Robert B.	Tyler	TX	35	:	:16.58
7. Burge, Conrad Michael	Phoenix	AZ	36	:	:16.92

40-44

1. Miller, LaMar	Ann Arbor	MI	41	:	:14.71
2. Brinker, Ken	Flanders	NJ	40	:	:14.81
3. Johnston, Frederick	Fremont	CA	41	:	:16.17
4. Groves, Dr. Sheridan	Victoria	TX	40	:	:16.42
5. Troy, K.H.	Mountlake Terrace	WA	41	:	:18.47
6. Busby, William J.	Thomasville	NC	43	:	:18.98

45-49

1. Henry, Alvin	Carson	CA	49	:	:16.24
2. Thorne, Lew	Eugene	OR	48	:	:16.64
3. Benson, William G.	Los Gatos	CA	45	:	:18.33
4. DeWitt, Dee	Fresno	CA	48	:	:18.93

50-54

1. Miller, Charley G.	Euless	TX	50	:	:16.04
2. Mulkey, Phil	Atlanta	GA	54	:	:17.49
3. Stanners, Jerry	Bakersfield	CA	52	:	:18.18
4. Cisneros, Hector	Austin	TX	53	:	:19.74
5. Gray, Don	Talent	OR	52	:	:20.42

55-59

1. Pratt, Lawrence R. Sr.	Cinnaminson	NJ	55	:	:17.70
2. Maxwell, Alan	Eugene	OR	57	:	:19.81
3. Douglass, Dave	Playa del Rey	CA	55	:	:20.21
4. Swanson, Loren			57	:	:32.36

60-64

1. Bradberry, Buck	Auburn	AL	60	:	:15.72
2. Higginbotham, Robert	Visalia	CA	61	:	:17.30
3. Nordquist, Richard J.	Talent	OR	61	:	:17.94
4. Roemer, Bob	El Dorado Hills	CA	62	:	:18.36

65-69

1. Patsalis, Tom	Alhambra	CA	65	:	:17.05
2. Gist, Burl	San Marcos	CA	67	:	:17.62

70-74

1. Miller, Herbert J	Westminster	CA	71	:	:14.70
2. Finger, Frank	Charlottesville	VA	72	:	:15.65
3. Morningstar, Ham	Flint	MI	70	:	:17.21

75-79

1. Hills, Claude	Flourtown	PA	75	:	:16.35
2. Boal, Robert S.	Wake Forest	NC	75	:	:17.60

Continued on next page

Continued from previous page

WOMEN - HIGH HURDLES

40-44

1. Raschker, Phil	Atlanta	GA	40	:11.83

50-54

1. Miller, Christel	Glendale	CA	52	:17.29

55-59

1. Kinsey, Shirley	La Crescenta	CA	58	:17.75

MEN - INTERMEDIATE HURDLES

30-34

1. McCraney, James	Los Angeles	CA	32	:55.95
2. Pannell, Mike	Albuquerque	NM	33	:56.10
3. Simmons, Michael	Los Angeles	CA	32	:56.11
4. Tiffany, Gary	Clifton Springs	NY	33	:56.82
5. Reinhart, Richard	Vancouver	BC	34	:57.12
6. Hudson, Horace K	Rochester	NY	34	:58.45
7. McLaughlin, Greg	Pendleton	OR	31	:59.24
8. Watry, Jeff	Woodbridge	VA	32	:59.29
9. Short, Robbie	Marietta	GA	33	:59.84
10. Nixon, Tim	Liberty	MD	33	1:00.59
11. Wells, Roosevelt	Los Angeles	CA	32	1:01.04
12. Speaks, Kevin	Pasadena	CA	32	1:03.51
13. Hecker, Andrew	Ventura	CA	32	1:04.99
14. Williams, Foots	Beverly Hills	CA	33	1:05.13

35-39

1. Eberhart, Eddie E.	Bedford	TX	35	:54.72
2. Druckrey, Stan	South Milwaukie	WI	39	:55.34
3. Saleem, Dawud	Neptune	NJ	37	:58.28
4. Roberts, Don	Santa Cruz	CA	37	1:01.25
5. Hoffman, Gene	Belcamp	MD	36	1:02.04
6. Burge, Conrad Michael	Phoenix	AZ	36	1:02.91
7. Baker, Harvey	Gresham	OR	38	1:07.74

40-44

1. Morioka, Harold	Langley	BC	44	:59.23
2. Groves, Dr. Sheridan	Victoria	TX	40	1:00.94
3. Reiter, Gordon	Ballwin	MD	41	1:01.31
4. Rauscher, Tom	Pittsford	NY	41	1:02.44

45-49

1. Cain, Ted	Tiburon	CA	45	:58.04
2. Knocke, Bill	Midway City	CA	47	:59.24
3. Adams, Hugh	Selma	CA	47	:59.66
4. Bane, Gary L.	Atwood	CA	49	1:04.55
5. Head, John	Universal City	TX	49	1:07.66
6. Thorne, Lew	Eugene	OR	48	1:09.68
7. Utley, Dr. Robert L.	Atlanta	GA	45	1:09.82
8. Forsyth, John	Medford	OR	48	1:14.84
9. Karbens, Jack	Reno	NV	45	1:22.05

50-54

1. Miller, Charley G.	Euless	TX	50	1:04.74
2. Mulkey, Phil	Atlanta	GA	54	1:07.10
3. Cisneros, Hector	Austin	TX	53	1:10.95

55-59

1. Robinson, Will	Thousand Oaks	CA	56	1:08.02
2. Green, Harold T. Sr.	Richmond	VA	58	1:08.75
3. Hepner, John	Springfield	OR	55	1:10.24

60-64

1. Watanabe, Robert S.	Los Angeles	CA	61	:48.80
2. Nordquist, Richard J.	Talent	OR	61	:50.34
3. Goldsmith, Max	Lewisville	TX	64	:52.12
4. Rowe, Jack	Victoria	BC	62	:53.02

65-69

1. Dahlin, Walter	Chico	CA	66	:55.33

70-74

1. Bulkley, Dan	Phoenix	OR	70	:54.73
2. Morningstar, Ham	Flint	MI	70	:57.19
3. Miller, Herbert J	Westminster	CA	71	:59.90
4. Satti, John	San Francisco	CA	73	1:03.12

75-79

1. Hills, Claude	Flourtown	PA	75	1:01.78
2. Boal, Robert S.	Wake Forest	NC	75	1:05.38

WOMEN - INTERMEDIATE HURDLES

40-44

1. Raschker, Phil	Atlanta	GA	40	1:07.23

35-39

1. Clark, Cassandra M.	Brooklyn	NY	39	1:16.21

MEN - STEEPLECHASE

30-34

1. Hinck, Philip J.	Monmouth Beach	NJ	33	:10:20.80
2. Hunter, David E.	Chula Vista	CA	34	:10:32.50
3. Nixon, Tim	Liberty	MD	33	:10:52.90
4. Hecker, Andrew	Ventura	CA	32	:11:45.10
5. Bledsoe, Larry	Nevada	MO	34	:11:54.90

35-39

1. Cumming, Ian	Chula Vista	CA	36	9:45.80
2. Asselstine, Brian	Surrey	BC	36	:12:15.40
3. Lattarulo, George	Cambridge	MA	39	:14:09.00

40-44

1. Smith, Kevin Maurice	Brooklyn	NY	41	:10:54.50
2. Green, Michael G.	Walnut Creek	CA	41	:10:55.10
3. Norris, Larry	Eugene	OR	42	:11:20.50

45-49

1. Cosgrove, John	Playa Del Rey	CA	49	:12:25.30
2. Shaw, John H.	Davison	MI	45	:12:33.30
3. Finch, Bernie	Newcastle	WY	47	:12:45.70

50-54

1. Foulk, Bill	Bozeman	MT	54	:11:06.10
2. Langenbach, Robert W.	Seattle	WA	50	:11:11.70
3. Haviland, Frank	Wall	NJ	52	:12:05.90
4. Oviatt, Ted	Agoura	CA	53	:12:37.10

55-59

1. Culling, Robert	Hacienda Heights	CA	55	:11:36.10
2. Hepner, John	Springfield	OR	55	:11:48.50
3. Withers, Jerry S.	Los Angeles	CA	57	:13:15.80

60-64

1. Atcheson, Walter	LaVerng	CA	60	9:14.70
2. Peters, Chester E.	Manhattan	KS	64	:10:51.50

65-69

1. Dyas, Tim	Ridgewood	NJ	67	:10:07.30

70-74

1. Keller, Eugene E.	Cincinnati	OH	72	:10:07.60

75-79

1. Boal, Robert S.	Wake Forest	NC	75	:10:45.99

MEN - 5,000 WALK

30-34

1. Barbuzynski, Jozef	Portland	OR	34	:22:40.60
2. Hecker, Andrew	Ventura	CA	32	:29:00.00
3. Kesterson, Kelley J.	Florissant	MO	33	:32:40.90

35-39

1. Funkhouser, Raymond	Toms River	NJ	36	:22:14.90
2. Korn, Bob	Albany	OR	37	:25:00.00
3. Schuster, Neal R.	St. Francis	WI	39	:27:10.30
4. Lattarulo, George	Cambridge	MA	39	:27:29.00
5. Buchanan, Terry	Anacortes	WA	38	:28:49.40
6. Tyrer, Steve	Monmouth	OR	36	:29:44.20
7. McNayr, David	Salem	OR	36	:29:51.80

40-44

1. Keating, Robert	Nashua	NH	40	:23:13.10
2. Browne, Norman E.	Detroit	MI	44	:25:37.90
3. Arthun, Dale	Billings	MT	44	:28:02.30
4. Deakins, Daniel D.	Gaston	OR	44	:28:50.
5. Levy, Frank E.	Bentwood	MO	41	:29:07.80
6. Hanan II, John E.	Boring	OR	44	:31:53.50
7. Jacobsen, Bill P.	Salem	OR	42	:33:48.70

45-49

1. Finch, Bernie	Newcastle	WY	47	:27:01.30
2. Nelson, Joel A.	Belton	MO	49	:27:52.70
3. Bocci, Gerald	Grosse Pointe	MI	49	:28:20.20
4. Brewer, Bob	Yorba Linda	CA	46	:28:21.50
5. Shaw, John H.	Davison	MI	45	:31:03.50
6. Ingram, Fritz	Roseburg	OR	47	:31:36.60

50-54

1. Oliver, Richard	Studio City	CA	50	:26:32.8
2. Wells, Glen B.	Salt Lake City	UT	51	:26:32.80
3. Meador, Bob	Yorba Linda	CA	53	:27:33.80
4. Acosta, Carl	North Hollywood	CA	53	:28:16.00
5. Kaald, Paul K.	Issaquah	WA	54	:29:09.90

55-59

1. Green, Max	Taylor	MI	55	:25:03.40
2. Kelly, John	Santa Monica	CA	57	:27:28.20
3. Krueger, Karl E.	Pacific Grove	CA	56	:27:40.40
4. Bryan, Jim	Port Orchard	WA	55	:28:00.00
5. Peter, George J.	Santa Cruz	CA	59	:33:28.70

60-64

1. Vitucci, Joe	Cincinnati	OH	64	:30:58.90
2. Peters, Chester E.	Manhattan	KS	64	:31:11.90
3. Kavadas, Paul P.	Edmonds	WA	60	:32:44.20
4. Clevenger, Dr. Arthur A.	Sunnyside	WA	64	:36:04.50
5. Davidson, Bob	Fallbrook	CA	64	:38:01.70

Continued on next page

Continued from previous page

65-69

1. Heller, George	Paramus	NJ	65		:29:55.10
2. Dyas, Tim	Ridgewood	NJ	67		:30:03.20
3. Krog, Byron	Eugene	OR	65		:32:49.80
4. Jacobs, Donald V	Tigard	OR	68		:36:04.30
5. Hutchenson, C. L.			65		:39:01.80

70-74

1. Gould, Max	Toronto, Ontario		70		:29:10.10
2. Tallmadge, Bill	Berea	KY	71		:32:22.80
3. Stark, Richard H.	Los Cruces	NM	70		:32:57.60
4. Byers, J. C.	McAllen	TX	73		:35:20.80
5. O'Neal, George B.	Leaburg	OR	70		:37:44.10
6. Strauss, Dave	Honolulu	HI	70		:45:40.60

75-79

1. de Petra, Giulio	Carmel	CA	76		:31:14.00
2. Wallace, Gordon	Prescott	AZ	77		:33:55.20
3. Fike, Byron P.	Tallmadge	OH	79		:35:11.40

80-84

1. Unruh, Ches	Tecate	CA	80		:38:10.10

85-89

1. Spangler, Paul E.	San Luis Obispo	CA	88		:40:27.10

WOMEN - 5,000 WALK

30-34

1. Robertson, Gwen	Redmond	WA	31		:25:43.80
2. Paffumi, Cindy	San Francisco	CA	33		:30:43.30
3. James, Bridget	Lynden	WA	32		:33:25.70
4. Hanauska, Cathy M.	Portland	OR	34		:35:57.80

35-39

1. Sedlak, Viisha	Boulder	CO	38		:26:20.80
2. Frantz-Renshaw, Sharmon E.	Carbondale	IL	37		:27:51.20
3. Green, Lorraine	Lafayette	CO	35		:29:17.40
4. Gelsomini, Barbara	Chula Vista	CA	38		:35:25.00

40-44

1. Bocci, Jeanne	Grosse Pointe Park	MI	44		:27:42.90
2. Finch, Judy	Newcastle	WY	40		:35:26.00
3. Langenbach, Carole	Seattle	WA	42		:35:58.80

45-49

1. Marsh, Lynne T.	Long Beach	CA	48		:30:33.50
2. Lassanyi, Esperanza	Azusa	CA	47		:31:07.00
3. Hoch, Sue	St. Louis	MO	46		:32:03.20
4. Cetta, Bevin G.	Santa Monica	CA	47		:36:14.10

50-54

1. LaVeck, Bev	Seattle	WA	51		:27:06.30
2. Ingram, Shirley	Roseburg	OR	50		:30:23.10
3. Latham, Jill	Panorama City	CA	50		:30:35.30
4. Rhoads, Shirley	Eugene	OR	52		:33:40.00
5. Casler, Patricia L.	Kalamazoo	MI	51		:35:36.50

55-59

1. Eberle, Ruth E	Florissant	MO	56		:28:46.80
2. Leighton, Marilyn	Flagstaff	AZ	57		:46:12.80

60-64

1. Leff, Ruth B.	Milwaukee	WI	60		:32:50.70
2. Henry, Marie	Westwood	NJ	63		:33:03.40
3. Borel, Lisa	Huntington Beach	CA	60		:33:26.50
4. Torney, Dorothy J.	Spokane	WA	64		:36:14.50

65-69

1. Kash, Rose	Manhattan Beach	CA	65		:36:15.50

70-74

1. Tallmadge, Mim	Berea	KY	70		:53:14.10

75-79

1. Crocker, Adaline R.	Honolulu Kuakini	HI	75		:39:00.40

MEN - 20,000 WALK

30-34

1. Barbuzynski, Jozef	Portland	OR	34		1:41:25.2
2. Ermini, Doug	Bellingham	WA	30		2:04:16.2
3. Saiter, Tim	Paris	IL	30		2:13:45.9
4. Kesterson, Kelley J.	Florissant	MO	33		2:24:49.7

35-39

1. Funkhouser, Raymond	Toms River	NJ	36		1:36:15.1
2. Schuster, Neal R.	St. Francis	WI	39		2:01:42.4
3. Lattarulo, George	Cambridge	MA	39		2:06:42.8
4. Tyrer, Steve	Monmouth	OR	36		2:18:39.5

40-44

1. Keating, Robert	Nashua	NH	40		1:38:02.0
2. Brennan, Ron	Phoenix	AZ	40		1:47:47.9
3. Sipes, Victor	Detroit	MI	44		1:47:52.3
4. Browne, Norman E.	Detroit	MI	44		1:48:07.5
5. Arthun, Dale	Billings	MT	44		1:58:12.8
6. Ehrgood, Buck	Spokane	WA	40		2:04:43.5

45-49

1. Bocci, Gerald	Grosse Pointe	MI	49	1:57:52.5
2. Glander, Ed	Seattle	WA	46	1:58:14.1
3. Finch, Bernie	Newcastle	WY	47	1:58:41.3
4. Nelson, Joel A.	Belton	MO	49	1:58:54.3
5. Goolsbee, Arthur	Whittier	CA	47	2:05:36.6
6. Brewer, Bob	Yorba Linda	CA	46	2:06:09.6

50-54

1. Oliver, Richard	Studio City	CA	50	1:53:22.
2. Wells, Glen B.	Salt Lake City	UT	51	1:55:18.1
3. Meador, Bob	Yorba Linda	CA	53	1:58:47.5
4. Acosta, Carl	North Hollywood	CA	53	2:01:20.6
5. Kaald, Paul K.	Issaquah	WA	54	2:06:12.3

55-59

1. Green, Max	Taylor	MI	55	1:45:35.6
2. Kelly, John	Santa Monica	CA	57	1:53:20.6
3. Krueger, Karl E.	Pacific Grove	CA	56	2:00:19.9
4. Bryan, Jim	Port Orchard	WA	55	2:02:41.8
5. Peter, George J.	Santa Cruz	CA	59	2:19:36.9

60-64

1. Vitucci, Joe	Cincinnati	OH	64	2:11:18.8
2. Kavadas, Paul P.	Edmonds	WA	60	2:20:45.3

65-69

1. Heller, George	Paramus	NJ	65	2:07:40.5
2. Dyas, Tim	Ridgewood	NJ	67	2:09:39.8
3. Jacobs, Donald V	Tigard	OR	68	2:38:45.2
4. Yogi, Chuck	Mountain View	HI	67	3:02:00.8

70-74

1. Gould, Max	Toronto, Ontario		70	2:04:20.0
2. Tallmadge, Bill	Berea	KY	71	2:13:57.0

75-79

1. de Petra, Giulio	Carmel	CA	76	2:14:00.5
2. Wallace, Gordon	Prescott	AZ	77	2:26:55.3

WOMEN - 20,000 WALK

30-34

1. Robertson, Gwen	Redmond	WA	31	1:51:38.6

35-39

1. Sedlak, Viisha	Boulder	CO	38	1:50:53.6
2. Green, Lorraine	Lafayette	CO	35	2:07:02.5

40-44

1. Bocci, Jeanne	Grosse Pointe Park	MI	44	1:53:04.7
2. Finch, Judy	Newcastle	WY	40	2:33:38.8

45-49

1. Marsh, Lynne T.	Long Beach	CA	48	2:11:44.2
2. Lassanyi, Esperanza	Azusa	CA	47	2:18:14.7
3. Hoch, Sue	St. Louis	MO	46	2:22:26.7

50-54

1. LaVeck, Bev	Seattle	WA	51	1:56:17.9
2. Latham, Jill	Panorama City	CA	50	2:14:18.3

55-59

1. Eberle, Ruth E	Florissant	MO	56	2:01:38.2

60-64

1. Henry, Marie	Westwood	NJ	63	2:23:27.7
2. Borel, Lisa	Huntington Beach	CA	60	2:25:26.9
3. Torney, Dorothy J.	Spokane	WA	64	2:38:48.4

65-69

1. Kash, Rose	Manhattan Beach	CA	65	2:41:00.

75-79

1. Crocker, Adaline R.	Honolulu Kuakini	HI	75	2:49:17.6

MEN - HIGH JUMP

85-89

1. Crane, Buell R.	Twin Falls	ID	87	3'06
2. Anderson, Dr. Herbert F.	Bellvue	CO	85	3'02

80-84

1. McFadden, Win	San Diego	CA	82	3'04
2. Fox, Benjamin	Phoenix	AZ	82	3'02
3. Van Gelder, Homer W.	Santa Rosa	CA	83	3'00

75-79

1. Hills, Claude	Flourtown	PA	75	3'10
2. Johnston, Carol L.	Whittier	CA	75	3'08
3. Deacon, CDR. Bud	Turner	OR	76	3'08
4. Boal, Robert S.	Wake Forest	NC	75	3'08
5. Powell, Gordon	Holly Hill	FL	78	3'04

70-74

1. Morningstar, Ham	Flint	MI	70	4'04
2. Miller, Herbert J	Westminster	CA	71	3'08

Continued on next page

Continued from previous page

65-69

1.	Gist, Burl	San Marcos	CA	67	4'08
2.	Dahlin, Walter	Chico	CA	66	4'06
3.	Scott, Arnold D.	Missoula	MT	65	4'04
4.	Johnson, Jim	Millbrae	CA	65	4'02
5.	Young, Gilbert	Portland	OR	65	4'00
6.	Wheeler, Kenneth R.	Honolulu	HI	66	4'00
7.	Dover, Myron	Glendale	AZ	67	3'06

60-64

1.	Guth, Harry E.	Perryville	MD	62	4'10
2.	King, Joe	Alameda	CA	61	4'06
3.	Richards, Bob	Santo	TX	61	4'06
4.	Buck, Hal	Aloha	OR	62	4'04
5.	Bradberry, Buck	Auburn	AL	60	4'04
6.	Orndoff, Carl C.	Sonora	CA	60	4'04
7.	Rowe, Jack	Victoria	BC	62	4'02
8.	DeVaughn, Thomas T.	El Segundo	CA	64	3'08

55-59

1.	Wyatt, Herm	Grants Pass	OR	55	5'08
2.	Fischer, A. Jack	Seattle	WA	56	5'00
3.	Palmer, Wendell L.	Pampa	TX	55	5'00
4.	Pratt, Lawrence R. Sr.	Cinnaminson	NJ	55	4'10
5.	Wright, Bill J.	Oklahoma City	OK	56	4'06
6.	Douglass, Dave	Playa del Rey	CA	55	4'04
7.	Litton, Robert	Charleston	OR	56	4'04

50-54

1.	Newton, Milton "Nick" Jr.	Woodland Hills	CA	54	5'06
2.	Langenfeld, Tom	Edina	MN	52	5'02
3.	Smith, Floyd	Clinton	IA	52	5'02
4.	Miller, Charley G.	Euless	TX	50	5'02
5.	Stanners, Jerry	Bakersfield	CA	52	5'00
6.	Mulkey, Phil	Atlanta	GA	54	5'00
7.	Dearholt, Don	Las Cruces	NM	50	5'00
8.	Creson, Harold L	Mesa	AZ	53	4'10
9.	McFetters, Doug	Paradise Valley	AZ	54	4'08
10.	Schlewitz, Jim	Albany	OR	53	4'06

45-49

1.	White, Sammy L.	East Point	GA	49	5'06
2.	Dorsey, Paul B.	Dayton	OH	48	5'04
3.	DeWitt, Dee	Fresno	CA	48	5'04
4.	Akerman, Michael	Portland	OR	46	5'04
5.	Davies, George	Glendale	AZ	46	5'04
6.	Benson, William G.	Los Gatos	CA	45	5'00
7.	Dvorak, Donald	Santa Clara	CA	45	5'00
8.	Head, John	Universal City	TX	49	4'10
9.	Kelly, John G.	Albuquerque	NM	49	4'10
10.	Wallin, Carl	Lebanon	NH	45	4'08

40-44

1.	Sullivan, Kevin	Gladstone	OR	40	5'06
2.	Troy, K.H.	Mountlake Terrace	WA	41	5'02

35-39

1.	Rader, Charlie	Orange	CA	39	6'04
2.	Hawkins, John	N. Vancouver	BC	38	6'02
3.	Christoph, Richard A.	Cincinnati	OH	35	6'00
4.	Olafson, Dennis	Lebanon	OR	39	5'08
5.	Huffstutter, Allen K.	Eugene	OR	39	5'00

30-34

1.	Haynie, Greg	Rock Island	IL	30	6'10
2.	Embree, Melvyn C.	Los Angeles	CA	32	6'06
3.	Evans, Scott	Cincinnati	OH	31	6'06
4.	Fern, Ed	Scotch Plains	NJ	33	6'06
5.	Vincent, Rick	Nampa	ID	31	6'02
6.	Watry, Jeff	Woodbridge	VA	32	6'02
7.	Anderson, Jerry	Tacoma	WA	31	4'08

WOMEN - HIGH JUMP

35-39

1.	Steekelenburg, Annelies	Malibu	CA	39	4'08
2.	Clark, Cassandra M.	Brooklyn	NY	39	4'06

70-74

1.	Bowermaster, Mary L.	Fairfield	OH	70	3'06

65-69

1.	Lercher, Evelyn E.	Enumclaw	WA	67	3'00

50-54

1.	Miller, Christel	Glendale	CA	52	4'00
2.	Graf, Tami	San Diego	CA	51	3'10

45-49

1.	Kea, Essie	Cleveland	OH	49	3'10

40-44

1.	Raschker, Phil	Atlanta	GA	40	5'00
2.	Glass, La Tanya	Los Angeles	CA	40	4'04
3.	Primmer, Cathy	Muncie	IN	44	3'10

MEN - POLE VAULT

75-79

1.	Johnston, Carol L.	Whittier	CA	75	8'00
2.	Hills, Claude	Flourtown	PA	75	7'00
3.	Deacon, CDR. Bud	Turner	OR	76	6'04
4.	Boal, Robert S.	Wake Forest	NC	75	5'08

70-74

1.	Morningstar, Ham	Flint	MI	70	7'08

65-69

1.	Johnson, Jim	Millbrae	CA	65	8'00
2.	Ricciardi, A. U.	Reno	NV	67	7'00
3.	Hintz,Les	Tigard	OR	66	6'04
4.	Dover, Myron	Glendale	AZ	67	6'04
5.	Pelland, A.S.	Victoria	BC	68	6'04

60-64

1.	Richards, Bob	Santo	TX	61	11'04
2.	Brown, Dave	Whittier	CA	64	9'08
3.	Grosh, Don	Bend	OR	62	9'04
4.	Nordquist, Richard J.	Talent	OR	61	9'00
5.	Ensslin, Ted	Porterville	CA	60	9'00
6.	DeVaughn, Thomas T.	El Segundo	CA	64	7'00

55-59

1.	Donley, Jerry	Colorado Springs	CO	57	12'04
2.	Hinkes, Tom	Madison	WI	58	10'08
3.	Douglass, Dave	Playa del Rey	CA	55	9'08
4.	Holmes, Bob	San Diego	CA	58	6'08

50-54

1.	Mulkey, Phil	Atlanta	GA	54	11'08
2.	Dumas, Gerard	Victoria	BC	52	11'04
3.	Stanners, Jerry	Bakersfield	CA	52	10'08
4.	Cisneros, Hector	Austin	TX	53	10'00
5.	Gray, Don	Talent	OR	52	9'08

45-49

1.	Davies, George	Glendale	AZ	46	12'08
2.	Holmes, Larry	Portland	OR	45	12'04
3.	DeWitt, Dee	Fresno	CA	48	10'08
4.	Forsyth, John	Medford	OR	48	9'08
5.	Isham, Gary	Spokane	WA	47	9'08

40-44

1.	Harvey, Rex J.	Des Moines	IA	41	14'08
2.	Neutzling, Bob	Jacksonville	FL	43	14'04
3.	Morris, Mike	Santa Maria	CA	43	13'08
4.	Hotaling, Bruce P.	Rohnert Park	CA	43	13'08
5.	Polhamus, Charlie	Fitzgerald	GA	43	13'08
6.	Rauscher, Tom	Pittsford	NY	41	13'00
7.	Perkins,Bruce G.	Overton	NV	41	12'04
8.	Busby, William J.	Thomasville	NC	43	12'00
9.	Stepp, Richard	Arcata	CA	42	11'04
10.	Griffin, Don	Eugene	OR	40	9'04

35-39

1.	Pullard, Robert	Northridge	CA	36	15'00
2.	Christoph, Richard A.	Cincinnati	OH	35	14'08
3.	Knapp, Don	Rolla	MO	36	14'04
4.	Mikos, Mike	Battleground	WA	39	14'04
5.	Monahan, Mike	Gresham	OR	38	14'04
6.	Jones, Stuart	Vashon	WA	39	14'00
7.	Roblee, Kenneth J.	Farmersville Station	NY	35	14'00
8.	Hulbert, Reg	Spokane	WA	37	12'00

30-34

1.	Bockmiller, Doug	Piedmont	CA	31	16'06
2.	Olssen, Robert	Walnut Creek	CA	31	16'00
3.	Winters, John J.	Seattle	WA	32	16'00
4.	Boyak, Craig	Albany	CA	33	15'00
5.	McGinnis, Peter M.	Eugene	OR	32	15'00
6.	McGinnis, Michael G.	Matthews	NC	32	14'04
7.	Fountain, James P.	Longview	TX	30	14'00
8.	Soohoo, Wilson	Sacramento	CA	31	14'00

MEN - LONG JUMP

85-89

1.	Anderson, Dr. Herbert F.	Bellvue	CO	85	8'05 0/0
2.	Crane, Buell R.	Twin Falls	ID	87	8'02 0/0

80-84

1.	Fox, Benjamin	Phoenix	AZ	82	9'08 1/4
2.	McFadden, Win	San Diego	CA	82	9'00 3/4
3.	McArdle, Harry A.	Rego Park	NY	81	8'11 2/4
4.	Van Gelder, Homer W.	Santa Rosa	CA	83	6'08 2/4

75-79

1.	Hills, Claude	Flourtown	PA	75	13'01 0/0
2.	Gaines, Jeremiah	Chesapeake	VA	75	12'10 0/0
3.	Joslin, Leon A.	Seattle	WA	75	11'01 2/4
4.	Deacon, CDR. Bud	Turner	OR	76	9'05 3/4

70-74

1.	Morales, William	Anaheim	CA	70	14'10 1/4
2.	Sorlien, Robert P. "Sparks"	West Kingston	RI	70	14'05 1/4
3.	Miller, Herbert J	Westminster	CA	71	12'08 3/4
4.	Morningstar, Ham	Flint	MI	70	12'07 2/4
5.	Satti, John	San Francisco	CA	73	12'05 0/0
6.	Lightfoot, Milo W.	Warsaw	IN	73	11'08 1/4
7.	Trahan, Clarence	Anaheim	CA	72	11'08 0/0

Continued on next page

Continued from previous page

65-69

1.	Patsalis, Tom	Alhambra	CA	65	17'03 /
2.	Morcom, Boo	Wilmot Flat	NH	66	16'04 0/0
3.	Johnson, Jim	Millbrae	CA	65	14'09 3/4
4.	Bronson, Bill	Warrenton	OR	65	12'10 0/0

60-64

1.	Bradberry, Buck	Auburn	AL	60	17'01 2/4
2.	Robinson, Hal E.	Findlay	OH	60	16'02 0/0
3.	Roemer, Bob	El Dorado Hills	CA	62	15'03 0/0
4.	Ensslin, Ted	Porterville	CA	60	14'10 1/4

55-59

1.	Jackson, Dave	Carson	CA	55	19'02 0/0
2.	Fischer, A. Jack	Seattle	WA	56	16'06 1/2
3.	Daehler, Ralph	Kapaa	HI	55	16'04 1/2
4.	Skartvedt, Darrold	Seattle	WA	56	16'02 1/2
5.	Brenda, Al	Turlock	CA	59	15'07 1/4
6.	Palmer, Wendell L.	Pampa	TX	55	15'03 0/0
7.	Carstensen, Pay	Babylon	NY	55	15'02 1/4
8.	Nasralla, Anthony	Lakewood	CA	55	14'11 0/0
9.	Maxwell, Alan	Eugene	OR	57	14'08 0/0
10.	Afremow, Art	Portland	OR	55	14'07 1/4
11.	Wright, Bill J.	Oklahoma City	OK	56	13'11 1/4

50-54

1.	Schmidt, Rick	San Diego	CA	50	18'09 1/2
2.	Mulkey, Phil	Atlanta	GA	54	17'10 1/4
3.	Washington, Booker T.	La Puente	CA	50	17'07 3/4
4.	Pistone, John	Belmont	MA	54	16'06 1/2
5.	Bohigian, Haig	N. Tarrytown	NY	51	16'02 3/4
6.	MacLeod, Norman	Ridgefield	WA	51	15'09 3/4
7.	Hafner, Peter	Eugene	OR	50	14'04 0/0

45-49

1.	Horn, Darrell	Lafayette	CA	47	20'10 1/2
2.	Cain, Ted	Tiburon	CA	45	19'02 3/4
3.	Henry, Alvin	Carson	CA	49	19'02 1/4
4.	Dyes, Jerry	Ruston	LA	46	19'01 0/0
5.	White, Sammy L.	East Point	GA	49	18'07 1/4
6.	Struna, Frank	Kalispell	MT	46	18'07 1/2
7.	Dorsey, Paul B.	Dayton	OH	48	18'03 1/4
8.	Dvorak, Donald	Santa Clara	CA	45	18'02 3/4
9.	Kelly, John G.	Albuquerque	NM	49	17'11 3/4
10.	DeWitt, Dee	Fresno	CA	48	16'08 1/4
11.	Lawson, John	Orange Cove	CA	46	16'08 0/0
12.	McClain, LeRoy	Shaker Heights	OH	48	16'03 1/2
13.	Benson, William G.	Los Gatos	CA	45	15'07 3/4
14.	Karbens, Jack	Reno	NV	45	15'07 0/0
15.	Johnson, Joe A.	Portland	OR	45	15'01 3/4

40-44

1.	Flowers, Carl	Santa Monica	CA	40	20'04 1/2
2.	Brinker, Ken	Flanders	NJ	40	20'03 3/4
3.	Harvey, Rex J.	Des Moines	IA	41	19'04 1/4
4.	Troy, K.H.	Mountlake Terrace	WA	41	19'02 0/0
5.	Norton, John T.	Lake Oswego	CA	42	18'10 0/0
6.	Reiter, Gordon	Ballwin	MO	41	17'09 0/0
7.	Silver, Neil	Albuquerque	NM	42	11'10 1/2

35-39

1.	Trujillo, Roger	Orange Cove	CA	37	21'08 1/4
2.	Pietka, David	Portland	OR	36	20'09 3/4
3.	Thornsley, Scott	Camp Hill	PA	35	18'01 3/4

30-34

1.	Stanley, Leotha	Madison	WI	31	24'03 0/4
2.	Kruse, Randy	Albany	OR	34	22'00 0/0
3.	Vollmer, Larry E.	New Orleans	LA	34	21'07 1/2
4.	Lariza, Mike	Portland	OR	31	21'04 1/2
5.	LaBeau, Tim	Highland Park	IL	32	21'03 1/2
6.	Rotella, Tony	Tulare	CA	32	19'09 3/4
7.	Schmidt, Gary	Santa Rosa	CA	34	18'09 0/0

WOMEN - LONG JUMP

75-79

1.	Mendyka, Edith	Tujunga	CA	76	7'00 0/0

70-74

1.	Bowermaster, Mary L.	Fairfield	OH	70	11'05 3/4
2.	Hicks, Burnis	Amarillo	TX	74	6'03 1/4

65-69

1.	Lercher, Evelyn E.	Enumclaw	WA	67	8'04 2/4
2.	Crane, Irene	Milwaukie	OR	69	6'03 0/0

60-64

1.	Sullivan, Josephine Y.	Greer	SC	62	10'03 0/0

55-59

1.	Kinsey, Shirley	La Crescenta	CA	58	11'02 1/2

50-54

1.	Obera, Irene R.	Fremont	CA	53	13'06 1/2
2.	Redfield, Susan	Marblehead	MA	51	12'10 3/4
3.	MacLeod, Caroline	Ridgefield	WA	51	10'06 1/2
4.	Stiegelmeier, Sallie	Berea	OH	54	9'05 3/4

45-49

1.	Carter, Ann	Augusta	GA	45	12'05 0/0
2.	Davis, Nancy A.	Hillsboro	OR	49	12'00 1/2
3.	Luker, Mary	Austin	TX	45	10'08 1/2
4.	Stewart, Barbara	Rochester	NY	45	9'11 /

40-44

1.	Raschker, Phil	Atlanta	GA	40	18'08 3/4

35-39

1.	Clark, Cassandra M.	Brooklyn	NY	39	14'00 0/0
2.	Sills, Lorraine	Bronx	NY	36	13'11 1/4
3.	Silver, Clara	Albuquerque	NM	38	11'09 2/4

30-34

1.	Seeley, Catherine	Klamath Falls	OR	33	15'05 3/4
2.	Mehmedbasich, Cheng-er	Crockett	CA	31	12'05 0/0

MEN - TRIPLE JUMP

85-89

1.	Anderson, Dr. Herbert F.	Bellvue	CO	85	19'03 3/4

80-84

1.	Fox, Benjamin	Phoenix	AZ	82	23'03 1/2
2.	McFadden, Win	San Diego	CA	82	20'09 0/0
3.	Van Gelder, Homer W.	Santa Rosa	CA	83	15'01 3/4

75-79

1.	Hills, Claude	Flourtown	PA	75	25'08 1/4
2.	Deacon, CDR. Bud	Turner	OR	76	21'02 0/0
3.	Powell, Gordon	Holly Hill	FL	78	18'10 3/4

70-74

1.	Sorlien, Robert P. "Sparks"	West Kingston	RI	70	29'02 1/2
2.	Morningstar, Ham	Flint	MI	70	25'06 3/4
3.	Miller, Herbert J	Westminster	CA	71	25'04 1/2
4.	Satti, John	San Francisco	CA	73	25'01 1/4
5.	White, Fred A.	Duncanville	TX	74	24'10 1/2

65-69

1.	Patsalis, Tom	Alhambra	CA	65	34'04 3/4
2.	Elias, Baruch	Long Beach	CA	66	29'07 1/4
3.	Johnson, Jim	Millbrae	CA	65	29'06 1/2

60-64

1.	Bradberry, Buck	Auburn	AL	60	33'10 3/4
2.	Ensslin, Ted	Porterville	CA	60	30'09 0/0
3.	Robinson, Hal E.	Findlay	OH	60	29'03 3/4

55-59

1.	Jackson, Dave	Carson	CA	55	40'06 0/0
2.	Carstensen, Pay	Babylon	NY	55	30'10 1/4
3.	Palmer, Wendell L.	Pampa	TX	55	30'09 1/4
4.	Nasralla, Anthony	Lakewood	CA	55	28'01 3/4

50-54

1.	Mulkey, Phil	Atlanta	GA	54	37'05 1/4
2.	Bohigian, Haig	N. Tarrytown	NY	51	35'10 2/4
3.	McFetters, Doug	Paradise Valley	AZ	54	35'06 0/0
4.	Langenfeld, Tom	Edina	MN	52	34'11 3/4
5.	Legend, Onomatapoeia E.	San Francisco	CA	50	34'01 0/0
6.	Stanners, Jerry	Bakersfield	CA	52	31'05 3/4
7.	Smith, Floyd	Clinton	IA	52	26'06 1/4

45-49

1.	Horn, Darrell	Lafayette	CA	47	41'10 3/4
2.	Henry, Alvin	Carson	CA	49	40'07 0/0
3.	Struna, Frank	Kalispell	MT	46	39'02 1/4
4.	Sandvold, Wayne	Portland	OR	47	38'08 3/4
5.	Dvorak, Donald	Santa Clara	CA	45	37'05 0/0
6.	Corcoran, Joe	West Vancouver	BC	46	37'01 3/4
7.	Lawson, John	Orange Cove	CA	46	36'09 3/4
8.	DeWitt, Dee	Fresno	CA	48	35'09 1/2
9.	White, Sammy L.	East Point	GA	49	34'11 0/0
10.	Karbens, Jack	Reno	NV	45	29'03 1/4
11.	Head, John	Universal City	TX	49	9'07 /

40-44

1.	Gillespie, John	Eugene	OR	41	42'06 1/4
2.	Brame, Herman L.	Portland	OR	42	38'07 3/4
3.	Troy, K.H.	Mountlake Terrace	WA	41	37'10 3/4
4.	Silver, Neil	Albuquerque	NM	42	37'08 1/2

35-39

1.	Trujillo, Roger	Orange Cove	CA	37	45'11 1/4
2.	Rodenbeck, Larry	West Plains	MO	38	44'01 1/2
3.	Woolfolk, Gerald A.	Ann Arbor	MI	38	41'11 1/4
4.	Thornsley, Scott	Camp Hill	PA	35	41'11 1/4

30-34

1.	Stanley, Leotha	Madison	WI	31	48'08 3/4
2.	Lariza, Mike	Portland	OR	31	48'05 1/4
3.	LaBeau, Tim	Highland Park	IL	32	42'04 0/0
4.	Rotella, Tony	Tulare	CA	32	42'01 1/2
5.	Vollmer, Larry E.	New Orleans	LA	34	40'11 0/0
6.	Schmidt, Gary	Santa Rosa	CA	34	37'10 1/2
7.	Watry, Jeff	Woodbridge	VA	32	37'06 3/4
8.	Hecker, Andrew	Ventura	CA	32	36'04 0/0

WOMEN - TRIPLE JUMP

35-39

1.	Silver, Clara	Albuquerque	NM	38	25'10 3/4

60-64

1.	Sullivan, Josephine Y.	Greer	SC	62	20'02 1/4

Continued on next page

Continued from previous page

50-54

1.	Miller, Christel	Glendale	CA	52	27'02 1/2
2.	Redfield, Susan	Marblehead	MA	51	24'06 1/4

45-49

1.	Schutt, Lori	West Linn	OR	45	24'05 0/0
2.	Carter, Ann	Augusta	GA	45	24'03 1/2
3.	Stewart, Barbara	Rochester	NY	45	22'10 1/2

40-44

1.	Raschker, Phil	Atlanta	GA	40	36'07 1/2
2.	Sullivan, Bonnie	Gladstone	OR	40	24'03 3/4

MEN - SHOT

85-89

1.	Crane, Buell R.	Twin Falls	ID	87	25'00 0/0
2.	Anderson, Dr. Herbert F.	Bellvue	CO	85	23'08 3/4

80-84

1.	DeGroot, Burt	San Clemente	CA	80	26'10 0/0
2.	Baker, Bill	Paignton, Devon		82	23'11 3/4
3.	Salisbury, Earl C.	San Diego	CA	83	23'06 3/4
4.	McArdle, Harry A.	Rego Park	NY	81	20'08 0/0
5.	Van Gelder, Homer W.	Santa Rosa	CA	83	18'01 0/0

75-79

1.	Joslin, Leon A.	Seattle	WA	75	32'03 1/2
2.	Bost, Ed L.	Arlington	TX	75	27'02 0/0
3.	Hunter, Robert C.	Beaverton	OR	76	25'06 3/4
4.	Powell, Gordon	Holly Hill	FL	78	24'05 0/0

70-74

1.	Carter, Ross	Eugene	OR	73	42'00 3/4
2.	Morningstar, Ham	Flint	MI	70	37'05 1/4
3.	Shaw, Elmer	Syracuse	NY	70	36'08 1/4
4.	Lightfoot, Milo W.	Warsaw	IN	73	29'06 0/0

65-69

1.	Cumley, Donald	Ennis	MT	67	38'06 0/0
2.	Scott, Arnold D.	Missoula	MT	65	37'09 1/2
3.	Castaneda, E.J."Mike"	Anaheim Hills	CA	68	37'08 1/2
4.	McDermott, Tom	Bradenton	FL	69	35'02 1/2
5.	Stone, Bob	Kensington	CA	67	33'02 1/2
6.	Siefert, Jerry R.	San Diego	CA	69	31'08 0/0
7.	Ricciardi, A. U.	Reno	NV	67	30'07 3/4
8.	Wheeler, Kenneth R.	Honolulu	HI	66	30'03 1/2

60-64

1.	Brusca, Phil	Maryland Heights	MO	60	45'01 3/4
2.	Bangert, Bill	Tustin	CA	63	43'08 3/4
3.	Richards, Bob	Santo	TX	61	41'10 0/0
4.	Walmroth, Bill	Southfield	MI	63	40'07 1/2
5.	Orlich, Michael	Zephyr Cove	NV	61	40'05 1/2
6.	Williams, Harvey	Mountlake Terrace	WA	62	35'10 0/0
7.	Henry, Don	Westwood	NJ	60	31'10 3/4
8.	Stein, Dr. Jacob	Louisville	KY	63	29'01 0/0
9.	Tillman, Donald C.	Florence	OR	63	28'00 0/0
10.	Wilson, Jake	Eugene	OR	64	19'09 0/0

55-59

1.	Blair, Clifford	Hingham	MA	57	43'08 1/2
2.	Olson, Leonard T.	RD3 Endwell	NY	56	41'08 3/4
3.	Palmer, Wendell L.	Pampa	TX	55	41'07 1/4
4.	Wassam, Ted	Palo Alto	CA	55	40'09 1/2
5.	Hawke, Harry	San Diego	CA	58	40'08 3/4
6.	Carstensen, Pay	Babylon	NY	55	36'05 3/4
7.	Wallace, Hal	Placentia	CA	59	36'03 1/2
8.	Sears, S.E.	Jacksonville	OR	57	31'08 1/2

50-54

1.	Hart, James A.	Walnut Creek	CA	50	47'06 1/4
2.	Smart, Doug	Seattle	WA	50	46'04 0/0
3.	Martin, Ray	Burbank	CA	51	45'01 1/2
4.	Wenig, Jeffrey	Dix Hills	NY	50	44'00 1/2
5.	Wesselowski, Tom	Wichita	KS	52	42'11 1/2
6.	Scudieri, Philip F.	Annandale	VA	51	39'05 3/4
7.	Kintish, Martin	Middletown	NY	54	37'11 1/2
8.	Beckham, Joe	Ft. Scott	KS	50	34'03 1/2

45-49

1.	Wallin, Carl	Lebanon	NH	45	50'04 1/2
2.	Brown, Richard	Medford	OR	47	48'05 1/2
3.	Dyes, Jerry	Ruston	LA	46	43'02 1/4
4.	Gambill, John	Vancouver	WA	45	42'00 3/4
5.	Hotchkiss, Richard	Grass Valley	CA	48	39'06 0/0
6.	Hameroff, Steve	Pikesville	MD	47	39'01 1/4
7.	White, John O.	Fullerton	CA	49	35'07 3/4
8.	Roy, Robert L.	Seattle	WA	48	34'00 0/0
9.	Kondrasuk, Jack	Portland	OR	45	30'00 3/4
10.	White, Thomas H.	Issaquah	WA	48	27'04 0/0
11.	Dean, Roger	Bainbridge Island	WA	48	25'04 3/4

40-44

1.	Hill, Edward M.	Birmingham	AL	44	53'04 1/2
2.	Gage, Thomas	Billings	MT	44	46'10 1/4
3.	Hotte, Luke	Bridport	VT	40	46'04 3/4
4.	Neville, Allan J.	Concord	NH	43	41'07 1/4

35-39

1.	Kamla, Roger	Beaumont	TX	35	49'06 1/4
2.	Reilly, Frank	West Hills	CA	39	47'01 1/2
3.	Kelmenson, Gary	San Jose	CA	37	37'08 3/4
4.	Slovinec, John Jan	Portland	OR	35	32'05 3/4

30-34

1.	Pendleton, William B.	Yorba Linda	CA	34	51'10 1/2
2.	Gorbet, Richard I.	Reno	NV	33	49'05 3/4
3.	Burns, Patrick A.	Oak Creek	WI	34	49'02 1/4
4.	Moore, Mike	Alameda	CA	32	44'02 0/0
5.	Mengeling, Dennis G.	Sun Prairie	WI	34	43'09 1/4
6.	Schmidt, Gary	Santa Rosa	CA	34	40'08 1/4
7.	Watry, Jeff	Woodbridge	VA	32	32'02 3/4

WOMEN - SHOT

35-39

1.	Stratton, Joan V.	South Lake Tahoe	CA	35	39'10 3/4
2.	Clair-Searcy, Betty	Bronx	NY	36	31'01 1/4
3.	Schoenefeld, Kay	Albuquerque	NM	39	30'00 1/4
4.	Halls, Joyce	Bronx	NY	38	23'04 0/0

75-79

1.	Mendyka, Edith	Tujunga	CA	76	23'06 0/0

65-69

1.	Stevens, Jean	Cheney	WA	69	16'02 3/4

55-59

1.	Kinsey, Shirley	La Crescenta	CA	58	26'11 3/4

50-54

1.	Larney, Marjorie	Oakland	CA	50	34'10 1/4
2.	Ingram, Shirley	Roseburg	OR	50	31'10 1/4
3.	Miller, Christel	Glendale	CA	52	31'05 3/4
4.	Cirulnick, Ann	Rosedale	NY	52	29'02 0/0
5.	Johnson, Alexandria	Bronx	NY	51	25'04 0/0
6.	Stiegelmeier, Sallie	Berea	OH	54	19'04 1/4

45-49

1.	Huff, Karen M.	Wilmette	IL	45	28'09 3/4
2.	Rosenfeld, Dr. Alita	Nicasio	CA	45	26'05 1/2
3.	Stewart, Barbara	Rochester	NY	45	19'01 1/2
4.	Carter, Ann	Augusta	GA	45	19'00 3/4
5.	Bradbury, Virginia	Clackamas	OR	47	18'08 0/0

40-44

1.	Struppeck, Lurline Hamilton	Baton Rouge	LA	40	33'06 0/0
2.	Priest, Mary	Eugene	OR	43	28'04 1/4
3.	Glass, La Tanya	Los Angeles	CA	40	27'04 1/2

85-89 MEN - DISCUS

1.	Crane, Buell R.	Twin Falls	ID	87	66'00

80-84

1.	DeGroot, Burt	San Clemente	CA	80	91'04
2.	Fox, Benjamin	Phoenix	AZ	82	81'04
3.	McFadden, Win	San Diego	CA	82	72'11
4.	Salisbury, Earl C.	San Diego	CA	83	66'02
5.	McArdle, Harry A.	Rego Park	NY	81	56'07

75-79

1.	Joslin, Leon A.	Seattle	WA	75	110'09
2.	Carnine, Ken	Gold River	CA	79	92'07
3.	Powell, Gordon	Holly Hill	FL	78	82'05

70-74

1.	Carter, Ross	Eugene	OR	73	132'01
2.	Shaw, Elmer	Syracuse	NY	70	123'03
3.	Morales, William	Anaheim	CA	70	112'10
4.	Morningstar, Ham	Flint	MI	70	111'03

65-69

1.	Castaneda, E.J."Mike"	Anaheim Hills	CA	68	145'00
2.	McDermott, Tom	Bradenton	FL	69	137'07
3.	Booth, Hy	San Mateo	CA	69	136'07
4.	Cumley, Donald	Ennis	MT	67	129'05
5.	Slovenski, Walter	Lewiston	ME	67	127'10
6.	Stone, Bob	Kensington	CA	67	124'07
7.	Dover, Myron	Glendale	AZ	67	114'09
8.	Morcom, Boo	Wilmot Flat	NH	66	104'06
9.	Siefert, Jerry R.	San Diego	CA	69	103'01
10.	Wheeler, Kenneth R.	Honolulu	HI	66	99'04
11.	Ricciardi, A. U.	Reno	NV	67	99'00

60-64

1.	Richards, Bob	Santo	TX	61	165'02
2.	Walmroth, Bill	Southfield	MI	63	141'07
3.	Pickarts, Del	Ventura	CA	60	141'05
4.	Brusca, Phil	Maryland Heights	MO	60	139'08
5.	Bangert, Bill	Tustin	CA	63	139'05
6.	Orlich, Michael	Zephyr Cove	NV	61	123'02
7.	Williams, Harvey	Mountlake Terrace	WA	62	118'07
8.	Stein, Dr. Jacob	Louisville	KY	63	116'09
9.	Buck, Hal	Aloha	OR	62	112'05
10.	Peters, Robert L.	Carrell	OH	63	104'07
11.	Henry, Don	Westwood	NJ	60	97'11
12.	Tillman, Donald C.	Florence	OR	63	92'09

Continued on next page

Continued from previous page

55-59

1.	Palmer, Wendell L.	Pampa	TX	55	153'01
2.	Hawke, Harry	San Diego	CA	58	136'10
3.	Olson, Leonard T.	RD3 Endwell	NY	56	131'02
4.	Wallace, Hal	Placentia	CA	59	122'01
5.	Allison, Tom	Eugene	OR	57	116'03
6.	Sears, S.E.	Jacksonville	OR	57	111'03
7.	Wassam, Ted	Palo Alto	CA	55	104'11
8.	Carstensen, Pay	Babylon	NY	55	102'02
9.	Wojcik, Jerry	Granada Hills	CA	57	92'05

50-54

1.	Humphreys, Bob	Glendale	CA	51	160'05
2.	Thomson, Stewart	Los Olivos	CA	54	159'06
3.	Kintish, Martin	Middletown	NY	54	155'08
4.	Hart, James A.	Walnut Creek	CA	50	149'02
5.	Scudieri, Philip F.	Annandale	VA	51	137'09
6.	Wesselowski, Tom	Wichita	KS	52	133'06
7.	Saling, Neil	Portland	OR	51	123'09
8.	Woodhead, Joseph	Lewiston	ME	53	107'00
9.	Dumas, Gerard	Victoria	BC	52	101'06

45-49

1.	Higgins, Lloyd	Azusa	CA	45	164'00
2.	Pratt, Larry R.	Newark	DE	46	159'02
3.	Brown, Richard	Medford	OR	47	143'07
4.	Roy, Robert L.	Seattle	WA	48	123'05
5.	Davies, George	Glendale	AZ	46	116'04
6.	Karbens, Jack	Reno	NV	45	104'05
7.	Orsini, Joe	Fair Oaks	CA	48	101'00
8.	White, John D.	Fullerton	CA	49	99'08
9.	Dean, Roger	Bainbridge Island	WA	48	82'00
10.	White, Thomas H.	Issaquah	WA	48	81'10

40-44

1.	Hill, Edward M.	Birmingham	AL	44	156'03
2.	Gage, Thomas	Billings	MT	44	142'01
3.	Hotte, Luke	Bridport	VT	40	131'07
4.	Truckenbrod, Sid	Colgate	WI	43	124'09
5.	Neville, Allan J.	Concord	NH	43	118'04

35-39

1.	Umshler, Dennis	Albuquerque	NM	35	163'01
2.	Kamla, Roger	Beaumont	TX	35	152'09
3.	Reilly, Frank	West Hills	CA	39	152'07
4.	Weaver, Glenn P.	Jersey City	NJ	39	116'00
5.	Kelmenson, Gary	San Jose	CA	37	114'03
6.	Slovinec, John Jan	Portland	OR	35	109'09

30-34

1.	Mengeling, Dennis G.	Sun Prairie	WI	34	147'06
2.	Moore, Mike	Alameda	CA	32	139'11
3.	Carline, Dennis	Portland	OR	31	133'06
4.	Burns, Patrick A.	Oak Creek	WI	34	131'04
5.	Schmidt, Gary	Santa Rosa	CA	34	127'02
6.	Gorbet, Richard I.	Reno	NV	33	125'10

WOMEN - DISCUS

35-39

1.	Stratton, Joan V.	South Lake Tahoe	CA	35	126'06

75-79

1.	Mendyka, Edith	Tujunga	CA	76	50'10

70-74

1.	Bowermaster, Mary L.	Fairfield	OH	70	53'00

55-59

1.	Kinsey, Shirley	La Crescenta	CA	58	77'06

50-54

1.	Larney, Marjorie	Oakland	CA	50	97'03
2.	Miller, Christel	Glendale	CA	52	82'09
3.	Youngs, Joan C.	Tolland	CT	50	74'02
4.	Cirulnick, Ann	Rosedale	NY	52	71'04

45-49

1.	Rosenfeld, Dr. Alita	Nicasio	CA	45	79'11
2.	Huff, Karen M.	Wilmette	IL	45	76'10
3.	Thielman, Marti	Vancouver	WA	49	64'05
4.	Carter, Ann	Augusta	GA	45	55'04

40-44

1.	Priest, Mary	Eugene	OR	43	111'04
2.	Struppeck, Lurline Hamilton	Baton Rouge	LA	40	107'05

MEN - HAMMER

35-39

1.	Arcaro, Ed	Long Beach	CA	39	189'11
2.	Healy, Pat	Talent	OR	37	154'06
3.	Kelmenson, Gary	San Jose	CA	37	148'10
4.	Daniels, Edward W.	Chester	NH	35	146'11
5.	Reilly, Frank	West Hills	CA	39	140'07
6.	Dahl, Leon	Veneta	OR	39	99'09

85-89

1.	Crane, Buell R.	Twin Falls	ID	87	54'03

75-79

1.	Hunter, Robert C.	Beaverton	OR	76	73'11 1/2
2.	Bost, Ed L.	Arlington	TX	75	58'01 3/4

70-74

1.	Shaw, Elmer	Syracuse	NY	70	124'07 0/0
2.	Fowler, Nolan	Cookeville	TN	73	116'00 0/0
3.	Collins, Charles R.	Salem	OR	71	82'11 0/0
4.	Morningstar, Ham	Flint	MI	70	81'11 1/2

65-69

1.	Jenkins, Walter	Victoria	BC	66	128'01 0/0
2.	McDermott, Tom	Bradenton	FL	69	125'09 0/0
3.	Slovenski, Walter	Lewiston	ME	67	120'08 0/0
4.	Stone, Bob	Kensington	CA	67	106'03 0/0
5.	Ricciardi, A. U.	Reno	NV	67	87'06 0/0

60-64

1.	Richards, Bob	Santo	TX	61	147'05 0/0
2.	Walmroth, Bill	Southfield	MI	63	131'11 0/0
3.	Bangert, Bill	Tustin	CA	63	123'09 0/0
4.	Stein, Dr. Jacob	Louisville	KY	63	111'05 0/0
5.	Brusca, Phil	Maryland Heights	MO	60	105'10 0/0
6.	Henry, Don	Westwood	NJ	60	75'04 3/4
7.	Williams, Harvey	Mountlake Terrace	WA	62	65'07 1/2

55-59

1.	Blair, Clifford	Hingham	MA	57	163'08 0/0
2.	Olson, Leonard T.	RD3 Endwell	NY	56	129'10 0/0
3.	Carstensen, Pay	Babylon	NY	55	118'07 0/0
4.	Douglass, Dave	Playa del Rey	CA	55	108'07 0/0
5.	Wojcik, Jerry	Granada Hills	CA	57	90'00 0/0

50-54

1.	Thomson, Stewart	Los Olivos	CA	54	153'03 0/0
2.	Woodhead, Joseph	Lewiston	ME	53	142'03 0/0
3.	Humphreys, Bob	Glendale	CA	51	130'11 0/0
4.	Miller, Frank	Portland	OR	53	129'04 0/0
5.	Hart, James A.	Walnut Creek	CA	50	124'06 0/0
6.	Wesselowski, Tom	Wichita	KS	52	116'00 0/0

45-49

1.	Higgins, Lloyd	Azusa	CA	45	152'09 0/0
2.	Orsini, Joe	Fair Oaks	CA	48	108'10 0/0
3.	White, John D.	Fullerton	CA	49	102'11 0/0
4.	Karbens, Jack	Reno	NV	45	95'00 0/0

40-44

1.	Gage, Thomas	Billings	MT	44	194'08 0/0
2.	Neville, Allan J.	Concord	NH	43	123'07 0/0

WOMEN - HAMMER

35-39

1.	Stratton, Joan V.	South Lake Tahoe	CA	35	118'05 0/0

40-44

1.	Struppeck, Lurline Hamilton	Baton Rouge	LA	40	55'03 3/4

MEN - JAVELIN

85-89

1.	Anderson, Dr. Herbert F.	Bellvue	CO	85	66'00
2.	Crane, Buell R.	Twin Falls	ID	87	55'00

80-84

1.	Baker, Bill	Paignton, Devon		82	66'05
2.	Salisbury, Earl C.	San Diego	CA	83	50'02
3.	McArdle, Harry A.	Rego Park	NY	81	40'06

75-79

1.	Carnine, Ken	Gold River	CA	79	87'00
2.	Joslin, Leon A.	Seattle	WA	75	75'11
3.	Bost, Ed L.	Arlington	TX	75	68'11

70-74

1.	Morales, William	Anaheim	CA	70	157'09
2.	Morningstar, Ham	Flint	MI	70	109'11
3.	Lightfoot, Milo W.	Warsaw	IN	73	93'01

65-69

1.	Nordgren, Gordon	Covington	LA	68	122'10
2.	Siefert, Jerry R.	San Diego	CA	69	119'05
3.	Scott, Arnold D.	Missoula	MT	65	113'01
4.	Stone, Bob	Kensington	CA	67	105'06
5.	Morcom, Boo	Wilmot Flat	NH	66	96'11
6.	Ricciardi, A. U.	Reno	NV	67	93'06

60-64

1.	Pickarts, Del	Ventura	CA	60	176'08
2.	Brusca, Phil	Maryland Heights	MO	60	133'05
3.	Williams, Harvey	Mountlake Terrace	WA	62	124'01
4.	Stein, Dr. Jacob	Louisville	KY	63	113'01
5.	Richards, Bob	Santo	TX	61	110'05
6.	Wilson, Jake	Eugene	OR	64	64'07

Continued on next page

Continued from previous page

55-59

1. Shields, Jack	Atlanta	GA	57	151'05
2. Flaherty, Bob	Hadlock	WA	55	136'11
3. Palmer, Wendell L.	Pampa	TX	55	132'10
4. Olson, Leonard T.	RD3 Endwell	NY	56	117'06
5. Wallace, Hal	Placentia	CA	59	115'09
6. Allison, Tom	Eugene	OR	57	104'08
7. Carstensen, Pay	Babylon	NY	55	104'02

50-54

1. Conley, Phil	Woodside	CA	52	168'02
2. Darling, Bob	Springfield	OR	51	162'01
3. Scudieri, Philip F.	Annandale	VA	51	159'05
4. Youngs, Robert A.	Enfield	CT	53	158'03
5. Coutts, Chuck	Malibu	CA	54	121'04
6. Beckham, Joe	Ft. Scott	KS	50	114'00

45-49

1. Dyes, Jerry	Ruston	LA	46	209'08
2. Stuart, Larry R.	El Toro	CA	49	202'08
3. Higgins, Lloyd	Azusa	CA	45	185'08
4. Reddaway, Gary	West Linn	OR	46	173'00
5. Murphy, Thomas	Douglaston	NY	48	161'00
6. Murray, Mickey	Hanford	CA	45	159'04
7. Hotchkiss, Richard	Grass Valley	CA	48	153'00
8. Appel, Doug	Eugene	OR	45	145'05
9. Karbens, Jack	Reno	NV	45	121'05
10. Cetta, Vito	Santa Monica	CA	47	119'02
11. White, Thomas H.	Issaquah	WA	48	105'03
12. Dean, Roger	Bainbridge Island	WA	48	93'11

40-44

1. Sander, Richard J.	Metairie	LA	41	185'04
2. Engelstad, Robert H.	Eugene	OR	40	176'03
3. Stefanile, Joe	Issaquah	WA	40	172'00
4. Zastoupil, Ladd	Medford	OR	43	167'09
5. Busby, William J.	Thomasville	NC	43	150'05
6. Neufeld, Dennis	Sacramento	CA	44	149'07
7. Stepp, Richard	Arcata	CA	42	147'06
8. Mendyka, Gary	Fullerton	CA	40	99'03

35-39

1. Weaver, Glenn P.	Jersey City	NJ	39	194'00
2. Greenberg, Joseph	Pacific Palisades	CA	37	188'09
3. Wilson, Bill C.	Tualatin	OR	37	187'05
4. Champi, Frank K.	Newburyport	MA	39	185'08
5. Petitto, Rocco C. III	Colorado Springs	CO	39	178'00
6. Reilly, Frank	West Hills	CA	39	171'04
7. Stevick, Drew	Palo Alto	CA	39	160'11
8. Riddle, Mike	Manassas	VA	38	156'04
9. Pelletier, Steven W.	Poland Spring	MA	36	156'01
10. Holzgang, Michael	Sacramento	CA	39	133'00
11. Kelmenson, Gary	San Jose	CA	37	114'04

30-34

1. Sing, Robert F.	Lindenwold	NJ	34	209'10
2. Carter, Jeff	Beaverton	OR	33	204'00
3. Moore, Mike	Alameda	CA	32	198'10
4. Schmidt, Gary	Santa Rosa	CA	34	157'07

WOMEN - JAVELIN

35-39

1. Stratton, Joan V.	South Lake Tahoe	CA	35	106'01
2. Green, Lorraine	Lafayette	CO	35	66'06

75-79

1. Mendyka, Edith	Tujunga	CA	76	56'02
2. Salisbury, Marilla R.	San Diego	CA	79	21'06

70-74

1. Bowermaster, Mary L.	Fairfield	OH	70	44'01

55-59

1. Sahonchik, Sharon	Eugene	OR	55	65'01

50-54

1. Miller, Christel	Glendale	CA	52	102'07
2. Larney, Marjorie	Oakland	CA	50	85'05
3. Ingram, Shirley	Roseburg	OR	50	78'09
4. Youngs, Joan C.	Tolland	CT	50	71'09
5. Cirulnick, Ann	Rosedale	NY	52	56'06

45-49

1. Huff, Karen M.	Wilmette	IL	45	99'09
2. Conley, Fran	Woodside	CA	47	98'00
3. Rosenfeld, Dr. Alita	Nicasio	CA	45	83'05
4. Stewart, Barbara	Rochester	NY	45	45'02

40-44

1. Struppeck, Lurline Hamilton	Baton Rouge	LA	40	121'00
2. Priest, Mary	Eugene	OR	43	81'00

WOMEN - 4 x 100 Meter Relay

30-39

1. West Valley T.C.	(Duncan, O'Connor, Obera, Farster-Gilkey)	53.13
2. New York Masters	(Pinto, Halls, Sills, Clair-Searcy)	1:00.95

40-49

2. New York Masters	(Stewart, Pashkin, Johnson, Simmons-McCord)	58.43

MEN - 4 x 100 Meter Relay

40-49

1. Portland Masters T.C.	(Edens, Tucker, Norton, Tamani)	44.78
2. West Valley T.C.	(Barnett, Cain, Duffy, Pruitt)	45.25
3. Dallas Master T.C.	(Hurd, Ireland, Vicks, Turner)	45.79
4. Atlanta T.C.	(White, Utley, Cooper, Bell)	45.93
5. Corona Del Mar T.C.	(Dennis, Henry, Jackson, Flowers)	46.43
6. Santa Fe T.C.	(Kelly, Silver, Passalacqua, Assink)	47.02

50-59

1. West Valley T.C.	(Marlin, Sanford, Springbett, LaTorre)	47.32
2. Huntsville T.C.	(Cisneros, Shropshire, Johnson, Mathis)	48.32
3. L.A. Valley Athletic Club	(Stanners, Benton, King, Newton)	48.41
4. Arizona Masters	(McFetters, Creson, Graves, Wedepohl)	49.18
5. Portland Masters T.C.	(Hitt, Bannister, Kane, Hoffman)	49.64
6. Oregon Track Club Masters	(Maxwell, Murray, Brinton, Hafner)	55.93
7. Portland T.C.	()	56.32

60-69

1. Dallas T & F	(Goldsmith, Murphy, Law, Bloomfield)	53.93
2. Over The Hill	(Wilson, Hood, Weinacht, Robinson)	54.99
3. L.A. Valley Athletic Club	(Patsalis, Simon, Harte, Watanabe)	58.85

70-79

1. West Valley T.C.	(Satti, Fitzgerald, Koppel, Jordan)	58.91

30-39

1. Maccabi Union T.C.	(Whitley, Johnson, McCoy, McCraney)	42.25
2. West Valley T.C.	(Cook, Yeck, Cagle, Rusalset)	45.08
3. Greater Rochester T.C.	(Tiffany, James, Hudson, Downs)	45.18
4. San Francisco T & F	(Demby, Bryant, Thoman, Turner)	46.73

MEN - 4 x 400 Meter Relay

40-49

1. Dallas Master T.C.	(Ireland, Malone, Vicks, Turner)	3:34.10
2. West Valley T.C.	(Cain, Barnett, Pruitt, Duffy)	3:36.10
3. Portland T.C.	(Tamani, Thielman, Hitt, Tucker)	3:44.10
4. O.T.C. Masters	(Archer, Norris, Wolfe, Harrington)	3:49.60
5. Atlanta T.C.	(White, McDaniel, McWilliams, Bell)	3:56.90

50-59

1. Huntsville T.C.	(Cisneros, Shropshire, Johnson, Mathis)	3:34.10
2. So. Cal Striders	(Culling, Withers, Washington, Dunton)	3:36.10

60-69

1. L.A. Valley Athletic Club	(Harte, Simon, Patsalis, Watanabe)	3:44.10
2. Over The Hill	(Hood, Robinson, Wilson, Weinacht)	3:49.60

70-79

1. Dallas Masters	(Powell, Byers, White, Bloomfield)	3:56.90

30-39

1. All American T.C.	(Harvey, Reilly, Brown, Driver)	3:24.90
1. Hurricane Sports Club	(Mattlock, Collins, Mitchell, Haggerty)	3:25.30
3. Maccabi Union T.C.	(Williams, Johnson, McCraney, Whitley)	3:30.10
4. Greater Rochester T.C.	(Tiffany, Vair, Hudson, Downs)	3:31.30
5. West Valley T.C.	(Cook, Yeck, Goodell, McCarthy)	3:38.00
6. Badgerland Striders	(Zahn, Peebles, Geisthardt, Rewolinski)	3:38.40
7. San Francisco T & F	(O'Connell, Demby, Thomas, Turner)	3:40.10

WOMEN - 4 x 400 Meter Relay

30-39

1. Champion in Action	(Anderson, O'Brien, Willet, Yeager)	4:04.50

50-59

1. Oregon T.C. Masters	(LaGrander-Cole, McDonald, Tims, McChesney)	5:58.50

MEN - 4 x 800 Meter Relay

40-49

1. West Valley T.C.	(Barnett, Franklin, Romain, Mason)	8:28.81
2. Ann Arbor T.C.	(Herrala, Stewart, Hallop, Mann)	8:36.02
3. Dallas Master T.C.	(Petty, Vicks, Turner, Malone)	9:00.55
4. Shore Athletic Club	(Wright, Kuhi, Haviland, Nolan)	9:11.41

50-59

1. Snohomish T.C.	(Miller, Pitkethly, Langenbach, Christiansen)	9:40.55
2. Southern Cal. Striders	(Culling, Withers, Karlin, Dunton)	10:06.56
3. Portland Masters T.C.	(Hitt, Schlewitz, Ogden, Bannister)	10:12.36

30-39

1. Denver T.C.	(Brinkley, Runyan, Peterson, Edstrom)	8:32.50
2. West Valley T.C.	(McCarthy, Yeck, Kilroy, Goodell)	8:37.50
3. Westchester Puma	(Pauling, Winters, Watry, Campos)	8:43.10

WOMEN - 4 x 800 Meter Relay

30-39

1. Oregon T.C. Masters	(Quam, Hersch, Heinonen, Knight)	10:47.00

40-49

1. Portland Masters	(Ballard, Thielman, Schlewitz, Schutt)	13:02.85

Continued on next page

Continued from previous page

Men 100 METERS - Trials

30-34

Heat 1	1.	Medlock, David	10.80
	2.	McKinney, Billy	11.00
	3.	Thompson, Willard	11.07
	4.	Vollmer, Larry	11.53
	5.	Thomas, Rick	12.20
	6.	Pannell, Mike	16.00
Heat 2	1.	Stanlex, Leotha	10.83
	2.	Kruse, Randy	11.43
	2.	Cook, Kenneth	11.43
	4.	Wells, Roosevelt	11.72
	5.	Denby, Frank	12.23
	6.	Taylor, Keith	17.90
Heat 3	1.	Willis, Sammy	10.89
	2.	Carline, Dennis	11.15
	3.	McCraney, James	11.22
	4.	Black, Mike	11.80
	5.	Bledsoe, Larry	12.38

35-39

Heat 1	1.	Payton, Norbert	10.73
	2.	Collins, Bill	10.87
	3.	Mitchell, Robert	11.13
	4.	Johnson, Glen C.	11.27
	5.	Yeck, Raymond	11.73
	6.	Barmache, Michael	12.00
Heat 2	1.	McCoy, Marion	11.00
	2.	Driver, Eugene	11.32
	3.	Stevens, Steve	11.53
	4	Woolfolk, Gerald	11.76
	5	Bryant, Earl	12.01
	6.	Ross, Al	12.22

40-44

Heat 1	1.	Ray, Clarence	11.23
	2	Little, Frank	11.46
	3.	Geurts, Bruce	11.83
	4.	Topliss, John	11.95
	5.	Rauscher, Tony	12.07
	6.	Jensen, Ron	12.08
	7.	Groves, Sherman	12.16
Heat 2	1.	Whitley, Stan	11.17
	2.	Tamani, Saimoni	11.53
	3.	Vicks, James	11.66
	4	Johnson, Glennie	12.03
	5.	Passalacqua, Terry	12.23
	6	Pasquali, Jim	12.35
	7.	Pinard, Ron	12.44
Heat 3	1.	Bell, Thaddeus	11.27
	2.	Assink, Roger	11.64
	3	Norton, John	11.87
	4.	Johnson, Bill	11.87
	5.	Silver, Neil	12.09
	6	Cooper, Mance	12.27
	7.	Gailey, Nick	12.33
	8.	Torquato, Emil	13.16

45-49

Heat 1	1.	Turner, Roy	11.74
	2.	Adamson, Martyn	11.98
	3.	Ireland, Stephen	12.24
	4.	Hurd, James	12.35
	5.	Bustamante, Juan	12.57
	6	Varty, Gerry	13.45
Heat 2	1.	Edens, Paul	11.64
	2	Niedermeyer, Fred	11.98
	3.	Dorsey, Paul	12.35
	4.	McClain, LeRoy	12.65
	5.	Karbens, Jack	13.14

50-54

Heat 1	1.	Dennis, Kenny	11.14
	2	Weaver, Jimmy	11.94
	3.	Wedepohl, Norb	12.41
	4.	Bohigian, Neil	12.60
	5.	Creson, Harold	13.13
	6	MacLeod, Norman	13.41
	7.	Hafner, Peter	14.70
Heat 2	1.	Springbett, Bruce	11.92
	2.	Newton, Milton	11.93
	3.	Sanford, William	12.44
	4.	Beckham, Joe	12.63
	5.	Bannister, Bob	12.94
	6.	Brennan, Fran	13.95
Heat 3	1.	LaTorre, Gilbert	11.90
	2.	Miller, Robert	12.25
	3.	Washington, Booker	12.40
	4.	Stanfield, Ralphe	12.64
	5.	Hitt, Harold	12.79
	6.	Muxen, Jim	12.94
	7.	Schlewitz, Jim	13.60

55-59

Heat 1	1.	Melendez, Duke Rafael	12.53
	2.	Poppell, John	12.59
	3.	Kane, Donald	12.76
	4.	Green, Harold	12.84
	5	Pratt, Lawrence	13.14
	6	Stevens, Bernard	13.20
	7.	Coy, Jack	13.45
	8.	Afremow, Art	13.57
Heat 2	1.	Benton, Donald	12.75
	2.	Washington, Huel	12.83
	3.	Daehler, Ralph	12.96
	4.	Nasralla, Anthony	12.98
	5.	Marlin, Dick	13.06
	6	Wright, Bill	13.52
	7.	Mehmedbasich, Enver	14.05

60-64

Heat 1	1.	Watanabe, Robert	12.84
	2	Regier, Vernon	13.06
	3.	Orndoff, Carl	13.79
	4	Norwood, Tom	14.13
	5.	Whipple, Stanley	17.40
Heat 2	1.	Robinson, Hal	12.88
	2	Law, Jim	12.89
	3.	Harte, Gene	12.91
	4.	Wilson, Alfonzo	13.65

65-69

Heat 1	1.	Patsalis, Tom	13.31
	2	Lawyer, David	13.54
	3.	Madden, Jim	14.01
	4.	Scott, Arnold	14.19
	5.	Johnson, Jim	14.45
	6.	Dover, Myron	16.72
Heat 2	1.	Murphy, Tim	13.52
	2.	Boyd, Cal	13.68
	3.	Elias, Baruch	14.95
	4.	Krog, Byron	16.95
	5.	Stephenson, Jim	19.48

70-74

Heat 1	1.	Jordan, Payton	13.02
	2.	Koppel, Harry	14.60
	3.	Bulkey, Don	14.65
	4.	Sorlien, Robert	14.66
Heat 2	1.	Weinacht, Bill	13.38
	2.	Bloomfield, Jeff	14.03
	3	Miller, Herbert	14.50
	4.	Morales, William	14.50
	5.	Satti, John	15.04
	6.	Lightfoot, Milo	15.50

Women 100 METERS - Trials

45-49

Heat 1	1.	O'Connor, Nadine	14.12
	2.	Luker, Mary	14.33
	3	Pashkin, Sandy	14.52
	4.	MacDonald, Joy	14.57
	5.	Schutt, Lori	15.13
	6.	Thielman, Marti	15.39
	7.	Bradbury, Virginia	15.33
Heat 2	1.	Davis, Nancy	14.38
	2.	Draper, Anne	14.71
	3.	Stewart, Barbara	15.23
	4.	Kea, Essie	15.44
	5.	Carter, Ann	15.64
	6.	Schlewitz, Rose	16.31

Men 200 METERS - Trials

30-34

Heat 1	1.	Medlock, David	22.10 (HT)
	2.	Willis, Sammy	22.90 (HT)
	4.	Rewolinski, Thomas	23.30 (HT)
	5.	Pannell, Mike	23.50 (HT)
	6	Denby, Frank	24.10 (HT)
	7.	Lang, Bruce	24.50 (HT)
Heat 2	1.	McKinney, Billy	22.40 (HT)
	2.	Carline, Dennis	23.10 (HT)
	3.	Kruse, Randy	23.10 (HT)
	4.	Cook, Kenneth	23.40 (HT)
	5.	Black, Mike	23.60 (HT)
	6.	Thomas, Rick	23.90 (HT)

35-39

Heat 1	1.	Collins, Bill	22.50
	2.	McCoy, Marion	22.75
	3.	Johnson, Glen C.	23.39
	4.	Stevens, Steve	23.63
	5.	Yeck, Raymond	23.90
	6.	Bryant, Earl	24.50
	7.	Turner, Bernard	25.39
Heat 2	1.	Mitchell, Robert	22.85
	2.	Hardison, Steve	22.98
	3.	Driver, Eugene	23.70
	4.	Thornsley, Scott	23.74
	5.	Woolfolk, Gerald	24.22
	6.	Ross, A.	25.13

40-44

Heat 1	1.	Whitley, Stan	22.99
	2.	Duncan, Paul	23.34
	3	Morioka, Harold	23.55
	4.	Vicks, James	23.84
	5.	Topliss, John	24.37
	6.	Johnson, Bill	24.54
	7.	Jensen, Ron	24.95
	8.	Archer, Jim	27.05
Heat 2	1.	Miller, LaMar	22.94
	2.	Brinker, Ken	23.40
	3	Assink, Roger	23.90
	4.	Parker, Don	23.97
	5.	Tamani, Saimoni	24.05
	6	Passalacqua, Terry	25.00
	7.	Pasquali, Jim	26.18
	8.	Johnson, Glennie	NT
Heat 3	1	Little, Frank	23.32
	2	Southern, Lee	24.32
	3.	Geurts, Bruce	24.47
	4	Groves, Sheridan	24.83
Heat 4	1.	Bell, Thaddeus	23.51
	2.	Duffy, Dennis	23.92
	3	Rauscher, Tom	24.42
	4.	Rutledge, Russ	24.56
	5	Casey, John	24.80
	6.	Wallace, Ralph	24.83
	7	Cooper, Mance	25.04

45-49

Heat 1	1.	Turner, Roy	23.82
	2.	Edens, Paul	24.64
	3.	Thielman, Joseph	24.82
	4	Niedermeyer, Fred	26.08
	5.	Eburne, Norman	26.93
Heat 2	1.	Adamson, Martyn	24.82
	2.	Cain, Ted	25.10
	3.	Ireland, Stephen	25.61
	4.	McClain, LeRoy	26.21
	5.	Bustamante, Juan	26.30

50-54

Heat 1	1	Newton, Milton	24.80
	2.	Miller, Robert	25.00
	3.	Sanford, William	25.80
	4.	Beckham, Joe	26.90
	5.	Brennan, Fran	28.20
Heat 2	1.	LaTorre, Gilbert	24.60
	2.	Hoffman, J.C.	25.00
	3.	King, Stan	25.20
	4.	Hitt, Harold	25.80
	5.	Muxen, Jim	26.80
Heat 3	1.	Dennis, Kenny	23.80
	2.	Springbett, Bruce	25.50
	3.	Wedepohl, Norb	25.60
	4.	Bohigian, Haig	25.70
	5.	Graves, Ray	26.60
	6.	Schlewitz, Jim	27.00

55-59

Heat 1	1.	Green, Harold	26.43
	2	Benton, Donald	26.57
	3.	Robinson, Will	26.84
	4.	Kane, Donald	27.15
	5.	Coy, Jack	27.19
	6.	Afremow, Art	28.23
Heat 2	1.	Daehler, Ralph	26.50
	2.	Poppell, John	27.22
	3.	Nasralla, Anthony	27.51
	4.	Washington, Huel	28.07
	5.	Mehmedbasich, Enve	28.83

60-64

Heat 1	1.	Watanabe, Robert	28.76
	2.	Harte, Gene	28.82
	3.	Smith, Dean	29.08
	4.	Goldsmith, Max	30.23
	5.	Whipple, Stanley	38.09
Heat 2	1.	Law, Jim	27.83
	2.	Regier, Vernon	27.92
	3.	Wilson, Alfonzo	29.12
	4.	Norwood, Tom	29.70
	5.	Rowe, Jack	30.54

Women 200 METERS - Trials

40-44

Heat 1	1.	Keating, Betty	29.75
	2.	Glass, La Tanya	29.93
	3.	Raschker, Phil	30.99
	4.	Sherman, Janet	31.99
	5.	Primmer, Cathy	32.08
Heat 2	1.	Simmons-McCord, Mur	31.24
	2.	Kennedy, Terry	31.29
	3.	Ballard, Barbara	33.84
	4.	Thomas, Patrice	37.90

45-49

Heat 1	1.	MacDonald, Joy	31.11
	2	O'Connor, Nadine	31.20
	3.	Davis, Nancy	31.30
	4.	Pashkin, Sandy	31.38
	5.	Schutt, Lori	31.82
	6.	Arnold, Jane	32.10
	7.	Carter, Ann	33.00
Heat 2	1	Luker, Mary	30.35
	2.	Draper, Ann	30.85
	3.	Stewart, Barbara	31.06
	4.	Kea, Essie	31.55
	5	Thielman, Marti	33.05
	6.	Schlewitz, Rose	33.85

Men 400 METER - Trials

30-34

Heat 1	1	Brown, Benjamin	48.69
	2	Pannell, Mike	52.01
	3	Vair, Rick	52.90
	4	Black, Mike	53.08
	5	Rewolinski, Thomas	54.85
	6	Williams, Foots	56.27
	7.	Johnson, Wayne	55.60
Heat 2	1	Alexander, Alvin	50.33
	2.	Hagmeier, Dave	51.40
	3.	James, Ben	52.27
	4	Rubach, Jim	53.14
	5.	Lang, Bruce	54.14
	6.	Valley, Brian	54.16
	7.	McMillan, Kirby	55.70

35-39

Heat 1	1	Haggerty, J.B.	51.50
	2.	Riddle, Mike	52.42
	3	Granum, Mike	53.23
	4.	Hicks, Benjamin	54.66
	5	Turner, Bernard	54.85
Heat 2	1	Harvey, James	51.65
	2.	Driver, Eugene	53.16
	3.	Johnson, Glen	53.52
	4.	Williams, Jerry	53.75
	5.	Brown, Steven	56.79
	6.	Thomas, Norman	57.41

40-45

Heat 1	1	Tucker, Richard	51.97
	2.	Pruitt, Matt	52.23
	3	Bell, Thadeus	52.75
	4.	Duffy, Dennis	53.28
	5.	Johnson, Glennie	54.69
	6.	Gailey, Nick	56.45
	7.	Kahi, John	58.15
	8.	Archer, Jim	58.27
Heat 2	1.	Miller LaMar	50.84
	2.	Morioka, Harold	52.13
	3.	Parker, Don	52.70
	4	Tamani, Saimoni	53.34
	5.	Malone, Jim	54.17
	6.	Topliss, John	54.53
	7.	Ackerman, Ron	58.88
Heat 3	1.	Whitley, Stan	51.95
	2.	Vicks, James	52.51
	3.	Little, Frank	53.55
	4	Reiter, Gordon	54.74
	5.	Rutledge, Russ	55.33
	6.	Jenkins, George	59.15

45-49

Heat 1	1.	Ireland, Stephen	54.53
	2.	McDonald, Maurice	55.01
	3.	Cain, Ted	55.21
	4	Thielman, Joseph	56.63
	5.	Thorne, Everett	57.29
	6.	Sawyer, Dale	65.14
	7.	Rice, Sanford	74.32
	8.	Rex, Dick	74.11(HT)
Heat 2	1.	Turner, Roy	53.35
	2.	Adamson, Martyn	54.56
	3	Niedermeyer, Fred	56.85
	4.	Wright, Les	57.38
	5.	Hughes, Bill	58.47
	6.	Karbens, Jack	61.48
	7.	Head, John	61.51

50-54

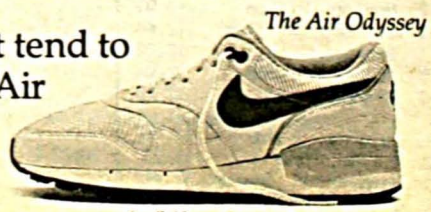
Heat 1	1	Baker, Ken	56.79
	2	King, Stan	57.42
	3	Odwin, Stephen	58.71
	4	Hitt, Harold	58.96
	5	Sanford, William	61.92
	6	Dearholt, Don	68.57
Heat 2	1	Pauling, Clifford	56.28
	2	Mathis, Jim	56.33
	3	Hoffman, J.C.	57.72
	4.	Bannister, Bob	58.26
	5.	Brennan, Fran	63.59

Continued on page 35



ANYONE WITH RUBBER ANKLES CAN MAKE A COMEBACK.

Some people's bodies are just different. Those with flat, flexible feet tend to overpronate. Which leads to injury. Which should lead to the Nike Air Odyssey. A superior stability shoe with an anatomically correct fit. A heel base width perfected to the millimeter for rearfoot control. Plus Nike-Air. A revolution in motion.


The Air Odyssey

Available in sizes up to 17.